President's Message

Jean Williams

An Invitation and Reflections on the Year

It gives me great pleasure to invite each of you to Lake Tahoe and the four-star Hyatt Regency Lake Tahoe Resort & Casino for our 9th annual AAASP Conference, October 5-9, 1994. The three section chairs and Charlie Hardy, Conference Coordinator, have worked hard to organize an outstanding program. Of course, much of the credit for the excellent quality and diversity within the program goes to you, the AAASP members. Your submissions, combined with the keynote speakers invited by the conference organizers and the three pre-conference workshops planned by the Continuing Education Committee, should provide a truly memorable professional experience.

The icing on the cake will come from the beautiful setting and resort hotel. The Hyatt Regency Lake Tahoe offers extraordinary meeting facilities and large guest rooms featuring Alpine ambiance and many amenities. Nestled on the north shore of Lake Tahoe, the Hyatt Regency offers scenery that is beyond spectacular. Crystal clear Lake Tahoe, the largest alpine lake in North America, reflects the bright blue sky. Stretches of sandy beach and sheltered coves frame the aquamarine shallows along the shore. Pristine pine forests carpet the surrounding snow-capped mountains. Combine this beauty with the recreational opportunities of a private beach, 24-hour casino, tennis, 55-foot “Sierra Cloud” catamaran, year-round heated outdoor pool and spa, health club, massage therapy, nearby golf, nature trails, and attractions such as the Ponderosa Ranch.

The Executive Board recently returned from its Spring Board meeting at Lake Tahoe. Having seen the excellent conference program and enjoyed some of the pleasures the Tahoe Basin has to offer, including the beautiful scenery, one-armed bandits, and either a cruise on Lake Tahoe or skiing at Alpine Meadows, we hope you will share in our excitement by joining us at AAASP’s upcoming fall conference.

Summary of Progress on 1994 Agenda

Since this is my last President’s Message, I want to take this opportunity to thank so many of you for taking a leadership role in AAASP by serving as committee chairs and members (see listing in Newsletter). Largely due to your commitment and hard work, and that of the Executive Board, we have made great progress in meeting AAASP’s 1994 agenda. In addition to our ongoing activities, the following represents some of this year’s accomplishments. Cumulating at least two years of effort, we have ready for discussion and vote at the fall conference a Human Diversity Position Statement, Ethical Principles Standards, and criteria for recertification of certified consultants. Certified consultants contemplating attending one of the pre-conference workshops may want to note that the proposed recertification criteria contain a continuing education requirement. The Board believes the adoption of these policies will help advance the field of applied sport psychology.

We finished the first draft of promotional materials that market sport psychology services to intercollegiate athletic departments and professional teams. We hope to have the package finalized and ready for mailing shortly after the fall Conference. It will include a brochure that describes AAASP’s certification program, lists our certified consultants, and presents limitations to the meaning of certification (i.e., other qualified sport psychologists besides those certified by AAASP).

Continued on Page 3.
On the Desktop...

This issue of the newsletter is jam-packed full of information for the 1994 AAASP Conference. Charlie Hardy and the Section Chairs (Al Petitpas, Neil Widmeyer, and David Pargman) have put together an outstanding program based on the abstracts submitted by the members of AAASP. The EB thanks each and everyone of you who submitted abstracts for the program.

After returning from the EB meeting in late April, I know I am looking forward to attending the upcoming conference. If you haven’t made plans to attend the 1994 conference, you should do so immediately!

The Editorial Office is still running into problems with address changes and wrong addresses. Please double check your address label to make sure everything is correct. If there is an error, call or write Kevin L. Burke with the correct information.

Newsletter Deadline

The deadline for submitting information to be included in the Fall Newsletter is October 20, 1994. Please send information to the Publications Director, AAASP Editorial Office, Department of HPER, Boise State University, Boise, ID 83725.
Grant Recipients

Congratulations to Vicki Ebbeck and Sandy Gordon, the first recipients of an AAASP research grant! Vicki’s proposal, titled "Self-Schemata and Older Adult Exercisers," received funding of $1,704. Sandy’s proposal, titled "A Cross-cultural Survey of Sport Physiotherapists and Sport/Athletic Trainers in Australia," received funding of $782.

AAASP FUNDS RESEARCH GRANTS

In Montreal, the Executive Board approved a mechanism for offering research grants to AAASP members. This decision reflects AAASP’s continued commitment to promoting research in applied sport psychology. For 1995, preference will be given to proposals that:

1. clearly integrate material from at least two of the three sections of AAASP (Social Psychology, Health Psychology, Intervention/Performance Enhancement);
2. integrate research and applied practice;
3. require money to conduct a worthy project and funding resources are not available. Budget requests can range from $250 to $5000, but recognize that total funding for 1995 equals $5000.

Applicants must have been a continuous member of AAASP for at least three years. If students do not meet this criteria, they should co-author the proposal with a professional member. Deadline for receipt of completed applications is February 1, 1995.

Attention AAASP Fellows and Members.....

A special Fellows meeting has been scheduled at the upcoming AAASP Conference to discuss and vote on four proposals forwarded by the respective committees and approved by the Executive Board. The four proposals focus on the following items:

1. Human Diversity Position Statement;
2. Ethical Principles;
3. Criteria for Recertification of Certified Consultants (see Certification Committee Report on page 25); and,

Under a separate mailing, Fellows and members will receive a copy of each of the items listed above, as well as a cover letter from AAASP President, Jean M. Williams inviting you to attend this special meeting. It is imperative that you be an informed participant in this endeavor and READ all material before the meeting. Also, only Fellows can vote on issues related to ethics and certification.

New Texts

Please accept this invitation to attend the 9th annual AAASP Conference, October 5-9, 1994. The Hyatt Regency Lake Tahoe Resort & Casino will be the host hotel. Located on the beautiful north shore of Lake Tahoe, this four-star resort offers breathtaking views of the lake and its surrounding mountains, first-class meeting facilities, casual and fine dining, and a multitude of recreational opportunities. Registration material as well as information regarding the "Lake Tahoe Experience" are provided throughout this issue of the Newsletter.

While the environment and host are outstanding aspects of the 9th annual conference, the real jewel of the AAASP conference experience is the program. The program committee has worked very hard to develop an experience that will provide you with both breadth and depth. Our Keynotes: Drs. Bruce Ogilvie, Dan Gould, Bess Marcus, Patricia and Peter Adler highlight an outstanding program that includes lectures, symposia, workshops, and an interactive/poster session. In addition, the Continuing Education Committee is offering three outstanding Pre-Conference Workshops on Tuesday evening and Wednesday morning.

The Hyatt is the only hotel on Lake Tahoe with its own private beach, and in warm weather guests may enjoy waterskiing, fishing, boating, and swimming in the lake. Although the early October temperatures (average 60-70 degrees in the daytime) may be a bit cool for such water sports, conference participants will nonetheless enjoy the relaxation, serenity, and beautiful views offered by the resort's beach. Weather permitting, we are planning to have our Wednesday evening Wine and Cheese on the lawn overlooking the lake, so remember to bring along a sweater or jacket!

Walking/jogging paths and an 18-station exer-course are located adjacent to the resort, and there are two 18-hole Trent Jones golf courses, 18 tennis courts, 10 indoor racquetball courts, and mountain bike rentals nearby. The resort also features an outdoor heated pool and jacuzzi, and an onsite health club, which will be available to conference participants at no charge. For those seeking Nevada-style fun, the resort offers a 24-hour casino, located adjacent to the hotel lobby. For your enjoyment, we have scheduled golf and tennis tournaments, a mastery run, and a boat tour of Lake Tahoe.

Dining options include the 24-hour Sierra Cafe, which features daily breakfast and lunch buffets at reasonable prices, and the Ciao Mein Trattoria, which features Chinese and Italian cuisine. There are also a number of inexpensive eating options within easy walking distance. Our Saturday night banquet will feature an "American Barbecue," complete with a Country and Western band and line dancing instructions.

The resort’s 458 spacious hotel rooms are all equipped with either a king size bed or two double beds, color television, 2-line phone, full bath, mini-bar, iron, and in-room dining table. Rooms will be available to AAASP conference participants for the dates of the conference, plus two days before and after, at the very special rate of $80 single or double, $90 triple, and $105 quad occupancy. Regency Club rooms (Single and Double Occupancy) on the 10th floor and lakeside cottage suites, complete with fireplaces, are available for an additional cost. The Hyatt also offers Camp Hyatt, a children's program for ages 3-12, with the restriction that children must be toilet trained and out of pull-ups. The cost is $35.00 per day per child and $25.00 per evening per child. Meals are also available from a special Children's menu. For more information on Camp Hyatt call 702-832-1234, ext 3214.

The Hyatt Regency Lake Tahoe is located just 45 minutes from Reno Cannon International Airport (Reno/Sparks, Nevada). Reno Cannon International is recommended as the airport to fly into from most locations. The Hyatt has arranged ground transportation by scheduled shuttles for AAASP conference participants at a reduced fare of $10 each way with Tahoe Experience. If you are unable to take advantage of this special arrangement or would prefer to secure your own transportation we have provided shuttle (Aerotrans), limousine (Sierra West Limousine), and rental car (Budget) information. Following the success of the use of the “official conference airline” for the 1993 AAASP conference, we are pleased to announce that United Airlines is our official carrier for the 1994 conference. United is offering our members special reduced rates as well as one AAASP complimentary ticket for every 40 tickets booked.

I hope that you can sense the excitement that we feel about about our 9th annual conference. Mark your calendars for October 5-9, 1994. Please remember that the deadline for all conference activities is SEPTEMBER 12, 1994, so make your reservations today! We hope that you will join us for the Lake Tahoe Experience.

Respectfully,
Charles J. Hardy, Past-President
Jean M. Williams, President
CONTINUING EDUCATION PRE-CONFERENCE WORKSHOPS

Workshop I: UNDERSTANDING AND APPLYING SPORT SCIENCE CONCEPTS IN THE PRACTICE OF SPORT PSYCHOLOGY

LEADERS
Bruce Hale, Staffordshire University; Dave Collins, St. Mary’s College; and Frances Flint, York University

PURPOSE & OBJECTIVES
This workshop is designed to teach basic concepts in 3 areas of the sport sciences: (a) exercise physiology; (b) motor learning and control; and, (c) sports medicine/athletic training. The focus will be upon providing fundamental instruction so that sport psychologists can recognize how factors other than psychological ones might affect performance. This workshop will be especially helpful for members who lack training in the sport sciences.

Workshop II: LIFE SKILLS COUNSELING: BASIC HELPING SKILLS AND ISSUES

LEADER
Steve Danish, Virginia Commonwealth University

PURPOSE & OBJECTIVES
This workshop is designed to teach the basic relationship establishing skills that are essential to the development and implementation of sport psychology interventions. These skills enable sport psychologists to develop an understanding of an individual or group’s life situation and goals. These skills also increase compliance. This workshop will be especially helpful for members who lack training in counseling techniques.

Workshop III: MENTAL SKILLS TRAINING FOR ENHANCED SPORT PERFORMANCE

LEADERS
Ken Ravizza, California State University at Fullerton and Dave Snow, California State University at Long Beach, Head Baseball Coach and Coach of the “92 Olympic Baseball Team

PURPOSE & OBJECTIVES
This workshop is designed to help participants develop/refine their mental training and consulting skills to work with athletes and coaches. The skills to be addressed are: developing a commitment to a mission; relaxation and imagery; mental preparation; and, full focus/distraction control. Additionally, strategies for effective consultation will be presented. The format is designed to provide both information and skills related to each topic.

REGISTRATION INFORMATION
You can sign up for 1 of the 3 workshops. Each workshop is divided into 2 parts: Tuesday, October 4th, 7:00 -10:00 PM and Wednesday, October 5th, 8:00 -11:00 AM. To receive AAASP CEUs, you must attend both parts. Each workshop is limited to 25 participants. Due to the possibility of being closed out of your first choice, please rank order your willingness to attend the other two workshops. If you are not interested in an alternate workshop, only acknowledge your first choice. It is important that you register early, so take a moment to complete the form below and mail it today!

1994 PRE-CONFERENCE CONTINUING EDUCATION WORKSHOP REGISTRATION FORM

Name: ____________________________
Affiliation: ____________________________
Mailing Address: ____________________________
Work Phone: ____________________________ FAX: ____________________________
Home Phone: ____________________________ E-Mail ____________________________

Please sign me up for the workshop indicated. Please note a “1” FOR FIRST CHOICE, “2” FOR SECOND CHOICE, or “3” FOR THIRD CHOICE.

_____ Workshop I _____ Workshop II _____ Workshop III

Costs: _____ Professional $65.00 _____ Student $35.00

Please make checks payable to AAASP (US Funds). Mail to: Dr. Vikki Krane, CE Co-Chair, HPER, Memorial Hall Bowling Green State University, Bowling Green, OH 43403

POSTMARK DEADLINE: SEPTEMBER 12, 1994
1994 AAASP CONFERENCE
October 5-9, 1994
Incline Village, Nevada

CONFERENCE REGISTRATION FORM

Please Type or Print Legibly

NOTE: YOU MUST BE AN AAASP MEMBER TO REGISTER FOR THE FULL CONFERENCE
One-day registration available to non-members (limit of two days).

NAME: ____________________________ (Last Name)  (First Name)  (M.I.)

PREFERRED NAME FOR REGISTRATION BADGE: ____________________________

INSTITUTION: ____________________________

MAILING ADDRESS: ____________________________

TELEPHONE: (O) ____________________________  FAX: ____________________________

(H) ____________________________  E-MAIL ____________________________

CONFERENCE REGISTRATION AND EVENTS FEE

Includes entry to all conference sessions; name badge, program, and abstract book; welcoming reception on Wednesday; refreshment breaks; and, banquet food and entertainment. One day registration does not include receptions or banquet. Individuals will be permitted to sign up for no more than two days at the one-day rate.

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ONE DAY REGISTRATION  (available to non-members only; limit of two days)

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SPOUSE/GUEST REGISTRATION

Available to accompanying non-members only; includes name badge, refreshment breaks, one reception, and banquet ticket. Separate additional banquet and reception tickets will also be available for purchase on-site for those wishing to attend only a specific function

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TOTAL AMOUNT ENCLOSED

Mail registration form with check or money order (U.S. dollars) payable to “AAASP” by dates indicated to:
Dr. Kevin L. Burke, Physical Education Department
228 Anderson Hall, Northern Illinois University
Dekalb, IL 60155 USA
FAX (815) 753-1413  E-Mail P20KLB1@NIU
Inquiries about AAASP membership should also be addressed to Dr. Kevin L. Burke at this address.
Deadline for early registration at reduced rates is September 12, 1994.
On-site registration will be accepted on a space-available basis.
Please list name/address to which confirmation should be sent:

NAME: 

Last Name  First Name  Middle Initial

ADDRESS: 

Organization

Street Address or Post Office Box

City/State  Zipcode  Country

DAYTIME PHONE: 

TYPE OF ROOM REQUESTED:  

____ Single or Double ($80/night)  ____ Triple ($90/night)  

____ Quad ($105/night)  ____ Regency Club ($110/night Single or Double Only)  

____ Non-Smoking Room Preferred

Note: Room rates listed do not include Washoe County room tax of 9%.

INDICATE YOUR ARRIVAL/DEPARTURE DATE, AS WELL AS INFORMATION ABOUT INDIVIDUALS WITH WHOM YOU WILL BE SHARING YOUR ROOM:

Person 1: ___________________________  Arrival Date  ____________

Person 2: ___________________________  Departure Date  _________

Person 3: ___________________________  _______________________

Person 4: ___________________________  _______________________

DEPOSIT

Deposit of one night’s room cost must be enclosed with hotel reservation form. Please give credit card information below, or enclose check or money order in U.S. dollars payable to Hyatt Regency Lake Tahoe. Deposit is refundable up to 72 hours prior to scheduled arrival.

Credit Card:  ____ Mastercard  ____ Visa  ____ American Express  ____ Diners Club  ____ Discover

Card Number: ___________________________  Exp. Date: ____________

Signature ___________________________

MAKE YOUR RESERVATIONS EARLY - THE NUMBER OF ROOMS AVAILABLE AT THESE SPECIAL RATES IS LIMITED AND REQUESTS FOR ACCOMMODATIONS WILL BE FILLED ON A FIRST-COME, FIRST-SERVED BASIS. RESERVATION CUTOFF DATE IS SEPTEMBER 12, 1994. SPECIAL CONFERENCE ROOM RATE IS NOT GUARANTEED AFTER THAT DATE.

Send Reservation Form with deposit or credit card information to:  
Hyatt Regency Lake Tahoe Resort & Casino  
Country Club Drive at Lakeshore  
PO Box 3239  
Incline Village, NV 89450-3239 USA  
Tel. (702) 832-1234  Fax (702) 831-7508
Official Conference Air Carrier...

**United Airlines**

Take advantage of the following special savings by booking with United Airlines, the Official Air Carrier for the 1994 AAASP Conference:

- **5% discount off** all applicable published first class and discount fares for travel to Reno from any point in the U.S. This includes “super-saver” and most other promotional or discount fares.
- **10% discount off** applicable unrestricted (non-promotional) coach fares with a 7-day advance purchase required.

These discounts are available for travel to/from Reno between the dates of October 1-13, 1994, for the AAASP Conference. In order to accommodate the personal preferences of individual travelers, United Airlines will honor the conference discounts for tickets purchased directly from United Airlines (by phone or at a United Airlines airport counter), as well as for tickets purchased from the individual’s preferred travel agent. Mileage Plus members will receive full credit for all miles flown when attending this conference.

United Airlines serves over 200 cities in the United States and offers many direct and connecting flights into Reno daily. You are encouraged to check on the availability of flights from your home airport; booking with United Airlines offers not only savings to you but also will benefit to AAASP, which will receive one complimentary ticket for every 40 tickets booked on United Airlines. Such complimentary tickets can be used for future AAASP travel, resulting in savings to the organization.

In order to take advantage of the conference discounts, reservations must be made through the United Airlines Specialized Meeting Reservations Center at the number listed below. Call the number directly yourself, or, if booking through a travel agency or corporate/university travel department, give them the information below so that they may obtain the discount for you. The special discounts can only be guaranteed if reservations are made through the United Airline’s Meeting and Convention Reservation Service at the number below.

For Reservations Call
United Airline’s Meeting and Convention Reservation Center

1-800-521-4041
7:00 a.m. - 10:00 p.m.
(Eastern Standard Time)
*Refer to ID NO. 547RQ*

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**HYATT REGENCY LAKE TAHOE SHUTTLE SCHEDULE**

**RENO CANNON INTERNATIONAL AIRPORT to and from HYATT HOTEL**

The Hyatt has made the following Shuttle arrangements through Tahoe Experience. Shuttle reservations must be made no later than five days prior to arrival by calling Tahoe Experience at (702) 832-0713 between 9:00 AM and 1:00 PM PST. Shuttle times without reservations will be cancelled 72 hours prior to arrival. Tahoe Experience staff will collect $10.00 per person each way prior to departure. (Sorry, no credit cards).

**ARRIVAL:** Tuesday, October 4, 1994 & Wednesday, October 5, 1994

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**DEPARTURE:** Sunday, October 9, 1994

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For reservations call (702) 832-0713 between 9:00 AM and 1:00 PM. Reservations will require flight information, arrival and departure time in Reno, and a phone number.

If you would rather secure your own transfers, you should contact Aerotrans at 702-786-2376 or Sierra West Limousine at 702-329-4310. One way fees: Aerotrans $18.00, with a 3 person minimum; Sierra West Limousine $84.00 with a 6 person maximum. Reservations are required. Rental cars can be secured from Budget Rent a Car, our 1994 Conference Official Car Rental supplier at 1-800-772-3773, Rate ID Code: VAR2/AAASP.
1994 AAASP CONFERENCE
SPECIAL EVENTS

Mastery Run
Dr. Michael Sachs will get us off to a fast start with the Fourth Annual Mastery Run. This year's race will be held Friday morning, October 7th, at 7:00 am. Sign-up sheets and details will be available at the conference registration desk. Those with questions or who are willing to sign up as race officials should contact Dr. Sachs at (215) 204-8718; FAX: (215) 204-8705 E-Mail: V5289E@templevm

Lake Tahoe Cruise
Tahoe Experience has organized a 2 hour sightseeing cruise of Lake Tahoe on the M.S. Dixie II. The highlight of the cruise will be spectacular scenery of Emerald Bay. The cruise is scheduled for Wednesday 11:15 am - 2:45 pm, with lunch options. The price without lunch is $26.00, with lunch $37.25. This price includes round trip transportation from the Hyatt Regency Lake Tahoe. For more information contact Tahoe Experience, P.O. Box 4878, Incline Village, NV, 89450 Phone (702)-831-2023 FAX: (702)-831-2159.

Registration Deadline is SEPTEMBER 12, 1994. Registration Form below.

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<th>TOUR NAME</th>
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Make checks payable to: Tahoe Experience
PO Box 4878
Incline Village, NV 89450
Phone: 702-831-2023; Fax: 702-831-2159

Visa Card/Master Card#: | Expires: |

Payment and reservations should be made no later than September 15, 1994. All tours depart from the Hyatt Regency Lake Tahoe. A two dollar surcharge will be added to the price of each ticket for all on-site registration. Tours will be held only if a minimum of 30 people are registered. No refunds will be issued unless tour is cancelled.

Golf Tournament
The 9th Annual Golf Tournament will be organized by Dr. Linda Petlichkoff. It will be held on Wednesday afternoon, October 5. Advance sign-up is required. Start times will range from 1:15 pm to 1:45 pm. Send your entry fee of $45.00 (U.S. Funds) as well as your USGA Index (or average 18-hole score) to Dr. Petlichkoff, Department of HPER, Boise State University, Boise, ID 83725. Phone: (208) 385-1231; FAX (208) 385-3775 E-Mail: RPEPETLI@IDBSU.IDBSU.EDU

Registration Deadline is SEPTEMBER 12, 1994.

Tennis Tournament
Dr. Neil Widmeyer will once again organize the tennis tournament. It will be held on Wednesday afternoon, October 5. Advance sign-up is required. Start time will be 2:00 pm. Send your entry fee of $25.00 (U.S. Funds) to Dr. Neil Widmeyer, Department of Kinesiology, University of Waterloo, Waterloo, Ontario CANADA N2L 3G1. Phone: (519) 885-1211 ext. 3955; FAX (519) 746-6776.

Registration Deadline is SEPTEMBER 12, 1994.
Bruce Ogilvie

Bruce Ogilvie is professor emeritus in psychology at San Jose State University. He completed his B.A. in 1950 at the University of San Francisco, and his M.A. at Portland University in 1951. He obtained his Ph.D. in clinical psychology from the University of London Institute of Psychiatry in 1953.

Dr. Ogilvie’s work in the 1950s and 1960s helped provide the foundation for much of what has transpired in the field of sport psychology since that time, and he has often been referred to as “The Father of Applied Sport Psychology.” His varied research interests have included performance enhancement of athletes, personality traits of elite athletes, sports career termination, female athletes’ issues, stress management, and ethical problems faced by sport psychologists. He has also written on some unique topics, such as motivations of aerobatic pilots, psychology of disabled athletes, psychological aspects of wilderness rescue, and applying mental skills to physical rehabilitation. Dr. Ogilvie has published many book chapters and books on sport psychology and related issues, perhaps his most noted being Problem Athletes and How to Handle Them (co-authored by Dr. Thomas A. Tutko), which has been widely read by coaches, athletes, and sport psychologists in the U.S. and abroad. Dr. Ogilvie has been an active participant on the editorial review boards for The Sport Psychologist, Palestra (Journal of Sport and Physical Education for the Disabled), and The Physician & Sport Medicine.

Dr. Ogilvie embodies the spirit of the scientist-practitioner model, and has had numerous consulting and applied positions in addition to his research interests. He has consulted with professional baseball, football, basketball, hockey, and soccer teams throughout the U.S., Canada, and England. He has also consulted at the collegiate level with many university teams and programs. He has consulted with a number of Olympic athletes through his affiliation with the U.S.O.C. Sport Psychology Registry.

His long and distinguished career has earned him fellow status in the American Psychological Association, Division 47, the American Psychological Society, the American College of Sports Medicine, the International Academy of Medicine and Sport, the International Society of Sport Psychologists, and AAASP. He is also a member of the International Society of Sport Psychiatry, the American Association of Applied and Preventive Psychology, and the Ethics and Professional Conduct Committee, ACSM. In 1984, Dr. Ogilvie received an award for Distinguished Contribution to International Sport Psychology, and in the same year he was placed on Runner’s World Sportsmedicine All-star Team.

Dr. Ogilvie’s Coleman Griffith Memorial Lecture is entitled “Walking the Perilous Path of the Sport Psychologist.” The lecture will feature the pains, joys, and adventures of Dr. Ogilvie’s 30 year career as a sport psychologist. Dr. Ogilvie will direct his lecture particularly toward the younger professionals of our field as he shares with us his vast experience as a consultant to coaches, athletes, and sport teams.

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<th>Coleman R. Griffith Lecture</th>
<th>Wednesday, October 5</th>
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Walking the Perilous Path of the Sport Psychologist
Bruce Ogilvie, Ph.D.

Section Keynotes

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Applications of the Stages of Change Model to Exercise Behavior
Bess Marcus, Ph.D.

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Coping with Stress: Sport Psychological Research, Theory and Practice
Daniel Gould, Ph.D.

Kids in Sports: Learning Work While Doing Play
Patricia Alder, Ph.D.
Peter Alder, Ph.D.
Section Keynotes

Peter & Patricia Adler
Social Psychology

For the first time in AAASP history, the Keynote address in the Social Psychology section will be delivered by two presenters, Patricia and Peter Adler. Patricia Adler is a professor of Sociology at the University of Colorado, Boulder, while Peter Adler is a professor of Sociology at the University of Denver. Both Patricia and Peter received their Ph.D. from the University of California, San Diego. One or both of the Adler’s have served or are presently serving on the editorial boards of various prestigious journals including: Administrative Science Quarterly, Journal of Contemporary Ethnography, Sociological Studies of Children, Sociological Studies of Child Development, Youth and Society, Deviant Behavior, Journal of Sport and Social Issues, and Qualitative Sociology. In addition to their separate publications, the Adler’s have worked together on five books, 13 book chapters, 22 refereed journal articles, and over 35 presentations. AAASP and the Adler’s were introduced to each other at our 1992 meeting in Colorado Springs when Patricia and Peter presented “Cultural Diversity in Applied Sport Psychology.” Probably, the products of their scholarship most well known to AAASP members are their 1991 book Backboards and Blackboards, which was reviewed in our Newsletter, and the five volume series Sociological Studies of Child Development which they co-edited. However, many of their other publications are related to areas in which AAASP members are working. For example, they have written “The academic performance of college athletes,” “Street corner society revisited,” “Socialization to gender roles,” “The glorified self,” “The politics of participation in field research,” “The role of momentum in sport,” “Observational techniques” (In: Administrative Science Quarterly, Journal of Social Issues, Deviant Behavior, Journal of Sport and Social Issues, and Qualitative Sociology. In addition to their separate publications, the Adler’s have worked together on five books, 13 book chapters, 22 refereed journal articles, and over 35 presentations. AAASP and the Adler’s were introduced to each other at our 1992 meeting in Colorado Springs when Patricia and Peter presented “Cultural Diversity in Applied Sport Psychology.”

Bess Marcus
Health Psychology

Bess H. Marcus, Ph. D. was born in Cleveland, Ohio and grew up in Ohio and Rhode Island. She received her B.A. in Psychology from Washington University in St. Louis, Missouri in 1984, her M.S. (1986) and her Ph.D. (1988) in Clinical Psychology from Auburn University in Auburn, Alabama. From 1987-88, Dr. Marcus was a clinical psychology intern at the Veterans Administration Medical Center in Atlanta, Georgia. From 1988-1989, Dr. Marcus was a post-doctoral fellow in behavioral medicine at The Miriam Hospital and Brown University School of Medicine. Since 1989, Dr. Marcus’ research and clinical work has focused on women’s health issues including exercise promotion, smoking cessation, and weight management. Dr. Marcus is currently the Principal Investigator on a NIH grant entitled, “Smoking cessation, weight gain and exercise in women,” as well as an AHA grant entitled, “Development and evaluation of an exercise expert system for cardiovascular risk reduction.” She is co-investigator on NIH grants entitled, “Lifestyle exercise trial” and “Medical office-based activity counseling of older adults.” In addition to working, Dr. Marcus enjoys spending time with her husband, daughter and son and participating in physical exercise.

Daniel Gould
Intervention/Performance Enhancement

Dan Gould is a professor in the Department of Sport and Exercise Science at the University of North Carolina at Greensboro (UNCG). Dan teaches graduate and undergraduate courses in sport and exercise psychology and is heavily involved in the graduate program. In 1994, he received UNCG’s prestigious all-University Alumni Excellence in Teaching Award.

During his career Dan has focused equal attention on research, teaching and service activities in applied sport psychology. He has consulted extensively with numerous athletes of all age and skill levels and involved in a wide range of sports. Dan presently serves as a performance enhancement consultant with the U.S. Ski Team. In addition to consulting directly with athletes, Dan has been heavily involved in coaching education having made over 400 clinic presentations. He has also served on the U.S. Olympic coaching development committee for 10 years.

Actively involved in research, Dan has studied the stress athletic performance relationship, sources of athletic stress, athlete motivation, youth sports issues, and sport psychological skills training use and effectiveness. He has over 75 scholarly publications and over 50 applied sport psychology research dissemination-service publications. Two research-based children’s sports texts have been co-edited by Dan and he served as one of the founding co-editors of The Sport Psychologist. Finally, he has made over 150 regional, national, and international scholarly presentations.

Currently, Dan is collaborating with Bob Weinberg on a co-authored undergraduate text on sport and exercise psychology. He is especially proud of the numerous masters degree and 10 doctoral students that he has had the opportunity to

Adler, Continued from first column.
the Handbook of Qualitative Research), and “Requirements for inductive analysis.” Recently, Peter and several other authors have submitted a manuscript for publication entitled “Qualitative inquiry: An underutilized strategy in AIDS research.” In 1993, Patricia was listed in the “Who’s Who in American Education” and in the “Who’s Who in the World.”

Gould, Continued on Page 27.
1994 AAASP Conference: The Program*

*Tentative Program

MONDAY, OCTOBER 3
5:00 PM - 11:00 PM EXECUTIVE BOARD MEETING

TUESDAY, OCTOBER 4
8:00 AM - 11:00 PM EXECUTIVE BOARD MEETING
7:00 PM - 10:00 PM CONTINUING EDUCATION WORKSHOPS: PART I

WORKSHOP 1
Understanding and Applying Sport Science Concepts in the Practice of Sport Psychology
Bruce Hale, Staffordshire University; Dave Collins, St. Mary's College; Frances Flint, York University

WORKSHOP 2
Life Skills Counseling: Basic Helping Skills and Issues
Steve Danish, Virginia Commonwealth University

WEDNESDAY, OCTOBER 5
8:00 AM - NOON SPORT PSYCHOLOGY COUNCIL MEETING
8:00 AM - 11:00 AM CONTINUING EDUCATION WORKSHOPS: PART II

WORKSHOP 1
Understanding and Applying Sport Science Concepts in the Practice of Sport Psychology
Bruce Hale, Staffordshire University; Dave Collins, St. Mary's College; Frances Flint, York University

WORKSHOP 2
Life Skills Counseling: Basic Helping Skills and Issues
Steve Danish, Virginia Commonwealth University

THURSDAY, OCTOBER 6
7:00 AM - 8:00 AM REGIONAL STUDENT REPRESENTATIVE MEETING
8:00 AM - 8:30 AM WELCOMING AND OPENING REMARKS
8:30 AM - 10:00 AM HEALTH PSYCHOLOGY KEYNOTE ADDRESS
Bess Marcus, Ph.D., Division of Behavioral Medicine, Miriam Hospital, Providence, Rhode Island

Applications of the Stages of Change Model to Exercise Behavior
Presider: David Pargman, Health Psychology Chair, Florida State University

10:15 AM - 11:00 AM INTERVENTION/PERFORMANCE ENHANCEMENT COLLOQUIUM
Sports Psychology for Athletics: A New Model
Ted Leland, Stanford University

Presider: David Yukelson, Pennsylvania State University

10:15 AM - NOON INTERVENTION/PERFORMANCE ENHANCEMENT SYMPOSIUM
The Development and Implementation of a Mental Training Program for a Collegiate Baseball Program: A Collaborative Approach
Dave Snow, California State University at Long Beach; Ken Ravizza, California State University at Fullerton; Tom Hanson, Skidmore College

Presider: Wes Sime, University of Nebraska

10:15 AM - 11:30 AM SOCIAL PSYCHOLOGY SYMPOSIUM
Psychological Factors and Athletic Injuries: Examination of Personality Factors, Life Stress, and Coping Resources in Female Basketball and Volleyball Players, Long-Distance Runners and Aerobic Exercisers
Penny McCullagh, B.J. Byrd, Korinne Meyer and John Noble, University of Colorado, Boulder

Presider: Mark Andersen, Victoria University of Technology

10:15 AM - 11:30 AM SOCIAL PSYCHOLOGY COLLOQUIUM
Mind - Matter Dichotomy to Mind - Matter Reciprocity: An Ecological Solution to Sport Psychology's Fragmentation
David Dzewaltowski, Kansas State University

Presider: Robert Brustad, University of Northern Colorado

11:15 AM - NOON INTERVENTION/PERFORMANCE ENHANCEMENT LECTURES
The Benefits of a Life Skills Education Program for Elite Scholarship Athletes

Presider: Charles Hardy, Past President, Georgia Southern University

8:00 PM - 10:00 PM OPENING RECEPTION
Tony Morris and Terry Seedsman, Victoria University of Technology;
Deidre Anderson, Victoria Institute of Sport

Sport Psychology in the Clinical Psychology Profession:
A National Survey

Nancy Diehl and Trent Petrie, University of North Texas

Development of Professional Sport Psychology in Australia

Tony Morris, Victoria University of Technology

Presider: Britt Brewer, Springfield College

NOON - 1:00 PM STUDENT MEETING

1:00 PM - 2:00 PM INVITED STUDENT SYMPOSIUM

Applied Sport Psychology Internships with University Athletes:
Programs and Possibilities
Judy Van Raalte, Springfield College; Gregory Dale and Craig Wrisberg,
University of Tennessee; Jeffrey Jansen, Shelley Wiechman, Thad
Leffingwell, Steven Ryder, Robert Harmison and Jean Williams, University
of Arizona

Presider: John Noble, Student Representative, University of Colorado, Boulder

1:00 PM - 2:30 PM INTERVENTION/PERFORMANCE ENHANCEMENT SYMPOSIUM

Supervision: Theoretical, Developmental, Ethical, and Practical Considerations for Applied Sport Psychology Training and Practice
Mark Andersen, Victoria University of Technology; Trent Petrie, University
of North Texas; Carole Oglesby and Michael Sachs, Temple University

Presider: Edward Etzel, West Virginia University

1:00 PM - 2:30 PM SOCIAL PSYCHOLOGY SYMPOSIUM

Feminist Approaches to Sport Psychology Practice:
Social, Developmental, Educational, and Clinical Perspectives
Diane Gill, University of North Carolina at Greensboro; Robert Brustad,
University of Northern Colorado; Vicki Krane, Bowling Green State
University; Kate Hays, The Performing Edge

Presider: Diane Gill, University of North Carolina at Greensboro

1:00 PM - 2:00 PM HEALTH PSYCHOLOGY COLLOQUIUM

Sport Psychiatry and Sport Psychology: Can They Coexist to the Benefit of Athletes and Sport?
Robert Burton, Northwestern University

Presider: Andrew Meyers, University of Memphis

2:00 PM - 3:15 PM INVITED STUDENT SYMPOSIUM

Alternative Careers in Sport Psychology: Within and Beyond Academic Settings
Ed Acevedo, Kansas State University; Liz Jambor, Fort Valley State College;
Rebecca Lewthwaite, Center for Research in Clinical Biokinetics, Rancho
Los Amigos Medical Center; Doug Newburg, University of Virginia School of
Medicine; Robert McGowen, University of Richmond; Michael Sachs,
Temple University

Presider: Wes Sime, University of Nebraska

2:00 PM - 3:30 PM HEALTH PSYCHOLOGY SYMPOSIUM

Psychological and Physiological Dimensions of Training and Competition Stress Overload and Adaptation: Implications for Cognitive-Behavioral Interventions
Frank Perna, University of Miami; Sean McCann, United States Olympic
Training Center; Lydia Ievleva, Florida State University

Presider: Lydia Ievleva, Florida State University

2:30 PM - 4:15 PM SOCIAL PSYCHOLOGY WORKSHOP

Exploring the Breadth of Qualitative Research in Applied Sport Psychology
William Strean, University of Alberta; Doug Newburg, University of
Virginia; Bob Eklund, University of North Dakota; Tara Scanlan, University
of California at Los Angeles

Presider: William Strean, University of Alberta

2:45 PM - 4:00 PM INTERVENTION/PERFORMANCE ENHANCEMENT LECTURES

An In-Depth Study of the Mental Training Needs of Junior National Figure Skaters
Judy Goss and Pierre Beauchamp, Canadian Olympic Association

Relationships Among Coping Strategies, Trait Anxiety and Performance in Collegiate Softball Players
Laura Finch, Western Illinois University

Individual Differences in Performance Slumps: The Damaging Cycle of Referent Thoughts and Feelings
Chris Ball, Scott McConville and Johnathan Clarke, University of Melbourne

Athletic Injury, Rehabilitation and Psychological Strategies: What do the Athletes Think?
Charmaine DeFrancesco, Merl Miller, Melinda Larson and Kevin Robinson, Florida International University

Presider: Kate Hays, The Performing Edge

3:30 PM - 4:30 PM HEALTH PSYCHOLOGY LECTURES

Eating Behaviors, Weight, and Menstrual Function of High School Female Athletes
Deborah Rhea, University of Houston

Women, Health, and Sport
Gertrud Pfister, University of Berlin

Presider: David Pargman, Florida State University

3:30 PM - 5:00 PM HEALTH PSYCHOLOGY WORKSHOP

Sport Psychology Consultations: Opportunities for Alcohol Abuse Prevention and Intervention
Robert Stainback, University of Alabama, Birmingham

Presider: Kelly Crace, College of William & Mary
The Program

4:45 PM - 5:30 PM HEALTH PSYCHOLOGY LECTURES

The Oslo Diet and Exercise Study: The Psychological Benefits
Marit Sorensen, The Norwegian University of Sport and Physical Education; Glyn Roberts, University of Illinois
Physical Therapist/Athletic Trainer Recognition of Psychological Distress in Patients at a Sports Medicine Clinic
Britton Brewer, Judy Van Raalte and Al Petitpas, Springfield College; Joseph Sklar and Terry Ditmar, New England Orthopedic Surgeons
Perspectives on the Psychological Curricula in Professional Training Programs of Sport Physiotherapists and Sport/Athletic Trainers: A Cross-Cultural Survey
Ian Ford and Sandy Gordon, University of Western Australia
Presider: David Pargman, Florida State University

4:30 PM - 5:30 PM CROSS SECTIONAL COLLOQUIUM

Selecting the Appropriate Sport Psychology Graduate Program
Kevin Burke, Northern Illinois University; Michael Sachs, Temple University
Presider: Michael Sachs, Temple University

4:30 PM - 5:15 PM INTERVENTION/PERFORMANCE ENHANCEMENT COLLOQUIUM

The Psychology of Being Ranked No. 1 in Division I-A Football
Dana Lerner, Private Practice
Presider: Christine Buntrock, University of North Texas

6:00 PM - 9:00 PM FELLOWS MEETING ON ETHICS AND HUMAN DIVERSITY (MEMBERSHIP INVITED)

Presider: Jean Williams, President, University of Arizona

FRIDAY, OCTOBER 7

7:00 AM - 8:30 AM COMMITTEE BREAKFAST MEETINGS: ETHICS, CONTINUING EDUCATION, ORGANIZATION OUTREACH & EDUCATION, PROFESSIONAL DEVELOPMENT & MENTORING, HUMAN DIVERSITY (COMMITTEE CHAIR WILL DETERMINE EATERY)

7:00 AM - 8:30 AM PAST PRESIDENTS’ BREAKFAST

8:30 AM - 10:00 AM INTERVENTION/PERFORMANCE ENHANCEMENT KEYNOTE ADDRESS

Coping with Stress: Sport Psychological Research, Theory and Practice
Daniel Gould, Ph.D., University of North Carolina at Greensboro
Presider: Al Petitpas, Intervention/Performance Enhancement Chair, Springfield College

10:15 AM - 11:00 AM INTERVENTION/PERFORMANCE ENHANCEMENT COLLOQUIUM

Applied Sport Psychology at Pennsylvania State University: Issues and Perspectives Influencing Intercollegiate Student-Athletes
David Yukelson, Pennsylvania State University
Presider: Leonard Zaichkowsky, Boston University

10:15 AM - NOON SOCIAL PSYCHOLOGY LECTURES: ANXIETY THEME

Male Professional Tennis Players’ Beliefs About the Role of Anger in Tennis: A Qualitative Inquiry
David Striegel, University of Virginia

The Relationship Between Anxiety and Mental Execution Errors in Sport Performance
Michelle Ritter, Southern Illinois University; Karen Scarborough, California State University at Sacramento
Self Presentation Concerns as Correlates of Sport Competition Trait Anxiety
Kathleen Martin, University of Waterloo; Diane Mack, University of Western Ontario

Perceived Attractiveness and Social Physique Anxiety as Determinants of Self-Esteem
Vicki Ebbeck, Oregon State University

The Effect of Non-aerobic Exercise on State Anxiety: A Dose-Response Study
John Bartholomew, Brian Lewis, Darwin Linder and Blaine Kyllo, Arizona State University

Examining the Efficacy of Coping Style in Response to Acute Stress in Sport
Mark H. Anshel, University of Wollongong; Ken Hodge and L.R.T. Williams, University of Otago

Presider: Kevin Spink, University of Saskatchewan

10:15 AM - 11:00 AM HEALTH PSYCHOLOGY LECTURES

Testing an Explanatory Model of Exercise Efficacy Among Children and Adolescents
Anne Garcia, Mary Ann Norton Broda, Cynthia Covik, Marilyn Fren, Thomas George and Nola Pender, University of Michigan

Exercise Training and Mood Changes in Adults with Psychiatric Disabilities
Gary Skriner and Dori Hutchinson, Boston University

Presider: David Kemler, Southern Connecticut University

11:15 AM - NOON INTERVENTION/PERFORMANCE ENHANCEMENT COLLOQUIUM

Single Subject Designs and Applied Sport Psychology
Dennis Hrycaiko, University of Manitoba

Presider: Dean Whalen, University of North Carolina at Chapel Hill
11:15 AM - NOON INTERVENTION/PERFORMANCE ENHANCEMENT COLLOQUIUM
Performance Enhancement Consultations: Three Case Studies
Brent Rushall, San Diego State University
Presider: Robert McGowan, University of Richmond

NOON - 1:00 PM JASP EDITORIAL BOARD LUNCHEON

1:00 PM - 2:30 PM INTERVENTION/PERFORMANCE ENHANCEMENT WORKSHOP
British Accreditation and the Supervised Experience: The Implications for the Sport and Exercise Psychologist in AAASP
Andy Cale and Bruce Hale, Staffordshire University; Ken Fox, Exeter University; J.C. Jones, Loughborough University
Presider: David Collins, Manchester Metropolitan University

1:00 PM - 3:00 PM INTERVENTION/PERFORMANCE ENHANCEMENT INVITED WORKSHOP
Supervision and Applied Sport Psychology
Trent Petrie and Karen Cogan, University of North Texas; Daniel Gould, University of North Carolina at Greensboro; Carole Oglesby, Temple University; Sean McCann, United States Olympic Training Center
Presider: Jim Taylor, Alpine/Taylor Consulting

1:00 PM - 2:30 PM SOCIAL PSYCHOLOGY SYMPOSIUM
Aggression in Sport: Extent, Explanations and Prescriptions for Reduction
Neil Widmeyer and Kim Dorsch, University of Waterloo; John Silva, University of North Carolina at Chapel Hill; Brenda Bredermeier, University of California at Berkeley; E.J. McGuire, Ottawa Senators
Presider: Neil Widmeyer, University of Waterloo

1:00 PM - 2:15 PM HEALTH PSYCHOLOGY SYMPOSIUM
Health Implications, Motivation, and Cultural Differences Among People of Color in Three Fitness Environments
Lois Butcher, Deborah Kieflik and Venita Roberson, Temple University
Presider: Lois Butcher, Temple University

2:30 PM - 4:00 PM SOCIAL PSYCHOLOGY WORKSHOP
Who's on First, What's on Second: Incorporating Social Psychological Influences into the Consulting Process
Heather Barber, University of New Hampshire; Frances Flint, York University; Betty Kelley, Central Missouri State University
Presider: Heather Barber, University of New Hampshire

2:30 PM - 4:00 PM SOCIAL PSYCHOLOGY WORKSHOP
Assessing Gender Differences in Sport Using Relational Theory
Marry Ann Kane, Notre Dame College; Cynthia Adams and Katherine Kilty, Boston University; Su Langdon, Hanover High School
Presider: Marry Ann Kane, Notre Dame College

2:45 PM - 4:00 PM INTERVENTION/PERFORMANCE ENHANCEMENT SYMPOSIUM
Rehabilitation and Coping With Athletic Injury: Expanding the Perspectives
Kirsten Peterson, University of Illinois; Eric LaMott and Diane Wiese-Bjornstal, University of Minnesota
Presider: David Yukelson, Pennsylvania State University

3:00 PM - 4:00 PM INTERVENTION/PERFORMANCE ENHANCEMENT WORKSHOP
Enhancing Coach-Athlete Communication for Performance Enhancement
David Collins and Geoffrey Lovell, Manchester Metropolitan University
Presider: Kathy Kendall, Virginia Commonwealth University

4:00 PM- 5:30 PM AWARD PRESENTATION LECTURES
Presider: Tara Scanlan, President-Elect, University of California at Los Angeles

5:30 PM - 7:30 PM INTERACTIVE/POSTER PRESENTATIONS
INTERVENTION/PERFORMANCE ENHANCEMENT
Presider: Albert Petipas, Springfield College

1. Mental Imagery Training in the Rehabilitation of the Injured Athlete
   Jodie Coffman, Michele McCoy and Dennis Selder, San Diego State University
2. PEAK for Sports and Life: The Development of an Applied Sport Psychology Educational and Consultative Service
   C. Straub, Jamie Sheetz and Robin Vealey, Miami University
3. Psychological Momentum: Current Models Applied to Time-Outs
   Paul Salitsky, Temple University
4. The Ottawa Mental Skills Assessment Tool (OMSAT)
   Natalie Durand-Bush, John Salmela and Jordache Bota, University of Ottawa
5. The Relationship Between Student-Athlete Identity and Career Exploration
   Susanna Owens, Virginia Commonwealth University
6. The Status of Sport Psychology: A National Survey of Selected Head Coaches in College and Professional Athletics
   Steve Brennan, Peak Performance Consultants
7. Useful Mental Skills: Views of Experienced Youth Athletes
   Tracey Sewell and Garry Martin, University of Manitoba
8. What Do We Talk About When We Talk About Youth Sports?
   Valerie Nellen and Steven Danish, Virginia Commonwealth University
9. Athletic Defensive Pessimism and Strategic Optimism: Considering Cognitive Style When Choosing a Mental Preparation Technique
   Stacie Spencer, University of Miami
10. Heart Rate as a Measure for the Individualized Zone of Optimal Functioning
    Leonard Zaichkowsky, Gary Hamill and Bob Dallis, Boston University
11. A Comparison of Six Personality Factors Between Professional, College, and High School Basketball Players
    William Bowe and Dan Smith, State University of New York at Brockport
12. Attitudes of African-American and Caucasian Athletes Toward Sport Psychology Consultants
    Craig Wisberg and Scott Martin, University of Tennessee
13. Effects of a Self-Talk Package on the Competitive Performance of Elite Middle Distance Runners: A Single Subject Assessment
    Gregg Tkachuk and Garry Martin, University of Manitoba
14. Evaluation of a Mental Skills Training Program for Young Competitive Figure Skaters
Adrienne Toogood and Garry Martin, University of Manitoba

15. Evaluation of Sport Psychology Consultants: The Effects of Gender
Trent Petrie and Karen Cogan, University of North Texas; Judy Van Raalte and Britton Brewer, Springfield College

16. Mood of Psychological Skills of Elite, World-Ranked Female Tennis Player
Michael Meyers, Indiana State University; James Sterling, Anthony Bourgeois, Sandy Treadwell and Arnold LeUnes, Texas A & M University

17. Psychological and Physical Skills as Predictors of Performance in Professional Baseball
Donald Christensen and Ron Smith, University of Washington

18. Repressive Coping Style and Distorted Self-Report Anxiety Responses in Cross Country Runners
Thad Leffingwell and Jean Williams, University of Arizona; Vikki Craine, Bowling Green State University

19. The Effects of a Goal Setting Intervention Program on Selected Subcomponents of Basketball Performance
Austin Swain and Graham Jones, Loughborough University

20. The Effects of Mental Training on Swimming Performance: A Test of Morgan’s Mental Health Model
Barry Copeland, Syracuse University; Bill Straub, State University of New York at Brockport; Dan Dukes, University of Tennessee; Paul Bearn, Syracuse University

21. Assessing Confidence Before and During a Competitive Event: How Timing of the Assessment Affects the Confidence-Performance Relationship
Morris Pickens, University of Virginia

22. Evaluation of a Mental Skills Training Program Implemented by Elementary Classroom Teachers
Jenelle Bonadie and Terry Orlick, University of Ottawa

SOCIAL PSYCHOLOGY
Presider: Maureen Weiss, University of Oregon

23. The Relationship Between Goal Orientation, Beliefs About the Causes of Sport Success, and Competitive Trait Anxiety Among High School, Intercollegiate and Recreational Sport Athletes
Sally White, Illinois State University; Scott Zellner, University of New Hampshire

24. Observer Attributions for Athletes of Different Races in Stereotyped Sports
Luke Patrick, Kansas State University; Judith Allen, Drake University

25. A Proposed Model Consolidating the Psychosocial Elements of Youth Sport
Michelle Curtis and Gretchen Kerr, University of Toronto

26. Social-Psychological Characteristics of International Elite Youth Swimmers With Disabilities
Jeffrey Martin, Carol Adams Muskett and Kari Lynch, Wayne State University

27. Examination of Situational Appraisals and Selected Personal Dispositions as Predictors of Coping Responses to Acute Stress Among Basketball Athletes
Mark Anshel and Angelos Kaisasadas, University of Wollongong

28. The Development of an Instrument for Assessing Competitive State Anxiety During or Prior to Competition
Richard Cox, William Russell and Marshall Robb, University of Missouri

29. Validation of Athletes’ Perceptions of the Contribution to Cohesion
Sean Hilliker and John Silva, University of North Carolina at Chapel Hill; Charles Hardy, Georgia Southern University; Neil Widmeyer, University of Waterloo

30. The Relationship Between Personality and Position Type as Perceived By Football Coaches
Michael Morrey, University of Minnesota

31. Goal Setting Practices of Age-Group Tennis Players and Coaches: An Exploratory Investigation
Robert Weinberg, Miami University; Kevin Burke, Northern Illinois University; Allen Jackson, University of North Texas

32. The Non-Traditional Female Athlete: A Case Study
Elizabeth Jambor, Fort Valley State College; Ester Weeke, University of Houston

33. The Home Disadvantage in NFL Conference Championship Games: Does it Exist?
Alan Kornspan, Bart Lerner, Jay Ronayne and Edward Eitze, West Virginia University

34. Investigating the Relationship Between Coaching Behavior and Team Cohesion
Stephen Kozub and Dale Pease, University of Houston

35. Interrelationships of First Year Players and Returning Players of Intercollegiate Softball to Multi-dimensional Cohesion Components
Kathy Boone and Patricia Beitel, University of Tennessee; Jolynn Kuhlman, Indiana State University

36. High School Sport Participation: Identifying Relevant Socializing Agents
Julia Collins, University of Colorado, Boulder

37. The Orthogonality of Achievement Goals: Beliefs About Success and Satisfaction in Sport
Glyn Roberts, Darren Treasure and Mario Kavussanu, University of Illinois

38. Homophobia Among Athletes
Steven Heyman and Brian Butki, University of Wyoming

39. Adaptation to Audience Effects: The Track Hypothesis
Brian Butki, University of Wyoming

40. Intensity and Interpretation of Competitive Anxiety Symptoms in Elite and Non-Elite Swimmers
Graham Jones, Sheldon Hanton and Austin Swain, Loughborough University

41. Influence of Gross Motor Coordination and Gender on Psycho-Social Variables in Primary School Children
Betty Rose and Sybe Jongeling, Edith Cowan University; Dawne Larkin, University of Western Australia; Bonnie Berger, University of Wisconsin

42. Self-Efficacy Enhancement Through Imagery
Brenda Burgess, Stephen Kozub and Dale Pease, University of Houston

43. The Relationship Between Exercise Participation in Sports Spectatorship: An Exploratory Investigation
Louis Gardiner Parks, City University of New York; Bonnie Berger, University of Wisconsin; Neil Chaudhary, Brooklyn College

44. The Effects of Team Cohesion and Scoring Configuration on Perceptions of Psychological Momentum and Performance Inferences
Kevin Spink, University of Saskatchewan; Laurie Eister, University of Alberta, Edmonton

45. Sport Goal Orientations and Their Correlates In the Case of Spanish Athletes
Marta Guivernau and Joan Duda, Purdue University

46. Ethnicity, Gender, and Experience Effects on Attributions of High School Track and Field Athletes
Joy Griffin and Kay Morgan, University of New Mexico

47. Children’s and Parents’ Perceptions of the Little League Experience
Linda Petlíchková and Stephen Dorigan, Boise State University

48. Goal Orientations and Motivation in Sport: An Intrinsic-Extrinsic Motivational Perspective
Fuzhong Li, Oregon State University; Peter Harmer, Willamette University

49. Validation Study of the Incredibly Short Profile of Mood States
Lisa McClung, Southern Illinois University; Karen Scarborough, California State University at Sacramento; Betty Kelley, Central Missouri State University
50. The Willis Sport Motivation Scale: A Psychometric Analysis
   Anthony Bourgeois and Arnold LeUnes, Texas A & M University;
   Michael Meyers, Indiana State University

51. Betwixt and Between: The Liminality of the Former Collegiate Football Player
   Kathy Parker, University of Wyoming; Patricia Beitel, University of Tennessee

52. The Relationship Between Goal Orientation and Perceived Motivational Climate Among Children in a Physical Education Setting and an Athletic Team
   Shannon Guest and Sally White, Illinois State University

53. Goal Setting and Feedback: Effects on Self-Esteem, Self Efficacy and Affect
   Noel Powers, Sandy Stevens and Robert McGowan, University of Richmond

54. Exploring Teambuilding with a University Adult Exercise Group
   Barry Copeland and Tim Rickabaugh, Syracuse University

55. Attributional Style Influences on Physical Self-Concept, Exercise and Fitness
   Eric Cooley, Western Oregon State College; Robert Ayres and Linda-Benton, Educational Service District

56. Gender Differences in Achievement Goal Orientation
   Cynthia Pemberton, University of Missouri at Kansas City; Linda Perllichoff, Boise State University

57. The Development and Preliminary Validation of a Measure of Parental Influence on Youth Participation in Organized Sports
   Kathy Kendall and Steven Danish, Virginia Commonwealth University

58. Sport Participation Drop-Outs in Youth Sport: Qualitative Insights
   Ken Hodge, Melanie Tantrum and Debbie Sherburn, University of Oregon

59. The Relationship Between Perceived Motivational Climate and Dispositional Goal Orientation on Selected Indicies of Intrinsic Motivation
   Maria Newton, University of New Orleans

60. Attentional Styles of Triathletes in Events of Varying Lengths
   Jerry Johnson, George Makua, Martha Ah Yee, Tina Wainwright and Vanessa Wong, University of Hawaii at Hilo

61. A Qualitative Analysis of Mental Training Methods Used By NCAA Hockey Players
   Norm Chouinard, Sean Draper and Wade Gilbert, University of Ottawa; Wayne Blann, Ithaca College

62. Systematic Observation of Ice Hockey Referees During Games
   Jean Coté and Pierre Trudel, University of Ottawa

63. Variables Affecting Intramural Ice Hockey Referees
   Gordon Bloom, Pierre Trudel and Wade Gilbert, University of Ottawa

64. Simulated Recall Interviews as a Data Collection in Sport Research
   Wade Gilbert, Pierre Trudel and Gordon Bloom, University of Ottawa

65. Promoting Sport for Women in the Norwegian Confederation of Sport: A Study Among the Leaders of the Womens’ Committees
   Kari Fasting, Norwegian University of Sport and Physical Education

66. Participation Motivation Differences of Competitive Ability and Length of Involvement in Table Tennis
   Jian Shi and Martha Ewing, Michigan State University

   Paula Dahl and Dennis Selder, San Diego State University

**HEALTH PSYCHOLOGY**

Presider: David Pargman, Florida State University

68. Sleep and Swimming Performance
   Steven Rider, Ridhard Bootzin and Thad Leffingwell, University of Arizona

69. Mood Benefits After Exercise in the Elderly
   Bonnie Berger, University of Wyoming; Christopher Dunbar and David Owen, Brooklyn College; Louis Gardiner-Parks, City University of New York; Donald Michieli, Brooklyn College

70. A Sociocultural Investigation of Athletes and Eating Disorders
   Shawn Stoever and Trent Petrie, University of North Texas

71. Self-schemas, Emotional Awareness and Self-Efficacy in Weight Fluctuators
   Eric Cooley and Tamina Toray, Western Oregon State College

72. Psychological Factors Associated with Alcohol Use by High School Athletes
   Elizabeth Green, Kevin Burke, Charles Nix, Keith Lambrecht and David Mason, Northern Illinois University

73. Athletic Injuries: The Psychological Perspectives of High School Athletes
   Greg Shelley, University of Utah

74. Transition: From the Olympic Podium to the Workplace
   Steven Ungerleider, Integrated Research Services

75. Physiological Reactivity During a Computerized Star Trace Task in Type-A Subjects
   Koji Takenaka, Okayama University; Leonard Zaichkowsky, Boston University

76. The Effects of a Relapse Prevention Program on Adherence to a Phase II Cardiac Exercise Program
   Diane Ashe and David Pargman, Florida State University

77. Performance and Mood in Elite Cyclists
   Brian Butki, Bonnie Berger, David Martin and John Wilkinson, University of Wyoming; David Owen, Brooklyn College

78. Athletes’ Knowledge and Sexual Behaviors Related to Acquired Immunodeficiency Syndrome
   Brian Butki and Steven Heyman, University of Wyoming; Mark Andersen, Victoria University of Technology

79. Coping and Social Support as Moderators of Competitive and Life-Event Stress
   Frank Perna and Stacie Spencer, University of Miami

80. The Relationship of Daily Hassles, Major Life Events and Social Support to Athletic Injury in Football
   Yi Luo, University of Minnesota

**SATURDAY, OCTOBER 8**

7:00 AM - 8:00 AM MASTERY RUN

8:30 AM - 10:00 AM SOCIAL PSYCHOLOGY KEYNOTE ADDRESS
   Patricia Adler, Ph.D., University of Colorado
   Peter Adler, Ph.D., University of Denver

**Kids in Sports: Learning Work While Doing Play**

Presider: Neil Widmeyer, Social Psychology Chair, University of Waterloo

10:15 AM - 11:00 AM INTERVENTION/PERFORMANCE ENHANCEMENT COLLOQUIUM

*A Full-Time Sport Psychologist in British Professional Soccer: A Case Study*

Andy Cale, Staffordshire University

Presider: Bruce Hale, Staffordshire University

10:15 AM - 11:45 AM INTERVENTION/PERFORMANCE ENHANCEMENT SYMPOSIUM

*Understanding Athlete Burnout: Research, Theory, and Practice*

Daniel Gould, Susan Tuffey and Eileen Udry, University of North Carolina at Greensboro; James Loehr, Loehr/Groppel Saddlebrook Sport Science; Betty Kelley, Central Missouri State University

Presider: Judy Van Raalte, Springfield College
The Program

10:15 AM - NOON HEALTH PSYCHOLOGY SYMPOSIUM
Integration of Exercise, Psychotherapy and Performance Enhancement: Exercise Taxonomy for Mood Change, Genetic Predisposition for Depression and Exercise versus Sport as the Process or the Outcome
Keith Johnsgard, San Jose State University; Brian Butke, University of Wyoming; Kate Hays, The Performing Edge; Bonnie Berger, University of Wyoming
Presider: Wes Sime, University of Nebraska

10:15 AM - NOON SOCIAL PSYCHOLOGY LECTURES
Team Building Research in Exercise and Sport
David Paskevich and Lawrence Brawley, University of Waterloo
Distancing Oneself From a Poor Season: Replication and Extension
Christine Buntrock, Britton Brewer and Al Petitpas, Springfield College
Anabolic Steroid Usage, Gender and Moral Decision Making Among Professional Female Body Builders
Leslie Fisher, Pacific Lutheran University
Fair Play In the Gymnasium: Enhancing Socio-Moral Development Among Children at Risk
Gloria Solomon, University of Virginia
Changing Perspectives of Exercise via Theoretically Constructed Messages
Wendy Rodgers, University of Alberta at Edmonton; Kandi McElary, Mount Royal College, Calgary
The Knowledge of High Performance Gymnastic Coaches: Competition and Training Considerations
Jean Côté and John Salmela, University of Ottawa
Expert Coaches and Deliberate Practice Design
John Salmela, University of Ottawa
Presider: Lawrence Brawley, University of Waterloo

11:15 AM - NOON HEALTH PSYCHOLOGY COLLOQUIUM
Participation in Sport as a Facilitator of Recovery from Childhood Abuse: A New Perspective
Nina Couturiaux, Temple University
Presider: Michael Sachs, Temple University

NOON - 1:00 PM INTERVENTION/PERFORMANCE ENHANCEMENT SECTION OPEN MEETING

SOCIAL PSYCHOLOGY SECTION OPEN MEETING

HEALTH PSYCHOLOGY SECTION OPEN MEETING

1:00 PM - 2:00 PM INTERVENTION/PERFORMANCE ENHANCEMENT SYMPOSIUM
A Team Approach to Delivering Sport Psychology Skills to Elite Gymnasts, Their Parents, and Coaches
Martha Ewing, Steven Simensky, John Fitzpatrick, Melissa Chase, Rick Hanson and Susan Walter, Michigan State University
Presider: Karen Cogan, University of North Texas
4:00 PM - 5:00 PM CROSS SECTIONAL WORKSHOP

It's Easier Said Than Done: Personalizing AAASP's Diversity Position Statement Regarding Sexual Orientation

Kelly Crace, College of William & Mary; Charles Hardy, Georgia Southern University; Buffy Cramer-Hammann, University of North Carolina at Chapel Hill

Presider: Kelly Crace, College of William & Mary

4:00 PM - 5:00 PM INVITED CERTIFICATION SYMPOSIUM

Defining Sport Psychology: Scope of Expertise

Richard Gordin, Utah State University; Gloria Balague, University of Illinois at Chicago; Wes Sime, University of Nebraska; John Heil, Lewis-Gale Clinic

Presider: John Heil, Lewis-Gale Clinic

5:00 PM - 7:30 PM AAASP BUSINESS MEETING

JEAN WILLIAMS, PRESIDENT, UNIVERSITY OF ARIZONA

President's Lecture

Tara Scanlan, President-Elect, University of California at Los Angeles

8:00 PM - MIDNIGHT BANQUET AND DANCE

SUNDAY, OCTOBER 9

8:00 AM - 9:00 AM CERTIFIED CONSULTANTS' MEETING

8:00 AM - NOON AAASP EXECUTIVE BOARD MEETING

8:30 AM - 10:00 AM INTERVENTION/PERFORMANCE ENHANCEMENT WORKSHOP

Making Sure You Get the Job: What To Do In the Initial Team Meeting

Morris Pickens and Robert Rotella, University of Virginia; Terry Orlick, University of Ottawa; Keith Henshen, University of Utah; Barbara Waite, Personal Consultant

Presider: Gerald Larson, Tabor Academy

8:30 AM - 10:00 AM INTERVENTION/PERFORMANCE ENHANCEMENT SYMPOSIUM

Education and Training in Applied Sport Psychology

John Clapp, Robert Nideffer, Shawna McGovern, Simon Marshall and Bernie Gehret, San Diego State University

Presider: David Yukelson, Pennsylvania State University

8:30 AM - 9:30 AM SOCIAL PSYCHOLOGY SYMPOSIUM

Transforming the Silence on Lesbianism in Sport

Vikki Krane, Bowling Green State University; Robin Vealey, Miami University

Presider: Diane Gill, University of North Carolina at Greensboro

9:30 AM - 10:00 AM SOCIAL PSYCHOLOGY COLLOQUIUM

Breaking The Silence: Gays and Lesbians in Sport

Fran Johnson, Cross Cultural Consulting

Presider: Diane Gill, University of North Carolina at Greensboro

10:15 AM - 11:45 AM INTERVENTION/PERFORMANCE ENHANCEMENT WORKSHOP

Identifying, Describing, and Demonstrating Practical Mental Skills for Athletes: Sport-Confidence and Intensity

Jim Taylor, Alpine Taylor Consulting; Sean McCann, United States Olympic Training Center; Chris Horsley, Australian Institute of Sport

Presider: Ronald Hokanson, Springfield College

10:15 AM - 10:45 AM HEALTH PSYCHOLOGY COLLOQUIUM

A Psychosocial Analysis of Exercise and Health Behavior

Lauri Fahlberg, University of Wyoming

Presider: T.C. North, North and Associates

10:15 AM - 11:00 AM INTERVENTION/PERFORMANCE ENHANCEMENT COLLOQUIUM

A Mental Training Program for Elite Amateur and Professional Golfers

Glen Albaugh, University of the Pacific

Presider: Trina Runge, Springfield College

10:15 AM - NOON SOCIAL PSYCHOLOGY LECTURES: MOTIVATIONAL THEME

A Model of Participation Motivation, Sport Enjoyment and Adherence Behaviors Toward Physical Activity

Christine Frederick and Craig Morrison, Southern Utah University; Terry Manning, University of North Carolina at Charlotte

The Relationships Among Goal Orientations, Perceived Competence and Effort

Lavon Williams, University of North Carolina at Greensboro

Motivation for Participation in Sport: West African Primary and Junior Secondary Children

Robert McGowan, Kim Bower and Kim Luppens, University of Richmond

Effects of Success or Failure Feedback on Perceived Competence of Collegiate Elite and Non Elite Athletes

Natalie Beckerman and Martha Ewing, Michigan State University

The Challenges of Doing Cross Cultural Research

Kari Fasting, Norwegian University of Sport and Physical Education

A Cross-cultural View of Japanese and American Students’ Definition of Achievement In Sport

Rika Kawano and Martha Ewing, Michigan State University

Psychological Response to the Olympic Team Alternate

Merry Miller, University of Calgary

Presider: Kori Meyer, University of Colorado, Boulder
AASAP Spring EB Meeting: The Minutes

AASAP Executive Board Spring Meeting Minutes
April 21 - April 24, 1994
Lake Tahoe, Incline Village, NV

Thursday, April 21
Board Members Present: Jean Williams (President), Charlie Hardy (Past President), Tara Scanlan (President-Elect), Kevin Burke (Secretary-Treasurer), Linda Petitchkoff (Publications Director), David Pargman (Health Psychology Chair), Al Petitpas (Intervention/Performance Enhancement Chair), Neil Widmeyer (Social Psychology Chair), and John Noble (Student Representative).

1. Call to Order. The meeting was called to order at 3:13 p.m. by Williams who welcomed all Executive Board members to Incline Village.

2. President’s Report. Williams expressed her pleasure with the work that has been performed so far this year.

Williams discussed the idea of AASAP joining the International Society for Sport Psychology as a group. It was moved (Hardy), seconded (Petitchkoff), and passed (9-0) for AASAP to join the International Society of Sport Psychology.

3. 1994 Conference. Hardy presented several different items relating to the upcoming conference such as developing a conference expense and income system, program development, continuing education workshops, and conference promotion. Discussion ensued of an agenda for the Sport Psychology Council. Scanlan suggested that the council members be asked to come to the meeting with agenda items. It was moved (Hardy), seconded (Scanlan), and passed (9-0) to cover expenses for the Sport Psychology Council representatives meeting to be held at the 1994 AASAP conference. Hardy will organize and chair the meeting of the Past President’s Council at the conference.

The Executive Board will begin its preconference meeting on Monday, October 3, at 5 p.m.

It was moved (Hardy), seconded (Pargman), and passed (9-0) to approve the offering of three continuing education preconference workshops as proposed by the Continuing Education Committee.

Since most other conference committee meetings are not provided with food and beverages, discussion ensued concerning whether it is appropriate to provide the Certified Consultants’ meeting with food and beverages. It was moved (Widmeyer), seconded (Petitchkoff), and passed (9-0) not to provide food and beverages for this group’s meeting at the conference.

Hardy discussed some of the transportation challenges for the conference attendees since the drive to the hotel from the airport may be as long as 45 minutes from the Reno airport (to 1 1/2 hours in poor weather conditions). Discussion also ensued concerning special transportation arrangements for the keynote speakers.

Action: Hardy was charged with investigating the feasibility of providing special transportation means for the keynote speakers at the conference and providing directions to the hotel for all conference attendees.

Hardy recommended and the Executive Board agreed that the conference registration fees be increased by $5.00 to $180.00 for professors and $130.00 for students, with late fee registration to $205.00 for professional and $155.00 students. Day passes will be available to non-members (for a maximum of two days) for $75.00 for professionals and $40.00 for students.

Hardy discussed the on-site conference registration procedures. Discussion ensued of the need to hire a business manager to assist with these and other duties.

Hardy presented the conference mailing materials to the Executive Board.

4. 1995 Conference. Williams announced that New Orleans has been selected as the conference location for the tenth annual conference. Williams discussed the possibility of having a shorter version of the conference abstracts published as a supplement to the JASP, but continue to use the current longer abstract format in making program decisions.

It was moved (Burke), seconded (Widmeyer), and passed (9-0) that the conference abstracts be published as a supplement to the JASP. If the publication schedule permits, the program schedule will also be listed in the supplement.

Williams led a discussion of special suggestions for the tenth anniversary AASAP conference.

5. 1996 Conference. Scanlan discussed the two location alternatives for the eleventh annual conference. Williamsburg has been selected as the first choice with Charleston selected as the second choice. Discussion ensued of the opportunities at each location. It was moved (Petitchkoff), seconded (Hardy), and passed (9-0) that Scanlan negotiate with the two locations within Williamsburg and inform the Executive Board of the negotiation process.


7. Adjournment. The Executive Board adjourned for dinner at 6:15 p.m.

8. Call to Order. The meeting was called to order by Williams at 8:15 p.m.

Discussion ensued of the various tasks of the future business manager.

It was moved (Pargman), seconded (Burke), and defeated (5-3, with 1 abstention) that the amended business manager job description be approved and one person be hired for this position. It was moved (Scanlan), seconded (Petitchkoff), and passed (9-0) that the amended business manager job description be approved and possibly more than one person be hired for this position.

Action: Williams was charged with writing the updated job description for the business manager, corresponding with the individuals who expressed an interest in becoming the business manager, and selecting someone for this position by the Fall conference.

9. Intervention/Performance Enhancement Report. Petitpas presented the 1994 conference Intervention/Performance Enhancement abstract submissions acceptance data. There were 9 symposia submitted, 7 were accepted. Twelve lectures were submitted with 7 accepted. There were 16 colloquia submitted with 6 accepted. Ten workshops were submitted with 5 accepted. Twenty-five posters were submitted with 18 accepted.

Petitchkoff discussed the status of the position paper. Petitpas presented the board with the selections for the AASAP logo design.

10. Health Psychology. The Health Psychology section had 37 abstract submissions. Thirty-five presentations were accepted. Pargman discussed the status of the position paper.

11. Social Psychology. Widmeyer stated that the Social Psychology section had 80 abstract submissions. Widmeyer stated there is a need to further delineate what defines the area of “social psychology” within AASAP. Widmeyer announced there were two recipients of the initial AASAP research grant program.

Action: Widmeyer was charged with presenting to Williams the guidelines for evaluation of the research grants.

Action: Noble was charged with updating the Student Representative job description for the AAASP Organizational Manual and developing a “form” letter that regional representatives could use to encourage membership in AAASP.

13. Adjournment. The meeting was adjourned at 10:10 p.m.

Friday, April 22

Board Members Present: Jean Williams (President), Charlie Hardy (Past President), Tara Scanlan (President-Elect), Kevin Burke (Secretary-Treasurer), Linda Petlichkoff (Publications Director), David Pargman (Health Psychology Chair), Al Petitpas (Intervention/Performance Enhancement Chair), Neil Widmeyer (Social Psychology Chair), and John Noble (Student Representative).

14. Call to Order. The meeting was called to order by Williams at 8:00 a.m.

15. Approval of Minutes. It was approved (Petlichkoff), seconded (Pargman), and passed (9-0) to accept the October 11-17, 1993 minutes.

16. Secretary-Treasurer’s Report. Burke reported the current total membership was 629 members. Professional membership was 333 (53%). Student membership was 288 (45%). There were 7 (1%) honorary members. AAASP has 258 (41%) female and 370 (58%) male members. One member of AAASP is an associate. The membership was also listed as 258 (45%) from the discipline of Physical Education, 310 (49%) from Psychology, and 38 (6%) from other disciplines. Members were mostly from the United States (537 @ 86%) and Canada (53 @ 8%). Thirty-six (6%) of the AAASP membership were of Active Fellow status. Sixty-eight (11%) of the membership were Certified Consultants, AAASP.

Burke presented the 1993 conference report. The 1993 conference report showed a profit of $3,949.76. However, SCAPPS owes AAASP some funds which will increase the profit made from the conference.

Burke presented the current treasurer report. The checking account was at $16,441.06. The savings account was at $50,306.63. The Lawrence, Kansas (JASP) account was at $1,826.44. These three accounts total $68,574.13.

Burke presented an estimated budget. Discussion of the budget indicated that the association may lose money from its operation in 1994. The Executive Board had a lengthy discussion of the finances of AAASP. A review of the history of the dues structure showed that membership dues have been at the same level since 1989 ($50 each for professionals and affiliates; $30 for students). Due to the 1) many programs that the organization now offers and plans to offer in the future, 2) rising costs of the management, and 3) increasing costs of the JASP discussion ensued of the need to increase membership dues.

It was moved (Scanlan), and seconded (Pargman), and passed (8-1) that dues be increased to $70 each for professionals and affiliates, and $40 for students per year beginning in 1995. It was moved (Widmeyer), seconded (Petlichkoff), and passed (9-0) that the late fee be increased to $25 each for professionals and affiliates, while remaining $10 for students. It was moved (Williams), seconded (Pargman), and passed (9-0) that the dues structure be examined at least every three years (i.e., in the Secretary-Treasurer’s third year of office).

17. Publications Director’s Report. Petlichkoff discussed the process of distributing the “Directory of Graduate Programs in Applied Sport Psychology,” association brochure, and “Call for Abstracts.” Petlichkoff requested increasing the wages fee for one of her employees.

Discussion ensued on the content of future newsletters. The Board decided not to have a “letter to the editor” column due to space requirements and because of the other columns already in place in the newsletter which facilitate a similar purpose.

18. Adjournment. The meeting was adjourned at 9:35 a.m.

19. Call to Order. The meeting was called to order by Williams at 4:30 p.m.

20. Directory of Graduate Programs in Applied Sport Psychology. Discussion ensued of the content, cost, and financial support of the next edition of the “graduate directory.” It was decided not to include the human diversity and ethical principle statements in the directory because the directory’s content should focus on information specific to its purpose. In order not to lose money, it was moved (Petlichkoff), seconded (Widmeyer), and passed (9-0) that the price of the current edition of the directory be increased to $12.00 for members and $15.00 for nonmembers plus shipping and handling. Other outlets for publishing and distributing the directory were discussed. The cost of the new edition will be determined at publication time.

21. President-Elect’s Report. Scanlan led a discussion on the AAASP archives. Some of the items for inclusion in the archives will be past Executive Board members, standing committees, conference locations and attendance, etc.

Action: Burke was charged with contacting the inactive fellows to encourage them to become active in the association.

Action: All Executive Board members were charged with bringing an updated job description (and 9 copies) to the Fall Executive Board meeting to be included in the organizational manuals.

Scanlan discussed some of the committee procedures of the “Fellow” application process and AAASP awards. Winners of the Dorothy Harris and the dissertation awards were announced.

22. Adjournment. The meeting was adjourned at 6:05 p.m. for dinner.

23. Call to Order. The meeting was called to order by Williams at 8:00 p.m.

The Executive Board divided into three “cluster” groups. Group one (Petitchkoff, Hardy, and Pargman) discussed a) defining and promoting the field, b) integrating continuing education credits, and c) recertification. Group two (Scanlan, Widmeyer, and Noble) discussed a) sectional concerns, b) international involvement, c) generating research money, and d) promoting materials for athletic departments/professional teams. Group three (Petlichkoff, Burke, and Williams) discussed certification criteria, promoting excellence, and coordination of AAASP mailings.

24. Adjournment. The meeting was adjourned at 11:00 p.m.

Saturday, April 23

Board Members Present: Jean Williams (President), Charlie Hardy (Past President), Tara Scanlan (President-Elect), Kevin Burke (Secretary-Treasurer), Linda Petlichkoff (Publications Director), David Pargman (Health Psychology Chair), Al Petitpas (Intervention/Performance Enhancement Chair), and Charlie Hardy (Past President), Tara Scanlan (President-Elect), Kevin Burke (Secretary-Treasurer), Linda Petlichkoff (Publications Director), David Pargman (Health Psychology Chair), Al Petitpas (Intervention/Performance Enhancement Chair), and John Noble (Student Representative).

The meeting was called to order at 8:00 a.m. by Williams at 8:20 a.m. Discussion ensued of the need to increase membership dues. It was moved (Widmeyer), seconded (Pargman), and passed (9-0) that dues be increased to $70 each for professionals and affiliates, and $40 for students per year beginning in 1995. It was moved (Widmeyer), seconded (Petlichkoff), and passed (9-0) that the late fee be increased to $25 each for professionals and affiliates, while remaining $10 for students. It was moved (Williams), seconded (Pargman), and passed (9-0) that the dues structure be examined at least every three years (i.e., in the Secretary-Treasurer’s third year of office).

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24. Adjournment. The meeting was adjourned at 11:00 p.m.

The Minutes
The Minutes

Executive Board. The meeting was called to order at 8:15 a.m. by Williams.

Past President’s Council. Hardy discussed the agenda of the PPC meeting on Friday morning of the upcoming conference.

Human Diversity Report. The Task Force on Human Diversity has asked to mail a survey to the membership regarding the issues of diversity.

Lengthy discussion ensued on the position paper. Some editorial changes were made to the draft of the position paper by the Executive Board.

The Executive Board was reminded of the position paper review process: 1) Committee, 2) Executive Board, 3) Committee, 4) Past-Presidents, 5) Membership, 6) Executive Board, 7) Attorney, and 8) Fellows.

Williams indicated that AAASP only has committees. That is, the committee structure no longer distinguishes between committees and task forces.

Accreditation Committee. The committee’s report discussed the need, yet difficulty, of the accreditation of graduate programs in sport psychology. The committee recommended the need to promote quality programs by first establishing specific guidelines for graduate programs and working toward a more standardized set of graduate program guidelines in the long term. It was moved (Petitpas), seconded (Petlichkoff), and passed (9-0) that the accreditation committee be abolished at this time. The Executive Board thanked the accreditation committee for their hard work and realizes this topic will need attention in the future.

Graduate Tracking Committee Report. The GTC reported completion of a questionnaire designed to gather information on the placement of sport psychology graduates (Masters and Doctoral) from the last five years. The Executive Board requested that the GTC present their preliminary report to the Executive Board at the 1994 conference Executive Board meeting before submitting their results for a conference program.

Hotel Tour. Sharon Ashton of the Hyatt gave the Executive Board a tour of the Hyatt facilities to be utilized at the upcoming conference.

Professional Development & Mentoring Committee. The PDMC proposed that AAASP and the American Psychological Association (Exercise and Sport Science-Division 47), with the endorsement of North American Society for the Psychology of Sport and Physical Activity publish a pamphlet to explain training and career opportunities in exercise and sport psychology.

Discussion ensued of the most appropriate utilization for the “curriculum for sport psychology graduate programs checklist.” Various possibilities for its possible future use were examined. It was moved (Scanlan), seconded (Petlichkoff), and passed (9-0) that the “curriculum for sport psychology graduate programs checklist” not be included in the next edition of the “Directory of Graduate Programs in Applied Sport Psychology.” It was moved (Scanlan), seconded (Hardy), and passed (8-0-1 abstention) that no action be taken on the “curriculum survey.” It was moved (Petitpas), seconded (Widmeyer), and passed (9-0) that a brochure be co-sponsored with APA-Division 47 concerning graduate training and career possibilities in exercise and sport psychology (and be active for a maximum of three years) with a limitation of up to $500 expenses imposed (one third of the total) upon AAASP.

Discussion ensued on the content of the graduate training and career possibilities in exercise and sport psychology pamphlet. There was special concern with the lack of information relating to the AAASP certification process and other information provided in the current revision of this pamphlet.

It was moved (Petitpas), seconded (Widmeyer), and passed (9-0) that an additional track be added for those who have training in Sport Sciences who wish to provide educational/performance enhancement techniques, coach, teach performance enhancement with performers (outside of athletics), stress management, and health-related populations who want to work with athletes on a part-time basis. Action: Petitpas, Widmeyer, and Burke were asked to propose a title and description for this track.

Adjournment. The meeting was adjourned at 1:15 p.m. for lunch.

Call to Order. The meeting was called to order at 2:50 p.m. by Williams.

Further discussion ensued on the proposed graduate training and career possibilities in exercise and sport psychology pamphlet. Action: Burke, Hardy, Petitpas, Scanlan, Widmeyer, and Williams were charged with making specific changes to the content of the graduate training and career possibilities pamphlet.

Mentoring Task Force. The MTF requested having a “mentoring issues” column. The Executive Board recommended that persons are already allowed to publish columns in the newsletter through existing procedures. Therefore, a special column is not necessary.

The MTF suggested that a certification plan be developed for persons who are already professionals but would like to retrain or gain experience in applied sport psychology. The Executive Board decided to keep only the present certification policies. Individuals not meeting the criteria can take course work or Continuing Education offerings.

JASP Report. A cost per member analysis for the years 1992 ($8.15 per member), 1993 ($16.43 per member), and projected for 1994 ($21.00) was provided by the JASP Editor, Joan Duda. Allen Press, Inc. has stated that the cost of publishing JASP will continue to increase in 1995 and 1996. The Executive Board believes it is necessary to search for more cost effective ways to publish and promote JASP. This responsibility will go to one of the new “business managers.”

Ethics Committee. A set of ethical principles was presented to the Executive Board. Discussion ensued of the current principles EC has recommended that this set of principles be adopted for a two year period while continuing to seek further feedback from the membership. It was moved (Petitpas), seconded (Hardy), and passed (9-0) that the “Ethical Principles of the Association for the Advancement of Applied Sport Psychology” be sent to the AAASP Fellows and the membership with explanations of the differences between principles, guidelines, codes, other terminology, and explanations for educationally-oriented ethical enforcement for vote by the Fellows at the Fall, 1994 conference.

Action: Williams, on behalf of the Executive Board, will send letters to the membership regarding action on human diversity, ethics, recertification, and the proposed change in certification criteria. It was moved (Petitpas), seconded (Widmeyer), and passed (9-0) that Bill Straub be asked to serve as the parliamentarian for the “Fellows’ Meeting on Ethics and Diversity: Membership Invited” to be held at the 1994 AAASP Conference. The EC requested that the Executive
Board develop a policy that stipulates if profits are generated by an AAASP publication such profits would be shared between the organization and the authors. Lengthy discussion ensued on this topic. It was moved (Hardy), seconded (Williams), and defeated (5-2, with 2 abstentions) that the Executive Board develop a policy that stipulates if profits are generated by an AAASP publication such profits would be shared between the organization and the authors with the specifics of the profits and legalities to be determined later. It was moved (Widmeyer), seconded (Petlichkoff), and passed (7-1, with 1 abstention) that if AAASP publishes an ethics committee ethics case book, AAASP will make efforts to publicize it widely.

37. AAASP Logo. The Executive Board narrowed down the choices of the logo design presented to the membership at the 1994 conference for a voting during the business meeting.

38. Adjournment. The meeting was adjourned at 6:10 p.m. for dinner.

39. Call to Order. The meeting was called to order by Williams at 9:25 p.m.

40. Organizational Outreach & Education Committee Report. Discussion ensued on the document dealing with the NCAA compliance "Dos and Don’ts" for sport psychologists who provide interventions services for college athletes and the type of training the sport psychologist should have. This document will be published in the newsletter and possibly be given as a "handout" at the 1994 conference.

Rough drafts of sport psychology promotional letters to be mailed to college athletic directors, professional sport teams, and professional team offices were reviewed. Suggestions for reducing the length of the letters were discussed. It was moved (Petlichkoff), seconded (Widmeyer), and passed (9-0) that the Publications Director revise the two promotional letters, and also develop a brochure of certified consultants that provides addresses, telephone numbers, requirements to become a certified consultant (and the limitations), to be utilized to promote AAASP’s certified consultants. To stay in the brochure certified consultants must maintain current membership in AAASP and have paid their yearly renewal fee.

41. Continuing Education Report. Discussion ensued on whether AAASP should provide CE credits that could be applied to other organizations (e.g. APA, NATA). The Executive Board felt that AAASP is not in a position at this time to offer continuing education credits for other organizations.

Discussion ensued on the procedures for conducting AAASP CE workshops.

Action: Hardy was charged with editing (with Vikki Krane) the procedures proposed by the CE committee so that they reflect current practice. Krane and Hardy will add the corrected procedures to the Organizational Manual.

42. Certification Committee Report. The Certification Committee has requested modification of the "supervised experience" to 400 hours. It was moved (Hardy), seconded (Widmeyer), and passed (4-3, with 2 abstentions) to accept the modification of the "supervised experience" to be a documented 400 hours. It was moved (Petlichkoff), seconded (Petitpas), and passed (9-0) that persons graduating beginning in 1998 will have to adhere to the 400 hour "supervised experience."

Discussion ensued on the recertification of AAASP certified consultants. Some modifications to the requirements for recertification were suggested such as requiring recertification every five years instead of every three years. It was moved (Scanlan), seconded (Burke), and passed (9-0) that recertification be required every five years and only include revised versions of sections 2.21 (continuous AAASP membership), 2.22 (attendance of three sport psychology-related conferences), and 2.23 (attend or conduct a workshop/class intended to advance knowledge and/or upgrade skills for a minimum of 6 hours) in order to continue to renew and improve the knowledge base of the "Certified Consultant, AAASP."

Sunday, April 24
Board Members Present: Jean Williams (President), Charlie Hardy (Past President), Tara Scanlan (President-Elect), Kevin Burke (Secretary-Treasurer), Linda Petlichkoff (Publications Director), Al Petitpas (Intervention/Performance Enhancement Chair), Neil Widmeyer (Social Psychology Chair), and John Noble (Student Representative). David Pargman (Health Psychology Chair) did not attend.

43. Call to Order. The meeting was called to order at 8:15 a.m. by Williams.

44. Leadership Pool. The Executive Board discussed the names of members who may be potential candidates in running for the AAASP offices of President-Elect, Intervention-Performance Enhancement Chair, Publications Director, Student Representative, and various committee chairs.

Action: Scanlan was charged with appointing and re-appointing committee chairs prior to the 1994 conference.

45. Cluster Group Discussion Reports. The Executive Board discussed the outcomes of the discussions of the three “cluster” groups from Friday, April 22.

Petitpas reported Group one’s (Petitpas, Hardy, and Pargman) discussion of a) defining and promoting the field, b) integrating continuing education credits, and c) recertification.

Scanlan reported Group two’s (Scanlan, Widmeyer, and Noble) discussion of a) sectional concerns, b) international involvement, c) generating research money, and d) promotional materials for athletic departments/professional teams. One of the suggestions of this cluster group was to have the conference abstract submissions submitted to the senior member of the three section chairs in order to promote easier management, planning, and integration of the conference program. This may facilitate the idea of utilizing “themes” at the annual conference. A "hard copy" of all abstract submissions must be received by the senior member of the section chairs by March 1. Submissions must be categorized as either an intervention/performance enhancement, social psychology, health psychology, or professional issues by the potential presenter. As abstracts come in they are entered on a computer disk master program (foreign submissions should be faxed to insure on-time receipt by the senior section chair). With the exceptions of the “Coleman R. Griffith Memorial Lecture,” the keynote speakers, and a possible student representative-invited submission, all submissions must go through this evaluative process. The senior member will then send submissions to the appropriate section chair for distribution for blind review. All three section chairs will review the abstract submissions considered to be "professional" submissions. Once abstracts are reviewed, the senior member will then remove the rejected abstracts from the master program disk and attempt to organize the accepted abstracts under "themes" when it is possible to do so. This more efficient method means the senior member of the section chair basically serves as the conference presentations organizer.

Continued on Page 27.
Section Reports

Health Psychology
Dave Pargman

The Health Psychology committee members have reviewed all submitted abstracts and determined our program content for the October meeting. We are presenting an exciting array of colloquia, symposia, lectures and poster presentations which we believe will meet with your satisfaction. Our section’s keynote speaker will be Dr. Bess Marcus of the Miriam Hospital/Brown University, whose current research interest and clinical work are focused on women’s health issues including exercise promotion, body weight management, and cardiovascular risk reduction through exercise. Thanks are extended to our hard working committee members for their efforts in making our forthcoming Health Psychology program the most attractive in our associations history (Lydia levelva, David Kempter, Andy Meyers, and T.C. North).

Social Psychology
Neil Widmeyer

The Social Psychology Committee (Robert Brustad, Kori Meyer, Maureen Weiss and Diane Wiese-Bjornstal) was pleased with both the quantity and quality of the submissions to this year’s conference. In total, there were 84 submissions. While overall rejection rate was low, several presentations had to be deflected from one mode of presentation to another and almost all the presentations were “cut back” from the time they requested. We are very pleased that several presentations are devoted to various “Diversity” issues. Unfortunately, there was no time in the program to offer “Roundtables”. We do hope to go back to this popular form of meeting next year. I would like to extend an invitation to anyone who is interested in the Social Psychology Section to attend our open meeting which will be held over lunch hour on Saturday. If you would like to become more formally involved in the Social Psychology section, we will have two committee positions to fill commencing this fall. I look forward to seeing you in Lake Tahoe. It’s a great setting for a conference.

Student Representative
John Noble

I hope that you are all making plans for attending this year’s AAASP Conference to be held October 5 - 9 at Incline Village, NV. Having recently attended the spring Executive Board meeting held at this beautiful Lake Tahoe setting, trust me when I say this is a great place for our conference to be held. In addition to a great program, which includes excellent keynote speakers and many other presentations of interest to student and professional members, Incline Village sits on the north shore of Lake Tahoe with a grand view of the mountains as well as the lake. The conference hotel itself has nice meeting rooms, an exercise room and outdoor recreation facilities, a jogging trail, 24-hour casino operations (for those of you with a desire for the gaming tables!), and has a number of inexpensive restaurants in the immediate vicinity.

My time as Student Representative to AAASP has clearly shown me that the Executive Board is acting in the best interest of student concerns. The members of the Board realize that the student membership of AAASP represents the future of sport psychology in North America, as well as internationally. Furthermore, the Executive Board realizes that student members are equally committed to AAASP, and realizing this, they make great attempts at reducing the financial strain which many students feel, while still providing all members with a quality product. Personally, I hope the student members see their financial and time commitment to AAASP as an investment in their future as well as in their careers. Attending the conference not only allows students an opportunity to present their finest research endeavors, it also provides for increased interaction with both student and professional members of AAASP. I sincerely hope that we have a record number of students at the conference this year so that we can work to make this the best meeting ever!

One good way to help keep conference costs low is to register at the hotel into a quad room. If you need help finding roommates for the conference, contact me directly at the address (or phone number) provided below. I will do my best to match up student members so that we will all be able to keep costs down. Do this soon so that you will have plenty of time to get registered! Another funding source you may consider is through the Graduate School at your university. Many universities provide financial assistance to students who are presenting research or attending a professional meeting.

For the past couple of years, graduate students have been given the opportunity to work at the registration table. Not only does this give student members the opportunity to meet a number of student and professional members as they check-in at the conference, but you can also get paid a small fee for your time and efforts! If you are planning on attending and would like to work in this capacity, please contact me as soon as possible (hopefully after your travel arrangements have been completed so you know when you will be arriving) with a letter, phone call, or e-mail message so that I may get people scheduled. Understand that this has been a popular request in the past and that everyone who desires such a position may not be selected, so the sooner you let me know, the better your chances will be!

Once again, the main Student Meeting and other sessions directed towards student-oriented issues will be held early in the conference program. Last year was the first time the Invited Student Symposia were organized in this manner, and I thought it worked well enough to continue the trend. Plan on getting to Tahoe early so you do not miss out on these sessions and we may begin a dialogue which can continue for the duration of the conference.

In conclusion, I encourage all student members to become involved in the professional/organizational aspects of AAASP. The current regional student representatives have done an excellent job making my job easier during the past year. If you would like to be involved in such a capacity for next year, please write me a letter indicating this and I will pass on that information to whomever wins the election for Student Representative for next year.

Please feel free to contact me or your regional student representative (identified in the last newsletter) with any questions or comments you might have. I can be reached by telephone at 303-492-7259 (O) or 303-532-4605 (H), or at the University of Colorado, Department of Kinesiology, Campus Box 354, Boulder, CO, 80309-0354. E-mail: noble_jc@cupldr.colorado.edu
Certification Committee
Carol Oglesby

In the interest of minimizing the financial burden of conducting the business of the Association, virtually all face-to-face committee meetings have been held in conjunction with the annual conference. The Certification Committee has, until now, been the exception to the rule, meeting at least twice a year. The EB has asked us to “get back on track” and conduct our business this year by conference call. The Committee has met by call twice so far and may deliberate one more time before the fall conference. In addition to other business, the Committee has dealt with seven appeals and 10 new applications. All formal notification is not yet completed so we will welcome the new certified consultants by name at the fall conference and in the next Newsletter.

Of central importance in this column is the need to alert the membership to two sets of motions which will soon be forwarded to the Fellows for discussion and action in Lake Tahoe. The EB has approved recommendations from the Certification Committee on Re-certification requirements and in supervision of a potential candidate for certification. These motions, and accompanying rationale, will be forwarded to Fellows later this summer and I am sure there will be a good deal of discussion on this matter at the Conference. For now, let me just identify the key provisions in regard to these topics.

1. Supervision
Since taking the appropriate course work and participating in a supervised sport psychology training experience form the basis for regular certification, the conduct of the supervised experience is crucial. Thus, the Certification Committee has recommended that, beginning 1998, we require that the supervised experience will be a minimum of 400 hours. We have also recommended certain minimal criteria for the person who will act as supervisor.

2. Recertification
The Committee feels it is imperative for certified consultants to demonstrate continual commitment to maintaining and enhancing competence. Thus, we are recommending the following as provisions for recertification in 5-year cycles beginning in 1997:

2.1 Continuous AAASP memberships

(waivers obtainable in extenuating circumstances).

2.2 Documented attendance at three regional/national conferences (selection from a wide variety of possibilities).

2.3 Participation in (by conducting or attending) a workshop intended to advance knowledge or upgrade skill. The workshop would be comparable in depth or intensity to a 6-hour AAASP Pre-conference Workshop. This is a brief description of the provisions. If you have questions, please contact me or another member of the Committee.

Graduate Tracking
Jim Taylor and Mark Andersen

The Graduate Tracking Committee has been charged with seeking out, identifying, and determining the current professional status of master’s and doctoral graduates in applied sport psychology over the past five years. This process began with a mailing to all graduate programs to obtain names and addresses of these graduates from department heads. Then, a mailing comprised of a detailed questionnaire that obtained information about their career path and present position went out to all of the graduates that have been identified. These questionnaires are now being received by Jim Taylor. They will then be analyzed descriptively by Mark Andersen and presented to the EB at the 1994 AAASP conference in Lake Tahoe.

Human Diversity
Debra Ballinger

The Human Diversity Committee has set aside a time at the annual conference to hold a meeting to discuss the survey results, reflect on the appropriate use of the Position Statement on Human Diversity (which will be voted on by Fellows), determine the future goals/agenda of the committee, and hear any concerns of the membership. Please read your conference program carefully, and plan to attend the meeting. Also, all committee members are reminded that membership must be up-to-date to serve on the committee. I will continue to accept input from all members with respect to concerns about AAASP and Human Diversity. Please send names of individuals who would be willing to speak or conduct diversity workshops to me.

Also, please be advised that as of August 1, my new address will be: Division of HPER, 817 W. Franklin Street, Virginia Commonwealth University, Richmond, Virginia 23284, Phone: (804) 828-1948.

Mentoring
Judy Van Raalte

This committee has been involved in planning events for the upcoming AAASP conference in Lake Tahoe. We have developed a symposium on internships that will provide information to both students and professionals about various models of internship programs around the country. We are also completing collaboration with APA Division 47 and NASPSPA on a sport and exercise psychology career brochure. We are excited to have involved the three major North American sport psychology organizations in this venture.

I will be leaving my position as chair of the Mentoring Committee in October, but hope that you will continue to support the work of the committee in the future.

Organization Outreach & Education
Dave Yukelson

In terms of activities our committee has been involved in the past year:

1) As a follow-up to last year’s presentation in Montreal, produced a “Do’s and Don’ts” list for sport psychologists regarding NCAA compliance rulings and guidelines when working with intercollegiate student-athletes.

2) Developed a component for the NCAA Life Skills Program entitled “Self-Esteem, Stress Management, and the Intercollegiate Student-Athlete.”

3) In the process of refining a succinct document that will be sent to athletic departments and professional sport teams regarding the services sport psychologists might offer and the training they should have.

Personally, I want to thank all of the members of the Organization Outreach and Education Committee for the time, energy, resources, and ideas they have offered throughout the year. Committee members include Ken Ravizza, Jody Yambor, Al Petitpas, Chris Carr, Sean McCann, Wayne Hurr, Dana Lerner, and Dan Smith.
I'm sorry. I made a mistake. In the last Newsletter issue I mistakenly wrote that there were only two objectives for this column: to inform and to create a dialogue. And in fact, I am happy to say a dialogue has begun that will continue in future columns. However, I recently realized that I actually have a third objective—to sell. Specifically, I want to do a bit of PR work for the proposed Ethical Principles. You should have recently received a copy of this proposal in the mail. If you don’t remember seeing it, search around your desk, in your filing cabinets, and near your trash can. Find it and read it! The Executive Board’s plan is that we will discuss and the fellows will vote on adopting this Ethics Statement during the Lake Tahoe conference business meeting. This discussion will be more productive if everyone actually reads the thing.

As for my sales pitch, I’m not going to tell you that these Ethical Principles are the best thing since sliced bread, because they’re not. I’m also not going to tell you that you’ll receive a free set of really sharp kitchen knives if you accept the proposal, because you won’t. What I will tell you is that these Ethical Principles are exactly what AAASP needs right now. These Principles fit with our organizational goals. It provides us with clear direction while allowing flexibility for growth. Let me explain.

I think everyone would agree that a key mission of AAASP is the promotion of sport psychology as an applied profession. In addition to having had eight national conferences, we publish a guide to graduate schools and an applied journal. We have also expended a considerable amount of energy to certification. It seems to me that we have tackled many of the same tasks that every other applied profession has tackled. One of the tasks that we have yet to take on is professional ethics. I have now looked at over 50 professions and I can tell you that every one of them has an ethics statement. You name a profession and I can find their ethics statement for you. Consequently, there is no way around the issue, we must identify an ethics policy.

So, what ethics policy should we adopt? I have heard a full range of recommendations. At one extreme are members who are against anything beyond the simplest ethics statement. These folks reason that we should simply all agree to behave ethically. No more specific value statement or policy is needed. There are two aspects of this position. First, ethics standards are of no benefit. When sticky dilemmas occur, we are not likely to run to some set of written rules. Rather, we will consider our personal values and beliefs to decide how to behave. Therefore, we need to trust our own and each other’s morals, not engage in questioning each other’s behavior. Ethics are a personal responsibility. Second, ethics statement provide unethical professionals with a tool to rationalize unethical behavior. When there are rules, people find ways around these rules. A detailed code negates the personal responsibility toward one’s own values.

These are not new arguments. They seem to arise for every debate about ethical guidelines. For example, these same issues arose during the early 1950’s when the American Psychological Association was considering adoption of an ethics code. I must admit that when reading articles arguing against the APA adopting an ethics code, I was quite convinced. Unfortunately, data collected in the years following WWII showed that this parsimonious method of self-regulation was failing APA members. The number of complaints forwarded to the APA was growing with the size of the organization. As professional psychology became recognized as an autonomous applied science, the need for an agreement on ethical behavior became imperative. Consequently, it was decided that an ethics policy needed to be derived from both cultural values and the experience of professionals who faced difficult dilemmas. This decision seems to have served them well. It is hard to disagree with their data. I think we should learn from their data and their decision making process. An agreement to trust each other’s morals will not last if our goal is to continue to develop sport psychology as a profession. We can prevent the kind of problems that developed for the APA folks.

At the other extreme are members who sincerely want a detailed code of behavior that sets forth specific boundaries. In some ways I agree. I have heard people say things at our conferences that I thought were highly unethical and irresponsible. When I hear these things it makes me wonder if these individuals had a clue about what they were doing. These folks are nice people, but their judgment was horrible. And, these comments occurred at the convention - a place where you would think people would at least censor their remarks. It really makes me wonder what happens when these people are not at the convention. My experiences make the idea of a detailed ethics code sound necessary. In addition, the growth in graduate training programs argue for tools to train people to think like a professional. Most existing professionals learned from the ethical dilemmas that they have faced. It seems ridiculous and risky to make future professionals learn by trial and error when making ethical decisions in professional situations. There is no need to make students reinvent the wheel. A detailed ethical code would provide these students with a template to use in sticky situations. We should consider the tough situations and proscribe guidelines for how to deal with them.

The ethics committee talked at length about a more detailed ethics code. Each time, however, we tended to back away from defining a specific ethics code. Developing a code for behavior seemed like the right thing to do, but it turned out to be much more difficult than we first thought. Our biggest challenge was deciding what areas needed specific guidelines and what areas didn’t. We found ourselves repeatedly returning to APA Ethics for assistance, but then we would soon wonder if we were straying too far away from the ideas that were central to AAASP members.

None of us wanted to push rules for the sake of having rules. We felt that we needed to develop rules in a manner very similar to the process followed by the APA in the 1940s and early 1950s. We decided, therefore, to break the task down into separate steps. Between each step, we propose that members get a chance to collect data and discuss their experiences. Since we needed to start somewhere, we decided that the first step needed to be a set of general ideas and principles. The proposed Ethical Statement we sent to you contains these ideas and principles. If we can agree on these, then we can spend the next year or two collecting data and experiences. At that time, an ethics committee can revisit the need for a specific code of behavior.

The proposal is not sliced bread and it is not a set of really sharp knives. I think it is exactly what we need right now. Passing the proposed ethics statement is a solid step in the right direction. Acceptance says that, as an applied profession, we are taking responsible steps without unnecessarily restricting our flexibility. So, go back and reread (or read) the proposed ethics statement. Please consider...
Minutes, Continued from Page 23.

Petlichkoff reported Group three’s (Petlichkoff, Burke, and Williams) discussion of certification criteria, promoting excellence in graduate programs, and management issues of the association. The Executive Board unanimously agreed that the current doctoral degree criteria for “Certified Consultant, AAASP” is satisfactory.

46. President-Elect Strategic & Long range Planning. Scanlan led a discussion of ideas, goals, and suggestions for her upcoming tenure as AAASP President. She wants to involve the membership more in AAASP, make AAASP more of an international organization, become more aware of the quality of the “body of knowledge” in sport psychology, increase post-doctoral opportunities, and create more funding opportunities for persons in the field. Scanlan suggested inviting international sport psychology related individuals and representatives from potential funding sources to the AAASP conference to facilitate possible funding and international exposure. It was suggested that a list of potential funding sources should be generated in order to discover the available funding resources. Also “faculty exchange programs” should be promoted.

To increase exposure AAASP publications should be sent to international conferences, international organizations. Scanlan suggested special recognition for international conference guests such as having their country’s flags on their name badges and introducing these international guests at the AAASP conference to facilitate possible funding and international exposure. It was suggested that a list of potential funding sources should be generated in order to discover the available funding resources. Also “faculties exchange programs” should be promoted.

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46. Closing Remarks. Williams thanked all of the Executive Board members for their efforts and hard work.

48. Adjournment. The meeting was adjourned at 11:20 a.m.

Respectfully submitted,
Kevin L. Burke, Ph.D.
AAASP Secretary-Treasurer

Ethics, Continued from Page 26.

our responsibilities as a profession and show your support at the AAASP conference in Lake Tahoe.

As always, if you have any reactions or thoughts, write me at the Department of Psychology, The University of Memphis, Memphis, TN 38152.

Gould, Continued from Page 11.

advise and have gone on to pursue careers in sport psychology.

Dan is a certified consultant and active fellow in AAASP. He was honored also to serve as President of AAASP. Other notable distinctions include being named USA Wrestling Person of the Year for his sport science work, the first Australian Sport Psychology Scholar, and his inclusion on a listing of Top Ten U.S. Sport Psychology Specialists in the 1980s. In his presentation, Dan will summarize current sport and exercise psychology stress coping research and theory, as well as discuss his own research in this area. Implications for intervention and performance enhancement efforts will be examined, as well as future research directions.

NCAA SPORT PSYCHOLOGY GUIDELINES: DO’S AND DON’TS

by

Organization Outreach & Education Committee

1) Sport psychology services should be confined to classroom mental training activities, office consultations, or off the court/field/gym interventions only. The problem here pertains to violations dealing with “countable coaches” (i.e., there are strict restrictions as to how many coaches a team can have including full time, part-time, and restricted earnings coaches). A sport psychologist can attend and view a team practice. However, they are not permitted to engage in or perform in any coaching duties. Bylaw 17.02.01 (m) in the NCAA Manual permits the sport psychologist to provide individual consultation if the request is initiated by the student-athlete, provided they do not engage in any coaching or athletically related activities in the gym or on the field (please refer to Bylaws 17.02.1, 17.02.1.2, 17.02.12 of the NCAA Manual for Guidance). As soon as the sport psychology consultant goes onto the field to do an intervention (such as helping the student-athlete with a pre-performance routine or concentration technique), you would now be considered an extra “countable” coach, and as such, run the risk of putting your institution in violation of NCAA rules.

In summary, consultation with a member institutions sport psychologist would not be considered a countable athletically related activity, provided the counseling is initiated by the student-athlete, the discussion entails general counseling activities, and does not involve activities set forth in Bylaw Article 17.02.1 in the NCAA Manual pertaining to coaching activities (i.e., chalk talks, discussion of X’s and O’s, use of equipment relating to the sport, field, floor or on-court activity, etc.).

2) If you are an outside consultant hired by a university to do mental training (or employed by an academic department within the university), it is suggested you take a “holistic life skills approach” to mental training, one that targets the academic, athletic, and personal needs/concerns of student-athletes. The NCAA frowns on consultants (of any type) being hired by athletic departments solely for the purpose of enhancing a student-athlete’s performance, whether it be in the area of physical skill development or a sport psychology consultant hired specifically to work with field goal kickers, etc. From a historical perspective, this ruling arose a few years back when an athletic department hired two former NBA basketball players to tutor a prominent freshman center in various post moves underneath the basket. This was viewed as a form of exploitation (unfair advantage) and as a result, the ruling applies to all consultants.

3) If you do team talks, it is important to have the coach include the time you spend on mental training with the team as part of the 20 hour weekly restriction.

4) If you work for an intercollegiate athletic department (including being a consultant), it is not permissible to buy a student-athlete anything (i.e., a card, a soda, a hamburger, a meal at a restaurant, etc.).

5) If you work for an intercollegiate athletic department, it is not permissible to give a student-athlete a ride (i.e., to class, to practice, to the store, to the training room, to a speaking engagement, etc.).

6) “Occasional” family meals in your own home are permissible; however, transporting a student-athlete to your home is not.

7) It is not permissible to phone a prospect for a coach unless it is going to count as a countable call against the coach or team.

8) Off campus recruiting and evaluations of prospects are highly regulated. It is suggested that you become knowledgeable with Bylaw 13 in the NCAA Manual that deals with activities constituting recruitment of prospective student-athletes (in particular, Bylaws 13.02.8 & 13.02.9, as well as interactions with 9th - 11th graders).

9) If you work in any capacity for an intercollegiate athletic department, being invited to speak to a high school team is permissible as long as it is the high school itself that initiates the invitation (e.g., this is the result of high visibility sports taking unfair advantage of situations involving potential recruits).

10) It is permissible to consult with a high school student-athlete on a fee per session basis, however, you should exhibit normal “civility”, and avoid any discussion of recruiting.

11) When in doubt, ask your member institutions NCAA Compliance Coordinator for advice.

AAASP Summer 1994 - Vol. 9, Number 2
MEMBERSHIP APPLICATION FORM

Please leave blank any information that you do not wish to have published in the Membership Directory.

Please indicate if you wish to be included on membership list mailings to:

Professional Organizations  ___ Yes  ___ No  Business Requests  ___ Yes  ___ No

Is this your first time joining AAASP?  ___ Yes  ___ No

I. BIOGRAPHICAL DATA

Name: _______ (last) _______ (first) _______ (middle)

Gender:  ___ Male  ___ Female

Complete Mailing Address: __________________________________________________________

Telephone Number: Work ( ) ___________________________ Fax ( ) ___________________________

Home ( ) ___________________________

Electronic Mail Address: ___________________________ (userid) ___________________________

Highest Degree: (please circle)  BA  BS  MA  MS  PhD  EdD  Other _______

Discipline: ________________________________________________________________

Area of Specialization: _________________________________________________________

Institution Degree Obtained From: _______________________________________________

Current Employment or Institution Affiliation: _______________________________________

II. AREA(S) OF INTEREST (please indicate all that apply)

___ Intervention/Performance Enhancement

___ Social Psychology

___ Health Psychology

III. MEMBERSHIP CATEGORIES*

(Application received after March 1, 1994 requires a $10.00 late charge. This does not apply to new members)

Professional: $50.00 (1994) _______ $100.00 (1994-1995) _______

Student: $30.00 (1994) _______ $60.00 (1994-1995) _______

Affiliate: $50.00 (1994) _______ *membership year January 1-December 31

Please make check payable (US Dollars only) to AAASP and mail to:

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