AAASP Executive Board Minutes  
September 5-6, 1989  
Seattle, WA

Tuesday September 5, 1989  
Special Executive Board Certification Meeting

Board Members Present:

Robert Weinberg (president), Ron Smith (past-president), Dan Gould (president-elect), Robin Vealey (secretary-treasurer), Charles Hardy (publications/membership director), Dan Kirschenbaum (intervention/performance enhancement chair), Len Zaichkowsky (certification committee chair), and Vikki Krane (student representative).

1. Meeting Objectives and General Discussion. The meeting was called to order at 9:40 AM by Weinberg and turned over to Zaichkowsky. The objective of the meeting was to establish procedures for the certification meeting to be held at the conference and also to propose modifications in the certification document based on written responses to the document received by Zaichkowsky from the membership.

2. Certification Meeting Procedures. Discussion ensued regarding procedures to be followed in the certification meeting at the conference. The board agreed that amendments could be proposed by a fellow from the floor during the meeting, but that they must be in writing. It was also agreed that amendments would be discussed and voted on individually, but that the final vote by the fellows would be on the acceptance or rejection of the certification document as a whole. Hardy reported that 27 of the 40 current fellows of AAASP must be present at the certification meeting in order to have a quorum and be able to act on the certification document. Concern was expressed that a quorum may not be met at the meeting, and Smith was dispatched to contact AAASP fellows by telephone who were not preregistered for the conference. Fellows reached by phone were asked if they wished to empower an AAASP fellow present at the conference to cast proxy votes for them regarding certification.

   It was agreed that any amendments passed in this Executive Board meeting would be inserted into the certification document and highlighted in bold-face type. This modified document would be made available to the fellows at the certification meeting for their perusal.

Zaichkowsky announced that the order of business at the certification meeting would be a roll call of fellows, an overview of certification, a motion and second to accept the document, discussion and amendments, and finally a vote for acceptance or rejection of the certification document as amended.

3. Amendments to the Certification Document. Zaichkowsky distributed copies of written responses/proposed amendments to the certification document sent to him by AAASP members. Time was provided for the board to read and study these materials.

   a. Role Definition. The board discussed a response received by Kevin Burke regarding the exclusion of coaching from the role definition. Kirschenbaum emphasized that the role definition does not exclude coaches from becoming certified by AAASP, but rather the role definition states that AAASP is not in the business of certifying individuals as coaches. The board agreed that this was indeed the intent of the role definition.

   The board discussed a response by Michael Greenspan that “individual counseling and psychotherapy” be substituted for “treatment of psychopathology” as an area excluded from the role definition. It was agreed that “treatment of psychopathology” would remain as an exclusion from the role definition associated with AAASP certification as it is a clearer, more easily definable term.

   Discussion ensued regarding Merry Miller’s suggested amendment to the wording of the role definition. Miller’s amendment was to delete the sentence “Excluded from the role definition associated with AAASP certification are coaching and the analysis and treatment of psychopathology” and replace it with “Although some individuals may possess coaching expertise and/or knowledge of the analysis and treatment of psychopathology, these two areas
are excluded from the role definition associated with AAASP certification. The next sentence would then read "The analysis and treatment of psychopathology is viewed as the province of licensed (or certified) health care providers."

**Motion:** It was moved (Gould), seconded (Weinberg), and passed (7-0) that this amendment be accepted.

b. **Criteria for Certification.** Discussion ensued regarding a question submitted by Michael Greenspan regarding the inclusion of Item 11 under "Criteria for Certification" which requires knowledge in the biological bases of behavior that is not sport-specific. Kirschenbaum stated that this was congruent with APA requirements which define necessary competencies for psychologists. Kirschenbaum emphasized that AAASP is not trying to be like the APA, but rather we accept their definition of a psychologist and would like to keep our certification standards in line with theirs. The board agreed.

The board discussed a response received by Bruce Frederick who questioned the use of the word "knowledge" in Items 2-14 of the "Criteria for Certification". The board felt that the extent of knowledge required in the criteria was established and clarified in the first paragraph under "Criteria for Certification".

**Motion:** It was moved (Hardy), seconded (Gould), and passed (8-0) to insert the following as the first paragraph under "Criteria for Certification":

"Certification by AAASP requires current membership in the Association at the time of application. Continuing AAASP certification is contingent upon maintaining active membership status in the Association." The rationale for this decision was that individuals who are certified by AAASP should be and remain active members in AAASP.

The board discussed John Simpson's question regarding the use of the term "subdiscipline" (i.e., "sport psychology is a unique sub-discipline...") under "Criteria for Certification". The board felt that the statement was correct as written in that the uniqueness of sport psychology is its requirement of specialized training in both sport/exercise science and psychology.

The board discussed Merry Miller's proposed amendment to separate Item 5 under "Criteria for Certification" into two criteria, one of which would require knowledge in the philosophical/historical/social area, and the other which would require knowledge in the motor behavioral area.

**Motion:** It was moved (Hardy) and seconded (Gould) that Item 5 under "Criteria for Certification" be changed to the following:

"Knowledge of the historical, philosophical, or social bases of sport (e.g., issues in sport/physical education, sociology of sport, history, and philosophy of sport/physical education)."

"Knowledge of the motor behavioral bases of sport (e.g., motor learning/control, motor development)."

The rationale for this motion was that knowledge in the motor behavioral area was an important criteria to be met and that it should stand alone and not be an option included within the historical/philosophical area. Kirschenbaum spoke against the motion in that it would add another sport-specific type requirement, thus upsetting the balance that was originally achieved between the general psychology and sport science areas. Krane also spoke against the motion as it would add another requirement for individuals seeking certification, and lessen the flexibility of program planning for students. The motion was defeated 2-5.

A long discussion ensued over Items 11-14 under "Criteria for Certification" regarding whether sport-specific coursework/experiences would fulfill these criteria.

**Motion:** It was moved (Weinberg), seconded (Gould), and passed (7-0) that the phrase "that is not sport-specific" be deleted from Items 11-14 under "Criteria for Certification". As part of the motion, sport-specific examples were included for each item (e.g., biomechanics under biological bases of behavior). Also as part of the motion, the following sentence would be inserted prior to Item 11:

"At least two of the following four criteria must be met through educational experiences that focus on general psychological principles (rather than sport specific ones)."
The rationale for this motion was to give students more flexibility in choosing coursework to meet the criteria for certification, but also to ensure that part of the criteria were met through general psychology coursework/experiences.

Concern was expressed that individuals not attempt to use one course or experience to satisfy several criteria at once (e.g., attempting to use a sport psychology course to satisfy the sport psychology, ethics, research design, and social bases of behavior criteria).

Motion: It was moved (Weinberg), seconded (Gould), and passed (8-0) that the following sentence be added to the end of the first paragraph under “Criteria for Certification”:

"However, one course or experience cannot be utilized to satisfy more than one criterion."

c. Grandparenting.

Motion: It was moved (Gould), seconded (Vealey), and passed (7-0) that Item 2 under "Grandparenting" be changed from "Doctoral degree from an accredited institution in an area that is clearly related to sport psychology" to "Doctoral degree from an accredited institution in an area that is clearly related to sport or psychology". The rationale for this decision was it provides more flexibility for degrees that may meet this criteria.

Discussion ensued regarding whether a time limit was necessary on granting waivers of petition for individuals who graduate between 1988 and 1992.

Motion: It was moved (Weinberg), seconded (Hardy), and passed (7-0) to add to the certification document that waivers of petition for these individuals would be granted through 1995. The rationale for this decision was that this gives individuals three years past the completion of their doctorate to satisfy the criteria and apply for certification without petition. After this date, they may apply only through petition.

The board discussed a response received by Karen Scarborough regarding Item 6 under "Grandparenting". Scarborough expressed concern that professionals teaching at smaller institutions may be disadvantaged in that their loads do not permit them as much time to publish. The board felt that this criteria should remain in the document, but called attention to the fact that Item 6 reads "relevant scientific or other publications". Gould emphasized that individuals could meet this criteria by publishing more applied or popular articles in non-refereed periodicals, etc.

d. Ethics. Discussion ensued over whether the ethics section belonged in the certification document or in the AAASP Constitution. Because at the spring board meeting it was agreed that the Ethics Committee would act as an educational party, not as a policing or punitive body, the board agreed that ethical principles and practices were a concern of all members of AAASP, not just those who will be certified.

Motion: It was moved (Gould), seconded (Weinberg), and passed (7-0) to delete all mention of ethics from the certification document and put forth the section on ethics as part of a constitutional amendment.

The board discussed a letter received by Kirschenbaum suggesting the deletion of section 83 "Definition of Ethical Code and Violations" from the ethics section.

Motion: It was moved (Kirschenbaum), seconded (Vealey), and passed (6-0-1) to eliminate section 83 of the ethics procedures as it discussed violations and punitive measures. As discussed previously, the ethics committee will only serve an educational function.

4. General Discussion. The board agreed that the order of the parts of the certification document should be role definition, criteria for certification, and grandparenting procedures. Zaichowsky was charged with the following implementation tasks for certification: developing policies and procedures, developing certification forms, developing a budget for certification including a dues structure, and securing insurance for the Association.

5. Adjournment. The meeting was adjourned at 4:10 PM.
Wednesday September 6, 1989
Executive Board Business Meeting

Board Members Present:

Weinberg, Smith, Gould, Vealey, Hardy, Kirschenbaum, Krane, Zaichkowsky (substituting for
Bonnie Berger as health psychology chair), and Frank Smoll (substituting for Brenda Bredeemeier
as social psychology chair).

1. Call to Order and Approval of Minutes. The meeting was called to order at 8:10 AM by
Weinberg. It was moved (Hardy), seconded (Kirschenbaum), and passed (8-0) that the minutes of
the April 1989 executive board meeting, as mailed to the board and published in the AAASP
newsletter, be approved.

2. Secretary-Treasurer's Report. Vealey distributed copies of the Treasurer's report that
included the period from 1/1/89 to 8/31/89. Vealey also distributed copies of the bill from Allen
Press for the production of Vol. 1 No. 1 of the Journal of Applied Sport Psychology as requested
by the board at the spring meeting. Concern was expressed about the expense of having Allen
Press send out back issues of the JASP, and Vealey was asked to check into the feasibility of
AAASP sending out back issues instead of paying Allen Press to do so. It was moved (Smoll),
seconded (Zaichkowsky), and passed (8-0) that the board accept the Treasurer's report.

3. 1989 Convention Report. Smith reported that 211 had preregistered for the 1989
AAASP conference. Smith also noted that invited speakers Albert Bandura and Irwin Sarason
had submitted their papers to the JASP.

4. 1990 Convention Report. Weinberg reported that the 1990 convention would be held at
the Sheraton-Gunter in San Antonio September 12-16. The four night package including
lodging, 4 breakfasts, a banquet, and coffee breaks will run approximately $387/single,
$228/double, $176/triple, and 149/quad. The three night package runs $299/single,
$180/double, $141/triple, and $125/quad.

5. 1991 Convention Report. Gould reported that several sites in the southeastern U.S.
were under consideration for the 1991 conference such as Myrtle Beach, SC, Williamsburg, VA
and Asheville, NC. Hardy suggested Orlando, FL as another alternative convention site. Gould
asked board members for their opinion of the Banff Conference Center near Calgary (Canada) as
another alternative. Smoll expressed concern over the limited access to the Conference Center,
and Smith spoke positively about the location and professionalism of the Conference Center.
The board agreed that it would be feasible for Gould to keep all these sites under consideration.

6. Cost of Videotaping Sessions. Hardy reported on the cost of videotaping conference
presentations. A summary of the estimates indicated that the cost would be approximately
$1200 per day for equipment, personnel, and recording materials. The board agreed that such an
investment was premature due to the financial status of the organization, but that it was a good
idea that should be resurrected in the future.

7. Guidelines for Convention Site. Weinberg reported that he, Smith, and John Silva were
in the process of compiling a job description of guidelines for the past-president to follow in
choosing and negotiating a convention site.

8. Past-Presidents Meeting. Smith reported that Sunday morning of the conference
representatives from various sport psychology organizations (e.g., NASPSPA, ACSM, etc.) would
meet with the past-presidents of AAASP to promote inter-organizational support and
communication.

9. Other Convention Issues. Gould inquired about procedures for site visits. It was agreed
that transportation, lodging, and meal money would be discussed with the secretary-treasurer
once estimates are received.
10. Past-President's Report. Smith had no report but expressed his pleasure in working with the various board members throughout his tenure. Appreciation was extended to Smith for his vision, hard work, and enthusiasm as an out-going member of the executive board.

11. President's Report. Weinberg expressed his satisfaction that three major tasks for AAASP had reached fruition or were nearing completion: certification, the journal, and inter-organizational cooperation.

12. President-Elect's Report. Gould reported that many members have talked to him regarding criteria for AAASP fellow status. In particular, individuals feel fellow status is biased toward those who engage in a great deal of scientific writing.  

**Motion:** It was moved (Gould), seconded (Zaichkowsky), and passed (8-0-1) that Item 4 under "Fellow" in the AAASP constitution be modified from "Made significant contributions to the scientific body of knowledge in sport psychology as evidence in a distinguished record of publications" to "Made significant contributions to knowledge in sport psychology as evidenced in a distinguished record of publications". Because this is a constitutional amendment, it will be presented to the membership in the Summer 1990 newsletter and voted on at the business meeting at the 1990 conference.

Smoll suggested that Gould's report in the Summer 1989 newsletter explaining the criteria for fellow status be included in the packet of materials sent to individuals wishing to apply for fellow status. Gould acknowledged the contribution of the fellows review committee (Kirschenbaum, Smoll, and Berger).

13. Publications/Membership Director Report. Hardy distributed copies of the membership data. Of particular interest was the yearly growth pattern as AAASP membership has moved from 374 in 1986 to 486 in 1989. Kirschenbaum cautioned the board to remember that growth of the membership is not the critical goal, but rather the productive development of an organization to meet our needs as a profession. The board agreed that although this growth was not critical for AAASP, it indicates a positive interest in the Association.

Hardy also reported that the cost of mailing the newsletter was 85¢ per copy per unit for first class and 17¢ per copy for regular mail. It costs $1.23 per newsletter to make, thus for regular mail three newsletters a year runs at $4.20 per member.

Hardy acknowledged the work of his associate editors (Bill Straub, Robin Vealey, and Dave Yukelson) and also the support of his department chair John Billing. Vealey was asked by the board to write a letter of appreciation to Dr. Billing for his support and cooperation throughout the formative years of AAASP. Finally, the board acknowledged the creativity, dedication, and hard work of Hardy during his tenure on the board.

14. Social Psychology Chair Report. Smoll reported that Tony Piparo, a student, had joined the Social Psychology Committee, and announced an open meeting of the Social Psychology Committee Saturday afternoon at the conference. Smoll also expressed concern about conference program submissions as individuals submitted the same paper to more than one section and also submitted research that had been presented elsewhere. Vealey was asked to add statements to the call for papers that conference program submissions must not have been presented elsewhere and must be submitted to only one section chair.

15. Health Psychology Chair Report. Zaichkowsky reported that a communication was received from Larry Brawley who was disappointed in the quality of papers at the previous conference. Brawley felt that papers should be rejected outright if the data is uncollected. Reiterating the discussion at the spring board meeting on this issue, the board agreed that it did not want to stipulate that all data be in hand for all submissions, but the board advised the section chairs that they must be extremely cognizant of quality control in selecting papers for the conference program.

16. Intervention/Performance Enhancement Chair Report. Kirschenbaum gave the board a procedures manual he compiled for the Intervention/Performance Enhancement Chair
position. Appreciation was extended to Kirschenbaum for his expertise and hard work during his
tenure on the board, especially all of his efforts as past chair of the Certification Committee.

17. **Student Representative Report.** Krane indicated that the student regional
representative network was working out well as student interest in AAASP has been very positive.

18. **Exercise/Sport Interorganizational Meeting.** Weinberg reported that he, as
designated by the executive board, will be the AAASP representative to the Exercise/Sport
Interorganizational Meeting to be held January 6 in San Diego. Possible agenda items for this
meeting were discussed. The feasibility of joint meetings with other organizations was discussed.
The board agreed in principle to the idea, but agreed with Gould's suggestion that we move
cautiously on this and perhaps start out with a smaller organization willing to schedule a joint
conference. The board also expressed interest in exchanging circulating AAASP newsletters to
other organizations to increase the exposure of AAASP. Weinberg stated that the big emphasis
of this group is interdisciplinary research with an eye toward developing grants, programs, etc.
Weinberg invited the board to brainstorm any ideas with him as to how AAASP should become
involved.

19. **JASP Report.** The board reviewed a report submitted by John Silva, the editor of the
JASP. The report indicated that submissions have exceeded expectations, the quality of the
submissions is improving, and a publication lag is starting to develop. Silva requested editorial
assistance in the form of money and computer hardware as his department can longer absorb the
operating expenses of the journal.

- **Motion:** It was moved (Smith), seconded (Gould), and passed (9-0) that Silva be
  provided with a Macintosh SE computer and a suitable dot matrix printer. Silva will retain
  the computer currently in the AAASP Editorial Office as Hardy is going off the board as
  Publications/Membership Director. Silva will be allotted $500 for an Apple Imagewriter II printer.

- **Motion:** It was moved (Gould), seconded (Zaichowsky), and passed (7-2) to allocate
  $2500 to Silva for editorial assistance. Silva may then submit a detailed budget rationale for the
  allocation of more funds to the board which will be considered at the spring board meeting.

**New Business**

20. **Membership/Publication Director Split.** As voted on by the board at the spring
meeting, the secretary-treasurer will take on the duties of the membership director if the motion
passes at the conference business meeting. Vealey stated that the increased responsibilities
necessitated a computer and printer to process memberships, run mailing lists, etc.

- **Motion:** It was moved (Hardy), seconded (Kirschenbaum), and passed (9-0) to provide
  the secretary-treasurer with a Macintosh SE and Imagewriter II printer. In an effort to clarify roles,
  the motion also includes the stipulation that the JASP editor report to the publications director in
  terms of the running of the journal.

21. **Conference Registration Fee Waiver.** The board discussed Hardy's suggestion to
waive registration fees for the annual conference for the executive board, journal editor, and
certification chair. The board agreed that these individuals working for AAASP without
remuneration deserve the fee waiver as a token of their work for the organization.

- **Motion:** It was moved (Kirschenbaum), seconded (Hardy), and passed (9-0) to waive
  conference registration fees for the executive board, journal editor, and certification committee
  chair.

22. **Complimentary Copies of the Graduate Directory.** Weinberg announced that the
new graduate directories were ready and asked the board to consider whether programs that
contributed to the directory should receive complimentary copies.

- **Motion:** It was moved (Zaichowsky), seconded (Small), and passed (8-1) that programs
  who contributed to the directory receive a complimentary copy of the directory.

23. **Change In Fiscal Year.** Hardy brought up the need to change the AAASP fiscal year from
Jan. 1 - Dec. 31 to Sept. 1 - Aug. 31. The rationale for this change is that the conference will fall
near the beginning of the year and that is the time when many people apply for membership. This will give members a full year of benefits and decrease the number of backorder journals sent to members who join late in the year. Vealey agreed this change would be helpful and outlined membership procedures for the fiscal year change.

**Motion:** It was moved (Hardy), seconded (Vealey), and passed (9-0) that the fiscal year for AAASP be changed to Sept. 1 - Aug. 31. As this requires a constitutional amendment, it will be presented to the membership in the summer newsletter and voted on at the 1990 conference.

24. **Continuing Education Program.** Hardy provided copies of a proposal for an AAASP continuing education program. Possible services of this program would be preconference workshops that could help fulfill certification criteria, newsletter column and journal sections, consumer flyers, and a referral network.

**Motion:** It was moved (Hardy), seconded (Zaichowsky), and passed (9-0) that AAASP initiate a continuing education program. The program will be under the direction of a Continuing Education Committee.

25. **Adjournment.**

**Motion:** It was moved (Vealey), seconded (Smoll), and passed (9-0) that the meeting be adjourned.

Respectfully submitted,

Robin S. Vealey, Secretary-Treasurer
AAASP
AAASP Executive Board Minutes  
September 10, 1989  
Seattle, WA

Members Present: Dan Gould (president), Robert Weinberg (past-president), Larry Brawley (president-elect), Robin Vealey (secretary-treasurer), Steve Danish (intervention/performance enhancement chair), Rebecca Lewthwaite (substituting for Brenda Bredemeier as social psychology chair), Len Zaichkowsky (substituting for Bonnie Berger as health psychology chair), and Laura Finch (student representative).

1. Call to Order and Planning for Spring Board Meeting. The meeting was called to order at 7:47 AM by Dan Gould. Weinberg reported that the spring executive board meeting was tentatively scheduled for May 6-7, 1990 in San Antonio.

2. Nomination Slate for 1990 Election. The offices of president-elect, social psychology chair, and student representative are up for election next year. Gould and Vealey summarized the recommendations of members who responded to the call for nominations for these offices. Based upon the recommendations of the members and those of the board, a slate of candidates was determined. Gould has the responsibility of contacting these individuals to determine if they are willing to run for office.

3. Fellow Status. Discussion ensued over the fellow status of individuals who do not retain their membership in AAASP. Fellow vs. active fellow status was discussed, but finally the board agreed that fellow status is an honor bestowed by the Association and individuals will remain fellows of AAASP regardless of membership status.

4. Proxy Procedures. Gould suggested that the board begin thinking about setting up proxy procedures that could possibly be included in the AAASP constitution. The board agreed that firm procedures would help ensure that a quorum is met when voting on important issues.

5. Goodwill Games Conference. Gould reported that the Goodwill Games are interested in sponsoring a scientific event in which AAASP could be involved as a co-sponsor. More information is forthcoming.

6. Standing Committees. Gould reported that Len Zaichkowsky will continue as chair of the Certification Committee. Also, Gould is in the process of appointing a Continuing Education Committee to launch the AAASP continuing education program previously discussed by the board.

7. Certification Procedures. The board discussed the task of implementing certification procedures now that the certification document has been approved by the fellows. The following items were targeted for immediate attention by the Certification Committee: application procedures, insurance, fees, budget, review process, grandparenting procedures, and a timeline. An estimated timeline was set up as follows:
   a. Distribution to the Certification Committee by Zaichowsky the forms and written report (October 1)
   b. Revised report and forms to the Executive Board (November 1)
   c. Feedback from board back to Certification Committee (December 1)
   d. Possible December meeting of Certification Committee to discuss and finalize procedures.

The meeting was adjourned at 9:15 AM.

Respectfully submitted,

Robin S. Vealey, Secretary-Treasurer
AAASP