AAASP Conference 1996

YEAR OF INTERNATIONALITY

WILLIAMSBURG

OCT 16 - 20, 1996
The Editor's Desk...

Wow!! Did we ever learn about publishing a newsletter of this magnitude. I offer great compassion to my predecessors. Materials that come in too late, disks that can't be opened, materials that needed rewriting, etc., all contributed to a hurried process resulting in several mistakes in the last newsletter. I apologize for all of the problems.

How can you help? First, we need to have materials submitted by the deadline. Materials should also be ready to be included into the newsletter as is. Just so you know, the newsletter is created on a Macintosh IIci computer. Please send your materials on a disk, in a text file, with a hard copy. Remember, we only have ten days from the submission of all materials to the production of the final product.

A final thought - we need information on jobs, conferences, internships, etc., along with your most humorous anecdotes resulting from your work in sports psychology.

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President's Message

Penny McCullagh-President

How quickly time flies! I just feel as though I’m beginning to learn the ropes of the Presidency and already this is my last formal Newsletter message to you as President. Therefore, I want to take this opportunity to provide you with some updates.

Conference Sites go from Sea to Shining Sea!

AAASP '96 Conference -
We just completed our Spring Board meeting at the lovely Fort Magruder Inn in Williamsburg (don’t worry, it’s not really a fort, but it is surrounded by redoubts. You’ll have to attend the conference to figure that one out!). Colonial Williamsburg - a living museum - is fascinating, as is Jamestown and other sites in the area. Leave yourself some extra time to partake of the tourist attractions - you won’t be sorry. Our conference manager for this year, Judith Lacertosia, had a chance to meet the Board members (we’re not as stuffy as one might expect) - and coordinated numerous details of the conference. The Continuing Ed Committee has put together a great slate of offerings, and the program committee worked into the wee hours of the morning to provide an action-packed program. The theme of Internationality blossoms throughout the program, as did the Spring flowers in Virginia. See you there!!

AAASP ’97 Conference Sept. 24-28 San Diego, California -
As President-Elect last year, one of my duties was to select a site for our ’97 Conference in the Southwest region of the US. Well, Southwest to me means beautiful beaches, lots of sailboats, beautiful weather, (some of the best in the US), and more boats. So, we will hold our ’97 conference at the tropical Catamaran Resort Hotel on Mission Bay. San Diego is home to the famous San Diego Zoo, Sea World, as well as Major League baseball. Access to Tijuana is easy by boarding the San Diego trolley, or leave yourself more time and take a cruise down to beautiful Ensenada or over to Catalina Island. Now that our international involvement has increased, we are sure this west coast site will prove attractive for all. For a photo of the site, search for sport psychology on the Web and check AAASP’s developing home page at http://spot.colorado.edu/~aaasp/

Highlighted Issues

Certified Consultants, AAASP (CC) -
We are attempting to get the Certified Consultants more involved in the organizational structure of AAASP. We have already started on a number of tasks that should enhance the visibility and professionalism of this group.

The Organization and Outreach Committee has been diligently working on a brochure that would explain the function of CCs. I am in the process of soliciting proposals from insurance companies to provide appropriate individual liability insurance options for our consultants, and the suggestion has been put forth to add our CCs to our World Wide Web page.

To help facilitate these activities, I will be appointing a standing committee that will report to the Board. At this year’s meeting, all CCs will be invited to meet early in the conference (and early in the morning) on Thursday to discuss future directions. The newly appointed standing committee will meet Friday morning, receive their committee charge and slate an agenda for the coming year. The Certification Review Committee will remain a separate body from this new committee.

Fellows -
We need you at our annual meeting. During our meeting at Lake Tahoe, the Fellows approved a document of General Ethical Principles. This year the Fellows will meet to review an addition to this document that proposes General Ethical Standards. Fellows will receive a separate mailing with details this summer.

Committees and Other Board News

All our standing committees have been busy and productive. In addition to issues mentioned above, the Graduate Tracking Committee has submitted their final technical report to the Board. Also, the International Committee is preparing a number of new initiatives, Diversity is attempting to assist in increasing our awareness of diversity issues, and the Development Committee is trying to set us on a progressive track for the future. In addition, we are attempting to improve communication with the National Collegiate Athletic Association (NCAA) and coordinate the details of our new collaborative Certified Consultant program with the United States Olympic Committee (USOC).

We are slated to review our Fellow review procedure over the next few months, and we had discussions about reorganizing the EBoard to help off-load some of the duties of our officers. By the Fall Business Meeting, I hope to report to you on some of these issues.

Finally, our students have been busy. A number of regional conferences have been held and the EBoard’s Student Rep is moving forth with numerous issues that will have a direct impact on our student representation.

See you at the conference!
If the weather is perfect, the brilliant fall foliage is turned on, new international guests from all over the world are being greeted warmly by their AAASP friends and colleagues, and all of the town is "a buzz" saying the "AAASP" word-- then it must be October in Williamsburg, Virginia, USA. But wait, let's double check... camaraderie, history, beautiful scenery, wonderful special events, great fun, and... a rich, quality, international conference program...yup, it's Williamsburg! And you are at the 1996 AAASP Conference Celebrating "The Year of Internationality"!

A Word to Our New International Guests. The Time Is Now...and Later. Although already greatly benefiting from international participation, three years ago AAASP began systematically working toward more international interaction and involvement. We wanted to learn more about things beyond our borders, and meet those of you who lived and worked there. And, we wanted more of you to get to know us. After a tremendously productive first decade as an organization, we felt ready to have the international community become a greater and more integral part of AAASP. You were invited to give keynote, symposia, and to submit papers to the program. And oh, how you responded! We thank you and look forward to having you join us in 1996...1997...1998...2000...2004...!

Mission Accomplished...The AAASP Spirit Shines On! As you know, our goal was to enter AAASP's second decade with the "international phase" of our development formally launched at this 1996 conference.

To Do So:
1. The International Relations Committee made it possible to present the first Distinguish International Scholar Award(s) at this meeting.
2. Many, many AAASP members carried posters and flyers to meetings all over the globe to let people know about the conference. And...the response was terrific!
3. We invited international keynote and symposium speakers. Lots of extra help volunteered by Daniel Gould and David Russell was key to this effort. And Linda Bunker, Bob Rotella, Bill Srauth, and Craig Wrisberg provided valuable program and conference assistance, as well.
4. We received many wonderful submissions from our AAASP members.
5. Senior Section Head, Neil Widmeyer, very capably led the Conference Management Team (Chris Buntrock, John Heil, John Salmela) and the section committees through the difficult abstract selection process. Building on the quality submissions you provided, Neil and his team crafted an outstanding, thematically integrated program.

So that's how it happened. As you can see in this newsletter, the program is full and rich with presentations by new International Guests from around the world, and by their AAASP hosts. As always, the whole thing worked because you, the membership, worked. Thank you for your help, your submissions, and your eternal AAASP spirit.

And now...

Williamsburg: A Perfect "Launch Site." What better place to launch AAASP's internationality than where the USA began! This beautiful and unique area of Virginia is where the colonists from England first landed and settled on American shores, and then, established nationhood. Williamsburg is the largest living museum in the country-- this is where history comes alive. Bring your kids, it will turn them on to history like never before. They'll love it and their teachers will be thrilled.

This area also is the third most popular vacation spot in the entire United States. So in addition to all of its historical features, there is a wide variety of other things to do.

To really take advantage of what is available, please take some time to read through the many special events, tours, and ticket options that we have prepared for you. Please note that you can partake of much of the town of Williamsburg for free, but a ticket is advised. You can use the ticket for a full year, so it will get you in during your entire stay. Finally, we have arranged for you to get the special conference rate at the Fort Magruder Inn for the two nights before.

And now, let me formally invite all of you to the 1996 Conference. This is a program, a group of people, and a site you won't want to miss. Come join us to celebrate "The Year of Internationality"!
Tennis Anyone???
Don't be disappointed, sign up early!!!

Each year our AAASP tennis tournament has been a hit and the last two years we had to turn away individuals who wanted to sign up on site. Therefore, do not count on that avenue.

This year we again have 6 courts reserved (i.e., a maximum of 24 players). We will be playing indoors and we will provide transportation to the site. To cover the cost of court fees, balls, transportation and prizes, our entry fee is $15.00 (U.S. funds). Please send your check or money order to:

Dr. Neil Widmeyer
Department of Kinesiology
University of Waterloo
Waterloo, ON N2L 3G1
Canada

Your payment should be received no later than September 13, 1996. If you have not played in the tournament in the last two years, please give me an idea about your ability level when sending your materials. (Please print your name legibly).

Oh..., and by the way, we play from 3:00 - 5:00 PM on Wednesday, October 16, 1996. We meet in the lobby @ 2:25 PM. We will have medical releases but NO QUESTIONNAIRES! It's good exercise, good tennis, and a great way to meet your fellow AAASP members. Send your entry in early and keep in mind, in tennis, love means nothing, but is still great fun!!!

Mastery Run
(Likely, but tentative)

At press time, plans for the Mastery Run were incomplete. Issues involving liability insurance have put the plans on hold. Mike Sachs is working on this. Check at Registration upon arriving at the conference if you are interested. There are some great jogging trails near the conference site, so plan on "fun running" in any event.

Weather

Be prepared for brilliant fall foliage, and for cool fall days of 71 degrees Fahrenheit (22 Celsius), and crisp nights at 48 degrees Fahrenheit (11 Celsius). Just in case - be prepared for fall showers.

...And now for the little ones...

Since we recommend that you bring your kids to this historic area, please know that the Fort Magruder Inn and Conference Center offers baby-sitting services. Arrangements may be made in advance of your arrival or on site at the Concierge's desk.

Golf Tournament

The 11th Annual Golf Tournament will be held on Wednesday, October 16th, at the Golden Horseshoes Golf Course. Located in the heart of Colonial Williamsburg, the Gold Course was designed by Robert Trent Jones, Sr. It has been selected for four consecutive gold medals by Golf Magazine as one of the best golf resorts in the nation. Golf Digest ranks the Gold Course as one of the thirty best golf resort courses. Seven holes pose water hazards with an island green on hole #16 being the signature hole.

Advance sign up is required. Eight tee times are reserved for a maximum of 32 golfers. Tee times begin @ 11:50 AM and are scheduled for every ten minutes until 1:00 PM. Normally $115.00 per player, AAASP has secured a special rate of $65.00 per player. Round trip shuttle transportation has been arranged at a cost of $1.00 per person. Mail your check or money order (U.S. funds) for $66.00 per person by September 13, 1996 to:

Dr. Kelly Crace
Counseling Center
College of William and Mary
240 Blow Hall
Williamsburg, VA 23187-8795

What do you play????

If it's an instrument (Voices count!) come join the band:

*fiddles to play reels
*voices to sing ballads
*jazz sax
*or whatever

Now its the time to organize this motley crew, so that we can create groups, set goals, image, and, oh yes, practice!!

Contact:
Dr. Kate F. Hayes
The Performing Edge
21 Green Street
Concord, NH 03301
Phone: (603) 225-2985
FAX: (603) 224-8349
e-mail: 103333.1770@compuserve.com
1996 AAASP CONFERENCE SPECIAL EVENTS

NEW NEW NEW NEW NEW NEW NEW NEW NEW NEW

WEDNESDAY NIGHT, OCTOBER 16, 1996

7:00 PM - 10:30 PM, BE THERE, BE THERE

Have we got an exciting conference kick-off in store for you on Wednesday night!

First, we have our Coleman Griffith Address where Professor Lew Hardy will be giving a very thought provoking talk that will stimulate debate in several conference sessions to follow. He will provide data that will make us really think about some of our common applied practices and research thrusts.

And then there is more...Boom! We will start with a big surprise!

—We will present the first AAASP Distinguished Scholar Award(s)—shhhhh...the recipients are to be surprised.

—We will honor our keynotes in a very special way.

—And we will have a spectacular “Roll Call of Nations” including Student Ambassadors.

—And then there is the always wonderful Opening Reception. You’ll enjoy seeing your friends, greeting our new international guests and invited speakers, and partaking of the carving tables.

THE “GROANING BOARD” COLONIAL FEAST

SATURDAY NIGHT, OCTOBER 19, 1996

8:00 PM—“I COULD HAVE DANCED ALL NIGHT”

We have a unique experience planned for our banquet this year. We begin with a seven course colonial feast—called the “Groaning Board.” The decor, and the waitstaff dressed in traditional colonial garb, will take us back in time over 200 years...where you will be able to meet Neil Widmeyer as a young boy!

Then we will learn by a direct “feet on” experience from the Colonial Dancers how our dances of today evolved from the “toe tapping” done in Williamsburg so many years ago. And then, yes...we will “dance through the decades” to everyone’s favorite music, played by one of the liveliest bands in town. More surprises? Of course. See you there!

CHECK LIST FOR FRIDAY the 13th!

Materials to be received by
September 13, 1996

_____ Early Conference Registration
_____ Hotel Room Registration
_____ Continuing Education Workshop Registration

_____ Optional Events Sign-Up
_____ Tours
_____ Golf, Tennis
NEW       NEW       NEW

OPTIONAL SPECIAL EVENTS

Two optional Special Events have been added to capture Colonial Williamsburg. As we will be meeting in Williamsburg during their peak season, AAASP has arranged these special events that would be difficult for our members to otherwise experience and enjoy. Please note that the events have been scheduled late enough to complete the conference program for the day.

• **Cruise on the Carrie B** - Thursday, October 17, 1996. Enjoy an evening cruise on the Carrie B, a replica of a 19th Century Mississippi Riverboat, complete with paddle wheel. This three hour tour begins at Hampton's waterside, and sails the waters of the Hampton Roads and Chesapeake Bay while a DJ plays your favorite tunes. One of the spectacular sights is the headquarters of the U.S. Navy's Atlantic Fleet, which is brightly lit in the evening hours. The Norfolk Naval Base proudly displays aircraft carriers, destroyers, submarines, and various support vessels, all on view approximately 100 yards from the Carrie B. Hot dogs, popcorn, soft pretzels, candy, and more will be available for purchase. A cash bar is also available with liquor, beer (bottled and draft), wine, cordials, and soft drinks. **Cost**: $27.00 per person. This price includes transport to the Carrie B, cruise, and return transport to the hotel. Meet the escort in the lobby of the hotel at 6:50pm. Boat sails at 7:30pm.

• **Tavern Night** - Friday, October 18, 1996. Enjoy an evening of 18th Century hospitality, merriment, and entertainment in historic Colonial Williamsburg! You will be served a sumptuous Colonial era dinner in a tavern where the likes of Thomas Jefferson and Patrick Henry ate. While dining, strolling balladeers will serenade the group with music relating the tales and stories of 18th Century Williamsburg. **Cost**: $31.50 per person. This price includes a walking escort to the Tavern, dinner, gratuities, and taxes. (If special travel arrangements are necessary, please specify.) Meet the escort in the hotel lobby at 8:15 PM. Dinner served at 8:45 PM. Tavern assignments will be posted at Registration.

### OPTIONAL SPECIAL EVENTS REGISTRATION

<table>
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<th>Event</th>
<th>Date</th>
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<td>Cruise on the Carrie B</td>
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*Tickets for both events are limited and will be on a first come first serve basis.
*Should the cruise undersell, it will be canceled and your check or money order returned to you at the conference.
*Please specify any dietary or medical restrictions for Tavern Night in an attached letter.

**TOTAL AMOUNT ENCLOSED**

Mail registration form with check or money order (U.S. dollars) payable to “Sterling Event Planners” by date indicated below. You may contact Eric Kallestad directly to ask any questions.

Mr. Eric Kallestad  
Sterling Event Planners of Williamsburg, Inc.  
230 Broadway Street  
Williamsburg, VA 23185  
Tel.: (800) 827-5788

*Checks or money orders must be received by Sterling Events no later than September 13, 1996.*
Sterling Events will sell tickets for the following sites directly to AAASP Conference attendees. You may sign up with the Sterling Representative at the Fort Magruder Inn, Tuesday, October 15, and Wednesday, October 16. You may also contact Eric Kallestad to sign up directly at tel.: (800) 827-5758. All tickets will be delivered directly to you at the hotel.

Colonial Williamsburg Deluxe Pass - Colonial Williamsburg is a lovely and pastoral half mile walk from the Fort Magruder Inn. During October, it is breathtaking - the brilliant fall foliage makes this the best month of the year. The hotel also offers three shuttles a day to-and-from Williamsburg for your convenience. Restored Colonial Williamsburg is a 173 acre outdoor living historical museum with over 500 buildings. The Colonial Williamsburg Foundation has reproduced the clothing, food, and trades of the 18th Century, thus becoming the largest outdoor museum in the United States. You feel American history come alive as you walk the cobblestone streets amid the gardens and colonial shops, homes, taverns, the Governor’s Palace, the College of William and Mary, the courthouse and stockades, and the houses of government. You will witness craftsmen practicing 30 historic trades and domestic crafts, historical interpreters and character actors. You may leisurely stroll through the streets and gift shops of Williamsburg free of charge. Or, you may purchase the Deluxe Pass, which is valid for the entire length of your stay and provides unlimited admission to all open exhibits, shops, museums and homes. Cost: $28.00 per ticket, unlimited admission. Pass is renewable for 1 year. One-time admission tickets may be purchased for the Governor’s Palace and Carter’s Grove. A Museum Ticket which admits one to the DeWitt Wallace, the Abby Aldrich Folk Art, and the Bassett Hall Museums is also available. Individual tickets may be purchased at the Colonial Williamsburg Visitor’s Center or the Colonial Williamsburg ticket outlets.

Busch Gardens - One of the country’s largest and most beautiful theme parks, Busch Gardens offers a taste of European culture through nine authentically detailed 17th Century European-theme hamlets. Nestled amidst the lush Virginia countryside, nine authentic hamlets come to life bringing romantic adventure and old world charm. At the 'Gardens' you will be able to shop, sample European Cuisine, enjoy live entertainment, rides and games. And if you are up to it, ride the park’s heart-stopping roller coaster! Cost: $25.00 per ticket (ages 7 and up).

For your added pleasure, AAASP has arranged the following group tours with Sterling Events. Each tour is available on a sign-up basis. For your convenience, we encourage you to sign up directly with Sterling by calling (800) 827-5758 or faxing your request to (804) 220-3825. Additional on-site registration will take place at the Fort Magruder Inn on Tuesday, October 15 and Wednesday, October 16, 1996. Registration for some tours is limited, so please reserve your place now. Go for it!

*All tour pricing includes transportation, guide service and all admissions.

Jamestown/Yorktown - Tours: Tues., 10/15/96 & Wed., 10/16/96, Noon - 5pm.

You will be transported via a shuttle to Jamestown Settlement; a 10 minute drive. Along the way, the tour guides will point out and narrate sites as you pass them. Upon arrival at Jamestown, you will experience 17th Century America as you travel back to the time of the first settlers making that historic step on the sands of the land that would later become known as America. You will tour the indoor galleries, seeing original artifacts and exhibits from settlers and Indians alike. Costumed actors share the struggles, challenges, and accomplishments of these early settlers and demonstrate daily life and early crafts from America's first permanent settlement. See the woodland world and village of the Powhatan Indians and a re-creation of Fort James. Replicas of the three tiny ships that brought the settlers are exhibited, and you are welcome to "climb aboard" and imagine the living conditions experienced by these settlers on the long trip from England.

Next, you will be off to the quaint and quiet town of Yorktown. More than six years after the first blood was shed at Lexington and Concord, American independence was won on the battlefields at Yorktown. Beginning with colonial unrest, the story of the American Revolution dramatically unfolds as you tour the Yorktown Visitors Center. Through unique exhibits and outdoor living history, you learn of the events that led up to the final conflict and the important role Yorktown played in the winning of American Independence.

After the tour of the Yorktown Visitors Center, you will reboard the shuttle to view the historic battlefields, complete with redoubts, and the Moore House. It was here that the surrender papers were signed by the British Army. Cost: $25.00 per person.
Williamsburg Tours and Sites

Shopping Shuttle - Tours: Tues., 10/15/96 & Wed., 10/16/96, Noon - 5pm.

Williamsburg is almost as famous for its shopping opportunities as it is for its historic sites and attractions. The Williamsburg Pottery Factory is said to have more visitors every year than Colonial Williamsburg and Busch Gardens combined. Berkeley Commons has more upscale shops, but with fantastic prices. These shops include Nike, Liz Claiborne, Bass Shoes, American Eagle Outfitters and countless others. The Williamsburg Outlet Mall is a totally enclosed shopping facility with bargains galore. Many other shopping opportunities abound in and around Williamsburg including Merchant’s Square and Patriot Plaza. Discount cards and coupons will be extended to you so you can enjoy special savings on your purchases. 

Cost: $14.50 per person.


As you travel from Williamsburg to Charles City, Virginia via the historic John Tyler Highway, the tour guides will entertain you with stories telling the history of the area and its people. The 25 minute journey will take you back in time and through beautiful countryside. Sherwood Forest Plantation was home to the ninth President of the United States, John Tyler. The Tyler family still lives on and maintains this property. It is the only Presidential site which is still lived on and maintained by a president's direct descendants (John Tyler’s grandson and his family).

Sherwood is considered the longest frame house in America, being over three hundred feet in length. It was expanded to its current length by President Tyler in 1845 when he added the ballroom, a 12x68 foot room designed for dancing the Virginia Reel. In touring the home, you will see the original antiques, china, and paintings belonging to the Tyler family. You might also hear the Gray Lady, the home’s resident ghost, who has been rocking in the Gray Room for over 200 years.

The next stop is Berkeley Plantation. One of the oldest large brick homes in Virginia, Berkeley is more memorable for its history and its boxwood gardens than its beauty. The plantation was built by Benjamin Harrison, a signer of the Declaration of Independence. Harrison's son, the future President William Henry Harrison, was born on the plantation grounds. This early Georgian mansion is surrounded by ten acres of formal gardens that extend a quarter mile from the front door to the historic James River. 

Cost: $25.75 per person.

Old Dominion Opry - Tours: Thurs., 10/17/96 & Fri., 10/18/96, Evening Show, 8pm.

An evening of wholesome entertainment for families with kids. Enjoy country music and comedy during this two-hour show. Light snacks and drinks are available on location. No alcohol is served here. 

Cost: $28.00 for adults, $23.00 for children 6-12. When ordering your tickets, specify if you will be bringing any children 5 and under, so that you will receive the needed free admittance ticket(s).

Ghost Lantern Tour or Colonial Williamsburg - Evening Walking Tour: Thurs. 10/17/96 & Fri., 10/18/96, 7:45 pm - 9:15 pm.

Hear the footsteps of the Frenchman's ghost... or the shrieks of Lady Skipwith as she falls down the stairs of the Wythe House... as we travel by candlelight through the streets of the historic area.

This professionally escorted one and a half hour tour is based on the stories passed down by generations living and working in Colonial Williamsburg. Sharing information on the restoration of Williamsburg, the guides give you a wonderful introduction to life as it was in the 18th Century. Along the way, you will learn of local folklore and trivia passed down through the ages. You might even see a GHOST!!

Cost: $8.00 per adult, children 14 and under $5.00, children 3 and under Free.

Note: Tours may be canceled if minimum participation is not reached.
Official Conference Travel Agency Named...

To reduce your travel costs while providing personalized service, we have appointed Valerie Wilson Travel (VWT) as the official travel agency to handle transportation for the 1996 AAASP Conference in Williamsburg, Virginia. VWT is one of the largest independent travel agencies in New York City.

VWT has negotiated, on our behalf, discounted airfares with several major U.S. airlines, for the Norfolk and Richmond Airports in Virginia, and Dulles Airport in Washington, D.C. The discounts offered will be as follows:

- 5% off all First Class and discounted fare types.
- 10% off unrestricted fares with a 7-day advance purchase required.
- Travel will be valid from October 11 - 21, 1996.
- Discounts will apply from all 50 States, Puerto Rico and Canada.
- For those participants originating from an international destination (other than Canada), it will be best for you to contact the airline directly for reservations; however, we would encourage you to fax Valerie Wilson Travel for a cost comparison.

In addition to discounted airfares, Alamo Car Rental Co. will offer special discount car rental rates through VWT for the conference (there is ample free parking at the Fort Magruder Inn):

- Day Rates - $31.00/day - $69.00/day
- Weekly Rates - $139.00/week - $369.00/week

Valerie Wilson Travel has assigned two dedicated travel specialists, Eileen Mordecai and Judy Conner, specifically to handle your inquiries regarding fares, schedules, reservations and ticketing. For reservations and information, call: 1-800-776-1116 and specify that you are calling regarding the AAASP Williamsburg Conference. For any "out-of-the-ordinary," or special requests, please contact our Account Executive, Dan Beschloss, at the address or telephone number below.

For Reservations Call: Valerie Wilson Travel
475 Park Avenue South
New York, New York 10016
Tel: (212) 532-3400
Tel: (800) 776-1116
Fax: (212) 779-7073
Hours: 8:30am - 6:00pm (Eastern Standard Time)

Airport Shuttles to Williamsburg...

Norfolk Airport (approximately 1 hour trip): (804) 857-1231
Purchase Tickets: Baggage Claim Area ($24.50 one way trip/person, $16.00 one way trip/two or more persons per party).
Shuttle leaves airport every hour on the hour, and every half hour, 24 hours/day. Reservations required for trip from hotel to airport.

Richmond Airport (approximately 1 hour trip): (804) 222-7226
Purchase Tickets: Baggage Claim Area ($24.50 one way trip/person, $16.00 one way trip/two or more persons per party).
Shuttle leaves airport every hour on the hour, 24 hours/day. Reservations required for trip from hotel to airport.

*Travel from Washington, D.C. (approximately 3 hours by car): You can train, drive, or fly into Williamsburg and the trip is beautiful. Please contact Valerie Wilson Travel for details.
Directions to the Fort Magruder Inn & Conference Center:

**FROM NORFOLK AIRPORT:**
Take Interstate 64 West, toward Richmond/Williamsburg. Take the Williamsburg/Busch Gardens exit 242A (there are lots of signs, so it is best to concentrate on finding exit 242A). This will put you on Highway 199. Stay on 199 for approximately 1 mile to the Hwy 60 exit, East/West Busch Gardens/Williamsburg exit (skip the first and second exit, even though they say Williamsburg). At the bottom of the off-ramp, turn left to go 60 West. Travel 1.1 miles to the Fort Magruder Inn situated on the left side of the road.

**FROM RICHMOND AIRPORT:**
Take Interstate 64 East out of Richmond toward Williamsburg (sign says Rocky MT., NC). Take the Williamsburg/Busch Gardens exit 242A (there are lots of signs, so it is best to concentrate on finding exit 242A). This will put you on Highway 199. Stay on 199 for approximately 1 mile to the Hwy 60 exit, East/West Busch Gardens/Williamsburg exit (skip the first and second exit, even though they say Williamsburg). At the bottom of the off-ramp, turn left to go 60 West. Travel 1.1 miles to the Fort Magruder Inn situated on the left side of the road.

**FROM WASHINGTON, D.C.:**
Take 95 South toward Richmond. When you get close to Richmond, take the 295 bypass around Richmond. On the other side of Richmond you pick up 64 East toward Williamsburg. Take the Williamsburg/Busch Gardens exit 242A (there are lots of signs, so it is best to concentrate on finding exit 242A). This will put you on Highway 199. Stay on 199 for approximately 1 mile to the Hwy 60 exit, East/West Busch Gardens/Williamsburg exit (skip the first and second exit, even though they say Williamsburg). At the bottom of the off-ramp, turn left to go 60 West. Travel 1.1 miles to the Fort Magruder Inn situated on the left side of the road.

**FROM THE SOUTH:**
Take the Jamestown Ferry from Surry County to Jamestown for a cost of $4.00. The ferry will save approximately 1 hour of traveling time. You may call (800) VA-FERRY for further information.

**QUESTIONS?**

Here Are the People in the Know...

*1. Program-related questions: Dr. Neil Widmeyer, Department of Kinesiology, University of Waterloo, Waterloo, Ontario, Canada N2L 3G1, Tel: (519) 885-1211, ext. 3955, Fax: (519) 746-6776, E-mail: WIDMEYER@HEALTHY.UWATERLOO.CA

*2. Continuing Education (CE) Workshop-related questions: Dr. Laura Finch, Department of Physical Education, Brophy Hall, Western Illinois University, Macomb, IL 61455, Tel: (Office); (309) 298-2350, (Messages); (309) 298-1981, E-mail: LM-FINCH@WIU.EDU

3. Travel-related questions: Valerie Wilson Travel, Tel: (800) 776-1116, (212) 532-3400, Fax: (212) 779-7073 (see Conference Travel Information).

4. Hotel Accommodation-related questions: Fort Magruder Inn & Conference Center, Tel: (800) 582-1010 - Reservations only, Fax: (804) 220-3215, Hotel Main Tel: (804) 220-2250 (see Room Registration Form).

5. Conference Registration & Membership-related questions: Dr. Vikki Krane, Tel: (419) 372-7233, E-mail: VKRANE@BGNET.BGSU.EDU (see Conference Registration Form).

6. Tours & Optional Events-related questions: Mr. Eric Kallestad, Sterling Event Planners of Williamsburg, Tel: (800) 827-5758, (804) 220-5757, Fax: (804) 220-3825 (see Special Events & Tours section).

*7. For General Conference & Site Information-related questions not covered above: Ms. Judith Lacertosia, AAASP, UCLA, Dept. of Psychology, 3586 Franz Hall/Box 951563, Los Angeles, CA 90095-1563. Fax: (310) 206-5895, E-mail: LACERTOSA@PSYCH.UCLA.EDU

*Please use e-mail or fax rather than telephone whenever possible. Do not use UPS to Canada. UPS is often held up in customs.
### Conference Registration Form

**Please Type or Print Legibly**

**Note:** YOU MUST BE AN AAASP MEMBER TO REGISTER FOR THE FULL CONFERENCE

One-day registration available to non-members only (limit: Two days).

<table>
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<tr>
<th>Name:</th>
<th>Preferred Name for Registration Badge:</th>
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**Country of permanent employment if different from above:**

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*Is this your first AAASP conference? Yes  No*

---

**CONFERENCE REGISTRATION AND EVENTS FEE**

Includes entry to all conference sessions; name badge, program and abstract book; welcoming reception on Wednesday; refreshment breaks; and banquet food and entertainment. One day registration rate does not include reception, banquet, or abstract book. Non-members may sign-up for no more than two days at the one day rate.

**AAASP FULL CONFERENCE REGISTRATION**

<table>
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<tr>
<th>Professional Early</th>
<th>(Received by September 13, 1996)</th>
<th>$180.00</th>
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**ONE DAY REGISTRATION** Available to non-members only (limit: Two days)

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**SPOUSE/GUEST REGISTRATION**

Available to accompanying non-members only: includes name badge, refreshment breaks, Wednesday reception, and one banquet ticket. Separate additional banquet and reception tickets can be purchased on-site for those persons who wish to attend only a specific function.

<table>
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<th>Total Amount Enclosed</th>
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**MAIL REGISTRATION FORM WITH CHECK OR MONEY ORDER (U.S. DOLLARS) PAYABLE TO “AAASP” BY DATES INDICATED ABOVE TO: Dr. Vikki Krane, AAASP SECRETARY/TREASURER, Bowling Green State University, School of HPER, Eppier Center, Bowling Green, Ohio 43403. Membership forms or inquiries about AAASP membership also should be addressed to Dr. Krane at the above address, or you can reach her by e-mail at VKRANE@BGNET.BGSU.EDU**

*Late registration must be received via mail no later than Wednesday, October 9, 1996. Otherwise, registration must occur at the conference site on a space available basis.*
AAASP CONFERENCE - October 16 - October 20, 1996
Fort Magruder Inn & Conference Center

Room Reservation Form

Please print the name and address to which confirmation should be sent:

Name: ____________________________________________________________
   (Last Name) (First Name) (Middle Initial)

Institution: _______________________________________________________

Mailing Address: _________________________________________________
   (Street or Post Office Box) (City) (State/Province) (Zip)

Country: _________________________________________________________

Daytime Phone: __________________________________________________

Fax: ___________________ Home Phone: ______________________________

         (In case of emergency)

Type of Room Requested:    _____ Single ($96.00/night)    _____ Triple ($106.00/night)
                          _____ Double ($96.00/night)    _____ Quad ($106.00/night)
                          _____ Non-smoking room preferred

Note: Room rates listed do not include a room tax of 6.5% tax. Rooms have two double beds.

PLEASE INDICATE YOUR ARRIVAL/DEPARTURE DATE AND INFORMATION ABOUT INDIVIDUAL(S) WITH WHOM YOU WILL BE SHARING YOUR ROOM.

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Note: Check-in time at hotel is 3 p.m. Check-out time is noon.

DEPOSIT

Deposit of one night's room cost must be enclosed with hotel reservation form. Please give credit card information below or enclose check or money order in U.S. dollars payable to the Fort Magruder Inn. Deposit is refundable up to 48 hours prior to scheduled arrival.

Credit Card:    ___ Mastercard  ___ Visa  ___ American Express  ___ Diners Club  ___ Discover

Card Number: ___________________________ Expiration Date: _____________

Signature: ________________________________

MAKE YOUR RESERVATIONS EARLY. THE NUMBER OF ROOMS AVAILABLE AT THESE SPECIAL RATES IS LIMITED AND REQUESTS FOR ACCOMMODATIONS WILL BE FILLED ON A FIRST-COME FIRST-SERVE BASIS. RESERVATION CUT-OFF DATE IS SEPTEMBER 15, 1996. SPECIAL CONFERENCE ROOM RATE IS NOT GUARANTEED AFTER THAT DATE.

Send Reservation Form with deposit or fax Registration Form and credit card information to:
Fort Magruder Inn & Conference Center
PO Box KE
Williamsburg, VA 23187
Tel.: (800) 582-1010 - Reservations only
Fax (804) 220-3215
Hotel Main Tele: (804) 220-2250
FROM NEIL WIDMEYER, SENIOR SECTION HEAD:

We are getting BIG! When you look at this year's program, you will notice that we go from dawn to dusk with four concurrent sessions. We are forced to have some sessions taking place at the same time as the poster sessions in order to avoid evening presentations. Not only do we have QUANTITY, we also have QUALITY. We received 278 submissions (as opposed to 219 last year). Reviewers in every section remarked about the quality of the submissions. The only bad/sad news is that with so many good submissions, some quality submissions had to be rejected and almost all symposia and workshops were allotted less time than they requested.

When you look at the program, you will undoubtedly be struck by its international flavor. Not only do we have symposia and workshops designed to demonstrate sport psychology throughout the world, we also have submissions from many individuals who represent a wide variety of nations. In Dan Gould's symposium, "Sport and Exercise Psychology: A Global Perspective" we will see how our discipline and practice vary in countries such as Spain, Korea, France, New Zealand, Australia, England, Norway and Russia. David McQueen, Neville Owen and David Russell will show how nationwide health research operates in the USA, Australia, and New Zealand. Larry Brawley along with Canadian colleagues, Cora Craig, Lise Gauvin and Storm Russell, will demonstrate how physical activity research is being converted into public health policy in Canada.

We again have attempted to cluster presentations thematically. For example, there are lecture sessions dealing with motivation, mood states, measurement issues, efficacy, injury, innovative intervention strategies, exercise adherence, diversity, anxiety and even one entitled "Eat, Drink, and Be Merry." You will notice that on one afternoon, two symposia and one workshop are devoted to the role of parents in physical activity. Finally, you will see that this year, whenever possible, we have grouped the poster sessions according to themes. Yes, the section heads and other members of the executive board are excited about this year's program. We hope you share our enthusiasm and we suggest that you read the Abstracts to help you in your selection of sessions to attend. See you in Williamsburg.

Coleman R. Griffith Lecture
Wednesday, October 16
7:00 - 8:00 PM

Three Myths About Applied Consultancy Work in Sport Psychology
Lew Hardy

Section Keynotes

Health Psychology
Thursday, October 17
8:30 - 10:00 AM

Psychological Theory and Population Behavior
Neville Owen

Social Psychology
Friday, October 18
8:30 - 10:00 AM

Multiple Forms of Social Efficacy
Stephen Zaccaro

Intervention/Performance Enhancement
Saturday, October 19
8:30 - 10:00 AM

Cornerstones and Challenges in Performance Enhancement:
Looking at Emotions in Sport
Cal Botterill
Three Myths about Applied Consultancy Work in Sport Psychology

Dr. Lew Hardy

Professor Lew Hardy’s presentation for the Coleman Griffith Lecture is entitled Three Myths about Applied Consultancy Work in Sport Psychology. The lecture will discuss three recommendations which are commonly made in the applied sport psychology literature and, for each one, present empirical and experiential evidence which challenges the recommendation. The three recommendations come from the motivation literature, the stress and performance literature, and the imagery literature. The evidence presented will be related to applied settings, and new recommendations given for each issue. What are the three issues? I am afraid you will have to turn up to find out. However, Professor Hardy promises to buy a beer for anyone who can guess the three issues in advance!

Current Position and Recent Honors: Professor Hardy was promoted to Senior Lecturer in the Division of Health and Human Performance at the University of Wales, Bangor in 1989, and obtained his present post as Professor of Health and Human Performance in 1993. In 1992, in recognition of his contribution to sport and health psychology, he was invited by the British Psychological Society to become a Chartered Psychologist. In 1994, he was made a Fellow of the British Association of Sport and Exercise Sciences - only the fifth person to receive this honor; and in 1996, he was made a Fellow of the European College of Sports Science.

Applied Work: Professor Hardy has worked as a psychological consultant with performers from a wide range of sports, and has been the psychological consultant to the British Amateur Gymnastics Association since 1983. He has been heavily involved in curriculum development and coach education work for the National Coaching Foundation since its inception in 1982. In 1988, he was appointed as chairperson of the British Olympic Association’s Psychology Steering Group, and is currently serving his second Olympic cycle in this role. He is also the Headquarters Psychologist for the British Olympic Team at the 1996 Atlanta Olympic Games.

A Tale of Two Careers: Professor Hardy has had two careers in academia. Having obtained a B.A. in pure mathematics from the University of Wales, Bangor in 1970, he went on to complete his M.A. in 1971, and then his Ph.D. in 1973. For the next two years, he worked first as a research assistant in the pure mathematics department at the University of Wales, Bangor and then as a lecturer in pure mathematics at St. Andrews University. In 1975, he was awarded a British Council Young Researchers Fellowship to work with the very distinguished Professor Dieter Puppe at the University of Heidelberg, West Germany. Shortly after this, he retired from pure mathematics, and went to Liverpool University to obtain a postgraduate teaching qualification in physical education. He then taught physical education at Poynron County High School in Cheshire for two years, before returning to the University of Wales at Bangor as a lecturer in physical education.

It was around this time that Professor Hardy first became interested in sport psychology. He has no formal qualifications in psychology and taught himself all the psychology he knows. His first nine research publications were in pure mathematics. However, he also has almost 100 publications in sport and health psychology, including one book, two monographs, one mental training package, and over 35 full research papers in refereed journals. He has a second book, written with Graham Jones and Dan Gould, entitled Understanding Psychological Preparation for Sport: Theory and Practice of Elite Performers, due to be published in October 1996.

Professor Hardy is a sought after international speaker. For example, he has given keynote lectures at: The First International Congress on The Growing Child in Competitive Sport in Birmingham, U.K. in 1985; The Seventh European Congress on Sport Psychology in Bad Blankenburg, East Germany in 1987; The International Conference on Sport, Leisure and Ergonomics in Liverpool, U.K. in 1987; The International Congress on Stress, Anxiety, and Emotional Disorders in Braga, Portugal in 1991; The International Workshop on Imagery and Motor Processes in Leicester, U.K. in 1992; and The International Meeting on the Psychology of Sport and Physical Activity in Braga, Portugal in 1995. He was the Psychology theme coordinator for the Second World Scientific Congress on Golf at St. Andrews in 1994, and was the psychology theme coordinator for the Annual Conference of the British Association of Sport and Exercise Sciences from 1988 until 1995.

Professor Hardy has held top leadership positions in the psychology section of the British Association of Sport and Exercise Science serving as Secretary (1988-1990) and, then, Chairperson (1990-1991). He was a section editor for the Journal of Sport Sciences from 1988 to 1995, and since 1995 has sat on the editorial advisory board of The Sport Psychologist. He is also guest editor for a special issue of Anxiety, Stress, and Coping: An International Journal in 1996.

Passions: Lew’s passions include climbing, off-piste skiing, research, staying fit, listening to opera, and drinking red wine. He is a qualified International Mountain Guide, and has made first ascents in Britain, the French Alps, and the Himalayas.

So come join Lew for another PEAK experience - Wednesday, October 16, 1996 at 7:00pm!!!!
Dr. Neville Owen
Health Psychology

Dr. Neville Owen is the Foundation Professor for Human Movement Science and the Head of the School of Human Movement in the Department of Physical Education and Recreation at Deakin University in Victoria, Australia. He also serves as Associate Professor in the Department of Community Medicine at the University of Adelaide.

He received his Ph.D. in Experimental Child Psychology at the University of Western Australia. Dr. Owen's research interests include health psychology and behavioral epidemiology, behavior change and maintenance, and psychological theory in the development of public health interventions and policies. His research activities have focused on environmental, social, and cognitive factors influencing a wide range of health-related behaviors. He has specifically investigated behaviors related to cardiovascular disease and cancer risk. These activities are supported by well over 2 million dollars in grants.

Dr. Owen has over 50 publications in refereed journals and over 15 published chapters and monographs. His current status as an international leader in the social psychological bases of population-wide behavior change grows from a body of work that is both eclectic and prolific. Over the course of his career, Dr. Owen has developed applied clinical protocols for stutters, developed programs with major airlines for fear of flying, and provided direct consultation to coaches, athletes, and fitness instructors. He has always carefully integrated research and applied clinical practice. His leadership in his field is evident.

He is the Associate Editor of Behavior Change and has served on the Editorial Board. Continued on Page 49.

Dr. Stephen J. Zaccaro
Social Psychology

Dr. Stephen J. Zaccaro is currently an Associate Professor of Psychology and the Associate Director in the Center for Behavioral and Cognitive Studies at George Mason University. He was previously on the faculty at Virginia Polytechnic Institute and State University. From 1981 to 1982, he was an assistant professor at the College of the Holy Cross. Dr. Zaccaro received his Ph.D. in 1981 and his M.A. degree in 1980 from the University of Connecticut, with a specialization in social psychology.


He also has edited (with Anne Riley) a book, entitled Occupational Stress and Organizational Effectiveness, and published chapters on work stress, group processes, and team performance. He was co-editor (with Edwin Fleishman and Michael Mumford) of three special issues of Leadership Quarterly focused on individual differences and leadership.

Dr. Zaccaro is currently a member of the American Psychological Association, Society for Industrial/Organizational Psychology, and the American Psychological Society. He has directed funded projects in the areas of team performance and shared mental models, leadership training, cognitive and metacognitive leadership capacities, and Zaccaro. Continued on Page 17.

Dr. Cal Botterill
Intervention/Performance Enhancement

Dr. Cal Botterill is a professor at the University of Winnipeg, Manitoba, Canada. He teaches sport psychology, growth and development, issues in sport, and psychological skills in sport and life. He recently received the Robson Award for teaching excellence at the University of Winnipeg.

A former Killam Scholarship award winner with a wide range of interests, Dr. Botterill has been invited to address international conferences in psychology, health, medicine, business, sport and education. Author of close to 100 publications, video and audio tapes, he has been active in a wide spectrum of professional and community roles.

Dr. Botterill has been active on Ethics and Registry Committees, Sport Medicine Councils, Sport Development Boards, and Sport Psychology and Coaching Associations in both Canada and abroad. His consulting opportunities include work with seven world championship teams in both basketball and ice hockey, as well as with numerous other athletes and Olympians.

Dr. Botterill has enjoyed seven years of professional consulting in the National Hockey League with the Philadelphia Flyers, the Chicago Blackhawks, and the Stanley Cup Champion New York Rangers. His real insights into excellence, though, come from his family. His son, Jason, is a three time world champion in hockey; his wife, Doreen, is a two time Olympic in Speed Skating; and his daughter, Jennifer, is a provincial champion in several sports.

Dr. Botterill has had the opportunity to attend several Olympic Games and World Championships, but remains equally committed to performance enhancement. Continued on Page 17.
WORKSHOP I

Innovative, Creative and Effective Teaching of Sport Psychology: A "Hands-On" Approach

Leaders:
Betty Kelley, Arizona State University
Heather Barber, University of New Hampshire
Diane Wiese-Bjornstal, University of Minnesota

Purpose and Objectives:
For the vast majority of sport psychology professionals working in a college/university setting, engagement in the process of teaching is an integral component of their responsibilities. Unfortunately, this critical and indispensable dimension of our profession receives little attention. The focus of this workshop is to actively involve and immerse participants in simulated teaching sessions and a wide range of innovative learning experiences/activities from across a broad spectrum of sport psychology topic areas (e.g., health psychology, social psychology, and intervention/performance enhancement). Participants will receive a packet of materials covering teaching and learning activities covered in the workshop.

WORKSHOP II

Developing a Successful Private Practice in Sport Psychology

Leaders:
Jack Lesyk, Ohio Center for Sport Psychology, Beachwood, OH
Kate Hays, The Performing Edge, Concord, NH
Ann Thomas, The Sports Mind, Tampa, FL

Purpose and Objectives:
The purpose of this workshop is to provide participants with a realistic understanding of the world of private practice and a set of specific, useful tools for developing a successful practice. The approach will follow the logical developmental stages of personal planning, business planning, and setting and attaining goals and objectives. Practical topics will include: setting up an office, ethical issues, fees and their collection, practice brochures, and marketing. Presenters will identify critical issues in each of these areas and share their solutions. Although the focus will be on what worked, the presenters also will share their failures and suggest how to avoid certain pitfalls. Each participant will be given guidance and guidelines for generating their own plan for developing their practice.

WORKSHOP III

Team Building in Sport Psychology

Leaders:
Bert Carron, University of Western Ontario
Neil Widmeyer, University of Waterloo

Purpose and Objectives:
The purpose of this workshop is to familiarize sport psychology professionals with the team building protocol the leaders have used with sport and business groups. The interactive participative approach used enables participants to gain (a) an understanding of the rationale underlying the team building approach and (b) experience with the team building exercises themselves. The workshop is comprised of four phases: (1) an initial assessment (using the Group Assessment Questionnaire); (2) a metaphoric experience in group work (the Tower Building Exercise); (3) an informational session where the results from the pretest and metaphoric experiences are amalgamated; and (4) an intervention session where the focus is on problematic factors identified in Phase 1 and highlighted in Phase 2.

WORKSHOP IV

Life Skills Counseling: Basic Helping Skills and Issues

Leaders:
Steve Danish, Virginia Commonwealth University

Purpose and Objectives:
The workshop is designed to teach the basic relationship establishing skills that are essential to the development of sport and life skill interventions. These skills enable sport psychologists to develop an understanding of the individual/group with whom they are working, and the individual or group's life situation and goals. These skills also increase compliance. Workshop activities will provide opportunities for participants to learn and practice the different skills with each other and to receive peer and leader feedback on their performance. This workshop could be particularly helpful for members who lack training in counseling skills.

Botterill, Continued from Page 16.

with children, youth at risk, and those battling health challenges, and all of us facing the challenges of the next millennium. His presentation will focus on key developments in the field of performance enhancement and important challenges as we head into the next millennium.

Zaccaro, Continued from Page 16.

executive leadership. Other topics of interest to AAASP members that Dr. Zaccaro has researched include achievement motivation, social loafing, group cohesion, attributions, and sex-typed tasks. While he has researched the area of self-efficacy quite extensively, it was his work on the topic of collective efficacy that caused many AAASP members to become familiar with his line of research. Dr. Zaccaro's address will deal with task self-efficacy, social self-efficacy, collective efficacy and leadership efficacy.
1996 PRE-CONFERENCE CONTINUING EDUCATION WORKSHOP
REGISTRATION FORM

You may sign up for one of the four workshops. Each workshop is divided into two parts; Tuesday, October 15, 7:00 - 10:00 pm and Wednesday, October 16, 8:00 - 11:00 am. To receive AAASP CEUs, you must attend both parts. Due to the possibility of being closed out of your first choice, please rank in order your willingness to attend the other three workshops. If you are not interested in an alternate workshop, only indicate your first choice. It is important that you register early, so take a moment and complete the form below and mail it TODAY! With your registration, please include a self-addressed, stamped envelope. This will be used to inform you of your workshop placement.

Name: ____________________________ (Last Name)  ____________________________ (Middle Initial)

Institution: ______________________________________________________________

Mailing Address: ____________________________________________________________

(Street or P.O. Box)  (City/State Province/Country)  (Zip Code)

Work Phone: ________________  FAX: ________________

Home Phone: ________________  E-mail: ________________

Please note a "1" for your first choice, a "2" for your second choice, a "3" for your third choice, and a "4" for your fourth choice.

_______ Workshop I: Teaching Sport Psychology Effectively

_______ Workshop II: Developing a Successful Private Practice in Sport Psychology

_______ Workshop III: Team Building in Sport Psychology

_______ Workshop IV: Life Skills Counseling: Basic Helping Skills and Issues

Costs: _____ Professional $70.00  _____ Student $40.00

Please make check or money order payable to AAASP (U.S. Dollars)

and mail with this registration form to:

Laura Finch, Ph.D
AAASP CE Chair
Department of Physical Education
Brophy Hall
Western Illinois University
Macon, IL 61455

THE DEADLINE FOR RECEIPT OF REGISTRATION FORMS AND PAYMENT IS SEPTEMBER 13, 1996
Tentative

Monday, October 14, 1996
5:00 PM - 11:00 PM Executive Board Meeting

Tuesday and Wednesday, October 15 & 16, 1996
Noon - 5:00 PM Tours
   Tour 1: Jamestown/Yorktown
   Tour 2: Shopping Shuttle
   Tour 3: Sherwood Forest/Berkeley Plantation

Tuesday, October 15, 1996
8:00 AM - 11:00 PM Executive Board Meeting
9:00 AM - Noon Tours and Tickets
5:00 PM - 7:00 PM Conference and Continuing Education Registration
5:00 PM - 7:00 PM Tours and Tickets
6:30 PM - 11:00 PM Certification Committee Meeting
7:00 PM - 10:00 PM Continuing Education Workshops: Part 1
   Workshop 1: Innovative, Creative, and Effective Teaching of Sport Psychology: A "Hands-On" Approach
   Betty Kelley, Arizona State University, USA
   Heather Barber, University of New Hampshire, USA
   Diane Wisco-Bjornstal, University of Minnesota, USA

   Workshop 2: Developing a Successful Private Practice in Sport Psychology
   Jack Lesyk, Ohio Center for Sport Psychology, USA
   Kate Hays, The Performing Edge, USA
   Ann Thomas, The Sports Mind, USA

   Workshop 3: Team Building in Sport
   Albert Carron, University of Western Ontario, Canada
   Neil Widmeyer, University of Waterloo, Canada

   Workshop 4: Life Skills Counseling: Basic Helping Skills and Issues
   Steve Danish, Virginia Commonwealth University, USA

Wednesday, October 16, 1996
8:00 AM - 11:00 AM Continuing Education Workshops: Part 2
9:00 AM - Noon Tours and Tickets
9:00 AM - Noon Sport Psychology Council Meeting
Noon - 9:00 PM Conference Registration
11:20 PM - 5:30 PM Golf Tournament
2:30 PM - 5:15 PM Tennis Tournament
7:00 PM - 8:00 PM Coleman Roberts Griffith Lecture
   Three Myths about Applied Consultancy Work in Sport Psychology
   Lew Hardy, University of Wales, Bangor, Wales
   Presider: Tara Scanlan, Past President, UCLA, USA
8:00 PM - 8:30 PM Roll Call of Nations and Surprise - Not to be Missed!
8:30 PM - 10:00 PM Opening Reception
Thursday, October 17, 1996

7:00 AM - 8:00 AM  
Student Representatives Meeting

7:00 AM - 8:00 AM  
JASP Editorial Board Catered Breakfast Meeting

7:30 AM - 8:20 AM  
Certified Consultants: Open Meeting for All Certified Consultants

7:30 AM - 4:30 PM  
Conference Registration

8:10 AM - 8:30 AM  
Welcome and Opening Remarks  
Presider: Tara Scanlan, Past President, UCLA, USA

8:30 AM - 10:00 AM  
Health Psychology Keynote Address: Psychological Theory and Population Behavior Change: Physical Activity  
Neville Owen, Deakin University, Australia  
Presider: John Hall, Health Psychology Chair, Lewis-Gale Clinic, USA

10:00 AM - 10:15 AM  
Refreshment Break

10:15 AM - Noon  
Symposium: Sport and Exercise Psychology: A Global Perspective  
Organizer: Daniel Gould, University of North Carolina, Greensboro, USA  
Jose Buceta, UNED University, Spain  
Chung-Hee Chung, Seoul National University, Korea  
Jean Fournier, National Institute of Sport and Physical Education, France  
Ken Hodge, University of Otago, New Zealand  
Pat Thomas, Griffith University, USA  
Graham Jones, Loughborough University, England  
Marit Sorensen, Norwegian University of Sport and Physical Education, Norway  
Natalia Stumbulova, Lesgaft State Institute of Physical Culture, Russia

10:15 AM - Noon  
Symposium: Hypnosis in Sport and Exercise Psychology  
Organizer: Rich Gordin, Utah State University, USA

- Hypnosis in Sport and Exercise Psychology: The Role in Consultation  
  Rich Gordin, Utah State University, USA

- Hypnosis in Sport and Exercise Psychology: The Role of Autogenic Training in Sport  
  Aladar Kogler, Columbia University, USA

- Hypnosis in Sport and Exercise Psychology: The Role in Wellness  
  Lars-Eric Unestahl, Scandinavian International University, Sweden

10:15 - Noon  
Symposium: Sport Psychology Consulting in a University Counseling Center  
Organizer: Karen Cogan, University of North Texas, USA

- Integrating Sport Psychology Consulting into a General Counseling Center  
  Karen Cogan, University of North Texas, USA

- The Development of a Sport Psychology Consultation Program for a University Athletic Department: A University Counseling Center Perspective  
  Wayne Hurr, Georgetown University, USA

- Delivery of Sport Psychology Services to University Athletic Departments: The UCLA Experience  
  William Parham, UCLA, USA

- Sport Psychology Consulting and the African American Female Athlete  
  Tracy Shaw, UCLA, USA  
  Discussant: Albert Petitpas, Springfield College, USA

10:15 AM - 11:10 AM  
Symposium: A Social Psychological Model of Sport Psychology  
Organizer: Robert Brustad, University of Northern Colorado, USA

- Social Psychological Considerations in Applied Sport Psychology  
  Robert Brustad, University of Northern Colorado, USA
Social Psychological Processes Relevant to Team Consultations
Michelle Ritter, University of Northern Colorado, USA

Communication Skill Development as a Tool to Enhance Group Function
Jay Deiters, University of Northern Colorado, USA

11:15 AM - 12:15 PM
Workshop: Developing Creativity in Sport Psychology: A “How to” Primer in Accessing Your Creative Side
Patricia Latham Bach, Peak Performance Associates, USA
Lois Butcher, Temple University, USA

Noon - 2:00 PM
Tours and Tickets

12:05 PM - 12:50 PM
Student Meeting
Presider: Christine Buntrock, University of North Texas, USA

1:00 PM - 2:35 PM
Lectures: Motivational Orientations
Presider: Sally White, Illinois State University, USA

1:00 PM
Motivational Orientations in Poorly and Well Coordinated Children
Betty Rose, Edith Cowan University, Australia
Dawne Larkin, University of Western Australia
Bonnie Berger, University of Wyoming, USA

1:15 PM
Development and Validation of the Coaches’ Motivational Orientation Scale (CMOS)
Amy Wheeler, University of Illinois at Chicago, USA

1:30 PM
Developmental Differences in Students’ Motivation, Goal Orientations, Perceived Motivational Climate and Perceptions of Self in Greek Physical Education
Athanasios Papaioannou, University of Thrace, Greece
Diggelidis Nikolaos, University of Thrace, Greece

1:45 PM
Participation Motives in Young Female Ice Hockey Players
Deanne Boyd, University of Ottawa, Canada
Pierre Trudel, University of Ottawa, Canada

2:00 PM
Why Children Participate in Youth Sport: Contrasting Survey Results, Interview Responses and Observed Behavior
Tracey Olrich, Texas Christian University, USA

2:15 PM
Situational Influences on Goal Involvement
Lavon Williams, Western Illinois University, USA

1:00 PM - 2:35 PM
Lectures: Mood States
Presider: Wes Sime, University of Nebraska, USA

1:00 PM
Psychological Skills Training Decreases Cortisol and Improves Mood and Coping among Competitive Rowers
Frank Perna, West Virginia University, USA
Mike Antoni, University of Miami, USA
Dean Cruess, University of Miami, USA
Neil Schneiderman, University of Miami, USA

1:15 PM
The Relationship Between Obsessive-Compulsive Personality, Running Addiction and Commitment to Running in Elite Distance Runners
Richard M. Ferguson, Averett College, USA

1:30 PM
Preliminary Investigation of the Hope Scale in a Sport-Specific Environment
Lewis Curry, University of Montana, USA
David Cook, University of Kansas, USA
1:45 PM  Environmental Risk and Mood States: An Investigation of Swimmers and Rock Climbers
Robert Mott, University of Wyoming, USA
Bonnie Berger, University of Wyoming, USA

2:00 PM  Effects of Strength Training on Physical Strength, Psychophysiological Reactivity, Mood and Quality of Life in Older Adults
Toshihiko Tsutsumi, Boston University, USA
Leonard Zaichkowsky, Boston University, USA
Brian Don, Boston University, USA

2:15 PM  Effects of Strength Training on Cardiovascular Reactivity to Stress and Psychological Well-Being in College Women
Brian Don, Boston University, USA
Leonard Zaichkowsky, Boston University, USA
Toshihiro Tsutsumi, Boston University, USA

1:00 PM - 2:35 PM  Lectures: Measurement Issues
Presider: Peter Crocker, University of Saskatchewan, Canada

1:00 PM  Imagery Validation: How do We Know Athletes are Imaging during Mental Practice?
Tadhg MacIntyre, University College Dublin, Ireland
Aidan Moran, University College Dublin, Ireland

1:15 PM  Mental Toughness in Collegiate Athletes
Laura Finch, Western Illinois University, USA
Daniel Gould, University of North Carolina, Greensboro, USA
Chris Smethurst, Queensland University, Australia
Bill Steffen, University of Oregon, USA

1:30 PM  Re-Examining the Measurement Characteristics of the MTI in the Context of Youth Tennis
Brenda Burgess, Pembroke State University, USA
James Zhang, University of Houston, USA
Dale Pease, University of Houston, USA

1:45 PM  Psychological, Physiological and Performance Variables in Goalies during Hockey Games
Aynsley Smith, Mayo Sports Medicine Center, USA
M. Stuart, Mayo Sports Medicine Center, USA
F. Sim, Mayo Sports Medicine Center, USA
H. Smith, Mayo Sports Medicine Center, USA
K. Fish, Mayo Sports Medicine Center, USA
E. Laskowski, Mayo Sports Medicine Center, USA

2:00 PM  Performance Prediction by the Recovery-Stress-Questionnaire
Michael Kellmann, Wurzburg University, Germany
Wolfgang Kallus, Wurzburg University, Germany
Heike Kurz, Wurzburg University, Germany

2:15 PM  Comparative Concurrent Validity of the MRF-L and ARS Competitive State Anxiety Rating Scales for Individual Sport Athletes
Richard Cox, University of Missouri, USA
Christian Reed, University of Missouri, USA
Marshall Robb, University of Missouri, USA

1:00 PM - 2:35 PM  Symposium: Expectancies of Students and Faculty: Career Preparation in Sport Psychology
Organizer: Robert Singer, University of Florida, USA

Perceptions about Preparing Graduate Students in Sport Psychology
Robert Singer, University of Florida, USA
Robert Rotella, University of Virginia, USA
Perception and Reality: A Graduate Student’s Perspective on the Role of Research in Graduate School
Christopher Janelle, University of Florida, USA

Applied Experiences and Professional Preparation in Graduate School: A Student’s Perspective
Shane Frehlich, University of Florida, USA
Discussant: Jean Williams, University of Arizona, USA

2:35 PM - 2:45 PM
Refreshment Break

2:45 PM - 4:15 PM
Symposium: Parents’ Perceptions of the Role of Sport Programs in the Development of Youth
Organizer: Martha Ewing, Michigan State University, USA

Parents’ Expectations for Elite Youth Tennis Players: Misperceptions of Pressure
Martha Ewing, Michigan State University, USA
Alexandra Wiesner, Rosary College, USA

Parents’ Perceptions of Ice Hockey Programs for Youth
Tracy Olnch, Texas Christian University, USA
Keith Chapin, Indiana University, USA
Martha Ewing, Michigan State University, USA
Vern Seefeldt, Michigan State University, USA

Parents’ Perceptions of Participation in Baseball and Softball in the Development of Boys and Girls
Martha Litherland, Defiance College, USA

2:45 PM - 4:15 PM
Symposium: Social Psychological Models in Health Survey Research
Presider: David Russell, University of Otago, New Zealand

Reducing Population Physical Inactivity in Australia
Neville Owen, Deakin University, Australia

Assessing Health-Related Lifestyle Behaviors
David Russell, University of Otago, New Zealand

Monitoring Changes in Health and Exercise Behaviors
David McQueen, Centers for Disease Control and Prevention, USA

2:45 PM - 4:15 PM
Workshop: Periodization of Psychological Skills Training
Gloria Balague, University of Illinois, Chicago, USA
Wayne Halliwell, University of Montreal, Canada
Pierre Beauchamp, Canadian Olympic Association, Canada

2:45 PM - 4:15 PM
Workshop: Evaluating the Effectiveness of Sport Psychology Consultancy and Supervision
Bruce Hale, Staffordshire University, England
David Collins, Manchester Metropolitan University, England

4:20 PM - 5:35 PM
Symposium: Effects of Parenthood on Coaching
Jodi Yambor, Thomas College, USA
Deidre Connelly, College of William and Mary, USA
Richard McGuire, University of Missouri, USA

4:20 PM - 5:20 PM
Symposium: Psychological Assessment in Applied Sport Psychology
Organizer: John Heil, Lewis Gale Clinic, USA

Issues and Controversies in Psychological Assessment in Sport
John Heil, Lewis Gale Clinic, USA
Using Psychological Assessment in Applied Sport Psychology
Keith Henschen, University of Utah, USA

Validity Issues in Psychological Testing
Robert Nideffer, Enhanced Performance Systems, USA

4:20 PM - 4:50 PM Colloquium: Computerization of the OMSAT (Ottawa Mental Skills Assessment Tool) for Applied Uses
Natalie Durand-Bush, University of Ottawa, Canada
Sean Draper, University of Ottawa, Canada
John Salmela, University of Ottawa, Canada

4:55 PM - 5:25 PM Colloquium: Neurolinguistic Programming in Sports
Guy Missoum, Paris X-Nanterre University, France
Presider: Shelley Wiechman, University of Washington, USA.

4:20 PM - 5:25 PM Symposium: Trials and Tribulations of Intervention Assessment and Field Research: Identifying Issues and Searching for Solutions
Organizer: Wendy Rodgers, University of Alberta, Canada

A Case Study of a Lifestyle Enhancement Program for Adults
Robert Schinke, University of Alberta, Canada

A Case Study of an Intervention to Enhance Enjoyment in Youth Hockey Players
Bruce Pinel, University of Alberta, Canada

Participant Recruitment and Data Collection With Dancers
Pauline Poon, University of Alberta, Canada

5:30 PM - 6:45 PM Symposium: Physical and Psychosocial Factors Impacting on Injury Occurrence and Rehabilitation: A Relationship of Importance
Organizer: Aynsley Smith, Mayo Clinic Sports Medicine Center, USA

Predicting Injury Recovery as a Function of Affect and Pain Perception in Athletes Who Have Undergone Anterior Cruciate Ligament Reconstruction Surgery: An Exploratory Study
Michael Morrey, Mayo Medical Center, USA

Longitudinal Assessment of Physical and Psychological Response to Injury: In the Context of the Wiese-Bjornstal and Smith Response to Injury Model
Eric LaMott, Concordia College, USA

Integrating Physical and Psychosocial Predictors of Injury in Male Ice Hockey Players: Using the Principles of Hockey Injury Research
Aynsley Smith, Mayo Clinic Sports Medicine Center, USA

Principles of Ice Hockey Injury Research
Michael Stuart, Mayo Clinic Sports Medicine Center, USA

5:30 PM - 6:45 PM Workshop: Program for Athlete Career Transition
Shannon Reece, University of Virginia, USA
Kathryn Wilder, University of Virginia, USA
Joanne Mahanes, University of Virginia, USA

5:30 PM - 6:40 PM Symposium: Unique Issues and Interventions of Individuals Training for the 1996 Paralympics
Organizer: Stephen Page, University of Tennessee, USA

Athletes with Disabilities: An Opportunity for Sport Psychology Application and Research
Dick Caldwell, Ball State University, USA
5:40 PM - 6:45 PM  Workshop: Sport Parent Training: Making Parents Your Allies  
Jim Taylor, Alpine/Taylor Consulting, USA

6:50 PM  
Cruise (Pre-Registration via Mail Required)

7:45 PM - 9:15 PM  
Ghost Lantern Tour

8:00 PM  
Old Dominion Opry

Friday, October 18, 1996

7:00 AM - 8:20 AM  
AAASP Committee Meetings:  
Certified Consultant, Continuing Education, Development, Diversity, International  
Relations, Organization/Outreach

8:00 AM - 3:00 PM  
Conference Registration

8:30 AM - 10:00 AM  
Social Psychology Keynote Address: Multiple Forms of Social Efficacy  
Stephen Zaccaro, George Mason University, USA  
Presider: Neil Widmeyer, Social Psychology Chair, University of Waterloo, Canada  
Discussant: Lawrence Brawley, University of Waterloo, Canada

10:00 AM - 10:15 AM  
Refreshment Break

10:00 AM - 2:00 PM  
Set-up Friday’s Posters (Match Program # with Poster #)

10:15 AM - Noon  
Symposium: Understanding Coping Behaviour In Sport and Exercise  
Organizer: Peter Crocker, University of Saskatchewan, Canada

  Dealing with Takedowns and Reversals: Coping with Changing Appraisal  
Patterns Across High School Wrestling Competitions  
Sharleen Hoar, University of Idaho, USA

  Coping: Conceptual and Measurement Issues  
Peter Crocker, University of Saskatchewan, Canada

  Riding the Edge: Impact of Temporal Appraisal and Gender Factors on  
Coping Patterns of Competitive Alpine Skiers  
Craig Mott, University of Idaho, USA

  Appraisal, Coping, and Emotions in Physical Activity Experienced by  
Individuals with Physical Disabilities: A Qualitative Analysis  
Tom Graham, University of Saskatchewan, Canada  
Peter Crocker, University of Saskatchewan, Canada  
Louise Humbert, University of Saskatchewan, Canada

  Issues and Future Directions in Coping Research  
Damon Burton, University of Idaho, USA

10:15 AM - Noon  
Symposium: An Investigation of the Psychology of Season-Ending Ski  
Racing Injuries and Injury Rehabilitation  
Organizer: Daniel Gould, University of North Carolina, Greensboro, USA

  The Psychology of Season-Ending Ski Racing Injuries and Injury  
Rehabilitation: Project Introduction and Overview  
Daniel Gould, University of North Carolina, Greensboro, USA

  Psychological Reactions to and Benefits Derived from Season-Ending Ski  
Racing Injuries and Injury Rehabilitation  
Eileen Udry, University of Oregon, USA
Stress Sources and Roadblocks as a Result of Season-Ending Ski Racing Injuries and Injury Rehabilitation
Dana Bridges, University of North Carolina, Greensboro, USA

The Psychology of Season-Ending Ski Racing Injuries and Injury Rehabilitation: Recommendations and Future Directions
Daniel Gould, University of North Carolina, Greensboro, USA
Laurie Beck, Park City, USA
Discussant: John Hell, Lewis-Gale Clinic, USA

10:15 AM - Noon
Workshop: Promoting Excellence in High-Level Coaching: Cross-Cultural Perspectives
Katie Kitty, Boston University, USA
Gordon Bloom, University of Ottawa, Canada
Patricia Miller, University of Ottawa, Canada
Mary Ann Kane, MindPower Resources, USA
John Salmela, University of Ottawa, Canada
Su Langdon, Colby-Sawyer College, USA

Symposium: Current Issues Confronting the Advancement of Applied Sport Psychology
Organizer: John Silva, University of North Carolina, Chapel Hill, USA

Symbolic Eclecticism: An Anti-Egocentric Model of Performance
Robert McGowan, University of Richmond, USA

Contemporary Issues in Training Sport Psychology Consultants: The Internship Process
Clay Sherman, University of Utah, USA

Science-Practice and Accreditation in Applied Sport Psychology
David E. Conroy, University of North Carolina, Chapel Hill, USA

A Second Move: Confronting Persistent Issues That Challenge the Advancement of Applied Sport Psychology
John Silva, University of North Carolina, Chapel Hill, USA

Noon - 1:30 PM
Past Presidents’ Council Lunch Meeting

Lectures: Efficacy in Sport and Exercise
Presider: Albert Carron, University of Western Ontario, Canada

A Meta-Analytic Investigation of the Self-Efficacy and Performance Relationship in Sport and Exercise
Sandra Moritz, Michigan State University, USA
Diane Mack, University of Western Ontario, Canada
Deborah Feltz, Michigan State University, USA

Fear of Injury: Gymnasts’ Self-Efficacy and Use of Psychological Strategies to Keep on Tumbling
Melissa Chase, Purdue University, USA
Michelle Magyar, Purdue University, USA
Brent Drake, Purdue University, USA

A Prospective Examination of the Role of Self-Efficacy and Social Support in Predicting Exercise Intentions and Attendance
Kimberly Ducharme, Wilfrid Laurier University, Canada
Kim Dorsch, University of Waterloo, Canada
Neil Widmeyer, University of Waterloo, Canada
Sharleen Hoar, University of Idaho, USA
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<tr>
<th>Time</th>
<th>Session Title</th>
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<tr>
<td>1:45 PM</td>
<td>Sources of Coaching Efficacy: The Coaches' Perspective</td>
<td>Susan Walter, Michigan State University, USA</td>
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<td>Deborah Feltz, Michigan State University, USA</td>
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<td>Melissa Chase, Purdue University, USA</td>
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<td>2:00 PM</td>
<td>Exploring Relationships Among Collective Efficacy, Norms for Aggression, Cohesion, and Aggressive Behavior in Junior Hockey</td>
<td>Kim Dorsch, University of Waterloo, Canada</td>
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<td>Neil Widmeyer, University of Waterloo, Canada</td>
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<td>Lawrence Brawley, University of Waterloo, Canada</td>
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<td>2:15 PM</td>
<td>Group Cohesion, Collective Efficacy, and Group Performance</td>
<td>Steven Bray, University of Waterloo, Canada</td>
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<td>Neil Widmeyer, University of Waterloo, Canada</td>
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<td>1:00 PM - 2:35 PM</td>
<td>Lectures: Injury in Sport and Exercise</td>
<td>Presider: T.C. North, North &amp; Associates, USA</td>
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<td>1:00 PM</td>
<td>The Efficacy of Guided Imagery for Recovery from Anterior Cruciate Ligament (ACL) Replacement</td>
<td>Deborah Durso-Oupal, Utah State University, USA</td>
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<td>1:15 PM</td>
<td>Coping and Social Support Among Injured Athletes</td>
<td>Eileen Udry, University of Oregon, USA</td>
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<td>1:30 PM</td>
<td>Social Support Influences on Recovery From Sport Injury</td>
<td>Theresa Blanco, University of Ottawa, Canada</td>
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<td>1:45 PM</td>
<td>Grappling with Injury: What Motivates Young Athletes to Wrestle with Pain?</td>
<td>Shelly Shaffer, University of Minnesota, USA</td>
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<td>2:00 PM</td>
<td>Coaching Behaviors and Other Selected Variables in Relation to Athletic Injury</td>
<td>Anthony Kontos, Michigan State University, USA</td>
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<td>Deborah Feltz, Michigan State University, USA</td>
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<td>2:15 PM</td>
<td>Sport and Suicide: Are Athletes at Risk?</td>
<td>Jane Henderson, John Abbott College, Canada</td>
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<td>1:00 PM - 2:35 PM</td>
<td>Lectures: Innovative Intervention Strategies</td>
<td>Presider: Damon Burton, University of Idaho, USA</td>
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<td>1:00 PM</td>
<td>Golfers: Focus during Tournament Play</td>
<td>Susan Malo, University of Ottawa, Canada</td>
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<td>Terry Orlick, University of Ottawa, Canada</td>
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<td>1:15 PM</td>
<td>A Goal-Setting Package for Improving the Passing Accuracy of Volleyball Players</td>
<td>Dennis Hrycaiko, University of Manitoba, Canada</td>
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<td>Connie Wanlin, University of Manitoba, Canada</td>
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<td>1:30 PM</td>
<td>Imagery, Self-Efficacy, and Goal-Kicking Performance</td>
<td>Paul Callery, Australian Catholic University, Australia</td>
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<td>Tony Morris, Victoria University of Technology, Australia</td>
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<td>1:45 PM</td>
<td>The United States Tennis Association Mental Skills Training Program: Helping Players Become Mentally Tough</td>
<td>David Streigel, University of Virginia, USA</td>
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<td>James Loehr, LGE Sport Science, USA</td>
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<td>Ronald Wood, United States Tennis Association, USA</td>
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<td>Paul Roetert, United States Tennis Association, USA</td>
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2:00 PM  Evaluation of Sport Psychology Services for a Division 1 University Athletic Department  
Shelley Wiechman, University of Washington, USA  
Thad Leffinpwell, University of Washington, USA  
Donald Christenson, University of Washington, USA  
Ronald Smith, University of Washington, USA  
Frank Smoll, University of Washington, USA  

2:15 PM  Introducing North American Mental Preparation to Another Culture: The Case of France  
Jean Fournier, National Institute of Sport and Physical Education, France  
Phillippe Pleurance, National Institute of Sport and Physical Education, France  

1:00 PM - 2:35 PM  Workshop: Applying the AAASP Code of Ethics: Thinking Ethically in Tough Situations  
David Elkin, University of Memphis, USA  
James Whelan, University of Memphis, USA  
Andrew Meyer, University of Memphis, USA  
Ed Etzel, West Virginia University, USA  

2:35 PM - 2:45 PM  Refreshment Break  

2:45 PM - 4:15 PM  Symposium: Children Involved in Sport and Physical Education: Goals and the Social Psychological Context  
Organizer: Sally White, Illinois State University, USA  

- The Motivational Climate in Sport and Physical Education: An Introduction to Theory and Research  
  Mary Fry, University of Memphis, USA  

- Goal Orientation, Gender, and Perceptions of the Motivational Climate Created by Significant Others  
  Shannon Guest, University of Iowa, USA  

- Parent-Initiated Motivational Climate and Trait Anxiety Among Sport Participants High in Task or Ego Orientation  
  Sally White, Illinois State University, USA  

- Effect of Perceived Motivational Climate on Indices of Achievement Motivation  
  Maria Newton, University of New Orleans, USA  
  Discussant: Jean Whitehead, University of Brighton, England  

2:45 PM - 4:15 PM  Workshop: Designing, Funding and Implementing Population Physical Activity Assessment  
Presider: David Russell, University of Otago, New Zealand  
Neville Owen, Deakin University, Australia  
David McQueen, Centers for Disease Control and Prevention, USA  
David Russell, University of Otago, New Zealand  

2:45 PM - 4:15 PM  Workshop: Finding Balance in a “Be All You Can Be” World  
Kelly Crace, College of William and Mary, USA  
Deidre Connelly, College of William and Mary, USA  
Charles Hardy, Georgia Southern University, USA  

2:45 PM - 4:15 PM  Symposium: Alternate Uses for Sport Psychology  
Organizer: Vincent Granito, John F. Kennedy University, USA  

- Working with Injured Athletes: A Description of the PEG Program  
  Mark Mobley, John F. Kennedy University, USA  
  Michelle Cantor, John F. Kennedy University, USA  

- Orin Allen Youth Facility Challenge Competition  
  Tonya Johnston, John F. Kennedy University, USA
Youth Sport Camp Experience
Vincent Granito, John F. Kennedy University, USA

Sportsmanship in Action: A Workshop to Promote Moral Growth
Gail Solt, John F. Kennedy University, USA
Alette Coble, John F. Kennedy University, USA

Award Lectures
4:20 PM - 5:20 PM
Presider: Maureen Weiss, President Elect, University of Oregon, USA

Dissertation Award: Is Athlete Burnout More than Just Stress? A Sport Commitment Perspective
Thomas Raedeke, University of Colorado, USA

Dorothy V. Harris Young Scholar/Practitioner Award: Working Relationships in Applied Sport Psychology
Judy Van Raalte, Springfield College, USA

5:25 PM - 6:55 PM
Lectures: Attribution in Physical Activity
Presider: Kathleen Martin, University of Waterloo, Canada

Subjective Evaluation and Attributions: A Comparison of Sport Types and Outcomes
Heather Rakauskas, Florida State University, USA
David Pargman, Florida State University, USA

Children's Understanding of Luck and Ability: A Developmental Analysis
Mary Fry, University of Memphis, USA

The Implications of an Attribution Training Program in Sport
Iris Arbuch, University of Florida, USA
Sarah Price, University of Florida, USA
Robert Singer, University of Florida, USA

Self-Esteem and Causal Attributions for Korean Children's Physical and Social Competence in Sport
Inwha Lee, Michigan State University, USA
John Fitzpatrick, Michigan State University, USA
Deborah Feltz, Michigan State University, USA

Measuring Causal Attributions: The Reliability of the Revised Causal Dimension Scale (CDS2) for Physically Active Adolescents
Thomas Graham, University of Saskatchewan, Canada
Peter Crocker, University of Saskatchewan, Canada

Lectures: Exercise Adherence
5:25 PM - 6:25 PM
Presider: Lise Gauvin, Concordia University, Canada

Perceived Barriers as a Determinant of Nonadherence: Problems of Measurement and Conceptualization
Nancy Gyurcsik, University of Waterloo, Canada
Kathleen Martin, University of Waterloo, Canada
Lawrence Brawley, University of Waterloo, Canada

Differentiating Exercise-Related Cognitions on the Basis of Self-Schemata: Relationships to Intentions and Behavior
David Paskevich, Queens University, Canada
Kathleen Martin, University of Waterloo, Canada
Lawrence Brawley, University of Waterloo, Canada
5:55 PM  Current Exercise Goal Setting Trends in Corporate Employees: Implications for Intervention
Amy Wheeler, Lutheran General Hospital, USA

6:10 PM  Why People Feel Intimidated by Worksite Exercise Facilities
Amy Wheeler, Lutheran General Hospital, USA
Christine Brooks, The University of Michigan, USA
Mari Lindenfeld, Lutheran General Hospital, USA
Scott Covance, Lutheran General Hospital, USA

5:25 PM - 6:00 PM  Colloquium: Comprehensive Applied Sport Psychology Services in a Collegiate Setting
Nathaniel Zinsser, United States Military Academy, USA

5:25 PM - 6:40 PM  Workshop: Sexual Attraction and the Profession of Sport Psychology
Christine Buntrock, University of North Texas, USA
Trent Petrie, University of North Texas, USA
Ed Etzel, West Virginia University, USA
Robert Harmison, University of North Texas, USA

5:45 PM - 7:15 PM  Interactive Poster Session Number One
Session 1 (Poster Set-up 10:00 AM - 2:00 PM)
Presiders: Robert McGowan, University of Richmond, USA
Jim Taylor, Alpine/Taylor, USA

Training Programs

1. Evaluation of a Psychological Skills Training Program for Grade Nine Girls' Basketball: The Paradox of Working with Adolescent Female Athletes
Craig Mott, University of Idaho, USA
Sharleen Hoar, University of Idaho, USA

2. Training Anticipation for Intermediate Tennis Players: A Behavioural Approach
David Scott, Brock University, Canada
Bruce Howe, University of Victoria, Canada
Lorna Scott, Brock University, Canada
William Montelpare, Brock University, Canada

3. A Long-Term Psychological Skills Training Program: Preparing Speedskaters for the 2002 Olympics (S. Klotkowski Speedskating Program)
Artur Poczwardowski, University of Utah, USA
Clay Sherman, University of Utah, USA
Seth Quealy, University of Utah, USA

4. Mental Skill Intervention for Young Golfers: Two Case Studies
Nicole Dorthe, University of Tennessee, USA

5. Effects of a Mental Training Package on an Endurance Performance
Thomas Patrick, University of Manitoba, Canada
Dennis Hrycaiko, University of Manitoba, Canada

6. An Olympic Training Program: A Holistic Perspective
David Nelson, University of Tennessee, USA
Gerald Kofrej, University of Tennessee, USA

7. Mental Training Projects in Japan
Kimihiro Inomata, Chukyo University, Japan
Yoichi Kozuma, Kinki University, Japan

8. Narrative Means to Performance Enhancement Ends: The Use of Narrative Therapy in Applied Sport Psychology
Gretchen Schmelzer, Northeastern University, USA
9. Case Reviews in Sport Psychology: Golfers, Gymnasts
   Robert McGowan, University of Richmond, USA
   Burt Giges, New York, USA
   Keith Henschen, University of Utah, USA
   Vicky Bacon, Private Practice, USA
   Glenn Albaugh, University of Pacific, USA

10. Peak Performance CHECKS: A Pre-Competitive Preparation Routine for Performance Enhancement
   Wayne Glad, Peak Performance Center, USA

11. Backgrounds and Responsibilities of NCAA CHAMPS/Life Skills Program Coordinators
   Edward Etzel, West Virginia University, USA
   Tybetha Cook, West Virginia University, USA
   Scott Johnson, West Virginia University, USA
   Andrew Ostrow, West Virginia University, USA

12. Alter Egos on the Basketball Court: A Tailored Intervention Addressing Team Factors and Prior Performance
    Jacqueline Savis, Pacific Lutheran University, USA

Perceptions of Sport Psychology Consultants

13. College Coaches’ Attitudes and Perceptions of Sport Psychologists
    Michael Enos, University of Connecticut, USA
    John Greaser, University of Connecticut, USA

14. Unravelling the Mystery of Mental Training Consulting: A Case Study
    Rebecca Lloyd, University of Ottawa, Canada
    Pierre Trudel, University of Ottawa, Canada

15. NCAA Division I Football Players’ Attitudes Toward Seeking Sport Psychology Consultation
    Scott Martin, University of North Texas, USA
    Kathy Boone, University of Tennessee, USA

    Stephen Thuot, University of Connecticut, USA

17. In the Trenches: Applied Sport Psychology Issues at the NCAA Div. I Level
    Kathy Parker, University of Wyoming, USA
    Frances Price, University of Wyoming, USA

18. Using “Ideology Critique” to Improve Applied Sport Psychology Practice
    William Strean, University of Alberta, Canada

    Mark Andersen, Victoria University, Australia
    Jean Williams, University of Arizona, USA
    Tim Aldridge, Victoria University, Australia
    Jim Taylor, Alpine/Taylor Consulting, USA

Imagery

20. The Effects of Positive Self-Modeling and Imagery on Anxiety, Self-Confidence, and Basketball Performance: A Single Subject Experimental Design
    Robert Kelly, University of Colorado, USA
    Penny McCullagh, University of Colorado, USA
21. A Comparison of Three Different Types of Imagery on Performance Outcome in Strength-Related Tasks
Gregory Gassner, United States Military Academy, USA

22. Imagery, Self-Efficacy, and Performance: A Causal Modeling Analysis
Paul Callery, Australian Catholic University, Australia
Tony Morris, Victoria University, Australia

Tadhg Macintyre, University College Dublin, Ireland
Aidan Moran, University College Dublin, Ireland

24. Imagery in the Anxiety-Performance Relationship: A Path Analysis
Eva Vadocz, Michigan State University, USA
Lynnette Young Overby, Michigan State University, USA
Sandra Moritz, Michigan State University, USA

25. The Use of Imagery as a Strategy for Arousal Control with Youth Soccer Players
Russell Medbery, University of North Carolina, Greensboro, USA
Joan Duda, Purdue University, USA

26. Video Enhanced Imagery of Free-Throw Shooting
Brenda Burgess, Pembroke State University, USA
Dale Pease, University of Houston, USA
James Zhang, University of Houston, USA

27. Effects and Functions of Imagery Depend on Skill Level
Edward Hebert, Louisiana State University, USA
Dennis Landin, Louisiana State University, USA
Melinda Solmon, University of Maryland, USA

28. Individual Differences in Imagery Abilities in Motor Skill Acquisition
Vicki de Prazer, Australian Institute of Sport, Australia

Ideal Performance State

29. Cognitive Self-Talk and Physiological Efficiency: A Psychophysiological Analysis
Lance Green, Tulane University, USA
Jim Flarity, Tulane University, USA

30. (Poster Withdrawn)

31. The Use of Self-Talk as a Warming-Up Activity
Craig Wrisberg, University of Tennessee, USA
Mark Anshel, University of Wollongong, Australia

32. “Pushing” and “Letting Go” Performance States in Runners
Laura Schneider, Texas Wesleyan University, USA
Layla Fillmore, Texas Wesleyan University, USA
Brian Bradford, Texas Wesleyan University, USA

33. Avoiding a Double Fault: Essential Retirement Services for Professional Tennis Players
Charmaine DeFrancesco, Florida International University, USA
Jay Berger, United States Tennis Association, USA

34. Getting from Here to There: Modes of “Travel” in Pre-Performance Preparation
Mary Ann Kluge, Pacific Lutheran University, USA
Jacqueline Savis, Pacific Lutheran University, USA


**Goal Perspectives**

35. *The Assessment of Significant Others' Perceived Goal Perspectives in Sport Settings*
   Carmen Peiro, University of Valencia, Spain
   Amparo Escartí, University of Valencia, Spain
   Joan Duda, Purdue University, USA

36. *Goal Perspectives and Their Relationships to Beliefs and Affective Responses among African and Anglo American Athletes*
   Lori Gano-Overway, Purdue University, USA
   Joan Duda, Purdue University, USA

37. *Dispositional Goal Perspectives and Perceptions of the Motivational Climate as Predictors of Coach Ratings, Satisfaction and Perceived Improvement among Competitive Club Tennis Player*
   Isabel Balaguer, University of Valencia, Spain
   Miguel Cresp, University of Valencia, Spain
   Joan Duda, Purdue University, USA

38. *The Effects of Group Versus Individual Goal Setting on Team Bowling Performance*
   Scott Johnson, West Virginia University, USA
   Andrew Ostrow, West Virginia University, USA
   Edward Etzel, West Virginia University, USA
   Frank Perma, West Virginia University, USA
   Alan Kornspan, West Virginia University, USA

39. *Personal Goals and Perceptions of Self, Mother, and Father's Beliefs about the Causes of Success in Sport*
   Kari Tank, Illinois State University, USA
   Sally White, Illinois State University, USA
   Jason Wingate, Illinois State University, USA

40. *Goal Orientation and RPE in Exercise Testing of Young Adolescents*
   Dawn Stephens, University of Iowa, USA
   Kathleen Janz, University of Iowa, USA
   Lawrence Mahoney, University of Iowa, USA

41. *Goal Orientation and Sources of Enjoyment and Stress*
   Byoung Jun Kim, University of North Carolina, Greensboro, USA
   Diane Gill, University of North Carolina Greensboro, USA
   Chang-Hoon Seong, University of Inchon, Korea
   Jeong-Su Kim, Seoul National University, Korea

42. *Goal-Belief Dimensions and Intrinsic Motivation in Youth Sport*
   Jean Whitehead, University of Brighton, USA
   Kirsten Andree, University of Brighton, USA

43. *The Role of Goal Orientations and Motivational Climate on Amateur Soccer Players' Perceived Legitimacy of Aggressive Acts*
   Daniel Weigand, De Montfort University Bedford, England
   Daniel Davis, De Montfort University Bedford, England

44. *Dispositional Goal Orientations, Perceived Parental Goal Projections, and Perceived Parental Pressure in Young Athletes*
   Daniel Weigand, De Montfort University Bedford, England

45. *The Development of the Goal Importance Questionnaire (GIQ) for Sport and Physical Activity*
   Thomas Graham, University of Saskatchewan, Canada
   Peter Crocker, University of Saskatchewan, Canada
46. Measuring Goal Orientations in Youth Competitive Soccer: A Comparison of TEOSQ and POSQ Measures
Antonio Fonseca, University of Porto, Portugal
Gloria Balague, University of Illinois, Chicago, USA

Self Efficacy

47. Explaining Performance Variance in a Team Sport: Further Evidence of the Value of Assessing Collective Efficacy
Austin Swain, Loughborough University, England

48. Self-Efficacy, Attributions, and Perceived Success in Collegiate Wrestlers
Peter DeMichele, University of Virginia, USA
Gloria Solomon, University of Virginia, USA

Motivation

49. Reciprocal Effects of Physical Education Teachers' Interpersonal Style and Students' Self-Determined Motivation
Michelle Fortier, University of Ottawa, Canada
Annick LeBlanc, University of Ottawa, Canada
Mark Grenier, University of Ottawa, Canada
John Kowal, University of Ottawa, Canada

50. Multicultural Idiosyncrasies: Attribution, Appraisal, and Affect Following Success and Failure Ruminations
Robert McGowan, University of Richmond, USA
Robert Boyd, University of Richmond, USA

51. The Application of the Equity Theory of Motivation to Sport Settings: The Importance and Impact of Overpayment Inequity
Daniel Wann, Murray State University, USA

52. Relationships Among Task and Ego Orientation, Competitive Orientation and Sport Motivation In Taiwanese Student Athletes
Frank Jing-Horn Lu, University of North Carolina, Greensboro, USA
Diane Gill, University of North Carolina, Greensboro, USA

53. Fear of Success among NCAA Division II Students In the Midwest
Diane Wandling, Four County Mental Health Center, USA
Mary Jo Litton, Pittsburg State University, USA
Terry Middleton, Pittsburg State University, USA
Richard Danianic, Pittsburg State University, USA

54. The Psychophysical Culture as a Means of Harmonious Personality
Ljoudmila Rogaleva, Ural University, Russia
Valery Malkin, Ural University, Russia

55. Psycho-Forming Training: New Approaches in Formation of Stable Personality
Valery Malkin, Ural University, Russia
Ljoudmila Rogaleva, Ural University, Russia

7:45 PM - 9:15 PM
Ghost Lantern Tour

8:00 PM
Old Dominion Opry

8:15 PM
Tavern Night (Pre-Registration via Mail Required)

8:15 PM
Student Social
Presider: Christine Buntrock, University of North Texas, USA

Saturday, October 19, 1996

7:00 AM
Mastery Run

7:15 AM - 8:15 AM
TSP Editorial Board Breakfast Meeting

8:00 AM - Noon
Conference Registration
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 AM - 1:00 PM</td>
<td>Set-up Saturday's Posters (Match Program # with Poster #)</td>
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<tr>
<td>8:30 AM - 10:00 PM</td>
<td>Intervention/Performance Enhancement Keynote Address</td>
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<tr>
<td></td>
<td><strong>Cornerstones and Challenges in Performance Enhancement:</strong></td>
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<tr>
<td></td>
<td>Cal Botterill, University of Winnipeg, Canada</td>
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<td></td>
<td>President: John Salmela, Intervention/Performance Enhancement Chair, University of Ottawa, Canada</td>
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<tr>
<td>10:00 AM - 10:15 AM</td>
<td>Refreshment Break</td>
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<tr>
<td>10:15 AM - 11:25 AM</td>
<td>Workshop: Leadership Development and Peer Mentor Programs for Student Athletes</td>
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<tr>
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<td>Shelley Wiechman, University of Washington, USA</td>
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<td>Jim Bauman, Washington State University, USA</td>
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<tr>
<td>10:15 AM - 11:25 AM</td>
<td>Workshop: New Professionals in Sport Psychology: Perspectives from Academia, Counseling Centers, Consultation, Coaching and Business</td>
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<tr>
<td></td>
<td>Trent Peter, University of North Texas, USA</td>
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<td>Karen Cogan, University of North Texas, USA</td>
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<td>Robert Eklund, University of North Dakota, USA</td>
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<td>Judy Van Raalte, Springfield College, USA</td>
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<td>Chris Carr, Ohio State University, USA</td>
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<td>Liz Hart, PHP, USA</td>
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<tr>
<td>10:15-11:25 AM</td>
<td>Symposium: Developing a Sport Psychology Internship</td>
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<tr>
<td></td>
<td>Organizer: Christine Buntrock, University of North Texas, USA</td>
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<td></td>
<td><strong>Securing an Internship with a Corporate Sponsored Athletic Program</strong></td>
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<td>Jim Skelton, California State University, Fullerton, USA</td>
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<td><strong>Formalizing a Graduate Assistantship at an NCAA Division 1 University</strong></td>
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<td>Gregory Dale, Winthrop University, USA</td>
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<td><strong>Securing and Interdisciplinary-Based Internship on Campus</strong></td>
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<td>Robert Harmison, University of North Texas, USA</td>
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<td><strong>Developing an Internship at a School Other than the One You are Attending</strong></td>
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<td>Vincent Granito, John F. Kennedy University, USA</td>
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<td><strong>Formalizing an Internship Experience with Your Athletic Department</strong></td>
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<td>Jeffrey Jansen, University of Arizona, USA</td>
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<td>10:15 PM - Noon</td>
<td>Workshop: What Really Happens?: A Demonstration by Experienced Sport Psychology Consultants</td>
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<td>Mary Ann Kane, MindPower Resources, USA</td>
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<td>Cynthia Adams, MindPower Resources, USA</td>
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<td>Katie Kilty, MindPower Resources, USA</td>
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<td>Gloria Balague, SportPsych Consulting, USA</td>
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<td>Burt Giges, New York, USA</td>
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<td>Su Langdon, Colby Sawyer College, USA</td>
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<td>William Thierfelder, The Joyner Foundation, USA</td>
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<td>11:30 AM - 12:10 PM</td>
<td>Colloquium: Creating a Vision: The Future of Sport Psychology</td>
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<td>Presidents: Patricia Latham-Bach, Peak Performance Associates, USA</td>
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<td>Kimberley DuCharme, Wilfrid Laurier University, Canada</td>
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<td>11:30 AM - Noon</td>
<td>Colloquium: The Sport Psychology Graduate Student Internship</td>
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<td>Clay Sherman, University of Utah, USA</td>
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<td>Greg Shelley, University of Utah, USA</td>
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<td>Keith Henschen, University of Utah, USA</td>
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11:30 AM - Noon

**Colloquium: Arousal Responses in Division I Coaches During Competition: A Qualitative Analysis**
David Pargman, Florida State University, USA
Jack Watson, Florida State University, USA
Ken Davis, Deakin University, Australia
David Kemler, Southern Connecticut University, USA

12:10 PM - 12:55 PM

**Open Section Meetings**
Social Psychology
Health Psychology
Intervention/Performance Enhancement

1:00 PM - 2:35 PM

**Lectures: Eat, Drink and Be Merry**
Presider: Gloria Balague, University of Illinois, Chicago, USA

1:00 PM

**Exercise, Physical Self-Esteem, Societal Beliefs about Attractiveness and Eating Disorders: A LISREL Analysis**
Trent Petrie, University of North Texas, USA
Rebecca Rogers, University of North Texas, USA

1:15 PM

**Eating Disorders, Social Physique Anxiety and Aerobic Instructors: Healthy Role Models or a Population at Risk?**
Heather Hausenblas, University of Western Ontario, Canada
Kathleen Martin, University of Waterloo, Canada

1:30 PM

**Prevalence of Eating Disorders in an Ethnically Diverse Urban High School Female Population**
Deborah Rhea, University of Houston, USA

1:45 PM

**Substance Use by High School Students and Student-Athletes in Massachusetts**
Len Zaichkowsky, Boston University, USA
Doug Gardner, Boston University, USA
Dave Goodof, Boston University, USA

2:00 PM

**Mood Response to Physical Activity and Time Out**
Kenneth Kambis, College of William and Mary, USA
Rosalie Alejo, College of William and Mary, USA
Stephanie Crenshaw, College of William and Mary, USA
Kara Simmons, College of William and Mary, USA
Charles Jackson, Old Dominion University, USA

1:00 PM - 2:35 PM

**Lectures: Altered Performance States**
Presider: Katie Kilty, Boston University, USA

1:00 PM

**Flow in College Ice Hockey**
Peter Haberl, Boston University, USA

1:15 PM

**The Role of Intuition in Sport: A Preliminary Investigation**
Christopher Ball, University of Melbourne, Australia

1:30 PM

**An Examination of the Role of Personal and Situational Variables Upon Mental Skills Training Program Adherence, Maintenance and Drop-Out**
Christopher Shambrook, University of Brighton, England
Stephen Bull, University of Brighton, England

1:45 PM

**Attending to Task-Relevant Stimuli to Prevent Choking Under Pressure**
Robin Jackson, University of St. Andrews, Scotland

2:00 PM

**Videotape Feedback: What Athletes See and How They Use It**
Dennis Landin, Louisiana State University, USA
Edward Hebert, Louisiana State University, USA
Justin Menickelli, Louisiana State University, USA
2:15 PM  Cognitive Awareness and Video-Analytical Protocol for Performance Enhancement
Andy Palmer, Florida State University, USA
Katherine Fulkerson, Fulkerson & Associates, USA

1:00 PM - 2:00 PM  Workshop: Psychological First Aid
John Bowman, Mind Plus Muscle, USA
Presider: Christina Jackson, College of William and Mary, USA

1:15 PM - 2:35 PM  Lectures: Anxiety, Burnout, Aggression
Presider: Judy Van Raalte, Springfield College, USA

1:15 PM  Effects of Coaching Style and Behavior on Burnout and Competitive Anxiety in Athletes
Robin Vesley, Miami University, USA
William Comar, Miami University, USA
Lucinda Armstrong, Miami University, USA

1:30 PM  Social Physique Anxiety and Sex Role in Female Swimmers
Corinne Smith, Springfield College, USA
Judy Van Raalte, Springfield College, USA
Britton Brewer, Springfield College, USA

1:45 PM  Evaluation Concerns of Youth Skiers
Steven Bray, University of Waterloo, Canada
Kathleen Martin, University of Waterloo, Canada
Neil Widmeyer, University of Waterloo, Canada

2:00 PM  Sport Aggression on Television: Children's Perceptions
Debbie Sherburn, University of Otago, New Zealand
Ken Hodge, University of Otago, New Zealand
Steve Jackson, University of Otago, New Zealand

2:15 PM  The Model of Anger in Sport (MAS): An Explanation of How Anger Occurs in Competitive Sport
David Striegel, University of Virginia, USA

2:05 PM - 2:35 PM  Colloquium: Selecting the Appropriate Sport Psychology Graduate Program
Kevin Burke, Georgia Southern University, USA
Michael Sachs, Temple University, USA

2:35 PM - 2:45 PM  Refreshment Break

2:45 PM - 3:55 PM  Symposium: A Research Program Designed to Analyze Coaches' Thought Processes and Actions
Organizer: Pierre Trudel, University of Ottawa, Canada

Decision-Making Factors Related to a Youth Ice Hockey Coach during Games
Leon Haughian, University of Ottawa, Canada
Stephan Gaumond, University of Ottawa, Canada

Mapping the Game Related Coaching Principles and Beliefs of Youth Ice Hockey Coach
Pierre Trudel, University of Ottawa, Canada
Stephane Wilcox, University of Ottawa, Canada

Coaches' Instruction Provided to Youth Ice Hockey Players during Games
Pamela Seaborn, University of Ottawa, Canada
Mathieu Lapierre, University of Ottawa, Canada
Measuring the Effects of a Coaching Education Program on a Coach’s Thoughts and Actions
Wade Gilbert, University of Ottawa, Canada

2:45 PM - 4:15 PM
Symposium: Converting Physical Activity Research to Public Health Practice: The Goals and Influence of the Canadian Fitness and Lifestyle Research Institute
Organizer: Lawrence Brawley, University of Waterloo, Canada

- Empirical, Theory-Driven Research in Exercise and Health Psychology Can Influence Public Policy for Physical Activity and Guide Practitioners
  Lawrence Brawley, University of Waterloo, Canada

- Evidence-Based Decision Making: The Role of the Canadian Fitness and Lifestyle Research Institute in a National Context
  Cora Craig, Canadian Fitness and Lifestyle Research Institute, Canada
  Storm Russell, Canadian Fitness and Lifestyle Research Institute, Canada

- Doing Physical Activity Research, Informing National Policy
  Storm Russell, Canadian Fitness and Lifestyle Research Institute, Canada
  Cora Craig, Canadian Fitness and Lifestyle Research Institute, Canada

- On Bridging the Elusive Gap Between Research and Practice: Example of Best Practices from the Canadian Fitness and Lifestyle Research Institute
  Lise Gauvin, Concordia University, Canada

2:45 PM - 3:55 PM
Symposium: Technology and Sport Psychology: Possibilities and Pitfalls
Organizer: Shane Murphy, Gold Medal Psychological Consultants, USA

- Using the World Wide Web to Market and Distribute Products and Services
  Robert Nideffer, Enhanced Performance Systems, USA

- Sport Psychology Interventions and Telecommunications: The Implications of Phone and Fax Sport Psychology
  Sean McCann, United States Olympic Committee, USA

- Surfing the “Net”: A New Sport or a Useful Tool for Sport Psychologists?
  Shane Murphy, Gold Medal Psychological Consultants, USA

2:45 PM - 3:55 PM
Workshop: Straight Talk about Full Time Consulting: Reality and Fantasy
Jim Taylor, Alpine/Taylor Consulting, USA

3:25 PM - 4:55 PM
Interactive Poster Session Number Two
Session 2 (Poster Set-up 8:00 AM - 1:00 PM)
Presiders: Albert Carron, University of Western Ontario, Canada
Steve Bray, University of Waterloo, Canada

Adherence

1. Aerobic Class Situations and Aerobic Instructor Characteristics Most Likely to Influence Class Participant Satisfaction
   Vance Tammen, Victoria University, Australia
   Kylie Welsh, Victoria University, Australia
   Anita Williams, Victoria University Australia

2. Task-Value as a Mediator for Aerobic Exercise Adherence
   Woodrow Powell, Essex Community College, USA
   John Greaser, University of Connecticut, USA

3. (Poster Withdrawn)
4. Personality Traits of Adult Exercisers: Do They Differ According to Gender and Age?
Robert Mati, University of Wyoming, USA
Patrick Leuschen, University of Wyoming, USA
Bonnie Berger, University of Wyoming, USA

5. Self-Schemata and Older Adult Exercisers
Vicki Ebbeck, Oregon State University, USA

6. The Effects of Affirmations and Exercise on Self-Esteem
Gail Gordon, California State University, Sacramento, USA
Lisa Bohon, California State University, Sacramento, USA

7. Weekly Predictors of Cross-Country Running Performance in Females
Lewis Curry, University of Montana, USA
Brent Ruby, University of Montana, USA
Ted Zderic, University of Montana, USA
Jake Swan, University of Montana, USA

Mood States

8. Perceived Motivational Climate and Sources of Stress for Winter Olympic Athletes
Anne Marte Pensgaard, Norwegian University of Sport and Physical Education, Norway
Glyn Roberts, University of Illinois, USA

9. Short- and Long-Term Effects of Running on Mood State: A Research Synthesis
Arnold LeUnes, Texas A&M University, USA
Tony Bourgeois, Texas A&M University, USA

10. The Relationships among Sport Orientation Measures, Sport Confidence and Competitive Trait Anxiety in Greek Physical Education Students
Constantine Karteroliotis, University of Athens, Greece

11. Relationships among the Direction and Intensity of Anxiety, Self-Confidence, and Perceived Coping Ability
Vikki Krane, Bowling Green State University, USA
Jeannine Snow, Bowling Green State University, USA
Christopher Hutchinson, Miami University, USA

12. Verbal Interactions and Physicality on the Softball Diamond
Brenda Riemer, University of Wisconsin-Parkside, USA

13. Perceived Effect of Psychological Momentum within Female Competitive Swimming
Kirk Peterson, University of Tennessee, USA

14. Self-Perception as a Function of Martial Arts Belt Rank
Edmund O'Connor, Illinois Institute of Technology, USA
Robert Schlesser, Illinois Institute of Technology, USA
Janice Chartrand, Illinois Institute of Technology, USA

15. Diurnal Variations in Feeling States: Initial Explorations into the Role of Acute Physical Activity
Tamara Lindover, University of Waterloo, Canada
Lise Gauvin, Concordia University, Canada

16. Mood Response to Physical Activity and Time Out
Kenneth Kambis, College of William and Mary, USA
Rosalie Alejo, College of William and Mary, USA
Stephanie Crenshaw, College of William and Mary, USA
Kara Simmons, College of William and Mary, USA
Charles Jackson, Old Dominion University, USA
17. **Feelings Profile: A Summary of Concise Affect Scores**
   Charles Jackson, Old Dominion University, USA
   Kenneth Kambris, College of William and Mary, USA
   Christina Jackson, College of William and Mary, USA

18. **Mood State Response of Athletes Undergoing Anterior Cruciate Ligament Reconstruction versus Meniscectomy and Rehabilitation: An On-Going Study**
   Michael Meyers, Montana State University, USA
   Arnold LeUnes, Texas A&M University, USA
   Anthony Bourgeois, Texas A&M University, USA
   Robert Marley, Sports Laboratory Systems, USA

19. **Positive Adaptation Following the Staleness Experience for Distance Runners and Sprinters**
   Daniel Hollander, West Virginia University, USA
   Edmund Acevedo, University of New Orleans, USA

20. **Flow States in Training and Competition in Competitive Swimmers**
   Pam Brill, Dartmouth Medical School, USA
   Dan Freigang, University of Utah, USA

21. **Role-Playing to Control Competitive Anger in Soccer**
   John Brunelle, University of Florida, USA
   Christopher Janelle, University of Florida, USA
   Keith Tennant, University of Florida, USA

22. **Improvements in Intercollegiate Swimmers' Perceptions of Anxiety Following a Single Imagery Session**
   Stephen Page, University of Tennessee, USA
   Wesley Sime, University of Nebraska, USA
   Kelly Nordell, University of Nebraska, USA

23. **Strong Mood Benefits in Swimmers, But No Evidence of Gender and Age Influence**
   Robert Motl, University of Wyoming, USA
   Patrick Leuschen, University of Wyoming, USA
   Bonnie Berger, University of Wyoming, USA

**Health and Injury**

24. **Team Sport Participation among Long-Term Survivors of Childhood Cancer**
   David Elkin, University of Memphis, USA
   Vida Tye, St. Jude Children's Research Hospital, USA
   Melissa Hudson, St. Jude Children's Research Hospital, USA
   Deborah Crom, St. Jude Children's Research Hospital, USA

25. **Internal Consistency of Multi-Session Assessment of Sport Injury Rehabilitation Adherence**
   Britton Brewer, Springfield College, USA
   Judy Varnaele, Springfield College, USA
   Albert Petitpas, Springfield College, USA
   Joseph Sklar, New England Orthopaedic Surgeons, USA
   Terry Ditmar, NovaCare Outpatient Rehabilitation, USA

26. **Eating Attitudes and Weight Concerns among Male and Female College Cheerleaders**
   Justine Reel, University of North Carolina, Greensboro, USA
   Greg Shelley, University of Utah, USA
   Sheila Carroll, Private Practice, Maui, USA

27. **Athletic Injury: A Qualitative, Retrospective Case Study**
   Peter Schroeder, Truman State University, USA
   Christopher Lantz, Truman State University, USA
28. The Effects of Aerobic Exercise on Cognitive Ability and Creativity in Senior Citizens
   Andrew Palmer, Florida State University, USA
   Bruce Tuckman, Florida State University, USA

29. Avoidance-Based Exercise and Maladaptive Eating and Dieting Patterns
   Eric Cooley, Western Oregon State, USA
   Tamina Toray, Western Oregon State, USA

30. Exercise Dependence in Bodybuilders and Weight Lifters
   David Smith, Staffordshire University, England
   Bruce Hale, Staffordshire University, England

31. Environmental Pressures and Personality Factors and Their Relationship to Eating Disorders in Elite Female Athletes
   Lisa Franseen, United States Olympic Committee, USA
   Chris Fiore, University of Montana, USA
   Sean McCann, United States Olympic Committee, USA

32. The Sport Injury Experience: A Qualitative Case Study
   Greg Shelly, University of Utah, USA
   Clay Sherman, University of Utah, USA

33. Changes in Women's Exercise Behaviors during Smoking Cessation Intervention
   Kari-Mae Hickman, Fred Hutchinson Cancer Research Center, USA
   Deborah Bowen, Fred Hutchinson Cancer Research Center, USA

Measuremen

34. Factor Structure of the Athletic Identity Measurement Scale with Athletes with Disabilities
   Jeffrey Martin, Wayne State University, USA
   Robert Eklund, University of North Dakota, USA
   Carol Mushett, Georgia State University, USA

35. Sport Sociometry: Changes in Children's Peer Choices
   Jennifer Coleman, University of Memphis, USA
   James Graham, University of Memphis, USA
   Thomas Haupert, University of Memphis, USA
   James Whelan, University of Memphis, USA
   Andrew Meyers, University of Memphis, USA

36. Revision of the TAIS: The Interpersonal Style Factors
   Gerald Katorey, University of Tennessee, USA
   Patricia Beitel, University of Tennessee, USA

37. A Comparison of Marathoners to Triathletes Using the Exercise Salience Scale (TESS)
   Julian Morrow, Iona College, USA
   Philip Harvey, Mt. Sinai School of Psychiatry, USA
   Jerry Johnson, University of Hawaii, USA

38. External Validity of the Exercise Salience Scale (TESS)
   Julian Morrow, Iona College, USA
   Philip Harvey, Mt. Sinai School of Psychiatry, USA

39. Do Intra-Expert Differences in Visual Search Patterns Exist for Top-Level Female Intercollegiate Tennis Players?
   Shane Frehlich, University of Florida, USA
   Robert Singer, University of Florida, USA

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40. Visual Search Patterns and Ball Tracking in Live Tennis Situations: 
An Exploratory Study
Robert Singer, University of Florida, USA
Mark Williams, John Moores University, USA
Shane Frehlich, University of Florida, USA
Steven Radlo, University of Florida, USA
Christopher Janelle, University of Florida, USA
Douglas Barba, University of Florida, USA
Lester Bouchard, University of Florida, USA

41. A Cognitive Control Inventory: Construction, Reliability, and Validity
Clay Sherman, University of Utah, USA

42. Development of a Comprehensive Test of Psychological Skills for 
Practice and Performance
Patrick Thomas, Griffith University, Australia
Lew Hardy, University of Wales, Bangor, Wales
Shane Murphy, Gold Medal Psychological Consultants, USA

Gender

43. Examination of Athletic Identity and Gender-Role Orientation 
in University Varsity Student-Athletes and Non-Athlete Students
Peter Schroeder, Truman State University, USA
Christopher Lantz, Truman State University, USA

44. Differences in Male Non-Obligatory and Obligatory Power Lifters 
and Body Builders
Jonathan Cole, Illinois Institute of Technology, USA
Robert Schleser, Illinois Institute of Technology, USA
Barbara Stetson, University of Louisville, USA

45. Evidence of Gender Role Intensification through the Use of Shame within the Early Adolescent Sporting Environment
Tracey Olnich, Texas Christian University, USA

46. Strategies to Confront Homonegativism in Sport
Vikki Krane, Bowling Green State University, USA
Sarah Pope, Bowling Green State University, USA

Coach-Team Interactions

47. Coaches’ Perceptions of the Job of Coaching University Team Sports
Patricia Miller, University of Ottawa, Canada
John Saimela, University of Ottawa, Canada

48. Congruence of Coach Perceptions and Athlete Self-Evaluation of 
Leadership Behaviors
Dale Pease, University of Houston, USA
Deborah Rhea, University of Houston, USA
James Zhang, University of Houston, USA

49. Socio-Psychological Factors Affecting the Desire of Female Volleyball Players to be Team Leaders
Deborah Rhea, University of Houston, USA
Dale Pease, University of Houston, USA
James Zhang, University of Houston, USA

50. Team Atmosphere in Coed Youth Soccer: Predictors of Lying, Hurting, and Cheating
Dawn Stephens, University of Iowa, USA
51. Psychometric Properties of the Judgments About Moral Behavior in Youth Sport Questionnaire (JAMBYSQ) Utilizing a Coeducational Population
   Dawn Stephens, University of Iowa, USA

52. Body Image, Social Physique Anxiety, and Tendency to Develop Eating Disorders in Female Figure Skaters
   Kevin Spink, University of Saskatchewan, Canada
   Karen Chad, University of Saskatchewan, Canada

53. Examining the Effects of Team Tenure on Social Cohesiveness
   Kevin Spink, University of Saskatchewan, Canada

54. The Effect of a Peer-Mentoring Program on the Social and Personal Adjustment of College Freshmen Student-Athletes
   Shaine Henert, University of Minnesota, USA

55. Comparative Analysis of Self-Perceptions of College Athletes and Non-Athletes
   Christopher Bemuth, University of Montana, USA
   Michael Rehm, University of Montana, USA
   Lewis Curry, University of Montana, USA

56. Assessment of Psychosocial Development of College Athletes
   Christopher Lantz, Truman State University, USA
   Peter Schroeder, Truman State University, USA

57. Right on Target, Knowing Your Personnel and Finding the Right Combination
   Mary Ann Kluge, Pacific Lutheran University, USA
   Kenneth Sylvester, Organizational Strategies Institute, USA

4:00 PM - 5:00 PM
Symposium: Moving Toward 2000: Issues in Collegiate Athletics for the Performance Consultant
Organizer: Richard Ferguson, Averett College, USA

   Motivation, Focus, and Trust: Challenge for Top Athletes
   Bill Allyson, Macalester College, USA

   Counselling the 90's Athlete
   Steve Long, United States Air Force Academy, USA

   The 90's Coach
   David Cook, University of Kansas, USA
   Discussant: Richard Ferguson, Averett College, USA

4:00 PM - 4:45 PM
Colloquium: The Transtheoretical Model and Sport Psychology Consultation: Rationale and Preliminary Findings
   Steven Rider, University of Arizona, USA
   Thad Leffingwell, University of Washington, USA
   Jean Williams, University of Arizona, USA
   President: Jean Williams, University of Arizona, USA

5:00 PM - 6:30 PM
Presidential Address and Business Meeting
   President: Penny McCullagh, University of Colorado, USA
   "Passionate Collaboration": Reflections on the Status and Future Directions of Applied Research in Sport and Exercise Psychology
   Maureen Weiss, President-Elect, AAASP, University of Oregon, USA

6:30 PM
Fellow's Meeting

8:00 PM
Banquet
Sunday, October 20, 1996

8:00 AM - Noon
Executive Board Meeting

8:30 AM - 10:00 AM
Symposium: Twenty Fifth Anniversary of Profile of Mood States Research in Exercise and Sport Psychology
Organizer: Richard Stratton, Virginia Tech, USA

Profile of Mood States Research in Sport and Exercise, 1971-1990
Arnold LeUnes, Texas A&M University, USA

Recent Developments in the Use of the Profile of Mood States in Sport and Exercise Since 1991
Tony Bourgeois, Texas A&M University, USA

POMS Research in Exercise and Sport Psychology: Future Directions
Richard Stratton, Virginia Tech, USA
Discussants: Peter Terry, Brunel University, England
Bonnie Berger, University of Wyoming, USA

8:30 AM - 10:00 AM
Workshop: Funding for Applied Sport Psychology Research in the United States: Holy Grail or Temple of Doom
Karen Cogan, University of North Texas, USA
Britton Brewer, Springfield College, USA
Steve Danish, Virginia Commonwealth University, USA
Daniel Gould, University of North Carolina, Greensboro, USA

8:30 AM - 9:30 AM
Lectures: Youth in Sport
Presider: Jean Coté, Brock University, Canada

8:30 AM
Family Dynamics of Talented Adolescents
Jean Coté, Brock University, Canada
Whitney Sedgwick, Brock University, Canada

8:45 AM
Adventure Education: A Tool for Improving Psychosocial Function in Athletes
Barbara Meyer, University of Wisconsin-Milwaukee, USA

9:00 AM
Factors Affecting Youth Participation in Competitive Sports and Physical Activity: A Cross Cultural Perspective
Robert Weinberg, Miami University, USA
Gershon Tennenbaum, University of Southern Queensland, Australia
Mark Anshef, University of Wollongong, Australia
Alex McKenzie, University of Otago, New Zealand
Susan Jackson, University of Queensland, New Zealand
Robert Grove, University of Western Australia, Australia

9:15 AM
Interactions Between Expert Coaches and Elite Athletes: Qualitative Research Considerations
Jean Fournier, National Institute of Sport and Physical Education, France
Fabienne d'Arripe-Longueville, National Institute of Sport and Physical Education, France

8:30 AM - 9:30 AM
Symposium: The 1996 Olympics in Atlanta: The Perspectives of Four Sport Psychologists Providing Services Before and During the Games
Organizer: Sean McCann, US Olympic Committee, USA

Sport Psychology in Atlanta: A Centralized Service Model
Sean McCann, US Olympic Committee, USA

Sport Psychology Service Delivery to the United States Olympic Track and Field Team 1996 Olympics, Atlanta
Rick McGuire, University of Missouri, USA
Jim Reardon, Columbus Traumatic Stress Center, USA
The Lessons Learned in the Development and Implementation of the Mental Training Program for the 1996 Olympic Water Polo Team
Kenneth Ravizza, California State University, Fullerton, USA

9:35 AM - 10:05 AM Lectures: Diversity in Sport
Presider: Brenda Bredemeier, University of California, Berkeley, USA

9:35 AM Strength of Character: Exploring the Moral Identity of Exemplary Lesbian Sportswomen
Brenda Bredemeier, University of California, Berkeley, USA
Elton Carlton, Sonoma State University, USA
Laura Hills, University of California, Berkeley, USA
Carole Oglesby, Temple University, USA

9:55 AM Team Ethnic Composition and Coach Feedback Patterns
Gloria Solomon, University of Virginia, USA
Antoinette Martin, University of Virginia, USA

9:35 AM - 10:05 AM Colloquium: Ideas to Grasp for AAASP and JASP: Getting a Handle on Trends from the Wider World for Research and Professional Practice
William Strean, University of Alberta, Canada

10:05 AM - 10:15 AM Refreshment Break

Organizer: Robert Harmison, University of North Texas, USA

Social Influence Theory and Sport Psychology Consultant Effectiveness
Robert Harmison, University of North Texas, USA

The Influences of Sport Psychology Consultant Education, Sport Experience, and Interpersonal Skills on Athletes' Perceptions of Sport Consultant Effectiveness
Doug Hankes, University of Tennessee, USA

Social Influence Theory and Sport Psychology Consultation: Implications for Practice and Directions for Future Research
Trent Petrie, University of North Texas, USA
Discussant: Shane Murphy, Goal Medal Psychological Consultants, USA

10:15 AM - 11:25 AM Symposium: Mainstreaming Mental Training into Intercollegiate Athletic Departments: Promoting Student-Athlete and Coach Receptivity to Mental Training Services
Organizer: Jeffrey Janssen, University of Arizona, USA

The "Mental Training Consultant" is a Person in your Neighborhood: Fostering Intercollegiate Student-Athlete and Coach Receptivity in Mental Training Service
Jeffrey Janssen, University of Arizona, USA

The Sport Psychologist is "Another Spoke in the Wheel" Increasing Intercollegiate Student-Athlete and Coach Acceptance of Mental Training Services
Gregory Dale, Winthrop University, USA

Taking it One Athlete at a Time: Fostering Receptivity and Positive Behaviour Change in Individual Student Athletes
Thad Leffingwell, University of Washington, USA
Discussant: Dave Yukelson, Penn State University, USA
10:15 AM - 11:15 AM
Lectures: Internationality In Sport
Presider: Cynthia Pemberton, University of Missouri, Kansas City, USA

10:15 AM
Profiles and Professional Perspectives: Ten Leading Former Soviet Union Sport Psychologists
Bill Straub, Sport Science International, USA
Marina Ermooleava, All-Russian Scientific Research Institute of Physical Culture and Sport, Russia
Albert Podionov, All-Russian Scientific Research Institute of Physical Culture and Sport, Russia

10:30 AM
A Mental Training Program for the Universiade Gold Medal Japanese University National Soccer Team
Yoichi Kozuma, Kinki University, Japan
Kimihiro Inomata, Chukyo University, Japan

10:45 AM
Psychological Interventions In National Teams: Indian Scenario
H. A. Khan, National Institute of Sports, India
Netaji Subhas, National Institute of Sports, India

11:00 AM
A Test of a Psychological Model Related to Athlete Performance in Girls' High School Archery Players
Chung-Hee Chung, University of Seoul, Korea
Jung-Deok Ahn, University of Seoul, Korea
Seang-Leol Yoo, University of Seoul, Korea

10:15 AM -11:30 AM
Lectures: Cross Sectional
Presider: Tracy Shaw, University of Southern California, USA

10:15 AM
The Relevance of Psychological Skills Training and Performance Routines in Professional and Amateur Athletes
John Muczko, Shenandoah University, USA
Mark Thompson, University of Texas, Arlington, USA

10:30 AM
On “Being Real”: Case Histories of Sport Psych Consulting
Lance Green, Tulane University, USA

10:45 AM
Putting the Pieces Together: A Situation-Driven Model for Physical and Psychological Skills Development
Jacqueline Savers, Pacific Lutheran University, USA
Mary Ann Klugge, Pacific Lutheran University, USA

11:00 AM
Putting the Pieces Together: The Coach's Perspective on Blending Physical Skills Training with Psychological Skill Development
Mary Ann Klugge, Pacific Lutheran University, USA
Jacqueline Savers, Pacific Lutheran University, USA

11:15 AM
An Examination of the Role of Personal and Situational Variables upon Mental Skills Training Program Adherence, Maintenance or Drop-Out
Christopher Sambrock, University of Brighton, England
Stephen Bull, University of Brighton, England

11:20 AM - Noon
Colloquium: Substance Use, Misuse, and Abuse: The Athlete's Perspective
Katie Kilty, Boston University, USA
Celine McNelis-Kline, Boston University, USA
Presider: Nancy Gyrucsk, University of Waterloo, Canada

11:20 AM - Noon
Symposium: Pumping Iron: Psychological Aspects of Bodybuilding
Organizer: Michael Sachs, Temple University, USA

Investigation of Motivation in Amateur Bodybuilders
Lynn Elliott, Temple University, USA
Michael Sachs, Temple University, USA
Female Bodybuilders: Just Add and Stir?
Leslie Fisher, University of Virginia-Charlottesville, USA

11:30 AM - Noon

Colloquium: Describing the Experience of the Athlete:
Existential-Phenomenology as a Paradigm in Sport Psychology Research
Gregory Dale, Winthrop University, USA

The biggest and best AAASP program yet, and these are the people responsible for this great program

The spring meeting workplace!

(from left to right)
Neil Widmeyer, Senior Section Head/Social Psychology
Christine Buntrock, Student Representative
John Heil, Health Psychology
John Samela, Intervention/Performance Enhancement

Have a good trip home! Remember AAASP in San Diego next year.
Committee fund-raiser. Disease Certification took place at the annual conference in Atlanta. Dr. Jerry Larson, Sean McCann, John Noble, Susan Walter, and Len Zaichkowsky continues to make progress towards achieving our two main objectives. These objectives are (1) to educate the AAASP membership in available funding avenues and (2) to generate funding for future AAASP programs (i.e., internships, research grants, invited conference speakers).

To provide education to the AAASP membership, we have submitted a workshop for the Williamsburg conference which is intended to build upon the great workshop offered last year. Prominent sport psychologists who have been successful funding recipients will discuss strategies for obtaining funds from private and government sources. Also, Jerry Larson has been "surfing the internet" lately and discovered information related to funding that we hope to pass along to everyone at the conference.

We still are in the initial stages of locating funds for AAASP programs. The committee has drafted a purpose statement to be used as we approach companies for funding. We currently are waiting for feedback from the Executive Board prior to making it official. In addition, we still have Amerivox phone debit cards available as a result of our first fund-raiser. The Amerivox card is a prepaid phone card that can save the caller up to 50% on away-from-home long distance calls, and at the same time it generates income for AAASP. This is separate from your current long distance phone company, and you can earn free calling time if you refer someone to the program. This is a WIN-WIN situation for everyone. I encourage any one who is interested to contact me to learn more about the benefits of this program. You can't lose!

I am always looking for new ideas and Karen Cogan. Continued on Page 49.

The Certification Committee is presently working on several issues including reviewing applications for certification, re-certification, and articulation with the USOC Sport Psychology Registry. The certification committee will be conducting its second teleconference call in June to review files of potential certified consultants. A final review of applicants will take place at the annual conference in October. All CC's will soon receive a letter from Sean McCann inviting them to become members of the USOC Sport Psychology Registry. The entry onto the registry will be accomplished in the following way. AAASP's certification application process is the new mechanism for adding members to the USOC registry. All new members to the USOC Registry will need to qualify through the AAASP certification process before applying to the USOC registry. All registry members will be required to be members of APA. The three category registry (Clinical, Education, Research) has been changed to a single category, but with greatly increased information included with each member listing, including license status, specialty areas of expertise, and experience level. All USOC registry members will be required to donate the first 10 hours of NOB requested services in a pro-bono fashion. As is currently the case, any charges after this initial 10 hours will be worked out with the respective NOB's. As a CC of AAASP you will not be required to join either APA or the USOC Registry. This is a voluntary decision.

If you have not paid your yearly dues as a certified consultant, please send $25 directly to Vikki Krane. All certified consultants and other interested members are invited to attend our annual meeting in Williamsburg. This meeting will not occur at 7:00 am as in previous conferences. We Richard Gordin. Continued on Page 53.

The conference is coming! A quality program has taken shape. The Health Psychology Committee has made its selections on the quality of the submissions, relevance to applied work, and also sensitivity to diversity issues. Diversity is central to our vitality as an organization. It means many things: Sensitivity to cultural and ethnic differences as well as physical and mental disabilities, internationality, awareness of the graduate student perspective, and openness to alternate methodologies and philosophic perspectives. As the number of submissions grows, there is increasing competition for program time. Those submissions that are conceptually well thought out, tightly written, and use the space allowed (it has been increased for this year's submissions) inevitably stand a better chance of being accepted. In the blind review process, sometimes final choices come down to the quality of writing and depth of detail. My opinion is that the strength of AAASP lies in the open interchange among its members. This happens one way within the formal program, and in another way, informally in the overall setting of the conference. Even a brief slice of time on the conference program can open the door to extensive opportunities for networking and scholarly interchange.

The highlight of this year's Health Psychology Program is a series of forums on social psychological models of population-wide physical activity promotion. The keynote address will be provided by Dr. Neville Owen of Deakin University of Australia. In a related symposium and workshop, he will be joined by Dr. David Russell of Dunedin University of New Zealand and Dr. David McQueen of the Center for Disease Control in Atlanta. Dr. Russell is Director of the LINZ Activity and Health Research Unit of New Zealand which has been beneficial in shaping public John Heil. Continued on Page 49.
Committee and Section Reports, Continued.

Student Representative
Christine Buntrock

At the Spring Board Meeting in Williamsburg this April, I had the opportunity to help finalize the conference program, to report on my work as Student Representative and the work of the Regional Representatives. I would like to provide you with a very brief summary of what I reported and some of the opportunities available to students at this year's conference.

Student Ambassadors

The student ambassador's position was developed out of the year of Internationality theme instituted at this year's conference. The Regional Representatives will be initially selected for this honor and other students will be chosen based on recommendations and interest. Students selected for this position will meet with an international conference attendee or presenter and introduce them to other members of AAASP. Interested students should contact me at my new address or phone number 713 Windfields St. Denton, TX 76201; (817) 382-4516; clbh0002@jove.acs.unt.edu.

Conference in Williamsburg and Sign-Up for Student Social

There are a number of excellent sessions that are of immediate interest to students including sessions on perceptions about preparing for a career in sport psychology, securing an internship, and selecting a sport psychology graduate program. The student meeting will take place on Thursday, and the student social will take place Friday evening outdoors at the hotel. A selection of Pizza Hut pizzas will be provided along with soft drinks. The cost is $10.00 per student. You need to make reservations for the social, and I will provide a limited registration on site. Send your name, address, phone and e-mail along with a check or money-order for $10 (U.S. dollars) payable to AAASP, due Friday September 13, 1996 to Christine Buntrock. Finally, I will begin developing a list of internship sites in which AAASP students have been placed. I will need to collect this information from you at the conference and I will display it at the student social.

Regional Representatives

This year the Regional Representatives contacted over 200 colleges and universities to inform them about AAASP and the field of exercise/sport psychology. As more information about the field and AAASP is disseminated, students and interested professionals may gain a better understanding of exercise/sport psychology. Many of the Regional Representatives organized conferences/symposia or social meetings which were highly successful. At these conferences, students had the opportunity to present research they had completed or to talk about research that they were formulating. This provided the opportunity to present one's work, as well as to receive feedback from colleagues about research proposals. Many of these conferences also featured professionals as keynote speakers. Look for display at the conference highlighting the regional conferences organized by the Regional Representatives.

Closure

By the end of the conference in Williamsburg, AAASP will have a new Student Representative. It has been an honor and a pleasure to represent you in AAASP. Active involvement with an organization like this one is invaluable, and I encourage all of you to take advantage of the supportive atmosphere of AAASP by becoming directly involved. Thank you for this tremendous opportunity and I wish you well for the remainder of the year. See you in Williamsburg.

Cogan, Continued from page 48.

input from any of you who are aware of companies who might be interested in contributing to AAASP internships, research grants, or a speaker's fund. Please contact Karen Cogan. Phone: (817) 565-4376; e-mail: cogean@dsa.unt.edu; address: UNT Counseling and Testing Center, PO Box 13487, Denton, TX 76203.

Owen, Continued from Page 16.


Heil, Continued from Page 48.

policy in health promotion in New Zealand. He is also currently collaborating with Tara Scanlan on a qualitative research study focused on the world famed New Zealand All Blacks International Rugby Team. Dr. David McQueen is currently with the Center for Disease Control in Atlanta where he is the Director of Adult and Community Health Programs. He has implemented the highly regarded computer aided telephone interview system designed to assess health behaviors. He comes to the Center for Disease Control from the University of Edinburgh in Scotland. Drs. Owen, Russell and McQueen will also participate in the conversation hour where the members will have the opportunity to meet personally with these outstanding researchers. Complementing this outstanding series is a symposium for Health Research and Promotion in Canada chaired by Larry Brawley and including Cora Craig, Lise Germain, and Storm Russell of the Canadian Fitness and Lifestyle Research Institute. The internationality theme will also be reflected in a symposium on contemporary applications of hypnosis in sport psychology. This is chaired by Rich Gordin of Utah State University and Lars Eric Unestahl of the Swedish International University. Dr. Gordin is currently consulting with USA Track and Field and the United States Fencing Association. Dr. Unestahl has long been a prominent figure on the international scene in applied sport psychology. He is a pioneer in the development of performance psychology, transferring principles developed initially for application with athletes to other populations to help them perform well and strive for excellence. Joining Dr. Grodin and Dr. Unestahl will be Dr. Aladar Kogler who received his doctorate in sport psychology from Charles University in Prague. He is currently coach of the United States Fencing Association Men's Epee Team and author of texts on mental training in fencing.

We hope to see you in Williamsburg.
ETHICAL PRINCIPLES FOR THE ADVANCEMENT
OF APPLIED SPORT PSYCHOLOGY

Submitted by Jim Whelan

INTRODUCTION

AAASP is dedicated to the development and professionalization of the field of sport psychology. As we establish ourselves as a profession, we must attend to both the privileges and responsibilities of a profession. Privileges derive from society's agreement to accept our designation as a group of trained individuals possessing specialized knowledge and, therefore, the power implicit in this knowledge. Our responsibilities, in turn, result from the society's trust that the profession will regulate itself to do no harm, and to govern itself to ensure the dignity and welfare of individuals and the public. To maintain this status, professional organizations must develop and enforce guidelines that regulate their members' professional conduct. Ethical principles are one such set of self-regulatory guidelines. These principles guide professionals to act responsibly as they employ the privileges granted by society. A profession's inability to regulate itself violates the public's trust and undermines the profession's potential to be of service to society.

Ethical codes of conduct that professions adopt are based on the values of the society. Consequently, these values include the balance between the rights and privacy of the individual and the general welfare of society. Each profession must determine its values and social function. Then the profession must develop and adopt a set of principles which guide professional conduct. While no set of guidelines can anticipate all situations, useful principles should provide guidance when problems or dilemmas arise. These principles should also proactively direct the actions of its members. If this is accomplished, these principles will ensure society's trust in the profession.

The Association for the Advancement of Applied Sport Psychology's (AAASP) Ethical Principles (hereinafter referred to as the Ethics Statement) are presented here and consist of this Introduction, a Preamble and six general Principles. The Introduction discusses the intent and organizational considerations of the Ethics Statement. The Preamble and General Principles are intended to guide AAASP members toward the highest ideals of the profession. Although the Preamble and the General Principles are not themselves enforceable rules, they should be considered by AAASP members in arriving at an ethical course of action.

Membership in the AAASP commits members to adhere to the AAASP Ethics Statement. AAASP members should be aware that, in many situations, additional ethical and legal codes may be applied to them by other professional organizations or public bodies. In the process of making decisions regarding their professional behavior, AAASP members must consider this Ethics Statement, in addition to legal or other ethical guidelines. If the Ethics Statement suggests a higher standard of conduct than is required by law, AAASP members should meet the higher ethical standard. If the Ethics Statement appears to conflict with the requirements of law, then AAASP members must make known their commitment to the Ethics Statement and take steps to resolve the conflict in a responsible manner. If neither law nor the Ethics Statement resolves an issue, AAASP members should consider other professional materials (e.g., guidelines and standards that have been adopted or endorsed by other professional physical education, sport science and social science organizations), the dictates of their own conscience, and consultation with others within the field when this is practical.

Material in this Ethics Statement is based in large part on the American Psychological Association's Ethical Principles of Psychologists and Code of Conduct (American Psychologist, 1992, V.47, #12, pp. 1597-1611.). Over 50 other organizational ethics codes, including the American College of Sports Medicine, were also examined and many had influence on this document. We wish to thank all of these organizations.

PREAMBLE

AAASP members may fulfill many roles based on their professional training and competence. In these roles, they may work to develop a valid and reliable body of scientific knowledge based on research; they may apply that knowledge to human behavior in a variety of sport, exercise, physical activity, and health contexts. Their goal is to broaden knowledge of this behavior and, where appropriate, to apply it pragmatically to improve the condition of both the individual and society. AAASP members respect the central importance of freedom of inquiry and expression in research, teaching and consulting. They also strive to help the public to develop informed judgments and choices concerning sport, exercise, physical activity, and health behavior. This Ethics Statement provides a common set of values upon which AAASP members build their professional and scientific work.

This Statement is intended to provide the general principles for managing many situations encountered by AAASP members. It has as its primary goal the welfare of sport psychology.
and protection of the individuals and groups with whom AAASP members work. It is the individual responsibility of each AAASP member to aspire to the highest possible standards of conduct. AAASP members respect and protect human and civil rights, and do not knowingly participate in or condone unfair discriminatory practices.

The development of a dynamic set of ethical principles for an AAASP member's work-related conduct requires a personal commitment to a lifelong effort to act ethically; to encourage ethical behavior by students, supervises, employees, and colleagues, as appropriate; and to consult with others, as needed, concerning ethical problems. Each AAASP member supplements, but does not violate, the Ethics Statement's values, on the basis of guidance drawn from personal values, culture, and experience.

GENERAL PRINCIPLES

Principle A: Competence

AAASP members strive to maintain the highest standards of competence in their work. They recognize the boundaries of their particular competencies and the limitations of their expertise. They maintain knowledge related to the services they render, and they recognize the need for ongoing education. AAASP members make appropriate use of scientific, professional, technical, and administrative resources. They provide only those services and use only those techniques for which they are qualified by education, training, or experience. AAASP members are cognizant of the fact that the competencies required in serving, teaching, and/or studying groups of people vary with the distinctive characteristics of those groups. In those areas in which recognized professional standards do not yet exist, AAASP members exercise careful judgment and take appropriate precautions to protect the welfare of those with whom they work.

Principle B: Integrity

AAASP members seek to promote integrity in the science, teaching, and practice of their profession. In these activities, AAASP members are honest and fair. In describing or reporting their qualifications, services, products, fees, research, or teaching, they do not make statements that are false, misleading, or deceptive. To the extent feasible, they attempt to clarify for relevant parties the roles they are performing and the obligations they adopt. They function appropriately in accordance with those roles and obligations. AAASP members avoid improper and potentially harmful dual relationships.

Principle C: Professional and Scientific Responsibility

AAASP members are responsible for safeguarding the public and AAASP from members who are deficient in ethical conduct. They uphold professional standards of conduct and accept appropriate responsibility for their behavior. AAASP members consult with, refer to, or cooperate with other professionals and institutions to the extent needed to serve the best interests of the recipients of their services. AAASP members' moral standards and conduct are personal matters to the same degree, as is true for any other person, except as their conduct may compromise their professional responsibilities or reduce the public's trust in the profession and the organization. AAASP members are concerned about the ethical compliance of their colleagues' scientific and professional conduct. When appropriate, they consult with colleagues in order to prevent, avoid or terminate unethical conduct.

Principle D: Respect for People's Rights and Dignity

AAASP members accord appropriate respect to the fundamental rights, dignity, and worth of all people. They respect the rights of individuals to privacy, confidentiality, self-determination, and autonomy, mindful that legal and other obligations may lead to inconsistency and conflict with the exercise of these rights. AAASP members are aware of cultural, individual, and role differences, including those due to age, gender, race, ethnicity, national origin, religion, sexual orientation, disability, language, and socioeconomic status. AAASP members try to eliminate the effect on their work of biases based on those factors, and they do not knowingly participate in or condone unfair discriminatory practices.

Principle E: Concern for Others' Welfare

AAASP members seek to contribute to the welfare of those with whom they interact professionally. When conflicts occur among AAASP members' obligations or concerns, they attempt to resolve those conflicts and to perform those roles in a responsible fashion that avoids or minimizes harm. AAASP members are sensitive to real and ascribed differences in power between themselves and others, and they do not exploit or mislead other people during or after professional relationships.

Principle F: Social Responsibility

AAASP members are aware of their professional and scientific responsibilities to the community and the society in which they work and live. They apply and make public their knowledge in order to contribute to human welfare. When undertaking research, AAASP members strive to advance human welfare and their profession while always protecting the rights of the participants. AAASP members try to avoid misuse of their work and they comply with the law.

New AAASP Certified Consultants

Doreen L. Grenburg
Gregory Alan Dale
Scott B. Martin
Mitchell Smith
Eric LaMott

AAASP Summer 1996 - Vol. 11, Number 2
AAASP EXPENSES

1995 CONFERENCE

Executive Board, Continued. Publications Director $181.41
Secretary-Treasurer $1,372.11
Social Psychology Chair $213.15
Student Representative $453.52
Plaques/Gifts $212.71
TOTAL $15,762.81

Continuing Education $3,162.49
Keynotes/Speaker $2,782.09
Programs/Abstracts/Badges $5,159.22
Registration $847.64
Audio-Visual Aids $2,516.43
Business Manager $269.86
Golf Tournament $215.18
Mastery Run $122.44
Tennis Tournament $273.80
Breaks $4,917.08
Sport Psychology Council (breakfast) $79.15
Poster Sessions $1,029.74
Opening Reception $5,963.04
Banquet $15,508.50
Past-President Luncheon $242.27
JASP Editorial Board (breakfast) $162.80
Student Social $258.48
Miscellaneous $3003.17
TOTAL $46,515.38

Conference Site Visits $987.92

AWARDS $530.00

BUSINESS MANAGER $6,302.27

CAPITAL OUTLAYS

Laptop Computer $3,223.28
Computer Accessories $41.94
Conference Displays $534.76
Pointers $145.92
Printer $229.84
Software $173.45
TOTAL $4,349.19

COMMITTEES

Certification $3,696.88
Continuing Education $45.00
Graduate Tracking Committee $547.97
TOTAL $4,289.85

EXECUTIVE BOARD

Fall Meeting $2,220.38
Spring Meeting $5,376.88
Health Psychology Chair $402.61
I/PE Chair $267.27
Past President $837.12
President $3,449.43

Graduate Directory $300.97
JASP $21,222.71
Publications $16,599.52
Research Grants $5,401.14
Other $1,394.76
Bank charges $533.61
Bad Checks $454.00
Taxes $129.50
Miscellaneous $257.50
TOTAL $46,293.71

GRAND TOTAL - AAASP EXPENSES $125,051.13

AAASP INCOME

MEMBERSHIP

1995 Professional 1 yr. (n=244) $17,085.00
1995 Professional 2 yr. (n=36) $5,040.00
1995 Student 1 yr. (n=289) $11,590.00
1995 Student 2 yr. (n=54) $4,300.00
1996 Professional 1 yr. (n=61) $4,260.00
1996 Professional 2 yr. (n=9) $1,260.00
1996 Student 1 yr. (n=25) $985.00
1996 Student 2 yr. (n=7) $560.00
TOTAL $7,065.00

1995 CONFERENCE REGISTRATION

Professional early (n=190) $33,880.00
Professional late (n=38) $7,787.00
Professional day passes (n=25) $1,875.00
Student early (n=200) $25,220.00
Student late (n=44) $6,665.00
Student day passes (n=28) $1,400.00
Guest (n=20) $1,380.00
TOTAL $78,247.00

Budget. Continued on Page 53.
CONTINUING EDUCATION WORKSHOPS

| Professional Registration (n=52) | $3,835.00  
| Student Registration (n=57)     | $2,170.00  
| **TOTAL**                      | **$6,005.00**

OTHER CONFERENCE INCOME

- CERTIFICATION
  - 1995 Dues (n=73) $1,825.00
  - 1996 Dues (n=20) $500.00
  - Application (n=15) $1,125.00
  - **TOTAL** $3,450.00
- JASP $12,017.75

OTHER INCOME

- Abstract book $12.50
- Gift $200.00
- Graduate Directory $1,816.00
- Conference Program $0.00
- Bad Check Replacement $90.00
- Mailing Labels $400.00
- Misc $537.94
- **TOTAL** $3,056.44

INTEREST EARNED $2,138.74

**TOTAL 1995 AAASP INCOME** $153,116.93

**TOTAL 1995 AAASP EXPENSES** $123,656.52

**BALANCE** $29,460.41

**Amount in AAASP accounts as of January 1, 1995** $77,214.41

**Amount in AAASP accounts as of December 31, 1995** $106,674.82

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Psychology of Dance. By Jim Taylor and Ceci Taylor. Published 1995 by Human Kinetics, Box 5076, Champaign, IL 61825. (155 pp.)

Reviewed by Lynette Young Overby, Michigan State University

Psychology of Dance is a book designed for dance teachers and choreographers. As stated in the preface, "Psychology of Dance is intended to assist dance teachers in developing the performing attitude in their dancers." The identification and development of the components of the performing attitude (i.e. motivation, confidence, intensity and dance imagery) are the focus of this book.

The book is organized into nine sections including an introduction and eight chapters covering each of the performing attitude components. The introductory chapter includes several assessments which are intended to enable the dance teacher to determine the current performing attitude profile of the dancer. The profiles are utilized by the dancer to rate his or her technical, personal, and psychological skill uses and abilities. Chapters 1 through 8 are organized as follows: Chapter 1 covers the area of motivation in dancers; chapter 2 includes information about the development of self-confidence; chapter 3 focuses on intensity and anxiety; chapter 4 describes the importance of concentration; chapter 5 includes information about dance imagery, chapter 6 deals with the important areas of stress and burnout; chapter 7 focuses on psychological rehabilitation of injuries, and finally, chapter 8 culminates into a specific application of materials contained in the seven previous chapters, in a psychological program for enhanced performance (PPEP).

Each chapter includes both education and application components. For example, in chapter 5 (dance imagery), mental imagery is described and defined with multiple examples and uses. The authors conclude the chapter by providing a specific tool for developing dance imagery skills - "The dance imagery journal." The chapters also include mini-case studies with scenarios developed about specific dancers who are struggling to overcome psychological barriers. After providing the reader with a scenario, questions are posed regarding the identification and alleviation of the specific problem. This format provides easy accessibility to knowledge, information and problem solving solutions which are more common to athletic coaches than dance teachers.

A major strength of this book is the accessibility of the psychological information for practitioners in the field of dance. Many dance teachers and dancers are aware of specific psychological techniques; however, no other text to my knowledge has combined the various approaches into one user-friendly guidebook. A weakness of the book is the sparse numbers of references cited. Again, using chapter 5 (dance imagery) as an example, the final section labeled "Learn more about imagery", includes only one book, by Richard De Mille. There are several sources which report quality research and practice of mental imagery that could have been included as resources for further information.

Psychology of Dance serves a valuable purpose as a practical book for dance teachers and dancers. The education, application and workbook format will make this text a welcome addition to the dance studio bookshelf - one that will be used often, as dance teachers begin to apply specific techniques to help dancers improve their psychological skills.

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Gordin, Continued from Page 48.

will try to meet during the conference at a decent hour so that many members can be present. In the meantime, please submit your application for certification directly to me at Department of HPER, Utah State University, Logan, Utah 84322-7000. If you have suggestions or concerns, please contact me by telephone at (801) 797-1506 or e-mail at gordin@cc.usu.edu.
# AAASP Membership Report

## 1995 AAASP Membership

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**TOTAL MEMBERSHIP** 898

*Not all totals will equal 898 due to incomplete information.*
Sport Psychology Marketplace

This is a new feature for the newsletter. At the Spring meeting of the Executive Board, approval was given to use the back inside page of the newsletter for advertising. The following prices have been established: whole page $600.00, 1/2 page $300.00; 1/3 page $200.00; 1/4 page $150.00, 1/6 page $100.00; small ads (30 words or less) $25.00. Advertisements that are 1/6 of a page or greater must be photocopy ready. Send check (U.S.) and advertisement to Dale Pease, AAASP Publications Director, Dept. of Health and Human Performance, University of Houston, TX. 77204-5331.

Bravo Board

Kevin Burke has accepted a position in sport psychology/motor learning at Georgia Southern University beginning in the Fall semester, 1996

Let's Go Surfing

http://spot.colorado.edu/~aaasp
(or do a subject search under sport psychology)

Besides going surfing while attending our '97 Conference, you can now surf us on the web as well. Check under sport psychology and follow the links to the Association for the Advancement of Applied Sport Psychology. Many thanks to Julia Collins, formerly of the University of Colorado, who has helped get our site up and rolling. Shortly, we will be looking for a Web Manager. If you have such skills and are interested, please let us know.

Faculty Position

University of Alberta: Social Psychology or other social science with a specific focus in Recreation and Leisure or health outcomes of physical activity. Assistant professor level. Applications, including a description of research and teaching interests, curriculum vitae and the names of references, should be sent prior to August 1, 1996 to:

H.A. Quinney, Dean
Faculty of Physical Education and Recreation
University of Alberta
Edmonton, Alberta T6G 2H9
AAASP MEMBERSHIP APPLICATION FORM

I. BIOGRAPHICAL DATA* (Please print all information)
*Please leave blank any information that you do not wish to have published in the Membership Directory.

Name: ___________________________ (Last) ___________________________ (First) ___________________________ (Middle)
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(City) ___________________________ (State/Province) ___________________________ (Zip) ___________________________ (Country)
E-Mail Address: ___________________________ Fax: ___________________________
Telephone Number**: Work: ___________________________ Home: ___________________________
Highest Degree (please circle): BA BS MA MS PhD EdD Other: ___________________________
Discipline: ___________________________ Area Of Specialization: ___________________________
Institution Degree Obtained From: __________________________________________________________
Current Employment or Institutional Affiliation: ______________________________________________
Country of Permanent Employment / Residence: _____________________________________________
   (if different from above)

II. AREA(S) OF INTEREST (Please indicate all areas that apply)
   Instruction/Performance Enhancement
   Social Psychology
   Health Psychology

III. MEMBERSHIP CATEGORIES (Membership year January 1 - December 31)
Check one: RENEWAL or NEW MEMBER
(Applied postmarked after February 1, 1996 requires $15 late charge. This does not apply to new members.)
Student: $40 (1996) ___________________________ $80 (1996-97) ___________________________
Affiliate: $70 (1996) ___________________________ $140 (1996-97) ___________________________
Late Fee (after Feb. 1): $25 ___________________________

IV. CERTIFIED CONSULTANT, AAASP (For Certified Consultants only)
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Late Fee (after Feb. 1): $35 ___________________________

Please indicate if you wish to be included on membership list mailings as:
Professional organizations: Yes No
Business requests: Yes No

Please make check payable to AAASP (U.S. Dollars only)
and mail to:
Ville Knne Ph.D.
AAASP Secretary Treasurer
Bowling Green State University
HPER Roper Center
Bowling Green, OH 43403

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Late Fee: ___________________________

A $10 service charge will be added on all returned checks. International Checks will be accepted $35.

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Editorial Office, Department of HHP, University of Houston, Houston, TX 77204-5331