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AAASP Summer 1999 - Vol. 14, Number 2 2
An Invitation from Leonard Zaichkowsky, Past President and Conference Coordinator

You haven’t seen anything like it! There is no place like Banff anywhere in the world. I have visited many cities, and countries over 5 continents and I do not think there is a more beautiful place to visit and experience, let alone have an opportunity to share and learn from the best sport psychologists on the planet. So make your reservations today and better still bring your spouse, or a loved one to help you enjoy this great environment and equally outstanding program. You will not regret it. First a bit more about the venue. You will leave Calgary International airport and drive southwest on Highway 1 and notice the mountains getting larger and larger until suddenly you are entering Banff National Park and the charming town of Banff. Besides the majestic peaks you will see alpine valleys, glaciers, rivers, hot springs, turquoise lakes, and world renowned Lake Louise only 36 miles west (a must visit). What else can you do when you are not attending meetings? You can hike and climb, take the Sulphur Mountain Gondola (and perhaps dine at the Summit Restaurant), take a helicopter ride for spectacular site seeing, visit a hot spring, go fishing, visit the nearby Banff Springs Hotel, or enjoy the fine museums and culture of Banff. For you golfers you are in a mecca. Try the world famous Banff Springs course, or those in nearby Canmore and Kananaskas. The April edition of Senior Golfer magazine has a wonderful article on these courses.

Now the conference venue and program. The Banff Center for Conferences is a “campus-like” location that gives us everything we need for an outstanding AAASP conference and more. Superb lecture halls and workshop rooms, gourmet meals that will force you to use the “true” recreation facilities at the Sally Borden recreation complex. The complex has a 25 meter pool, saunas, whirlpool, full-size gymnasium, weight/exercise room, badminton, racquetball, and squash courts. The hotel rooms at each of the four buildings are excellent and most have wonderful views. The program, in my slightly biased opinion, is the best ever – from our opening night Coleman Griffith lecture (Dr. Murray Smith), to section keynotes, invited lectures, research presentations, and poster sessions. Thanks to all of you who submitted proposals for papers (a record number of submissions). Our Saturday night banquet will be a “Western style” barbecue at nearby Mountain View Barbecue. So remember to bring your western gear and really get in the swing of things.

In closing, I want to personally thank Wade Gilbert, his colleagues, and mentor John Salmela for taking AAASP to the Web and putting us ahead of most professional organizations in terms of effective technology use. I am sure most of you will agree that the Web site has facilitated not only conference abstract submission but communication on our wonderful new site (www.aaasponline.org).

Again, plan to join your colleagues and friends at the 1999 AAASP Conference, Banff, Alberta, September 22-26. You will find yourself enchanted with the beauty of the scenery and excited by the excellent conference program! For those of you interested in checking out the Banff Tourism website, try: www.BanffLakeLouise.com
Update from the Executive Board
Robin Vealey, AAASP President

The AAASP Executive Board met in Banff, Alberta at our beautiful conference site for the 1999 spring board meeting on April 15-19. The Conference Program Committee (Len Zaichkowsky, Bob Brustad, Carole Oglesby, Trent Petrie, Justine Reel, Wade Gilbert, and John Salmela) labored intensively to finalize what appears to be an outstanding conference program. Developing the program grid, always an onerous job, was streamlined this year by the well over 80% of AAASP members who submitted their conference abstracts to the AAASP web site. This allowed Wade Gilbert, the AAASP webmaster, to do much preliminary work on the program to facilitate the committee's work in Banff. The entire board devoted time to analyzing and fine-tuning the program, as we made every attempt to schedule presentations, meetings, and events to best serve the interests of all AAASP members. Penny McCullagh also was in Banff with us serving as an ad hoc Conference Liaison, and her expertise in handling all conference logistics was invaluable and greatly appreciated.

The most exciting development for the Association in the past year has been the development of our web site (aaasponline.org). Wade Gilbert has worked extensively with our internet provider and web development team to complete Phase 1 of our web development. The board approved the allocation of funds to now move into Phase 2 of our web development which will include our membership directory, membership registration and dues payment system, member profiles which can be directly edited by members, and a consultant finder database to help market AAASP certified consultants. Also, the AAASP ethics statement and certification information and forms will soon be available on our web site. The certification information should greatly streamline the process of individuals learning about and securing forms to apply for certification. We have made the AAASP web site a priority in terms of resource allocation based on our belief that the web represents a powerful forum for handling internal Association functions (e.g., voting, registration, information) and for marketing our Association to the public (e.g., consultant information, conference information, newsletter).

The Banff board meeting was especially fruitful because we devoted significant time to strategic planning in an attempt to clarify the missions of AAASP and structure a budget system that allows us to mindfully pursue our missions in relation to the fiscal status of the Association. Resulting from our discussions and work in Banff, five proposed Constitutional amendments are presented to you in this newsletter beginning on page 28. These amendments will be discussed and voted upon at the business meeting at the conference. I hope you'll take time to consider the amendments, and I invite you to contact me or any Executive Board member if you would like to discuss the rationale for these amendments with us.

I want members to know that our work at the Banff board meeting was directly influenced by what we hear and perceive from you as critical issues for AAASP. That is why we have initiatives in progress to examine issues related to graduate training in sport psychology, certification, voting rights, and the marketing of certified consultants as well as increasing public awareness of sport psychology. As a board, we have realized that some of the issues have arisen due to what we feel are needed structural changes in the internal organization of AAASP. At this year's conference, we will begin a preliminary discussion about a restructuring plan for the Association to organize us more strategically to be able to carry out our missions. The point of any restructuring would be to enhance the use of our human and fiscal resources to fulfill AAASP's purpose of providing leadership for the development of sport psychology.

I hope you'll join us in Banff. As a board, we're interested in your opinions and feedback related to the current and future status of AAASP. It's an exciting time to be in a young, developing profession and a member of an organization that is dedicated to the significant advancement of that profession. I look forward to talking with you at the conference.
Conference Questions?

1. You should have received 4 inserts to this newsletter: 1 white - Conference Accommodation Reservation, 1 yellow - Conference Registration, 1 blue - Continuing Education Registration, and 1 green - Clarification regarding room rates. If you are missing any, please obtain them from the Web site: http://www.aaasponline.org.

2. Last minute questions? Contact Dr. Leonard Zaichkowsky, sport@bu.edu

3. Continuing Education Workshop questions? Contact Dr. Gloria Solomon, g.solomon@tcu.edu, 817-257-6871

4. Hotel Reservations? See the white insert: Conference Accommodation Reservation. Phone numbers for The Banff Centre For Conferences are: 1-800-884-7574 or 1-403-762-6308. Fax: 403-762-7502, Web Site: http://www.banffcentre.ab.ca.

5. Conference Registration and Membership questions: Dr. Jim Whelan, jwhelan@memphis.edu, 901-678-2147


Important Dates to Remember

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>August 20</td>
<td>Early Conference Registration Deadline</td>
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<tr>
<td>August 20</td>
<td>Continuing Education Workshop Registration Registration Deadline</td>
</tr>
<tr>
<td>August 1</td>
<td>Golf Tournament Sign-up</td>
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</table>

Exhibits

If you are interested in distributing flyers or marketing materials at the conference, you need to pay an exhibit fee. Please contact Dr. Leonard Zaichkowsky for current rates, sport@bu.edu or call (617) 353-3378.

Audiovisuals

Only slide projectors and overhead projectors will be provided by AAASP for presentations. Any other equipment is the responsibility of the presenter. The Banff Centre permits conference delegates to bring their own LCD panels for Power Point presentations. VCR's and monitors can be rented by presenters at a reasonable cost.
How Do I Get to Banff?

Flights
With the exception of Alberta residents, most of us will need to fly to Calgary. Most major airlines fly to Calgary, including Air Canada, American, Canadian Air, Continental, Delta, Northwest, United. Call early for best rates. (See the flyer from Association Travel Concepts on p. 15). From Calgary International Airport you can get to Banff by Airport shuttle or car rental.

Airport Shuttle
Travel time is about 2 hours from the Calgary airport. Please see the details and phone number on page 8.

Car Rental
Please see the Avis car rental information on page 9.

Tours: A variety of tours of Banff and vicinity are available. If interested, please check the brochures at the Banff Centre.

Golf Tournament-(Must sign up by August 1, 1999)

This year's golf tournament will be held at the Canmore Golf and Curling Club. Send this form and a check for $65.00 to Dr. Shawna McGovern by August 1. Address: 2205 30th St. SW, Calgary, Alberta T3E 2L7 Canada. E-mail: smcgover@acs.ucalgary.ca Tee times will start at 11:00 a.m. on Wednesday, September 22. Fee will include cart, pre-match lunch, another bite at the turn, and prizes.

Name: ____________________________ Handicap/Average: ____________

Address: ____________________________ Phone: ______________________

__________________________ E-Mail: ________________________________

Will you need transportation to the course? (circle one) Yes No

Will you have a car and if so how many people can ride with you? __________

Are you in a morning workshop or do you have another time restriction? ____________
Our Annual Conference is the highlight to the membership of AAASP. It is a time of intellectual stimulation, social relationships, and great fun. The large majority of work for the Association is completed by volunteers or individuals we hire on a part-time basis to help us run the operations of the conference. The executive board spends a considerable amount of time to select the site, design the program, organize special events, and provide an optimal experience for members. To ensure that our conference runs smoothly and to avoid problematic situations, the executive board would like to inform you of desired procedures about certain tasks and ask that you try to follow them. Here are some of our requests:

1. “Stand by your poster”
   In the spirit of Tammy Wynette, we would like to ask that you make sure you put up your poster on the designated day and time, and at the number assigned in the conference program. This ensures that attendees know where to find your presentation, and allows the presider to monitor any potential no-shows. Many thanks for your anticipated cooperation.

2. Registration Process at the Conference
   We typically hire individuals to operate the registration table, oftentimes through the Convention Bureau in the home city. These individuals are trained to do registration and are familiar with specifics of the conference site. Although they are not familiar with AAASP, they really try to do their best to help us through the registration process. Please take a moment to thank these individuals, and to be patient with the process. If there are concerns, be sure to discuss them with the executive board or conference coordinator rather than confront these gracious workers.

3. Membership and Registration Fees
   If you are a continuing member of AAASP but did not pay your dues by February 1, you will be assessed the membership late fee ($25) or a processing fee ($25) to reinstate you onto our membership list. If your conference registration fees are received after the August 20 early deadline, you will need to register on-site. There will be a late fee assessed. Please do not remove any registration materials on your own before the registration staff can process your request.

4. Abstract Submissions to Conference
   This year we received over 400 submissions for consideration at our conference. The program committee is charged with reviewing and selecting papers to fill the limited number of time slots available. To facilitate program committee decisions and allow more people to present at the conference, we ask that in future submissions individuals not submit the same or similar abstracts to multiple sections (social psychology, health psychology, performance enhancement, continuing education). Please be mindful of the number of papers you submit so that the maximum number of people have the chance to present at the conference.

5. Opening Reception and Closing Banquet
   Catering costs at the conference are considerable. If you have not paid the full registration fee, you are not eligible to attend the opening reception and Saturday night banquet. The Conference Centre bills us on a per person basis and it is simply not fair to attend if you have not paid. We acknowledge that the large majority of people are honest and pay their own way. However, over the years a few individuals have taken advantage of AAASP and have caused the executive board members, who are running the conference, a great deal of distress. Please help us make the conference enjoyable for all. Thank you.
GETTING TO THE CONFERENCE AND OTHER TIPS

Driving from Calgary (about 2 hours)
Take highway #1 - the beautiful Trans Canada Highway, west from Calgary. Exit at the first Banff exit. Stay on the main drag - Banff Avenue and watch for The Banff Centre signs at the end of town. Turn left at Buffalo (if you cross the Bow River you've gone too far). Follow the signs as you go up the mountain road to The Banff Centre - to check into your room go to Reception in the Professional Development Centre.

Vans from the Airport:
The Banff Airporter has agreed to offer group rates to AAASP members. You must book directly with them and identify yourself as an AAASP member.
Rates: $30.60 Canadian (CA) one-way or $58.50 CA roundtrip. Call toll-free: 1-888-HIWAY-01 or reserve by e-mail: airporter@banff.net or check http://www.banff.net/airporter.
It is a two-hour ride from the airport to the conference center.

Immigration/Customs:
Canada is a foreign country. Bring proof of citizenship (passport or birth certificate) or check with authorities regarding entrance requirements (recently laws have changed and a driver's license is no longer sufficient).

If you are on the program, bring your letter of acceptance or a copy of the newsletter to show at Immigration. You will still be subject to questions, but this may help verify your participation. Immigration may also be concerned about speaker payment. Since AAASP presenters (peer reviewed submissions) do not receive a stipend for their presentation, you can indicate this at immigration.

National Park Fees:
Banff is located within a national park and there is a daily entry fee (subject to change). Individual - $5 CA per day. Groups of 2-7: $10 CA per day per car. If you are going to stay longer than 7 days, it may be worth checking on a longer term pass when you get to the park gate or you can check at the airport for a ticket booth.

Exchange Rates:
It is a great time to visit Canada. The Canadian dollar (a coin called a loonie) (can you guess what a toonie is?) is currently worth 65 cents in U.S. dollars, but this rate fluctuates daily. The best way to get the best rate is to use a credit card. If you desire cash, use your ATM card at a cash machine in Canada.

e.g. $27 CA = 27 x .65 = $17.55 in U.S. dollars. Check the AAASP website for latest exchange rates.

Weather:
September is beautiful in Banff - check the Web conference page for the five-day forecast.
Fitness Facilities:
The fitness facility at The Banff Centre is great and free to everyone who is registered on site. There is a pool, basketball/volleyball courts, an indoor track (not sure why anyone would use this), weight/equipment room, and sauna (towel service provided).

Melissa’s 20th Annual Road Race - 10k or 22k:
One of the most prestigious road races in Alberta. Saturday, September 25 at 10:30 a.m. Check the web conference page for details and an entry form.

Avis is the official car rental company for the conference and has quoted the following rates for September 20-26, 1999. (Rates are available one week before to one week after meeting dates).

<table>
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<th>Car Size</th>
<th>Daily</th>
<th>Weekly</th>
<th>Weekend</th>
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<td>Compact</td>
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<tr>
<td>Mid-Size</td>
<td>C</td>
<td>$43</td>
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<tr>
<td>2-Door Full Size</td>
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<td>$45</td>
<td>$227</td>
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<tr>
<td>4-Door Full Size</td>
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<tr>
<td>Luxury</td>
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<td>Mini-Van</td>
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<tr>
<td>Sport Utility</td>
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<td>$56</td>
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</tbody>
</table>

The above rates are guaranteed in Canadian dollars. Return to the same renting location or additional surcharges may apply. All rates include unlimited free kilometers. Weekend rates are available from noon Thursday-Monday at 11:59 p.m.

Should a lower qualifying rate become available. Avis is pleased to present a 5% discount on the rate OR if a car size is selected that is not available above, Avis will discount the best available rate by 5%. The attendee must use the assigned Meeting Avis Discount Number (see below) and meet Avis requirements to receive the discount. (Rate discounts are available at all corporate and participating licensee locations).

Rates do not include any state or local surcharges, tax, optional coverages or gas refueling charges. Renter must meet Avis’ age, drive and credit requirements.

Your Avis Worldwide Discount (AWD) Number: J952822.
Avis phone number: 1-800-331-1600.

See page 15 for TRAVEL DISCOUNTS
CONTINUING EDUCATION WORKSHOPS
Registration Deadline: August 20 Postmark

AAASP is pleased to offer both six and three hour Continuing Education Workshops. The six-hour workshop is divided into two parts and will be held Tuesday evening, September 21, 7-10pm and Wednesday, September 22, 9-Noon. The three-hour workshops will be offered on Wednesday morning and afternoon, and Thursday evening. Please refer to the specific schedule below. To receive AAASP or APA CEUs, you must attend the entire workshop. Each workshop is limited to 25-30 participants and registration will be processed in the order they are received. Due to the possibility of being closed out of your first choice, please rank order your willingness to attend the other workshops. If you are NOT interested in an alternative workshop, indicate your first choice only. It is important that you register early, to insure a space and avoid on-site increased registration fees, so take a moment to complete the enclosed insert and mail it TODAY!

Note: See registration form if seeking APA Continuing Education Credit.

Six Hour Workshop
Workshop 1 – “Coaching the Coaches: How to Collaborate with Coaches to get them Motivated, Confident and Committed to Sport Psychology” (Tues 7-10pm, Wed 9-Noon)

Leaders: Greg Dale, Winthrop University, Department of Health & Physical Education
Ken Ravizza, California State University, Fullerton, Kinesiology & Health Promotion
Jeff Janssen, University of Arizona, Athletic Department

Purpose and Objectives:
This workshop is designed to provide sport psychology consultants with a realistic understanding of effective ways to educate and collaborate with coaches. Specifically, information will be provided on working with three different coaching populations—youth, collegiate, and professional. Through interactive lecture and discussion, short case studies, and small group activities, participants will learn strategies relative to the unique environments of each coaching group. Issues to be addressed in the workshop include effective ways to educate coaches about sport psychology, how to successfully gain the respect and trust of coaches, how to collaborate with coaches to implement a quality sport psychology program, and pitfalls to avoid.

Three Hour Workshops
Workshop 2 – “Emotions and Optimal Athletic Performance” (Wed 9-Noon)

Leader: Yuri Hanin, Research Institute for Olympic Sports

Purpose and Objectives:
This workshop will focus primarily on the role of positive and negative emotions enhancing or impairing performance in elite, pre-elite, and competitive athletes. First, the Individual Zones of Optimal Functioning (IZOF) Model will be described. It will be shown how the IZOF model describes, predicts, and explains optimal and dysfunctional emotional experiences associated with successful and poor performances. Second, measuring emotions by standardized and individualized self-report scales will be examined. Third, empirical evidence substantiating these new developments in the emotion-athletic performance relationship will be briefly reviewed. Fourth, future directions and applications of this model in other high achievement settings will be explored.
CONTINUING EDUCATION WORKSHOPS

Workshop 3 – "Coping with Acute Stress in Sport: From Theory to Practice" (Wed 1-4pm)

Leader: Mark Anshel, Texas Tech University, Department of Health, Physical Education, and Recreation

Purpose and Objectives:
The purpose of this workshop will be to improve intervention skills of sport psychology consultants in providing effective coping skills to individuals engaged in physical performance, including athletes, exercisers, and rehabilitation patients. The workshop will consist of theoretical foundations of coping, introduction of models that explain the coping process, guidelines for determining each segment of the coping process in sport, and linking theory to practice by applying proper coping strategies in interventions.

Workshop 4 – “Where is the Humor in Sport Psychology? A Humor Skillshop for Teaching, Consulting, and Life” (Wed 1-4pm)

Leader: Allen Cornelius, Springfield College, Center for Performance Enhancement and Applied Research

Purpose and Objectives:
This workshop will give participants tools for using humor effectively in teaching, consulting, and combating stress in their own lives. Humor, when planned and used effectively, has been shown to enhance communication, overcome resistance to ideas, and reduce anxiety. However, many professionals believe that humor is too frivolous to use as a serious intervention or teaching technique, or are hesitant to use humor because they do not believe they can be funny. This workshop will overcome those barriers by demonstrating the effectiveness of humor and providing specific skills for the “humor-challenged.” The skills provided will address three areas of the typical professional (or student) sport psychologist’s life – teaching, consulting, and managing personal stress. The workshop is designed to be highly interactive and fun.

Workshop 5 – “Diversifying and Building Your Practice: Transferring Your Performance Enhancement Skills from Sport Psychology to Other Populations” (Thurs 7-10pm)

Leaders: Kate Hays, The Performing Edge, Toronto, Ontario, Canada
          Sandra Foster, San Francisco, California

Purpose and Objectives:
Though rarely taught in graduate programs, practitioners in applied sport psychology need to know about methods of business development. This workshop offers participants the opportunity to assess interests, current skills and contacts, and to develop a personalized plan for expanding and sustaining a private practice in performance enhancement. The presenters emphasize the transfer of existing skills in mental training to populations other than athletes such as performers and owners of small businesses. The interactive format allows participants to self-assess and develop their own plans, discuss strategies in small interest-based affinity groups, and practice networking techniques.
There were a record number of submissions to the AAASP conference this year and we can expect the program quality to match the quantity of submissions. The program will feature a great diversity of excellent offerings. Due to space considerations, we will list just a few of the anticipated program highlights below:

**Wednesday:** Please try to arrive by Wednesday, as the program kicks off with the Coleman Roberts Griffith Lecture delivered by Murray Smith, one of the most instrumental figures in the development of Canadian sport psychology. This will be a real treat to hear this statesman of Sport Psychology. The Opening Reception will follow and will provide the opportunity to visit with friends and colleagues, and to schmooze as needed.

**Thursday:** Olympic decathlon champion Dan O'Brien and his coach, Rick Sloan, will co-deliver the Performance Enhancement keynote address. Symposia will be organized around various themes with titles such as “Mental and Emotional Preparation for World Championships and Olympic Games”; “Developing Cross-Cultural Competence as a Sport Psychology Consultant”; “Diverse Personal Meanings in Physical Activity”; and “Measurement of Adherence to Sport Injury Rehabilitation”. In addition to the many interesting symposia, lectures, workshops, and colloquia, a poster session will round out the afternoon.

**Friday:** The Health Psychology keynote talk by Don Sabo will be a feature of Friday’s program. Friday’s symposia and workshops will focus on themes such as the interaction between sport psychologists and the sports medicine team; understanding emotional responses to failure; European perspectives on the social psychology of sport; consulting with diverse populations; gaining entry, credibility and trust in consulting in professional baseball; and interdisciplinary collaboration for performance and health with a focus on eating disorders in athletes. Plenty of excellent additional presentations will fill the program and Friday’s sessions will conclude with the second, and final, poster session.

**Saturday:** The Social Psychology keynote address will be delivered on Saturday by Mike Messner. A few of the conference program highlights for the day include symposia and workshops centering on such themes as establishing a business in sport psychology; the road to tenure for young faculty members; the management and development of National Football League players; and expertise development in sport. Saturday evening will be punctuated by Andy Meyer’s Presidential Address and the AAASP Business Meeting. The banquet will put an exclamation point on the evening.

**Sunday:** For those who are still alive, Sunday’s program features strong program offerings. Included will be symposia on alternative models for intervention in elite sport; graduate student education and training; team issues in sport psychology consulting; post-doctoral training models in sport psychology; and sport psychology in Singapore. Additional lectures and colloquia will be featured before our conference program concludes at noon.
ENTRY INTO CANADA

As mentioned earlier, in order to reduce problems in entering Canada as you travel to the Banff conference, it would be very helpful to carry with you verification of your citizenship status. A current or expired passport or a birth certificate as well as two pieces of photo identification will facilitate your entry into the country and your passage through Canadian customs.

AAASP REINDEER RELAY RACE

Many AAASP veterans have fond memories of the AAASP 5K runs of yesteryear. These races not only provided a means of enhancing our physical health, they were also a great boon to the practice of applied sport psychology and research on performance attributions (e.g., “I would have won that race but I was going so fast that the hair on my legs caught on fire and I had to slow down”). Well, warm up the attributions because the 1999 conference will feature the first-ever AAASP Reindeer Relay Race.

Teams will be comprised of three people. Reindeer are optional. The distance of the legs will range from 1 kilometer to 3 kilometers (roughly 1-2 miles) but with differing terrain for each leg. Prizes and recognition will be given in all kinds of categories including awards to teams with members all from the same university; all male teams; all female teams; mixed male and female teams; teams of really old people; teams most in need of sport psychology consulting, etc.

Antisocial types will be pleased to note that it will also be possible to run the course as an individual. The day and time of the race and entry instructions will be available at the registration desk. To run, or not to run, should be a no-brainer for most AAASP members.

There will truly be something for every member on this year’s program.

For a detailed listing of specific presenters, presentation titles, and session times, please consult the AAASP website: www.aaasponline.org
Your Executive Board

(left) Justine Reel and Robin Vealey

Bob Brustad

(from left to right)
Robin Vealey, President
Jim Whelan, Secretary/Treasurer
Carole Oglesby, Health Psychology Chair
Trent Petrie, Intervention/Performance Enhancement Chair
Cindy Pemberton, Publications Director
Andy Meyers, President-Elect
Penny McCullagh, Conference Liaison
Justine Reel, Student Representative

(below)
Jim Whelan and Trent Petrie

(left) Len Zaichkowsky

AAASP Summer 1999 - Vol. 14, Number 2
Association for the Advancement of Applied Sport Psychology
The Banff Centre, September 20-26, 1999

Association Travel Concepts, the official travel agency for this event, has negotiated discounts with the vendors listed below to bring you special fares that are lower than those available to the public. By calling ATC you will receive a savings of 5% to 15% off the regular ticket price. Some restrictions may apply.

Should you choose to call the vendors direct, please refer to the numbers listed below:

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<th>Vendors</th>
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Discounts apply: 09/17/99 through 09/29/99

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SPORT PSYCHOLOGY
GRADUATE PROGRAM DIRECTORY, 5th ed.
is available from
FITNESS INFORMATION TECHNOLOGY, Inc., PUBLISHERS
(800) 477-4348
Editors: Michael L. Sachs, Kevin L. Burke, and Shawn Gomer
WWW.FITINFOTECH.COM
We are honored to have Dr. Murray Smith as our 1999 Coleman Griffith speaker. Although a great number of Americans do not know Murray, after his talk you will wish you had the same good fortune Canadian sport psychologists have had for four decades. In my opinion, and I know I will get unanimous agreement from other active AAASP members who studied at the University of Alberta as undergraduates or graduate students (such as Cal Botterill, Bert Carron, Craig Hall, Dennis Hrycaiko, Terry Orlick, John Salmela, and yours truly – LZ), Murray Smith is Canada’s later (much) version of Coleman Griffith. Nevertheless, he is Canada’s pioneer sport psychologist – and without question, the best. Here is just a bit about Murray and his accomplishments.

Currently, Murray Smith, is Emeritus Professor and Associate Dean – Academic, Faculty of Physical Education and Recreation at the University of Alberta, Edmonton. He joined the U. of A. faculty in 1958 after several years as a secondary school teacher, coach, and principal. Besides being a masterful teacher in several areas, he successfully coached an incredible variety of individual and team sports at the University of Alberta. He was named “Coach of the Year” in Canadian University swimming, and three times coach of the year in the Alberta Football League. But in the early 1970’s Murray decided to get his Ph.D. and that he did in Educational Psychology specializing in counseling and skill acquisition (1974). He then went on to post-doctoral
studies in social psychology at Oxford University (1976) and UCLA (1977). Twice Murray took leaves to administer major sporting events in Edmonton, the Commonwealth Games (1978) and the world university games, “Universaide-83”. Murray found time to make major volunteer contributions as well. He served on the Alberta Cancer Board of Governors, was a major contributor to the development of Canada’s National Coaching Certification program, theory and in the practice of swimming, football, and hockey. For 30 years Murray was a volunteer in the Canadian Red Cross Water Safety Program. His research provided the basis for today’s revised instructor and pupil training, and design and implementation of the National Red Cross First Aid Program. Murray is also the founding chairman of the Canadian Registry for Sport Behavioral Professionals and his work had a significant influence on AAASP’s certification process. He has received numerous awards for his distinguished work including: the Queen’s 25th Anniversary Medal, National Honor Award of CAPHER, Lifestyle Award of the Federal Government, Honorary Life Membership in the Canadian Red Cross, and induction into the University of Alberta Sports Wall of Fame.

Today Murray is a chartered (licensed) psychologist and sport psychologist in private practice. For 5 years he served as the team psychologist for the Edmonton Oilers of the NHL and their AHL farm team in Cape Breton. He consults with several junior hockey teams in the Western Hockey League, professional football players, basketball players, curlers, and figure skaters, as well as Canadian national teams in diving, fencing, boxing, synchronized swimming, and modern rhythmic gymnastics. He continues to teach and conduct workshops on coaching, parenting, and officiating. He is a consultant to the Dancer Transition Center in Toronto that counsels professional dancers in career transition. The corporate world also seeks Murray’s expertise. Dr. Smith recently published “Mental Skills for the Artistic Sports” (1998) – a valuable addition to your sport psychology library.
Dan O’Brien is the current World and Olympic record holder in the decathlon. He has won three World Championships (1991, 1993, and 1995), was the Gold Medalist in the 1996 Olympics (Atlanta), and most recently was the gold medal winner at the 1998 Goodwill Games.

Dan was born in 1966 and raised by Jim and Virginia O’Brien in Klamath Falls, Oregon. He first competed in the decathlon while in high school in 1981. In college he competed for the University of Idaho and qualified for the 1988 Olympic Trials. In 1989 he began working with Rick Sloan, track coach at Washington State University. In the years that followed, through hard work and discipline, Dan improved his performances to the point where he has dominated the decathlon throughout the 1990s and earned the title “World’s Greatest Athlete.” He continues to train for the 1999 World Championships, the 2000 Olympic Games, and the yet unbroken 9000-point mark.

Dan has overcome many obstacles to accomplish all that he has. Through his experiences he has come to know and value the importance of hard work, dedication, support, and teamwork.
In 1992, he founded the Dan O’Brien Youth Foundation to help school-age children throughout the United States. Through numerous programs sponsored by the DOBYF, Dan has helped thousands of children develop the personal, educational, and athletic skills needed to be successful throughout life. To learn more about Dan O’Brien, visit his website at http://www.DanObrien.com.

Rick Sloan has been a coach at Washington State University for over 25 years, serving as head coach since 1994. As a collegiate athlete, Rick earned All-American status in track while at UCLA. In addition, Rick finished seventh in the decathlon in the 1968 Mexico City Olympics.

In 1994, Rick was named “Master Coach” by USA Track and Field, the highest recognition in coaching education. A master educator and highly skilled technician, Rick has authored the book “Track and Field Techniques and Training” and has produced nine instructional videos. Rick began to work with Dan in 1989 and continues to this day to assist him in his quest for another World Championship and Olympic Gold medal.

In their talk, Dan and Rick will discuss how a coach and athlete work together to earn the title “World’s Greatest Athlete.” They will focus on Dan’s physical and psychological preparation, how to overcome (even transcend) obstacles to reach one’s goals, how to remain motivated over years of training, and how to maintain balance and values in one’s life. Throughout their address, they will illustrate their points through video highlights and personal anecdotes of Dan’s performances.
Dr. Don Sabo

Friday, September 24,
9:30 - 11:00 a.m.

“Applied Sport Psychology for a New Millennium: A Gender Sensitive Approach to Health Policy”

Dr. Sabo is a professor of Sociology and Social Epidemiology at D’Youville College in Buffalo, New York. He is the editor of two books to be published this year - Confronting Prison Masculinities: The Gendered Politics of Punishment, Temple University Press and Research on Men and Masculinity in Sport (with Michael Messner) published by Sage. Sabo and Gordon were editors of a 1995 publication entitled Men’s Health and Illness: Gender, Power and the Body. Sabo’s work in this area goes back to 1980 and his groundbreaking book, Jock: Sports and Male Identity from Prentice Hall. Sabo has been a prolific researcher with publications in several sociology of sport journals, Men’s Studies Review, Journal of Adolescence, Journal of Operating Room Nurses and the Journal of Health and Social Behavior. He is past President of the North American Society for the Sociology of Sport. Also of note were his 1995-96 appearances on “Donahue” and “Oprah.”

The early work on “gender and health” was almost exclusively focused on women. Now, however, Sabo’s collaboration suggest much different questions. How can the study of men’s health be integrated with studies of women’s health as well as be inclusive of concerns with gender and health? How can men’s health studies position itself in relation to women’s health studies, women’s studies, gender studies, and feminist paradigms generally? Sabo’s presentation should stir a great deal of discussion.

A closing note about the continuing work of the Health Psychology Committee... Over the summer, we will be developing a background paper examining the question of changing the name of the section to Health and Exercise Psychology.” If you would like to enter into this question, please contact me. You may wish to send along your viewpoint, recommend readings we should undertake, or request a role as an “adjunct committee volunteer.” We will explore this more fully, perhaps with an early draft of our recommendation made available, at the Health section meeting at Banff.
Dr. Michael Messner

Saturday, September 25, 9:30 - 11:00 a.m.

“The Triage of Violence in Men’s Sports”

Dr. Michael Messner, of the University of Southern California, will be the keynote speaker for the Social Psychology section at this year’s conference. Dr. Messner is internationally known for his work in the study of gender issues in sport. However, he is one of the few individuals to study gender issues in sport with a primary focus upon men and issues related to masculinity. Thus, his research provides a unique perspective on the role of sport involvement in the lives of men. The primary areas of focus for his current research are upon patterns of violence among male athletes and media portrayals of gender in sport. Mike has authored, or coauthored, a number of important books on the topic including *Power at Play: Sports and the Problem of Masculinity* as well as *Sex, Violence and Power in Sports: Rethinking Masculinity*. Mike is a former president of the North American Society for the Sociology of Sport and a member of the Advisory Board to the Women’s Sports Foundation.
Dr. Yuri Hanin of Finland will receive the 1999 AAASP Distinguished International Scholar Award and give a presentation overviewing his research at the conference. Dr. Hanin is a world-renowned expert in applied sport psychology research and consulting, with a particular emphasis on stress, emotions, and performance states in elite athletes. He is best known for developing the Individual Zones of Optimal Functioning (IZOF) model which has stimulated much cross-cultural research in Europe and North America. Dr. Hanin has over 200 publications including books, book chapters, articles, and testing materials. He has worked with elite international athletes and coaches in Finland and Russia in a variety of sports using a unique integration of applied research and professional consulting in sport psychology.
Scenes of the Banff - Lake Louise Area
Ahh...what a VIEW! Imagine staying in a cutting edge conference center that is nestled in the majestic Canadian Rockies. Ride a gondala up the mountain and soothe your body in the Banff Hot Springs. Two words describe the conference location perfectly: HIKING HEAVEN!

The conference resort offers a wide range of pricing options, ranging from superior to economy accommodations (the 33 economy rooms are RESERVED for students), to meet the financial needs of all conference participants. The bonus is that ALL types of accommodations at the conference center include AWESOME breakfast and lunch BUFFETS (yeah, all you can eat) that are valued at $26! Finally, no more starving at the conferences!

For those of you who are dedicated to your training – a 25-meter pool, an indoor track, free weights and nautilus, aqua aerobics and step aerobics are offered free of charge at the hotel. If you are looking for more vegetative leisure activities you can relax in the whirlpool and saunas.

There will be plenty of partying in Banff as there are numerous “hot spots” (see below) in the quaint Banff downtown. A student bash will maximize mingling potential with buckets of appetizers and mugs of beverage at the Rose and Crown Bar where there is live entertainment nightly.

If view, recreational opportunities and social life are not enough to get you on a plane to Banff, you should scan the program for ’99. A record number of student-oriented sessions have been stacked throughout the conference schedule and a PROGRAM FAIR will allow students to shop for sport and exercise psychology programs. If you want to make sure that your program is included in the program fair, please contact:

RobFazio (RJFAZ8@aol.com).

I hope to see you (and your hiking boots) there!

TOP HOT SPOTS:

1. Rose & Crown Bar and Gameroom – One stop party with the locals!
2. Outabounds – Dance club to get your groove on!
3. Earl’s – Cheap eats like brick oven pizza and HUGE shakes
4. Will Bill’s – Check out the country western flavor! Hee Haw!
5. Hard Rock Café – Buy one more shirt and rock ‘til you drop!
The 1999 AAASP Program Fair
Banff, Canada

Many of Us Come From Different Backgrounds, But We Can ALL Meet at The Same Place!

Program Fair Objective:
Our diverse field of Sport Psychology continues to grow and by having programs showcase what they are doing, prospective students may shop for programs. This will also provide an opportunity for students and faculty to learn about other programs in our field.

Registration Information:

Programs must pay a $25 fee at the time of registration. Please make checks payable to AAASP. Each registered party will be provided with a 2 x 8 table to present their program. Please send check and registration information to: Robert J. Fazio, 53 Oak St., Closter, NJ 07624 by August 15, 1999.

Name of Affiliation: ________________________________________________________________

Department of Program: __________________________________________________________

Presentation Chairperson: __________________________________________________________

Additional Presenters: ______________________________________________________________

Contact Information - Phone Number: Office ( )__________________Home ( )_____________
E-mail Address:______________________________________________________________

If you have questions, please contact Justine Reel, jjreel@UNCG.EDU
or Rob Fazio, RJFAZ8@AOL.COM
call: (201) 768-5902

Remember: A Program Fair Without Programs is Like a Sport Psychology Consultant Without Sports!
BOOK REVIEW

Mind Matters
7 Steps to Smarter Sport Performance
by Dan Kirschenbaum

Review by Dr. Maria Newton, Associate Editor

Mind Matters 7 Steps to Smarter Sport Performance by Dan Kirschenbaum was published in 1997 by Cooper Publishing Group LLC. This book was written with the athlete in mind but as an academician who consults with a limited number of athletes I found it to be engaging, informative, conceptually sound, and full of interesting quotes, vignettes, and exercises. Kirschenbaum draws upon the latest research in applied sport psychology to present a comprehensive mental game plan suitable for athletes, coaches, and sport psychologists alike.

Kirschcenbaum’s book is divided into 7 sections, each focusing on one of the following steps to enhance athletic potential. Currently, there are many books available that attempt to present the hidden truth on mental preparation and athletic performance. Kirschenbaum’s book stands above many for three reasons. First, he does a wonderful job of integrating research and experiences of fellow applied sport psychologists (e.g., Gould, Van Raalte, Weinberg, Orlick, Ravizza, Smith, etc.) into an understandable and comprehensive package.

Second, Kirschenbaum’s focus on self regulation was quite insightful. I found it quite ironic that as I was sitting down to read the book I was also discussing Ravizza’s “7 R’s” in one of my classes. Ravizza and Kirschenbaum have more in common than the lucky number 7. Ravizza focuses on athlete’s heightening their self-awareness of their performance and assuming the responsibility to change it. Kirschenbaum presents the principles of self regulation in order to empower the athlete to control their mental approach to the game. Both authors have moved beyond presenting a psychological ‘bag of tricks’ to enhance performance and focus more generally on providing the athlete with the concepts and skills needed to continually assess, manage, and improve their own mental game.

Third, throughout the book Kirschenbaum does an excellent job of personalizing the information. Each section begins with a number of quotes from athletes that serve to orient the reader as to the focus of the section and help bring the concept to life. If I was an athlete reading the book, the quotes would motivate me to read on and provide an example of shared experience in a world that is often quite isolated. Many easy to do and instructive exercises are incorporated into each section. Finally, Kirschenbaum presents, incorporates, and applies the latest research findings in each section.

The book contains a wealth of information. I will attempt to distill a few key points from each section in the following paragraphs.

The first section, Identifying Problems, focuses on assessment of psychological and physical strengths and weaknesses. The Psychological Skills Questionnaire (PSQ) is provided as a self-assessment tool. Scores on the PSQ can direct the reader/athlete to use the remainder of the book to improve on their strengths and work on their weaknesses.

The second section focuses on Improving Commitment. The concept of decision balance sheets is provided as a means of improving commitment. I found these interesting and potentially quite useful in a consulting setting. Kirschenbaum also focuses on goal setting as a useful technique.
to sustain and enhance commitment. We are all quite familiar with the guidelines to effective goal setting. Formerly, however, goal setting has primarily been presented as one of the many tools in the bag. I especially liked the link to commitment and the multiple examples of practice and competition goal sheets that were provided.

Maximizing Physical Skills is step three. This section is rather broad but very instructive. Quotations and vignettes are relied on heavily to describe the characteristics of peak performance. Research evidence is presented to discount the idea that elite athletes are born not made. A rather substantial motor learning discussion ensues focusing on phases of learning, memory and organization of practice. The section finishes with a discussion of important nutritional and sleep guidelines for athletes.

Step four is Improving Positive Concentration. In this section Kirschenbaum presents a number of strategies to enhance an athlete's concentration. Concentration is presented as the sum of preparation, action and reaction. Of particular interest was Kirschenbaum's discussion of focusing on the target rather than the mechanics of the motion while performing. This information was quite unique, appropriate for the action component of concentration, and compatible (yet more involved) with the notion of 'letting it happen' or 'just do it'. I have recently employed a self-monitoring strategy with a golfer with whom I am working, so the concept of positive self monitoring was very interesting. The impact of monitoring the positive aspects of performance rather than the negative (as I had been doing with my golfer) seems very useful and was very clearly presented.

The most comprehensive section of the book is Step Five: Managing Emotions. A fine discussion of arousal, fear, anxiety, and the concomitant responses preface a multi-faceted theoretical discussion of the anxiety-performance relationship. Kirschenbaum presents a number of stress management strategies in detail, ranging from stress inoculation to rational emotive therapy to problem solving. Of all the sections in the book, I think athletes will have the toughest time integrating this material into their mental game plan. That said, I also think that the material presented in this chapter, filtered to the athlete through a sport psychology consultant, may be tremendously useful.

The sixth step focuses on Creating a Supportive Environment. A discussion of coaching styles and guidelines for effective coaching is presented. As a tennis teaching professional I found the descriptions of mastery and behavioral coaching very useful. The chapter concludes with an assessment of the strain of athletic participation on relationships. I was a bit disappointed that the section did not include a discussion of the importance of social support (family, friends, teammates) in athletic performance.

The book concludes with a section on Evaluating Progress. As with any psychological skill training program, evaluation of progress, goals, and strategies is key and this process is clearly discussed. Kirschenbaum finishes with a nicely presented concise discussion of the types of issues an athlete might discuss with a sport psychology consultant.

I found Mind Matters 7 Steps to Smarter Performance a wonderful and engaging book. I find myself consulting it quite often and I have shared it with many of the athletes with whom I work. The mind truly does matter.
Proposed Constitutional Amendments

The following are five AAASP Constitutional amendments which are being proposed by the Executive Board. They will be discussed and voted on at the business meeting Saturday evening at the conference.

Note that additions/modifications are in regular type, the current Constitution text is in italics, and the deletions are in brackets [ ]. * indicates rationale for proposed change, and is not part of amendment wording.

1. Article VIII Section 7 (addition of a new Section)

Section 7: If ten or more members initiate a request, by petition to and approval of the Executive Board, a Special Interest Group (SIG) on a specific topic related to the missions of AAASP may be formed. The SIG function is to stimulate scholarly and professional growth and interest in a particular, focused topic.

* Rationale for proposed change: To allow members to initiate Special Interest Groups to promote professional interactions around a specific topic of interest related to the AAASP missions.

2. Article II (revision of two Sections)

ARTICLE II
Purpose and Missions

Section 1: The purpose of the Association for the Advancement of Applied Sport Psychology (AAASP) is to [delete promote] provide leadership for the development of [delete psychological] theory, research, and intervention strategies in sport psychology.

Accordingly, the primary missions of AAASP are:

a. To provide a professional forum for individuals who are committed to:

   a. research and theory development, and their applications, in sport, exercise, and health psychology, and/or

   b. the delivery of psychological services to consumers in sport, exercise, and health contexts.

b. To support and disseminate new and relevant knowledge about research and practice in sport, exercise, and health psychology.
Proposed Constitutional Amendments

Section 1 cont.

c. To establish and uphold professional standards for the competent and ethical practice of sport psychology.

d. To foster societal awareness of the relevance, and advocate the use, of sport psychology theory, research, and practice to enhance physical activity performance, health, and well-being.

[Delete from section 1: AAASP provides a forum for individuals who are interested in research and theory development and in the application of psychological principles in sport and exercise. AAASP is also concerned with ethical and professional issues relating to the development of sport psychology and to the provision of psychological services in sport and exercise settings. In order to accomplish these goals,]

Section 2: AAASP incorporates information and expertise from exercise and sport sciences and from psychology. The Association is comprised of three interrelated sections: Intervention/Performance Enhancement, Health Psychology, and Social Psychology. [moved from section 1 to create new Section 2]

Current Sections 2, 3 and 4 renumbered to Sections 3, 4 and 5.

* Rationale for proposed change: Missions, or logical functions that emanate from the broad purpose of an organization, need to be made more explicit in the Constitution to clearly define the specific means in which the purpose of AAASP should be pursued. AAASP can then be structured more efficiently to set and carry out goals that ensure we are staying on target to fulfill our missions.

3. Article XI (revision of Article)

ARTICLE XI
Funds

The funds of the Association shall be derived from dues, publications, educational outreach, and conference [delete registration] fees, as fixed by the Executive Board, as well as from endowments, gifts, grants, bequests, advertisements in the Newsletter, interest on accounts and such other sources as the Executive Board sanctions.

* Rationale for proposed change: To clarify other funding sources for AAASP which should include JASP and the newsletter, educational outreach projects, and conference fees.
Proposed Constitutional Amendments

4. Article VI Section 4 (revision of Section)

ARTICLE VI
Officers

Section 4: The following policies shall regulate the election of officers. The Newsletter will request that Association members send to the secretary-treasurer their recommendations for possible candidates to run for the offices eligible for election. The Executive Board will evaluate the recommendations and determine a slate of two individuals for each office. All professional and student members of the Association are eligible for office except at least one year must pass before the immediate past-president may run again. All nominees shall submit a biography and position statement. These statements should be sent directly to the president who will arrange for their publication in the forthcoming newsletter. Voting for officers shall take place via a mailed ballot or through other technologies as approved by the Executive Board. Ballots will be made available to Association members at least 120 days prior to the annual conference. All completed ballots must be received by the date set by the Executive Board, which must be at least 30 days prior to the annual conference. [Delete: Members will be mailed an election ballot in the Newsletter which must be returned to the appropriate Executive Board member]. The person receiving the largest number of votes shall be elected. A tie shall be broken by a majority vote of the Executive Board. The elected officers shall assume their official duties immediately following the annual conference. The election of officers serving three-year terms shall be staggered and voted on starting with the following sequence... and so forth thereafter.

* Rationale for proposed change: Voting for officers by mail or electronically on the AAASP web site would be more efficient than voting at the conference site. This would also give elected officers some preparation time prior to the conference.

5. Article XII (revision of Article)

ARTICLE XII
Amendments

Section 1: Amendments to the Constitution may be initiated by a proposal signed by at least [delete ten active fellows] 50 professional members of the Association. Said proposal shall be delivered to the president in writing [delete at least four months prior to the annual business meeting] no later than one week prior to the spring Executive Board meeting. Amendments may
Proposed Constitutional Amendments

Section 1 cont.
also be initiated by a majority vote of the Executive Board at least 60 days prior to the annual conference. The proposed amendment(s) shall be published in the Summer Newsletter, and the president shall lead discussion regarding the amendment(s) at the business meeting of the subsequent annual conference. In the event that the Summer Newsletter already has been published, the proposed amendment(s) will be made available to the membership, either through a mailed announcement or through other technologies as approved by the Executive Board, at least 30 days prior to the annual conference.

Section 2: [Delete: The amendment(s) shall be voted on during the annual business meeting, with a two-thirds affirmative vote of the members present being required to adopt any amendment.] Voting on Constitutional amendments shall take place via a mailed ballot or through other technologies as approved by the Executive Board. Ballots will be made available to Association members within 30 days of the end of the annual conference. Completed ballots must be returned by the date set by the Executive Board, which will be no sooner than 60 days from the end of the annual conference. A two-thirds affirmative vote of members who cast ballots shall be required to adopt any amendment. Amendments to the Constitution shall be filed with the Secretary of State, in the State of North Carolina, pursuant to chapter 55A, North Carolina State Statutes.

* Rationale for proposed change: This amendment is best understood as two points: WHO can initiate Constitutional change, and HOW AAASP members vote for the proposed changes. The first part of the amendment proposes to allow AAASP professional members (excluding student members) other than fellows and the Executive Board to initiate Constitutional amendments. All members, professionals and students can still VOTE on the amendments - the change is for the initiation of amendments only. The second part of the amendment is designed to provide greater flexibility and representation in voting for amendments by changing to a mail or web-based ballot instead of voting at the conference business meeting.
Place your name on the envelope flap when you send this year's completed ballot to:

Dr. Andrew Meyers
Department of Psychology
University of Memphis
Memphis, TN 38152-6400

President - Elect
☐ Joan Duda
☐ Craig Wrisberg

Social Psychology
☐ Vicki Ebbeck
☐ Billy Strean

Student Representative
☐ Sharleen Hoar
☐ Michelle Magyar

Please return this ballot by August 20, 1999.

AAASP ORDER FORM

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Outside North America ($6.00/item) |      |
Total |      |

Make checks payable to AAASP in US funds.

Mail to:
Dr. James Whelan
AAASP Secretary Treasurer
Department of Psychology
The University of Memphis
Memphis, TN 38152-6400
1998 Membership Report

Report prepared by J. Whelan, Secretary/Treasurer

There were 979 members for 1999. The following presents the membership by demographics.

...by Category and Sex

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AAASP Summer 1999 - Vol. 14, Number 2
# 1998 Financial Report

Report prepared by J. Whelan, Secretary/Treasurer

## Income

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<tbody>
<tr>
<td>Conference Registration</td>
<td>92,340.00</td>
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<tr>
<td>Conference Other</td>
<td>9,027.54</td>
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<tr>
<td>Total</td>
<td>101,367.54</td>
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<tr>
<td>Continuing Education</td>
<td>3,075.00</td>
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<tr>
<td>Journal Member Subscriptions</td>
<td>24,475.00</td>
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<td>Journal Other subscriptions</td>
<td>16,836.00</td>
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<td>Journal Other</td>
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<td>41,415.00</td>
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<tr>
<td>Operations Dues and Fees</td>
<td>68,810.00</td>
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<tr>
<td>Certification Fees</td>
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<tr>
<td>Interest</td>
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<td>Other</td>
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## Expenditures

<table>
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<tbody>
<tr>
<td>Conference Abstract Book</td>
<td>8,677.53</td>
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<tr>
<td>Conference Audio-Visual Equipment</td>
<td>4,244.41</td>
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<td>Conference Committee</td>
<td>1,626.17</td>
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<td>Food</td>
<td>43,800.40</td>
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<tr>
<td>Management Services</td>
<td>13,048.50</td>
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<tr>
<td>Misc.</td>
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<tr>
<td>Registration</td>
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<td>Visits to Future Sites</td>
<td>580.49</td>
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<td>Speakers</td>
<td>11,974.32</td>
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(Expenditures cont. on next page)

(Expenditures cont.)

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<td>Editor &amp; Board</td>
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<tr>
<td>Printing and Mailing</td>
<td>21,438.25</td>
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<tr>
<td>Capital Outlay</td>
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<td>Committees</td>
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<td>Certification</td>
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<td>Outreach</td>
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<td>Finance (Ad Hoc)</td>
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<td>Executive Board</td>
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| Publications                         |       |
| Journal                              | 24,475.00 |
| Newsletter                           | 10,638.15 |
| Banking                              | 1,725.98 |
| Taxes                                | 918.00 |
| Web page                             | 9,926.40 |
| Other                                | 525.00 |
| Total                                | 69,451.04 |
AAASP Membership Application

I. Biographical Data* (Please Print)

*Please leave blank any information that you do not wish to be published in the Membership Directory.

Name: ___________________________ (Last) ___________________________ (First) ___________________________ (Middle)

Mailing Address: ___________________________ (Building/Street Address)

_________________________ (University and Department Name if applicable)

_________________________ (City) ___________________________ (State/Province)

_________________________ (Zip or Postal Code) ___________________________ (Country)

Telephone*: ___________________________ (Specify Work or Home)

* Please include Area Code, and if outside the U.S. or Canada, include Country Code.

E-mail address: ___________________________

Highest Degree (please circle)

BA/BS  MA/MS  Ph.D.  EdD.  MD  Other ___________________________

Academic Discipline: (please circle)

Psychology  Sport Science  Medicine  Social Work  Other ___________________________

Specialization within Discipline: ________________________________________________________________

(e.g. Counseling, Sport Psychology)

Institution Degree (most recent) Obtained From: __________________________________________________

Employment/Institutional Affiliation: ___________________________________________________________

II. AAASP Area(s) of Interest (indicate all that apply)

____ Intervention/Performance Enhancement  ____ Social  ____ Health

III. Membership Information (Membership year January 1 - December 31)

Check One:  ____ Membership Renewal  ____ New Membership

<table>
<thead>
<tr>
<th>Year</th>
<th>Professional</th>
<th>Student</th>
<th>Affiliate</th>
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<td>1999</td>
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<td>$50</td>
<td>$90</td>
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Total Due ___________________________ Note: There is a service charge assessed for returned checks.

IV. Fee Payment

____ VISA  ____ MasterCard  ____ Check (in U.S. Dollars)

Cardholder Name: ___________________________ Signature___________________________

Card Number: ___________________________ Exp. Date: ___________________________

Mail to: Jim Whelan, AAASP Secretary-Treasurer, Department of Psychology

The University of Memphis  Memphis, TN  38152-6400