ESCAPE TO THE CAPE!!!

AAASP CONFERENCE 1998

CAPE COD, MASS
SEPTEMBER 23 - 27, 1998
1997 AAASP STRUCTURE

President
Leonard Zaichkowsky

President-Elect
Robin Vealey

Past President
Maureen Weiss

Secretary-Treasurer
James Whelan

Publications Director
Dale Pease

Health Psychology
Carole Oglesby

Intervention/Performance Enhancement
John Salmela

Social Psychology
Bob Brustad

Student Representative
Thad Leffingwell

1998 AAASP CONFERENCE SITE
SHERATON HOTEL AT CAPE COD

AAASP NEWSLETTER STAFF

Publications Director
Dale Pease
University of Houston

Associate Editors
Eileen Udry
Indiana University/Purdue University

Deborah Rhea
Iowa State University

John Bowman
Mind Plus Muscle

Technical Editor
Beryl Bailey
University of Houston

JASP Editor
Bob Weinberg

Associate Editors
Al Petitpas
Diane Gill
Bonnie Berger
Judy Van Raalte

RECEPTION FOR USOC SPORT PSYCHOLOGY REGISTRY MEMBERS
(by invitation only)

USOC Sport Psychology Registry members are cordially invited to a reception at 7:30 pm, Thursday night, September 24 in room (see official conference program for room announcement). This is a chance to meet fellow Registry members as well as sport psychology staff, and hear from those individuals who provided services at the Nagano Olympics. AAASP Executive Board Members are also welcome. Refreshments will be served.
One if by land, 
two if by sea, 
come to the Cape, 
to learn and frolic merrily...

ESCAPE TO THE CAPE
AAASP '98

An Invitation from Maureen Weiss, Past President and Conference Coordinator

You'll arrive a few miles from Paul Revere's famous ride. Perhaps you'll come a day early and catch the Red Sox-Tampa Bay game, the theater, the symphony, or a glimpse of Walden Pond. Then a short, beautiful ride later you'll arrive in Hyannis on Cape Cod where you will be within blocks of the sandy beach, boat-lined harbor, ferry to Martha's Vineyard and Nantucket, whale watching, shopping, and the Kennedy Compound.

This year's AAASP Conference, September 23-27, awaits you with an intellectually stimulating program, provocative keynote and major speakers, and a site that allows optimum social interactions at the meetings, the local brew pubs, and restaurants on the harbor. Come early and enjoy one of the three tours we have planned: Martha's Vineyard, Whale Watching, and Kennedy Country. Or come early and learn from and enjoy one of the six Continuing Education programs. Alternatively, partake of the championship golf course tourney or the on-site tennis courts, or rent a car and tour the entire Cape at your own leisure.

I want to personally recognize John Salmela, the Senior Section Head, and Wade "The Wizard" Gilbert for revolutionizing the abstract submission, review, and program development process. Their proactive thinking and action related to electronic processing of all materials allowed us to create, revise, and fine tune a conference program and abstract book. This is a step that will be continued and updated even more in the future.

Do plan to join your colleagues and friends at the 1998 AAASP Conference on Cape Cod, MA, during September 23-27. You will find yourself enchanted with the beauty of the scenery and excited by the excellent conference program!
Conference Questions?

1. Last minute questions? Contact Dr. Maureen Weiss, mrw5d@virginia.edu

2. Continuing Education Workshop questions? Contact Dr. Gloria Solomon, g.solomon@tcu.edu, 817-257-6871

3. Hotel Reservations? Sheraton Hyannis Hotel and Resort, 1-800-598-4539, 508-775-7775, fax: 508-778-6039

4. Conference Registration and Membership questions: Dr. Jim Whelan, jwhelan@memphis.edu, 901-678-3736

5. Tour-related questions: Cape Escape Tours, 1-800-540-0808

6. Stay updated by checking our Web site regularly: http://spot.colorado.edu/~aaasp

Important Dates to Remember

August 1 Early Conference Registration Deadline
August 1 Continuing Education Workshop Registration Deadline
August 1 Golf Tournament Sign-up
August 1 Tour Registration Deadline

Exhibits

If you are interested in distributing flyers or marketing published materials at the conference, you need to pay an exhibit fee. Please contact Dr. Penny McCullagh for current rates, mccullagh@colorado.edu, 303-492-8021.

Audiovisuals

Only slide projectors and overhead projectors will be provided by AAASP for presentations. Any other equipment is the responsibility of the presenter.
The conference is being held at the Sheraton Hyannis Hotel on beautiful Cape Cod. You can fly into either Logan Airport in Boston, Providence, Rhode Island T.F. Green Airport, or you can transfer to some commuter airlines and fly into the Barnstable airport on Cape Cod which is about 2 miles from the hotel. Providence is an easier airport than Logan but it is more difficult to get to the Cape especially on public buses.

From Boston’s Logan International Airport: (about 1 1/2 hours driving time in light traffic)

Leave airport and go through the Tunnel (watch it - about 12 lanes merge into 4 very quickly) and pick up Route 93 South. Just after you leave the city take Route 3 to Cape Cod. Keep on this highway until you go over the Sagamore Bridge (you will have traveled about one hour to reach the bridge). Go over the bridge and take Route 6 - Mid-Cape Highway - not 6a). Take Route 6 to Exit 6 which will lead you to Route 132 (about 20 minutes) to Hyannis. Stay on Route 132 until you hit second set of lights (it says to the West End). This street is called Basses Way. Follow Bearses Way through one set of lights until you come to a fork in the road (the Kennedy Memorial Skating Rink is on your right). Keep to the right onto Bassett Lane. Take Bassett Lane to the first set of lights. This is North Street. Turn right onto North Street and follow to the traffic circle. Go 2/3 around the circle and the Sheraton is on your right.

From Providence, Rhode Island (T.F. Green Airport): (about 2 hours driving time)

Take route 95 North to 195 East to Route 25 South to Bourne Bridge. The best thing to do is go over the Bourne Bridge and around the rotary all the way (to the last exit before you have to go over the bridge again). This road will follow the Canal on the south side. Stay on this road until you come to a set of “Go over the bridge and take Route 6............” (the rest is the same as from Logan-see above)

From Barnstable Municipal Airport:

If you fly into Barnstable call a cab. It is about 2 miles to the hotel.

**Buses from Logan International Airport**

Go to baggage level and go outside. Look for island that has pictures of buses. You will want to catch a Plymouth & Brockton bus that says Hyannis on the front. The costs is $15 one way and $27 round trip. The bus takes about 1 hour and 45 minutes.

Schedule - Mon through Fri buses leave Logan at 7:45 AM and then once every hour until 8:45 PM. There is one last bus at 11:15 PM. On Saturday there is one bus at 6:30 AM and then they run every hour from 8:45 AM to 7:45 PM.

Buses drop you off at the Plymouth & Brockton Terminal at 17 Elm Street in Hyannis. Take a cab to the hotel.

Returning to Logan the buses begin at 4:25 AM, 5:00 AM, 6:25 AM, 7:20 AM and then every hour from 8:30 AM to 4:30 PM. There is one final bus at 7:30 PM. On Saturday and Sunday the buses start at 4 AM and the last bus is at 8:30 PM. BE SURE TO CHECK SCHEDULE TO CONFIRM TIMES. Call 508-771-6191 or check the web at www.p-b.com

**Buses from T.F. Green Airport**

Take Bonanza Bus Lines - 1-888-751-8800. One way fare is $22 and round trip is $39.95. Bus takes up to 3 hours depending on transfers. Buses leave at 7:50 AM, 11 AM, 1 PM, 5 PM, and 7 PM. Buses return at 6:30 AM, 8:30 AM, 10:30 AM, 12:30 PM, 2:30 PM and 5:30 PM.

Buses drop you off at the Plymouth & Brockton Terminal at 17 Elm Street in Hyannis. Take a cab to the hotel.

**Other Amenities at the Hotel**

There is a full service spa, hair salon, fitness center and swimming pool at the hotel. The cost for the fitness center is $7 per day or you can buy a weekly pass at the front desk for unlimited use for $15.
Call Avis for your car rental needs. Be sure to give them this discount number AWD J094347 and say you are with AAASP. Call 1-800-331-1600. The following rates are guaranteed from either Logan or Green and car must be returned to the same location. Rates include unlimited mileage. Weekend rates available from noon on Thursday to 11:59 PM Monday and requires Friday night overstay. Rates do not include surcharges tax, refueling or insurance costs. Renter is responsible for these charges.

<table>
<thead>
<tr>
<th>Car Type</th>
<th>Daily</th>
<th>Weekly</th>
<th>Weekend Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>A-Subcompact</td>
<td>$50.99</td>
<td>$164.99</td>
<td>$35.99</td>
</tr>
<tr>
<td>B-Compact</td>
<td>$54.99</td>
<td>$174.99</td>
<td>$38.99</td>
</tr>
<tr>
<td>C-Intermediate</td>
<td>$58.99</td>
<td>$202.99</td>
<td>$40.99</td>
</tr>
<tr>
<td>D-Full Size 2 Door</td>
<td>$63.99</td>
<td>$224.99</td>
<td>$42.99</td>
</tr>
<tr>
<td>E-Full Size 4 Door</td>
<td>$63.99</td>
<td>$236.99</td>
<td>$45.99</td>
</tr>
<tr>
<td>H-Luxury</td>
<td>$66.99</td>
<td>$290.99</td>
<td>$64.99</td>
</tr>
<tr>
<td>V-Mini Van</td>
<td>$69.99</td>
<td>$302.99</td>
<td>$73.99</td>
</tr>
</tbody>
</table>

Call Avis for your car rental needs. Be sure to give them this discount number AWD J094347 and say you are with AAASP. Call 1-800-331-1600. The following rates are guaranteed from either Logan or Green and car must be returned to the same location. Rates include unlimited mileage. Weekend rates available from noon on Thursday to 11:59 PM Monday and requires Friday night overstay. Rates do not include surcharges tax, refueling or insurance costs. Renter is responsible for these charges.

So you want to go to Nantucket. There are ferries as well as high speed ferries. Make reservations in advance. HyLine Cruises. Call toll free 1-888-778-1132. You can also fly - it only takes about 15 minutes. Call Nantucket Airlines 1-800-635-8787 or Island Airlines, 1-800-698-1109.

Tennis Anyone?

AAASP has two tennis courts reserved at the hotel from 1 PM to 3 PM on Wednesday. Meet at 1 PM in the lobby and you will self-organize.

GOLF AT THE HOTEL

The Twin Brooks Golf Course is located right at the hotel. It is an 18 hole, par three executive course. For AAASP members the rate is $20 per person during the week and $25 on the weekend. They have agreed to let you split the front and back so if you want to squeeze in a quick 9 before the morning session, give them a call. Cart rental is $5 for a pull cart and $22 for a 2 person gas cart. Club rental is $15. Phone 508-775-7775 X473. Yardage White 2621, Red 2239.

GOLF TOURNAMENT: Must sign up by August 1, 1998

This year's golf tournament will be held at the Hyannis Golf Club. The course is a championship 71 par, 18 hole championship course. Yards: Back 6,711; Middle 6,002; Forward 5,149.

Check the internet at www.golfcapecod.com/hyannis.html

Send this form and a check for $55 to Dr. Linda Pellichkoff, Dept. of HPER, Boise State University, Boise, ID 83725 by August 1. Tee times will start at Noon on Wed, Sept. 23. Last tee time will be 1:15. Club rental is $25.

Name ____________________________ Handicap/Average __________________

Address __________________________________________ Phone _________

e-mail __________________________________________

Will you need transportation to the course? Yes No

Will you have a car and if so how many people can you provide rides to? __________________

Are you in a morning workshop or do you have any time restrictions? __________________________
Conference P's and Q's

Our Annual Conference is the highlight to the membership of AAASP. It is a time of intellectual curiosity, social relationships, and great fun. The large majority of work for the Association is completed by volunteers or individuals we hire on a part-time basis to help us run the operations of the conference. The executive board spends a considerable amount of time to select the site, design the program, organize special events, and provide an optimal experience for members. To ensure that our conference runs smoothly and to avoid problematic situations, the executive board would like to inform you of desired procedures about certain tasks and ask that you try to follow them. Here are some of our requests:

1. "Stand by your poster"
   In the spirit of Tammy Wynette, we would like to ask that you make sure you put up your poster on the designated day and time, and at the number assigned in the conference program. This ensures that attendees know where to find your presentation, and to allow the presider to monitor any potential no-shows. Many thanks for your cooperation in our request.

2. Registration Process at the Conference
   We solicit volunteers or hire individuals to operate the registration table, typically through the Convention Bureau in the home city. These individuals are trained to do registration and are familiar with specifics of the conference site. Although they are not familiar with AAASP, they really try to do their best to help us through the registration process. Please take a moment to thank these individuals, and to be patient with the process. If there are concerns, be sure to discuss them with the executive board or conference coordinator rather than confront these gracious workers.

3. Membership and Registration Fees
   If you are a continuing member of AAASP but did not pay your dues by February 1, you will be assessed the membership late fee ($25) or a processing fee ($25) to reinstate you onto our membership list. If your conference registration fees are received after the August 1 early deadline, you will be assessed a late fee that you will need to pay before you receive your registration materials at the conference. Please do not remove any registration materials on your own before our volunteers can process your request.

4. Abstract Submissions to Conference
   We receive 300 or more abstracts for consideration at our annual conference. The program committee is charged with reviewing and selecting papers to fill the limited number of time slots available. To facilitate program committee decisions and allow more people to present at the conference, we ask that in future submissions individuals not submit the same or similar abstracts to multiple sections (social psychology, health psychology, performance enhancement, continuing education). Please be mindful of the number of papers you submit so that the maximum number of people have the chance to present at the conference.

5. Opening Reception and Closing Banquet
   Catering costs at the conference are considerable. If you have not paid the full registration fee, you are not eligible to attend the reception and banquet. The hotel bills us on a per person basis and it is simply not fair to attend if you have not paid. We acknowledge that the large majority of people are honest and pay their own way. However, over the years a few individuals have taken advantage of AAASP and have caused the executive board members, who are running the conference, a great deal of distress.

Please help us make the conference enjoyable for all. Thank you.
Mo Weiss

Nelson obtained a bachelor’s degree in psychology from Stanford (1978) and a master’s degree in public health from San Jose State University. At Stanford she was the captain and leading scorer of the basketball team. She averaged 19 points per game and still holds one rebounding record. She played for pro teams in France and the United States.

A former weekly columnist for the Washington Post and editor of *Women’s Sports and Fitness* magazine, she has written for the *New York Times*, *USA TODAY*, *Ms. Magazine*, *Glamour*, *Shape*, *Fitness*, *Cosmopolitan*, and many other periodicals. She also wrote the first and only nationally syndicated women’s sports column, or Knight-Ridder/Tribune, distributed to 320 newspapers.

In her role as the nation’s leading expert on sports and feminism, Nelson has appeared on *The Today Show*, *Good Morning America*, *The Phil Donahue Show*, *Larry King Live*, *Dateline*, CBS’s *Evening News*, *Crossfire*, *Geraldo Rivera*, *PrimeTime Live*, and hundreds of other shows. She has won numerous awards for her journalism and books, including the Amateur Athletic Foundations’ Book Award, the Women’s Sports Foundations’ Magazine Journalism Award, the Fort Wayne Women’s Bureau’s Nancy Rehm Memorial Award “for honest reporting of girls and women in sports,” and the National Association of Girls and Women in Sport Award. In 1996, she was inducted into the National Women in Sports Hall of Fame.

Nelson offers dozens of lectures each year to professionals and students. Audiences range from Harvard to Ohio State, from the Associated Press Sports Editors to the National Women’s Political Caucus. She also competes in masters swimming events (specializing in the 1650-yard freestyle; her time is in the top five nationally for her age group) and coaches her mother, Sarah Burton Nelson, who recently set two Arizona state breaststroke records for women aged 70-74.
Byllye Y. Avery
Health Psychology Keynote

Title: "Health and Active Lifestyle in Diverse Communities: Potentials for Sport Psychology"
Thursday, September 24, 8:30-10:00 am

Byllye Y. Avery, founder and director of the National Black Women's Health Project since its inception in 1981, has been a women's health care activist for more than 20 years. A dreamer, visionary, and grass roots realist, Avery has combined activism and social responsibility in developing a national forum for the exploration of health issues of African American women's health experiences in America and to provide a supportive atmosphere for women to reflect on and speak about these experiences.

An Altar of Words: Wisdom, Comfort, and Inspiration for African American Women, Avery's most recent major publication, has been critically acclaimed by noted women scholars and activists. Diana Chapman Walsh, President of Wellesley College wrote, "Speaking of words, this lovely volume is suffused with the wisdom, struggle, empathy, humor, strength, and generosity Byllye Avery embodies in this world". In addition to her books, public presentations, and film, radio, and television appearances, Ms. Avery has published in the American Journal of Preventive Medicine, Minority Health Issues, and Child Care Quarterly. Ms. Avery has provided international consultancies in Kenya, South Africa, Latin America, Belize, and Barbados.

Byllye Avery received her BA in Psychology from Talladega College and an MEd in Special Education from the University of Florida. In 1990, Avery received the first of many honorary degrees. She received four Doctor of Humane Letters degrees: Thomas Jefferson University, Philadelphia; State University of New York, Binghampton; Bowdoin College, Maine; and Gettysburg College, Pennsylvania. In 1995 she received a Doctor of Laws degree from Bates College, Lewiston, Maine.

Prior to her entry into the health care arena, Ms. Avery taught special education to emotionally disturbed students and consulted on learning disabilities in public schools and universities throughout the southeastern United States. She co-founded the Gainesville Women’s Health Center and BIRTHPLACE, an alternative birthing center in Gainesville. She moved to Atlanta in 1981 to begin the National Black Women’s Health Project, a non-profit organization committed to defining, promoting, and maintaining the physical, mental, and emotional well-being of African American women. She served two years as a visiting fellow at the Harvard University School of Public Health, and currently serves on the Advisory Committee for the Office of Research on Women’s Health of the National Institutes of Health.
Title: “Fruits of Collaboration”
Friday, September 25, 8:30-10:00 am

We are fortunate to have Dr. John Partington as our keynote speaker for intervention/performance enhancement. Dr. Partington was trained in social/personality/clinical psychology but was drawn toward sport psychology in the early 1970’s when, as a father of three, he became interested in the developmental significance of play. He developed a course, “A Study of Play”, undertook research on creative playground design, and co-authored a chapter on the developmental significance of imaginary playmates. He became involved with Terry Orlick in the delivery of workshops on values and violence in youth sport. He collaborated in 1979-1981 with Orlick, Salmela, Botterill, and Halliwell to plan, host, and publish proceedings of the Fifth World Congress in Sport Psychology. His interest in performance enhancement developed through collaboration with Orlick on several large-scale evaluations and interventions, most notably the publication on “Mental links to excellence” that appeared in The Sport Psychologist.

Partington’s published research covers a wide range of topics including memory in the aged, peace, interpersonal perceptions, self-conceptions of alcoholics, therapeutic recreation, social/cultural factors in the classroom, medical compliance, adherence to physical activity, mental factors in performance (sport, military, music), coach/teacher effectiveness, team psychology, and collective efficacy. These heterogeneous topics revolve around two common themes: (a) collaboration among investigators as well as the study participants, and (b) the degree to which problems were framed and procedures designed to reach beyond current perspectives and practices. An example includes his successful effort to understand the multidimensional nature of team psychology, and to shed new light on social loafing by studying the collective performance of both “true” and “ad hoc” groups.

Before retirement, Partington taught courses on sport and performance, several courses in social psychology, and coordinated a practicum in community psychology. He remains an active registered member of the Ontario College of Psychology, and is completing investigations on the role of personal/social factors in the transition from college football to the NFL (with Debbie Steward), comparison of leadership styles and practices of sport coaches and symphony orchestra conductors (with Salmela), and cultural value issues and leadership factors in adherence of North American adults to Tai Chi (with Xinhong Jin).
Title: “Self Theories and Goals: Their Role in Motivation”
Saturday, September 26, 8:30-10:00 am

We are delighted to welcome Dr. Carol Dweck, Professor of Psychology at Columbia University in New York, as the keynote speaker for social psychology. Dr. Dweck is an internationally known scholar for her work in the areas of motivation, personality, and social development. She received her Ph.D. from Yale University and began her teaching career at the University of Illinois. Subsequently, she was a Professor at Harvard University for five years before returning to the University of Illinois. She has been at Columbia University since 1989.

Dr. Dweck gained widespread renown for her early line of research on learned helplessness. This research focused on expectancy effects, attributional patterns, and children’s interpretations of evaluative feedback in relation to learned helpless behaviors. A primary focus of this research was upon the nature of gender differences in the incidence of learned helplessness outcomes. Subsequently, she was one of the principal researchers to examine the nature of achievement goal orientations and their effects upon motivated behavior. A specific focus of this research was upon the nature of children’s and adolescents’ implicit theories of motivation. Currently, her research remains focused in the area of implicit theories of motivation as they affect people’s thinking about personality characteristics, moral judgments, and the processing of social information.

AAASP is truly fortunate to have Dr. Dweck as our Social Psychology keynote speaker. She has been an invited speaker for meetings of many of the major national and international psychological and educational associations, including the American Psychological Association, the American Educational Research Association, and the Society for Research on Child Development. Her talk will focus on the application of personal theories and achievement goals to sport motivation. Her line of research is highly relevant to understanding motivation in sport and she will be able to provide us with new insights on social cognition. We are greatly looking forward to Dr. Dweck’s talk.
We are pleased to honor Dr. Stuart Biddle as an AAASP Distinguished International Scholar at the Cape Cod Conference. Dr. Biddle is currently a professor at Loughborough University in the UK, where he recently moved after 10 years as a Senior Lecturer at the University of Exeter. The criteria for the award require that the individual has made significant contributions to the scientific body of knowledge in sport psychology, and has been recognized for his or her international impact on knowledge development and/or practical application in the field of sport psychology as evidenced by international publications and presentations.

Dr. Biddle's research has focused upon two main areas: (a) psychology of health-related exercise and (b) psychological aspects of achievement in physical education, sport, and exercise, with particular reference to attributions, goal perspectives, and intrinsic motivation. Dr. Biddle has also published in sports magazines and journals, bridging the gap between researchers and practitioners. Dr. Biddle will deliver a presentation that summarizes his research at the Awards Lectures on Saturday at 12:00 noon. His presentation is titled: "Motivation in physical activity and health."

Dr. Biddle's international contribution has been far reaching. As President of the European Federation of Sport Psychology (FEPSAC), he promoted international projects, and edited a book titled European Perspectives on Exercise and Sport Psychology. In Gloria Balague's letter of nomination as the Chair of the International Relations Committee, she stated, "We feel that the contributions of Dr. Biddle exemplify the qualities we want to promote: scholarly research, emphasis on applied issues, and international impact."
Dr. Robert W. Schutz, internationally-known expert in research design, measurement, and statistics in the field of human movement science, will provide much food for thought in his invited colloquium on Friday, September 25, at 10:15 am titled, “The Big Five in Sport Psychology Questionnaires: Valid, Visionary, Verified, Veracious and Versatile; or Vacuous, Vulnerable, Vague, Vaporous and Voluminous?” Dr. Schutz’s presentation will be especially timely with the recent release of Advances in Sport and Exercise Psychology Measurement edited by Dr. Joan Duda. Dr. Diane Gill will be the discussant following Dr. Schutz’s paper.

Dr. Schutz is a professor, and past Director, of the School of Human Kinetics at the University of British Columbia. He has served as President of NASPSPA and of the Canadian Association of Sport Sciences. He was Associate Editor of Journal of Motor Behavior from 1976-1990 and Section Editor, Measurement and Evaluation, for Research Quarterly for Exercise and Sport from 1982-1994. His publications, numbering about 75, deal with statistical and measurement issues in human movement research, with a specific focus on measurement and analysis of change, and have appeared in such journals as: Developmental Psychology, Journal of Sport and Exercise Psychology, Journal of Counseling Psychology, Research Quarterly for Exercise and Sport, and Educational and Psychological Measurement.

Dr. Schutz’s contributions to sport psychology have fallen into two general areas: (a) test construction/validation, and (b) statistical methodology. He has been involved (usually with Ron Smith and Frank Smoll) in developing the Sport Anxiety Scale (SAS) and the Athletic Coping Skills Inventory-28, revising the Children’s Attitudes Toward Physical Activity (CATPA) inventory, and examining the factorial validity of a number of instruments. His statistical methodology presentations and publications in sport psychology have been of a tutorial nature, and deal with topics such as multivariate statistics, repeated measures analyses, confirmatory factor analysis, and the measurement of stability.
Written and performed with a sense of history and humor by Jane Curry

Sammy Kay Knight, English teacher and veteran of the All American Red Heads professional basketball team rambles on about women in sports. She can't help but notice that athletic women have always been a dangerous lot. "After all," she says, "it's hard to think of yourself as weak and dependent after you've just run five miles."
CONTINUING EDUCATION WORKSHOPS

Registration Due August 1

AAASP is pleased to offer both six and three hour Continuing Education Workshops. Each six hour workshop is divided into two parts. Both workshops will be held Tuesday September 22, 7-10pm and Wednesday, September 23, 9-Noon. The three hour workshops will be offered on Wednesday afternoon and Thursday evening. Please see the specific schedule below. To receive AAASP CEUs, you must attend the entire workshop. Each workshop is limited to 25-30 participants and registrations will be processed in the order they are received. Due to the possibility of being closed out of your first choice, please rank order your willingness to attend the other workshops. If you are NOT interested in an alternative workshop, indicate your first choice only. It is important that you register early, so take a moment to complete the form below and mail it TODAY!

Note: See registration form if seeking APA Continuing Education Credit.

Six Hour Workshops

Workshop 1 - Understanding and Applying Sport Science Concepts in the Practice of Sport Psychology (Tues 7-10pm, Wed 9-Noon)

Leaders: Bruce Hale, Staffordshire University, Division of Sport, Health, and Exercise  
David Collins, Manchester Metropolitan University, Department of Exercise and Sport Science

Purpose and Objectives:
This workshop is designed to introduce basic concepts in the sport sciences so that sport psychologists who lack formal sport science training and information can recognize how factors other than psychological ones might affect athletic performance. We will present a brief overview of critical factors in physiology of exercise, motor learning/control, nutrition, and sports medicine. Through an interactive style, small group interaction, and case studies, participants will have an opportunity to discuss and select various potential factors which should be a part of the initial sport science assessment of an individual performer under consultation.

Workshop 2 - Designing and Implementing Supervised Practicum Experiences: Guidelines for Supervisors and Students (Tues 7-10pm, Wed 9-Noon)

Leaders: Sean McCann, United States Olympic Training Center  
Diane Mack, University of North Carolina, Department of Physical Education, Exercise, and Sport Science  
David Conroy, University of Utah, Department of Exercise and Sport Science  
John Silva, University of North Carolina, Department of Physical Education, Exercise, and Sport Science

Purpose and Objectives:
The purpose of this workshop is to address the need for supervised practicum experiences by providing specific information on how to design and implement supervised practicums for individual athlete intervention and group intervention settings with a partial or intact sport team. It is an objective of this workshop to provide participants with a "working model" for establishing a positive supervised experience. The potential difficulties and expectations from the perspective of the student participant will be integrated into the workshop to enhance supervisor sensitivity to the concerns of students experiencing a supervised practicum.
CONTINUING EDUCATION WORKSHOPS (CON'T)

Three Hour Workshops

Workshop 3 - Sociomoral Education in Physical Education and Sport Contexts (Wed 1-4pm)

Leaders: Brenda Light Bredemeier, University of California, Berkeley, Graduate School of Education
         Steve Miller, University of California, Berkeley, Graduate School of Education

Purpose and Objectives:
This workshop is designed for AAASP members who would like some theoretical background and practical strategies for promoting sociomoral development in youth and young adults who are involved in either physical education classes or organized sport (youth sport, interscholastic sport, or intercollegiate sport). The workshop will feature discussion, role play, and simulation games, and will be structured to assist participants who wish to educate others (i.e., coaches, parents, graduate students) about basic moral education concepts and strategies that are particularly relevant in physical activity contexts.

Workshop 4 - A Values-Based Approach to Applied Sport Psychology (Wed 1-4pm)

Leaders: R. Kelly Crace, College of William & Mary, Dean of Students Office
         Charles Hardy, Georgia Southern University, Department of Health & Kinesiology

Purpose and Objectives:
The purpose of this workshop is to train professionals and students on an approach to sport psychology consulting that relies heavily on crystallizing and prioritizing clients' values. Assumptions of a culturally sensitive, life role developmental model will be presented. Applications of the model will include team building, performance enhancement, goal setting, stress management, burnout prevention, and adjustment/transition. Intervention strategies will be discussed and experientially demonstrated by use of the "fishbowl" technique and case scenarios.

Workshop 5 - West Meets East: What Sport Psychologists Can Learn From the Martial Arts (Wed 1-4pm)

Leaders: Rob Smith, Biobehavioral Sciences, Inc., Brookline, Massachusetts
         Jim Wallace, Colgate University, Hamilton, New York

Purpose and Objectives:
The martial arts have been utilizing what we know as sport psychology training techniques for the past 1,500 years. Consequently, it stands to reason that sport psychologists can learn a great deal through these ancient concepts and training methods. This workshop contains many of the skill areas sport psychologists use in their work. For each of these areas, participants will learn martial arts concepts, activities, and exercises that will expand their teaching repertoire. Both presenters have extensive martial arts experience and will teach their material through a blend of metaphors, stories, demonstrations, and group activities.

Workshop 6 - Focus and Intensity for Training and Competition (Thurs 7-10pm)

Leader: Jim Taylor, Alpine/Taylor Consulting, Aspen, Colorado

Purpose and Objectives:
This workshop addresses the essential roles that focus and intensity play in athletes' training and competition. This workshop targets consultants who work with athletes in practice and competitive settings. The workshop has several objectives: (1) offer participants an applied perspective on how focus and intensity impact training and performance; (2) provide useful strategies to increase the benefits of practice time; and (3) describe tools that athletes can use to regulate their focus and intensity before and during competition. These goals will be accomplished via didactic discussions of focus and intensity styles, assessment of focus and intensity, application of these styles to participant's clients, detailed demonstrations of relevant techniques, and opportunities for participants' experiential use of the strategies.
1998 AAASP Conference Program

Monday, September 21, 1998
5:00 PM - 11:00 PM Executive Board Meeting

Tuesday, September 22, 1998
8:00 AM - 11:00 PM Executive Board Meeting
4:00 PM - 7:00 PM Conference Registration

Continuing Education Workshops:
7:00 PM - 10:00 PM Understanding and Applying Sport Science Concepts in the Practice of Sport Psychology
Bruce Hale, Staffordshire University, UK
David Collins, Manchester University, UK

7:00 PM - 10:00 PM Designing and Implementing Supervised Practicum Experiences: Guidelines for Supervisors and Students
Sean McCann, United States Olympic Training Center, USA
Diane Mack, University of North Carolina, USA
David Conroy, University of Utah, USA
John Silva, University of North Carolina, USA

5:00 PM - 7:00 PM Tour Sign-up if Space Available

Wednesday, September 23, 1998
11:00 AM - 6:00 PM Registration
9:00 AM - Noon Sport Psychology Council Meeting
8:00 AM Tours Begin - Meet in Lobby
11:00 AM Golf Tournament - Meet in Lobby
1:00 PM Tennis - Meet in Lobby

Continuing Education Workshops:
9:00 AM - Noon Understanding and Applying Sport Science Concepts in the Practice of Sport Psychology (cont'd)
Bruce Hale, Staffordshire University, UK
David Collins, Manchester University, UK

9:00 AM - Noon Designing and Implementing Supervised Practicum Experience: Guidelines for Supervisors and Students (cont'd)
Sean McCann, United States Olympic Training Center, USA
Diane Mack, University of North Carolina, USA
David Conroy, University of Utah, USA
John Silva, University of North Carolina, USA
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00 PM - 4:00 PM</td>
<td><strong>Sociomoral Education in Physical Education and Sport Contexts</strong></td>
<td>Brenda Light Bredemeier, University of California at Berkeley, USA</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Steve Miller, University of California at Berkeley, USA</td>
</tr>
<tr>
<td>1:00 PM - 4:00 PM</td>
<td><strong>A Values-based Approach to Applied Sport Psychology</strong></td>
<td>R. Kelly Crace, College of William &amp; Mary, USA</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Charles Hardy, Georgia Southern University, USA</td>
</tr>
<tr>
<td>1:00 PM - 4:00 PM</td>
<td><strong>West Meets East: What Sport Psychologists Can Learn from the Martial Arts</strong></td>
<td>Rob Smith, Biobehavioral Sciences Inc., USA</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Jim Wallace, Colgate University, USA</td>
</tr>
<tr>
<td>6:00 PM</td>
<td><strong>Welcome and Opening Remarks</strong></td>
<td>Len Zuchowsky, Boston University, USA, AAASP President</td>
</tr>
<tr>
<td></td>
<td><strong>Introduction of the Coleman Roberts Griffith Lecture</strong></td>
<td>Maureen Weiss, University of Virginia, USA, AAASP Past-President</td>
</tr>
<tr>
<td>6:00 PM - 7:30 PM</td>
<td><strong>Coleman Roberts Griffith Lecture</strong></td>
<td>Mariah Burton Nelson, USA</td>
</tr>
<tr>
<td>7:30 PM</td>
<td><strong>Opening Reception</strong></td>
<td></td>
</tr>
</tbody>
</table>

**Thursday, September 24, 1998**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenter(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 AM</td>
<td><strong>JASP Editorial Board Meeting</strong></td>
<td></td>
</tr>
<tr>
<td>7:30 AM</td>
<td><strong>Regional Student Representatives</strong></td>
<td></td>
</tr>
<tr>
<td>8:30 AM - 10:00 AM</td>
<td><strong>Health Psychology Keynote Address</strong></td>
<td>Bylye Avery, National Black Women's Health Project, USA</td>
</tr>
<tr>
<td></td>
<td><strong>Health and Active Lifestyle in Diverse Communities: Potentials for Sport Psychology</strong></td>
<td>Presider: Carole Oglesby, Temple University, USA</td>
</tr>
<tr>
<td>10:00 AM - 10:15 AM</td>
<td><strong>Break</strong></td>
<td></td>
</tr>
<tr>
<td>10:15 AM - Noon</td>
<td><strong>SYMPOSIUM: Positive and Negative Factors Influencing U.S. Athletes and Coaches Competing in the Atlanta Olympic Games</strong></td>
<td>Daniel Gould, University of North Carolina at Greensboro, USA</td>
</tr>
<tr>
<td></td>
<td><strong>Individual Interviews with 1996 Olympic Athletes</strong></td>
<td>Christy Greenleaf, University of North Carolina at Greensboro, USA</td>
</tr>
<tr>
<td></td>
<td><strong>Focus Group Interviews with 1996 Olympic Athletes and Coaches</strong></td>
<td>Diane Guinan, The Cooper Institute for Aerobics Research, USA</td>
</tr>
<tr>
<td></td>
<td><strong>A Survey of Positive and Negative Factors Influencing U.S. Olympic Athlete Performance in the 1996 Olympic Games</strong></td>
<td>Daniel Gould, University of North Carolina at Greensboro, USA, Marc Strickland, University of North Carolina at Greensboro, USA</td>
</tr>
</tbody>
</table>
Presider: David Conroy, University of Utah, USA

Factorial Validity of the Self-Presentation in Exercise Questionnaire
David Conroy, University of Utah, USA
Robert Motl, University of Utah, USA
Evelyn Hall, University of Utah, USA

Assessing the Convergent and Discriminant Validity of the Self-Presentation in Exercise Questionnaire
Robert Motl, University of Utah, USA
David Conroy, University of Utah, USA
Evelyn Hall, University of Utah, USA

Examining the Factorial and Convergent Validity of a 9-item Version of the Social Physique Anxiety Scale in a Sample of Males and Females
Evelyn Hall, University of Utah, USA
David Conroy, University of Utah, USA
Robert Motl, University of Utah, USA

11:15 AM - Noon Social Psychology Lectures: Performance and Professional Issues
Presider: Robert Brustad, University of Northern Colorado, USA

11:15 AM Athletes’ Interpretation of Competence Information
Lavon Williams, Northern Illinois University, USA
Jenny Parker, Northern Illinois University, USA
Capri Fey, University of North Carolina at Greensboro, USA

11:30 AM Youth Coaches and Sport Psychology: From Challenges to Professional Growth
Wade Gilbert, University of Ottawa, Canada

11:45 AM Examining the Relationship between Life Stress and Skating-Specific Stress on Figure Skating Performance during the Competitive Season
Kavita Prakash, University of Ottawa, Canada
Diane Ste-Marie, University of Ottawa, Canada

10:15 AM - 11:00 AM COLLOQUIUM: Girls in the Game: How Exercise and Sport is Used to Enhance the Psychological, Physical and Social Well-being of Urban Adolescent Females
Doreen Greenberg, Cabrini College, USA
Marjorie Snyder, Women’s Sports Foundation, USA
Diane Wiese-Bjornstal, University of Minnesota, USA

11:00 AM - Noon Health Psychology Lectures: Diversity and Active Lifestyles
Presider: Emily Claspell, Private Practice, USA

11:00 AM Aging and Physical Activity: Exploring Stereotypes
Ann Clarke, University of Western Australia, Australia
Sandy Gordon, University of Western Australia, Australia

11:15 AM The Use of Exercise in Therapy with Women of Color
Ruth Hall, The College of New Jersey, USA
11:30 AM  Psychological Determinants of Children’s Physical Activity Behavior: The Role of Perceived Competence in the Theory of Planned Behavior
Martin Hagger, Loughborough University, UK
Lorraine Cale, Loughborough University, UK

11:45 AM  Gender and Personality Characteristics Associated with Health/Fitness Variables
Glenn West, Georgetown College, USA

10:15 AM - Noon  SYMPOSIUM: Sport Psychology around the World: Past, Present, and Future Trends
Organizer: Daniel Smith, Nanyang Technological University, Singapore

Sport Psychology in Armenia: Past, Present and Future Trends
Grant Avanesyan, Armenian State Institute of Physical Culture, Armenia

Sport Psychology in Australia: Past, Present and Future Trends
Stephanie Hanrahan, University of Queensland, Australia

Sport Psychology in France: Past, Present and Future Trends
Jean Fournier, National Institute of Sport and Physical Education, France

Sport Psychology in Japan: Past, Present, and Future Trends
Mikio Tokunaga, Kyushu University, Japan

Sport Psychology in Korea: Past, Present, and Future Trends
Chung-Hee Chung, Seoul National University, Korea

Sport Psychology in Malaysia: Past, Present, and Future Trends
Sarah Chung, University of Ottawa, Canada

Sport Psychology in Singapore: Past, Present, and Future Trends
Harry Tan, Nanyang Technological University, Singapore

Sport Psychology in the USSR/Russia: Past, Present, and Future Trends
Arthur Toroyan, Armenian Federation of Sport Psychology, Armenia

10:15 AM - Noon  PANEL DISCUSSION: Mentors on Mentoring: Issues and Implications for the Graduate Training Process
Organizer: Thad Leffingwell, University of Washington, USA

Anthony Amorose, University of Virginia, USA
Andrew Meyers, University of Memphis, USA
Maureen Weiss, University of Virginia, USA
Jean Williams, University of Arizona, USA
Shelley Wiechman, University of Washington, USA

Noon - 1:00 PM  Break

Noon  Student Open Meeting
Presider: Thad Leffingwell, University of Washington, USA, AAASP Student Representative

Noon  Past Presidents Luncheon
Chair: Maureen Weiss, University of Virginia, USA, AAASP Past-president
1:00 PM - 1:30 PM **COLLOQUIUM: Reflections of a 10-year (Sport Psychologist) Veteran of the National Hockey League**
Frank Gardner, New York Rangers Hockey Club, USA

1:30 PM - 2:30 PM **Performance Enhancement Lectures: Contextual Variability**
**Presider: Samuel Zizzi, West Virginia University, USA**

1:30 PM **The Sorcerer's Apprentice? - or Reflections on Consulting with a National and Olympic Team as a Graduate Student**
Peter Haberl, Boston University, USA
Leonard Zolichowski, Boston University, USA

1:45 PM **Philosophical Consulting in Elite Sport: Norwegian Soccer Players Pursuing Meaning, Values, Fulfillment and Excellence**
Geir Jordet, University of Sport and Physical Education, Norway

2:00 PM **A Qualitative Investigation on the Mental Aspects Associated with Professional Cross Country Mountain Bike Racing**
Timothy Hamel, California State University, Fullerton, USA

2:15 PM **An Exploratory Examination of Psychological Techniques Employed by Triathletes**
Barbara Walker, The Union Institute, USA

1:00 PM - 2:30 PM **Social Psychology Lectures: Motivation**
**Presider: Jeff Martin, Wayne State University, USA**

1:00 PM **Towards a Motivational Model of Flow: Testing Relationships from the Hierarchical Model of Intrinsic and Extrinsic Motivation**
John Kowal, University of Ottawa, Canada
Michelle Fortier, University of Ottawa, Canada

1:15 PM **Relationships between Coping Strategies, Trait Anxiety, and Motivational Orientations in Youth Sport Athletes**
Laura Finch, Western Illinois University, USA

1:30 PM **Motives for and Barriers to Exercise in the Elderly**
Paul Estabrooks, University of Western Ontario, Canada
Albert Carron, University of Western Ontario, Canada

1:45 PM **Psychological and Social Determinants of Physical Activity Involvement in Youths: A Qualitative Inquiry**
Michelle Fortier, University of Ottawa, Canada
John Kowal, University of Ottawa, Canada

2:00 PM **Sport Orientation, Motivational Orientation, and Coping with Performance Slumps**
Paul Heard, University of Western Australia, Australia
Robert Grove, University of Western Australia, Australia
Robert Eklund, University of Western Australia, Australia
2:15 PM  **A Season-long Team Building Program with a Division I Intercollegiate Equestrian Team**
Diane Mack, University of North Carolina at Chapel Hill, USA
Gordon Bloom, California State University, Fresno, USA

1:00 PM - 1:45 PM  **WORKSHOP: Working with Native American Athletes**
Joy Griffin, University of New Mexico, USA

1:45 PM - 2:30 PM  **Health Psychology Lectures: Body Image / Disordered Eating**
   *Presidir: Donna Laws-Gallien, University of Houston, USA*
   **Social Physique Anxiety and Disturbed Eating Attitudes**
   Harry Prapavessis, University of Auckland, New Zealand
   Anne Hause, University of Auckland, New Zealand

2:00 PM  **The Drive for Size: Characteristics and Influences of Muscular Dysmorphia Disorder**
Christopher Lantz, Truman State University, USA

2:15 PM  **A Thin Line: Weight Pressures, Social Physique Anxiety, and Weight Loss Strategies among College Female Dancers**
Justine Reel, University of North Carolina at Greensboro, USA

1:00 PM - 1:45 PM  **COLLOQUIUM: Qualitative Methodologies in Applied Sport Psychology: A Phenomenological Research Model**
   *Greg Shelley, Ithaca College, USA*
   Artur Poczwardowski, University of Utah, USA

1:45 PM - 2:30 PM  **Professional Issues Lectures: Systems and Training**
   *Presider: Wade Gilbert, University of Ottawa, Canada*
   **A Portrait of Qualitative Research Articles Published in Three Sport Psychology Journals**
   Diane Culver, University of Ottawa, Canada
   Pierre Trudel, University of Ottawa, Canada

2:00 PM  **Multicultural Training in Applied Sport Psychology**
Matthew Martens, University of Missouri-Columbia, USA
Samuel Zizzi, West Virginia University, USA

2:15 PM  **A Systems Model for Working with Elite Adolescent Athletes**
Ellen Katz, Israel Tennis Center, Israel
Hadar Kempinsky, Israel Tennis Center, Israel

1:00 PM - 2:30 PM  **Performance Enhancement Lectures: Athletes' Perspectives on Performance Enhancement**
   *Presider: John Kowal, University of Ottawa, Canada*

1:00 PM  **Factor Analysis of the Attitudes toward Seeking Sport Psychology Consultation Questionnaire (ATSSPCQ): A Replication and Extension**
Robert Harmison, U.S. Olympic Committee, USA
Trent Petrie, University of North Texas, USA
1:15 PM **Experiences of Football Players with a Sports Psychology Program**  
Lynn Lavallée, University of Toronto, Canada  
Gretchen Kerr, University of Toronto, Canada  

1:30 PM **Athletes' Assessment of a Mental Skills Program**  
Emily Roper, University of Toronto, Canada  
Gretchen Kerr, University of Toronto, Canada  

1:45 PM **Recruiting Intercollegiate Athletes in the Canadian Context**  
Patricia Miller, University of Toronto, Canada  
John Salmela, University of Ottawa, Canada  

2:00 PM **In the Practice Room or the Locker Room - Pre-Performance Anxiety Exists**  
Cheryl Weiss, Boston University, USA  

2:15 PM **Introduction of Quantum Behaviors in Sport Psychology**  
Don Milham, Sportlogic Performance Enhancement Consulting, USA  

2:30 PM - 2:45 PM **Break**  

2:45 PM - 3:30 PM **Colloquium: Performance Enhancement x 2: A Unique Collaboration between Sport Psychology Practitioners**  
Ken Ravizza, Cal State, Fullerton, USA  
Burt Gige, Springfield College, USA  

3:30 PM - 4:15 PM **Performance Enhancement Lectures: Ropes n' Rollers**  
**Presider:** Damon Burton, University of Idaho, USA  

3:30 PM **The Ropes Course Experience: A Quasi-Experimental Examination**  
Barbara Meyer, University of Wisconsin-Milwaukee, USA  
Darci Grochowski, University of Wisconsin-Milwaukee, USA  

3:45 PM **Increasing Role Clarity for Intercollegiate Basketball Players**  
Elizabeth Shoenfelt, Western Kentucky University, USA  

4:00 PM **Division I Athletes' Preferences for Performance Enhancement Interventions**  
Sameep Maniar, University of Montana, USA  
John Sommers-Flanagan, University of Montana, USA  
Lewis Curry, University of Montana, USA  
Scott Sandstedt, University of Montana, USA  

2:45 PM - 4:15 PM **Workshop**  
**Low Ropes Course Experiential Activities: The Importance of Processing**  
Jerry Sandberg, University of New Orleans, USA  
Maria Newton, University of New Orleans, USA  
Leslie Carnahan, University of New Orleans, USA
2:45 PM - 3:30 PM  **COLLOQUIUM: A Preventive Educational Program for Female Athletes at Risk of Developing Eating Disorders**  Gayelene Clews, Australian Capital Territory Academy of Sport, Australia  John Gross, University of Canberra, Australia  Carol Keyrooz, University of Canberra, Australia

3:30 PM - 4:15 PM  **COLLOQUIUM: Self-concept, Exercise Dependence and Aggression in Weight Lifters and Body Builders: Pharmacology, Sociology or Both?**  Bruce Hale, Staffordshire University, UK  Dave Collins, Manchester Metropolitan University, UK  Martin Sharp, Manchester Metropolitan University, UK  David Smith, Manchester Metropolitan University, UK  Richard Hurst, Staffordshire University, UK

2:45 PM - 3:30 PM  **COLLOQUIUM: Selecting the Appropriate Sport Psychology Graduate Program**  Kevin Burke, Georgia Southern University, USA  Michael Sachs, Temple University, USA

3:30 PM - 4:15 PM  **COLLOQUIUM: Expanding Career Options in Applied Sport Psychology: Jobs for Young Professionals**  Nicole Smith, Rutgers University, USA  Robert Clervo, Rutgers University, USA

2:45 PM - 4:15 PM  **WORKSHOP: Personal and Social Implications of Sensitive Gender Issues**  Candice Zientek, Shippensburg University, USA  Jodi Yambor, Thomas College, USA  Burt Giges, Springfield College, USA  Kristen Diffenbach, University of Idaho, USA

4:15 PM - 4:30 PM  **Break**

4:30 PM - 6:00 PM  **Conversation Hour with the Editors**  President: Maureen Weiss, University of Virginia, USA  Robert Brustad, Editor, Journal of Sport and Exercise Psychology  Peter Crocker, Editor, The Sport Psychologist  Robert Weinberg, Editor, Journal of Applied Sport Psychology

4:30 PM - 5:20 PM  **COLLOQUIUM: Developing the Complete Sport Psychologist through Life Skills Training**  Steven Danish, Virginia Commonwealth University, USA  Al Pettigas, Springfield College, USA  Robert McGowan, University of Richmond, USA

5:20 PM - 6:00 PM  **COLLOQUIUM: Family Systems Theory as a Model for Applied Interventions with Teams**  Jay Deiters, University of Northern Colorado, U.S.A.
4:30 PM - 6:00 PM  **WORKSHOP: A Comprehensive, Multidisciplinary Approach to Performance Enhancement in the 21st Century**  
David Striegel, LGE Sport Science, USA  
James Loehr, LGE Sport Science, USA

4:30 PM - 5:00 PM  **COLLOQUIUM: Discussion and Practical Application of the Development of a Conceptual Model and Definition of "Quality Practice" from the Perspective of Five Expert Coaches**  
Kevin Sverduk, University of Northern Colorado, USA  
Glen Albaugh, University of the Pacific, USA

5:00 PM - 6:00 PM  **Performance Enhancement Lectures: Expertise Development**  
Presider: John Salmela, University of Ottawa, Canada

5:00 PM  **Development of Personal Characteristics of Canadian, European and Japanese Expert Judo Coaches**  
Luiz-Carlos Moraes, University of Ottawa, Canada  
John Salmela, University of Ottawa, Canada

5:15 PM  **Athletes’ Perceptions of Deliberate Practice in Middle Distance Running**  
Bradley Young, University of Ottawa, Canada  
John Salmela, University of Ottawa, Canada

5:30 PM  **Development of Expert Performance in Biathlon**  
Jamie Kallio, University of Ottawa, Canada  
John Salmela, University of Ottawa, Canada

5:45 PM  **Individual Differences in Imagery Ability and the Effect on Motor Skill Acquisition**  
Vicki de Prazer, Australian Institute of Sport, Australia

4:30 PM - 6:00 PM  **SYMPOSIUM**  
**Sport Psychology in High School: A Description of the Life Enhancement through Athletic Participation (LEAP) Program**  
Presider: Gail Solt, John F Kennedy University, USA

**An Overview of the Life Enhancement through Athletic Participation (LEAP) Program**  
Gail Solt, John F. Kennedy University, USA  
Elizabeth Hunter, John F. Kennedy University, USA  
Sheridan James, John F. Kennedy University, USA

**Funding Sources for the Life Enhancement through Athletic Participation (LEAP) Program**  
Elizabeth Hunter, John F. Kennedy University, USA  
Gail Solt, John F. Kennedy University, USA

**Sport Psychology Field Experience: Internship Opportunities at the LEAP Program**  
Tonya Johnston, John F. Kennedy University, USA  
Vincent Granito, John F. Kennedy University, USA
Development of a Comprehensive Sport Psychology High School Program: Critical Issues
Vincent Granito, John F. Kennedy University, USA
Ronald Noon, John F. Kennedy University, USA

Interactive Poster Session Number One
President: Jean Williams, University of Arizona, USA
Session 1 (Poster Set-up 10:00 AM - 2:00 PM)

Stress
1. The Role of Fear in Competitive State Anxiety among a Group of Female High School Swimmers
David Kemler, Southern Connecticut State University, USA
Pamela Hutchinson, Southern Connecticut State University, USA

2. A Model of Stress and Burnout in Male High School Athletic Directors
Jeffrey Martin, Wayne State University, USA
Betty Kelley, Arizona State University, USA
Robert Eklund, University of Western Australia, Australia

3. Levels and Directionality of Competitive State Anxiety as a Function of Sport Classification
Sheldon Hectca, University of Wales Institute, UK
Graham Jones, Sport Psychology Research Unit, UK

4. Factors Influencing Competitive State Anxiety in Sport and Exercise: A Research Synthesis
Monica Andres, Texas A & M University, USA
Bradley Green, Texas A & M University, USA
Arnold LeTire, Texas A & M University, USA
Stephanie Pane, Texas A & M University, USA
Anthony Bourgeois, Texas A & M University, USA

5. Life Stress and Health Symptoms in Competitive Rowers
Adrienne Kovacs, West Virginia University, USA
Frank Perna, West Virginia University, USA

6. An Investigation of the Relationship between Life Stress and Changes in Mood States and Stress Symptoms in NCAA Division I Women's Athletics Team Members
Rebecca Ahlgren, West Virginia University, USA
Edward Etzel, West Virginia University, USA
Samuel Zizzi, West Virginia University, USA
Frank Perna, West Virginia University, USA

7. The Effect of Imagery during Arousal and Relaxation Conditions on Imagery Quality and Cricket Batting Performance
Jason Wright, University of Otago, New Zealand
Alex McKenzie, University of Otago, New Zealand
8. **Intensity and Interpretation of Competitive State Anxiety: Relationship to Performance and Repressive Coping Style**
   Gerald Jerome, University of Arizona, USA
   Jean Williams, University of Arizona, USA

9. **Cultural Comparison of What Motivates Children to Participate in Sports**
   A. J. Ploway, University of Richmond, USA
   Robert McGowan, University of Richmond, USA

10. **Students' Perceptions of Motivational Climate and Differential Treatment in Physical Education**
    Athanasios Papaioannou, Democritus University of Thrace, Greece
    Konstantinos Nikolopoulos, Democritus University of Thrace, Greece
    Konstantinos Hagiatis, University of Thessaly, Greece

11. **Students' Perceptions of the Influence of Sex-Role Stereotypes on Participation in Outdoor Recreation**
    Robin Farrell, University of Ottawa, Canada
    Tom Stevens, Lakehead University, Canada

12. **Achievement Motivation among Older Adult Supervised and Unsupervised Exercise Participants: A Social Cognitive Approach**
    Katie Culp, Texas Tech University, USA
    Carl Hayashi, Texas Tech University, USA

13. **Predicting Intrinsic Motivation in Youth Sport from Perceived Competence and Achievement Goals**
    Jean Whitehead, University of Brighton, U.K.
    Kirsten Piroth, Western Consortium for Public Health, USA

14. **The Relationship of Intrinsic Motivation to Moral Development in Youth Sport Participants**
    Joseph Davis, University of Missouri, USA
    Richard Cox, University of Missouri, USA

15. **The Role of Sport Confidence in Predicting Attributional Style: An Optimistic Approach**
    Samuel Zizzi, West Virginia University, USA
    John Silva, University of North Carolina at Chapel Hill, USA
    Matthew Marsens, University of Missouri at Columbia, USA

16. **Relationships between Perceptions of Competence, Perceptions of Autonomy and Perceptions of Relatedness and Different Types of Sport Motivation**
    Lynne LeBlanc, University of Ottawa, Canada
    Michelle Fortier, University of Ottawa, Canada
17. **The Effects of Motivational versus Instructional Self-talk on Improving Performance Accuracy**  
Yannis Theodorakis, Democritus University of Thrace, Greece  
Robert Weinberg, Miami University, USA  
Petros Natsis, Democritus University of Thrace, Greece

18. **Physical Activity Involvement: Contrasting Theoretical Predictions**  
Alexis Bouffard, University of Northern Colorado, USA  
Robert Brustad, University of Northern Colorado, USA

**Goal Orientations**

19. **Validity of the Perceived Purposes of Sport Questionnaire - Version 2**  
Candice Zientek, Shippensburg University, USA  
Sally White, Illinois State University, USA

20. **Norms for Aggression/Cheating, Goal Orientations, Beliefs, Perceived Motivational Climate, and Athletic Aggression: Potential Gender Differences**  
Marta Guernau, Purdue University, USA  
Joan Duda, Purdue University, USA

**Cognitive Correlates of Dispositional Goal Orientations in Young Athletes**

21. **Mental Health and Performance: The Role of Goal Orientations**  
Marcia Wilson, University of Iowa, USA  
Shannon Guest, University of Iowa, USA  
Sally White, Illinois State University, USA  
Maria Kavussanu, Illinois State University, USA  
Kevin McCardy, Illinois State University, USA

22. **Satisfaction as a Mediator of the Relationship between Goal Orientations and Team Cohesion**  
Stephen Kozub, De Montfort University, UK  
Dale Pease, University of Houston, USA

**Goal Setting**

23. **A Comparison of Goal Setting Strategies between Three Levels of Umpires/Referees in Singapore**  
Abdul Nasir Abdul Razak, Nanyang Technological University, Singapore  
Daniel Smith, Nanyang Technological University, Singapore

24. **Implementing Team Goals with Professional Athletes: Reflections on Reality**  
Daryl Marchant, Victoria University of Technology, Australia

25. **The Effects of Goal Setting and Personality Type on Endurance Performance**  
Deane Webb, University of North Texas, USA  
Robert Weinberg, Miami University, USA  
Allen Jackson, University of North Texas, USA  
Scott Martin, University of North Texas, USA
26. Team Goal Setting and its Influences on Team Cohesion: A Phenomenological Study
   Kathleen Butler, Ithaca College, USA
   Greg Shelley, Ithaca College, USA

   Matthew Wilson, Georgia Southern University, USA
   Kevin Burke, Georgia Southern University, USA
   Barry Joyner, Georgia Southern University, USA
   Charles Hardy, Georgia Southern University, USA

Social Processes

28. Enhancing Moral and Motor Development through Physical Activity
   Gloria Solomon, Texas Christian University, USA

29. Sport Spectators and Confidence in their Team: The Importance of Time, Game Features, and Team Identification
   Matthew Wiggins, Murray State University, USA
   Daniel Warn, Murray State University, USA

30. An Investigation of the Use of a Competitiveness Training Program and Raising Female Youth Soccer Players' Levels of Competitiveness and Win Orientation
   Eliot Perkins, The Citadel, USA
   Bart Lerner, The Citadel, USA

31. Participation in Regular Exercise and its Social-Cultural Correlates in White and Mexican-American Female University Students
   Zenong Yin, University of Texas at San Antonio, USA
   Todd Ryska, University of Texas at San Antonio, USA

32. A Comparison of Optimism and Pessimism and Sport Orientation among NCAA Division I College Athletes
   Daniel Czech, Georgia Southern University, USA
   Kevin Burke, Georgia Southern University, USA
   Barry Joyner, Georgia Southern University, USA
   Charles Hardy, Georgia Southern University, USA

33. Games People Play: A Taxonomic Approach (Stage I)
   Deana Liddy, University of Nebraska at Omaha, USA

34. Assessing the Organizational Climate in Rugby Union Football Clubs
   Paul Carpenter, De Montfort University, UK
   Darren Treasure, Southern Illinois University, USA
   Keith Power, The Performance Edge, UK
35. Relation of Selected Socio-psychological Factors to Peer Leadership Behavior of Female Volleyball Players
Dale Pease, University of Houston, USA
Deborah Rhea, Iowa State University, USA
James Zhang, University of Houston, USA

36. A Multivariate Analysis of Leadership Style, Program Goals, and Job Burnout among Intercollegiate Athletic Directors
Todd Ryska, University of Texas at San Antonio, USA
Zenong Yin, University of Texas at San Antonio, USA
Dean Cooley, University of Tasmania, Australia

37. An Assessment of the Relationship between Participation in Intercollegiate Athletics and the Dynamics of Romantic Relationships
Cheryl Goldman, West Virginia University, USA
John Silva, University of North Carolina at Chapel Hill, USA

38. Women and the Personal Meaning of Competition: A Qualitative Investigation
Susan Levy, Oregon State University, USA

39. A Qualitative Investigation of Factors Underlying Sport Participation among Elite Athletes with Disabilities
Stephen Page, University of Tennessee, USA
Kirk Peterson, University of Tennessee, USA
Eddie O'Connor, Chicago Institute of Rehabilitation, USA

40. The End of an Era: An Investigation on Forced Transition of Boston University Football Players
Ayda Nascimento, Boston University, USA
Donna Duffy, Boston University, USA
Elaine Schwager, Boston University, USA
Leonard Zaichkowsky, Boston University, USA

Leadership and Climate

41. Effects of Negative Scoring Pattern and Task Cohesion on the Perception of Psychological Momentum
Kevin Spink, University of Saskatchewan, Canada
Laurie Fisler, University of Saskatchewan, Canada

42. Justification of Aggression in Sport versus Social Scenarios
Jason Parker, Texas A & M University, USA
Tony Bourgeois, Texas A & M University, USA
Arnold LeUnes, Texas A & M University, USA
Michael Meyers, University of Houston, USA

43. Violent and Delinquent Behavior of Rural High School Athletes and Non-athletes
Deborah Rhea, Iowa State University, USA
Christopher Lantz, Truman State University, USA
44. The Recruiting Profile: An Investigation of the Relationship between NCAA Division I Intercollegiate Athlete Demographics and their Reasons for University Selection
Christopher Myers, University of Florida, USA
Laura Fox, University of Florida, USA
Jamy Champenoy, University of Florida, USA
Milledge Murphey, University of Florida, USA
Keith Carodine, University of Florida, USA

Cross-cultural
45. Ethnicity in Sport Psychology Literature
Kellie Walrath, University of Richmond, USA
Robert McGowan, University of Richmond, USA

46. Cross-cultural Attitudes toward Participation in Sport by Women
Diane Finley, Towson University, USA
Patricia Wightman, Olympic Training Center, Argentina
Nelly Giscafre, Metropolitan Assn of Sport Psychology, Argentina
Andrea Selvaggio, Washington College, USA

47. A Cross-cultural Analysis of Motivation for Youth Participation in Sport and Physical Activity
Alex McKenzie, University of Otago, New Zealand
Robert Weinberg, Miami University, USA
Gershon Tenenbaum, University of Southern Queensland, Australia
Susan Jackson, University of Queensland, Australia
Mark Anshel, University of Wollongong, Australia
Robert Grove, University of Western Australia, Australia
Jerry Fogarty, University of Southern Queensland, Australia

48. Mike Tyson in Cultural Perspective: A Longitudinal Field Study
Robert Grove, University of Western Australia, Australia
Michelle Pacegnella, University of Western Australia, Australia
Robert Weinberg, Miami University, USA

49. Talent Development of Elite Athletes in Asian Countries
Katsuro Kitamura, Tohoku University, Japan
John Salmela, University of Ottawa, Canada

Self Perceptions
50. An Exploration of Identity, Normative Expectations, and the Eating, Pain, and Injury Risk Behaviors of Competitive Gymnasts
Michelle Ritter-Taylor, University of Northern Colorado, USA

51. The Effects of the Gymnast’s Body Shape on the Judging of Gymnastics
Sheri Valiquette, McGill University, Canada
Margaret Downey, McGill University, Canada
52. **Relationship of Locus of Control and Self-Monitoring to Body Image in Athletic Populations**
   Richard Stratton, Virginia Tech Blacksburg, USA
   Vicki Wyke, Hampton, USA

53. **Exercise Partner Preferences, Social Physique Anxiety, and Social Discomfort in Exercise Settings among University Wellness Center Patrons**
   Nancy Diehl, Medical University of South Carolina, USA
   Britton Brewer, Springfield College, USA
   Judy Van Raalte, Springfield College, USA
   Patricia Fiero, Medical University of South Carolina, USA
   Darlene Shaw, Medical University of South Carolina, USA
   Marit Sorensen, Norwegian University for Sport and Physical Education, Norway

54. **High Rollers: College Athletes and their Addictions**
   Victoria Bacon, Bridgewater State College, USA
   Katrina Lee, McLean Hospital, USA
   John Calicchia, Bridgewater State College, USA

55. **Examining the Effects of the Sports Media on Young Female Athletes and their Self-perceptions**
   Julia Leonhardt, Lehigh University, USA
   Heather Barber, University of New Hampshire, USA

56. **The Influence of Revenue Status on Student-Athletes' Self-perceptions**
   Scott Sandstedt, University of Montana, USA
   Lew Curry, University of Montana, USA
   Sameep Maniar, University of Montana, USA

57. **Perception of Tennis Players: The Effects of Self-presentational Self-talk**
   Judy Van Raalte, Springfield College, USA
   Britton Brewer, Springfield College, USA
   Albert Petipas, Springfield College, USA

**Continuing Education Workshop:**

7:00 PM - 10:00 PM **Focus and Intensity for Training and Competition**
   Jim Taylor, Alpine-Taylor Consulting, USA

7:30 PM **United States Olympic Committee Reception (by Invitation)**

---

**Friday, September 25, 1998**

7:00 AM **Standing Committee Meetings (Certified Consultants, Continuing Education, Development, Diversity, Ethics, International Relations, Organization/Outreach)**

8:30 AM - 10:00 AM **Performance Enhancement Keynote Address: Fruits of Collaboration**
   John Partington, Carleton University, Canada
   Presider: John Salmela, University of Ottawa, Canada
10:00 AM - 10:15 AM Break

10:15 AM - Noon SYMPOSIUM
Persevering in the Face of Adversity: Examples of Young Professionals Pursuing their Dreams in Sport Psychology
Organizer: Robert Harmison, U.S. Olympic Committee, USA
Gregory Dale, Winthrop University, USA
Scott Martin, University of North Texas, USA
Natalie Durand-Bush, University of Ottawa, Canada
Michael Kellmann, Potsdam University, Germany
Discussant: Sean McCann, U.S. Olympic Committee, USA

Creating Consulting Opportunities as a Young Professional in the Field of Sport and Exercise Psychology
Gregory Dale, Winthrop University, USA

Creating Sport Psychology Opportunities: Building a Relationship with a Youth Sport Organization
Scott Martin, University of North Texas, USA
Peggy Richardson, University of North Texas, USA
Trent Petrie, University of North Texas, USA
Karen Cogan, University of North Texas, USA

Concept Mapping: A Valuable Approach to Helping Consultants and Athletes Become Better Performers
Natalie Durand-Bush, University of Ottawa, Canada

Sport Psychology Consulting for the German Junior National Rowing Team
Michael Kellmann, Potsdam University, Germany

10:15 AM - 11:15 AM COLLOQUIUM
It Takes a Village: A Model for Developing Sportsmanship within Youth Sport Contexts
Charmaine Del-Yancesco, Florida International University, USA
Laura Blitzer, Florida International University, USA

11:15 AM - 12:15 PM Social Psychology Lectures: Identity Issues
Presider: Michelle Ritter-Taylor, University of Northern Colorado, USA

11:15 AM Athletic Identity in Marathon Runners
Robert Horton, University of North Carolina at Chapel Hill, USA
Diane Mack, University of North Carolina at Chapel Hill, USA

11:30 AM Getting the Axe: Adjustment Process of Delisted Australian Rules Footballers
Vanda Fortunato, Victoria University, Australia

11:45 AM The Effects of Normative Expectations and Role Commitment of Competitive Gymnasts on Gymnastic Behavior
Michelle Ritter-Taylor, University of Northern Colorado, USA
Noon  I Think therefore I Act (Maybe)
Trish Golley, University of Queensland, Australia
David Bruce, University of Queensland, Australia

10:15 AM - Noon  SYMPOSIUM: Applied Sport Psychology Internships at a National Sport Centre
Cal Botterill, University of Calgary, Canada

Prerequisites, Progressions and Possibilities
Cal Botterill, University of Calgary, Canada

Applied Sport Psychology Internships at the National Sport Centre: The Role of the Mentor/Supervisor
Hap Davis, Private Practice, Canada

Factors to Consider when Initiating an Internship Program
Shawna McGovern, National Sport Centre, Canada

Sport Psychology Consultant Intern: Experiences and Lessons Learned
Karen MacNeill, University of Calgary, Canada

Interning: A Unique Learning Experience
Fiona Waters, University of Calgary, Canada

Reflections on Applied Interning Experiences
Jen Summerfield, University of Calgary, Canada

10:15 AM - Noon  INVITED COLLOQUIUM
The Big Five in Sport Psychology Questionnaires: Valid, Visionary, Verified, Veracious and Versatile, or Vacuous, Vulnerable, Vague, Vaporous and Voluminous?
Robert Schutz, University of British Columbia, Canada
Discussant: Diane Gill, University of North Carolina at Greensboro, USA
Presider: Maureen Weiss, University of Virginia, USA

10:15 AM - Noon  SYMPOSIUM: Body Image, Exercise, and Eating Behaviors in Female Exercisers and Athletes
Vikki Krane, Bowling Green State University, USA

The Social Construction of the Body: Feminist Cultural Studies Perspective
Jennifer Michalenok, Bowling Green State University, USA

Body Image and Eating Behaviors in Collegiate Female Athletes
Jennifer Waldron, Bowling Green State University, USA

Body Image, and Eating and Exercise Behaviors in Aerobic Exercisers
Sheila Brown, Bowling Green State University, USA

A Comparison of Body Image and Eating Behaviors in Female Athletes and Exercisers
Julie Stiles-Shipley, Bowling Green State University, USA

Why We are Dissatisfied with Our Bodies
Vikki Krane, Bowling Green State University, USA

Noon - 1:00 PM  Break
1998 AAASP Program

Noon - 1:00 PM  Open Meeting with AAASP Leadership

1:00 PM - 2:30 PM  SYMPOSIUM:
Logbooks: Their Role in Mental Training Success
Organizer: Damon Burton, University of Idaho, USA

Logbooks: An Essential but Unappreciated Component of Mental Training
Kristen Dielgenbach, University of Idaho, USA

The Role of Logbooks in Adherence to Mental Training
Stephen Bull, Cheltenham and Gloucester College, UK
Christopher Shambrook, Cheltenham and Gloucester College, UK

Performance Journalling: Personal Journal Writing to Enhance Competitive Success
Kate Hays, The Performing Edge, Canada

The Journal as a Tool to Increase Awareness and Enhance Performance
Kenneth Ravizza, Cal State Fullerton, USA

The Utilization of Logbooks in Multiple Baseline across Individuals’ Approaches to Mental Training
Dennis Hrycuiko, University of Manitoba, Canada
Connie Wanlin, West Virginia University, USA

Logbooks for Children and Adolescents
John Hogg, University of Alberta, Canada

Logbooks: Where Do we Go from Here?
Damon Burton, University of Idaho, USA

1:00 PM - 2:00 PM  WORKSHOP:
Enjoyment-profiling: Bringing Theory onto the Playing Field
Bruce Pinel, University of Otago, New Zealand
Alex McKenzie, University of Otago, New Zealand

2:00 PM - 2:30 PM  COLLOQUIUM:
Development of the Feelings Profile: A Short Technique for Measuring Affect and Mood Swings
Charles Jackson, Old Dominion University, USA

1:00 PM - 2:30 PM  Health Psychology Lectures: Perceived Exertion and Mood
Wesley Sime, University of Nebraska, USA

1:00 PM  The Heart Rate-perceived Exertion Relationship Changes during Five Consecutive Days of High-intensity Interval Training
Robert Motl, University of Utah, USA
Stephen Johnson, University of Utah, USA
Evelyn Hull, University of Utah, USA
James Walker, University of Utah, USA
Andrew Subudhi, University of Utah, USA
Carter Davis, University of Utah, USA
1:15 PM  Mood Alterations with a Single Bout of Physical Activity and the Effects of Personality Style
Patsy Tremayne, University of Western Sydney, Australia
Sharon Burden, University of Western Sydney, Australia

1:30 PM  Ideal Performance State IPS Induced by a Conditioned Olfactory Cue
Vicki de Prazer, Australian Institute of Sport, Australia

1:45 PM  Winning and Losing: Does it Affect Mood after a Competitive Event?
Bonnie Berger, University of Wyoming, USA
Kathleen Brook, University of Wyoming, USA
Patrick Leuschen, University of Wyoming, USA
David Owen, Brooklyn College, USA

1:00 PM - 2:30 PM WORKSHOP: Improvisational Acting for Sport Psych Consultants
Pat Latham Bach, Peak Performance Associates, USA
Lois Butcher, Temple University, USA

1:00 PM - 2:30 PM WORKSHOP: Successful Job Search Strategies: Private Sector
Organizer: Kristen Wells Davidson, University of Virginia, USA
David Streigel, LGE Sport Science, USA
Bart Lerner, The Citadel, USA
Shane Murphy, Gold Medal Psychological Consultants, USA

2:30 PM - 2:45 PM  Break

2:45 PM - 3:15 PM  Social Psychology Lectures: Athlete Development
Presider: Anthony Amoroso, University of Virginia, USA

2:45 PM  Goal Setting Practices of Olympic Athletes: An Exploratory Investigation
Robert Weinberg, Miami University, USA
Damon Burton, University of Idaho, USA
David Yukelson, Pennsylvania State University, USA
Daniel Weigand, De Montfort University, England

3:00 PM  The Impact of Social Competence in Sport Development: A Multi-cultural Perspective in Sweden
Rolf Carlson, University College of Physical Education and Sport, Sweden

3:15 PM - 4:15 PM  WORKSHOP
Competition as Challenge: A Positive Approach to Athletic Development
Jim Taylor, Alpine/Taylor Consulting, USA

2:45 PM - 4:15 PM  SYMPOSIUM
Children's Physical Activity and Sport Involvement: Conceptual, Theoretical, and Methodological Issues Related to Parent and Peer Influences
Organizer: Megan Babkes, University of Northern Colorado, USA

A Comprehensive Model of Children's Physical Activity
Greg Welk, Cooper Institute for Aerobic Research, USA
Qualitative Approaches to Understanding Parental Influence on Children's Physical Activity and Sport Participation
Megan Babkes, University of Northern Colorado, USA

Theoretical and Methodological Approaches to Understanding Peer Influence on Children's Sport and Physical Activity Involvement
Alan Smith, University of Virginia, USA

2:45 PM - 3:15 PM  COLLOQUIUM
Emotional Response to Injury: Issues and Controversies
John Heil, Lewis-Gale Clinic, USA

3:30 PM  The Relationships between Athletic Identity, Coping Skills, Social Support, and the Psychological Impact of Injury
Scott Green, Virginia Commonwealth University, USA
Robert Weinberg, Miami University, USA

3:45 PM  Athletic Injury: Mood Disturbances and Hardiness of Intercollegiate Athletes
William Miller, Westfield State College, USA

4:00 PM  Attributions for Recovery and Adherence to Rehabilitation following Anterior Cruciate Ligament Reconstruction
Britton Brewer, Springfield College, USA
Allen Cornelius, University of Hartford, USA
Judy Van Raalte, Springfield College, USA
Albert Petitpas, Springfield College, USA
Joseph Sklar, New England Orthopedic Surgeons, USA
Mark Pohlman, New England Orthopedic Surgeons, USA
Robert Krushell, New England Orthopedic Surgeons, USA
Terry Ditmar, NovaCare Outpatient Rehabilitation, USA

2:45 PM - 4:15 PM  PANEL DISCUSSION
Finding a Balance: Issues in Career and Family Planning for Sport Psychology Professionals
Organizer: Thad Leffingwell, University of Washington, USA
Britt Brewer, Springfield College, USA
Karen Cogan, University of North Texas, USA
Robert Harmison, United States Olympic Training Center, USA
Trent Petrie, University of North Texas, USA
Judy Van Raalte, Springfield College, USA
2:45 PM - 4:15 PM  **WORKSHOP: Action! Hands-On Demonstrations of How Expert Consultants Teach Mental Skills to Athletes**  
Natalie Durand-Bush, University of Ottawa, Ottawa, Canada  
Kenneth Ravizza, California State University, USA  
Wayne Halliwell, University of Montreal, Canada  
Cal Botterill, University of Calgary, Canada

4:15 PM - 4:30 PM  **Break**

4:30 PM - 5:45 PM  **WORKSHOP: What Coaches Want from Sport Psychology**  
Ralph Vernacchia, Western Washington University, USA  
Rick McGuire, University of Missouri, USA

4:30 PM - 6:00 PM  **Social Psychology Lectures: Psychosocial Development**  
*Presider: Lavon Williams, Northern Illinois University, USA*

4:30 PM  **Athletic Identity and Psychosocial Development among Male NCAA Division I Student-Athletes in Revenue-producing Sports**  
Kenneth Tubilleja, West Virginia University, USA  
Britton Brewer, Springfield College, USA  
Delight Champagne, Springfield College, USA  
Albert Petitpas, Springfield College, USA

4:45 PM  **Comparison of Traditional Physical Education and Alternative Movement Education on the Moral Development of Underserved Youth**  
Jerry Sandberg, University of New Orleans, USA  
Maria Newton, University of New Orleans, USA

5:00 PM  **A Pilot Test of the GOAL Life Skills Programme**  
Debbie Sherburn, University of Otago, New Zealand  
Ken Hodge, University of Otago, New Zealand  
Jeremy Dugdale, University of Otago, New Zealand

5:15 PM  **The Role of Sport in the Transition from the Elementary to Junior High School Environment for Early Adolescent Males**  
Tracy Olrich, Wheaton College, USA

5:30 PM  **Predictors of Aggression in Basketball: Examination of Beginning and Advanced Participants in a Girls' Summer Skill Camp**  
Dawn Stephens, University of Iowa, USA

5:45 PM  **Confidence as a Source of Expectancy Information: Implications for Performance**  
Gloria Solomon, Texas Christian University, USA  
Andrea Beauchamp, Texas Christian University, USA  
Kimberly Lewis, Texas Christian University, USA
4:30 PM - 6:00 PM  **PANEL DISCUSSION**  
**Rookie Mistakes: Lessons Learned by Young Sport Psychology Professionals**  
Organizer: Thad Leffingwell, University of Washington, USA  
Greg Dale, Winthrop University, USA  
Chris Janelle, University of Florida, USA  
Jeff Janssen, University of Arizona, USA  
Scott Martin, University of North Texas, USA  
Kirsten Peterson, United States Olympic Training Center, USA

4:30 PM - 6:00 PM  **WORKSHOP**  
Organizer: Cynthia Adams, Boston University, USA  
Mary Ann Kane, MindPower Resources, USA  
Dave Collins, Manchester Metropolitan University, England  
Celine Mc Nelis-Kline, University of Denver, USA  
Albert Petitpas, Springfield College, USA  
Katherine Kilty, MindPower Resources, Cambridge, USA  
Susan Langdon, Colby-Sawyer College, USA

4:30 PM - 6:00 PM  **Performance Enhancement Lectures: Psychological Strategies**  
Presider: Peter Crocker, University of Saskatchewan, Canada

4:30 PM  **Some Pros and Cons of Hypnosis in Sport**  
Justus Potgicter, University of Stellenbosch, Republic of South Africa  
Willem Naude, University of Stellenbosch, Republic of South Africa

4:45 PM  **Effects of a Season-long PST Program on Gymnastic Performance and on Psychological Skills**  
Jean Fournier, Institut National du Sport et de l'Education Physique, France  
Claire Caimls, Université de Paris-X, Nanterre, France

5:00 PM  **Major Competitive Themes of Female Soccer Players in the 1997 NCAA Women's Soccer National Championships**  
Michael Navarre, University of North Carolina at Chapel Hill, USA

5:15 PM  **The Effect of a Motivational-Mastery Imagery Intervention on the Sport Confidence of Three Elite Badminton Players**  
Nichola Callow, University of Wales, UK  
Lew Hardy, University of Wales, UK

5:30 PM  **A System of Psychological Management in Sport Games**  
Valery Malkin, Ural University, Russia

5:45 PM  **Psychological Momentum in Target Shooting: Behavioral, Affective, and Brain Responses**  
Scott Kerick, University of Maryland, USA  
Seppo Iso-Ahola, University of Maryland, USA  
Brad Hatfield, University of Maryland, USA  
Kerry Gruber, University of Maryland, USA
Interactive Poster Session Number Two
President: Bill Straub, Life University, USA
Session 2 (Poster Set-up 10:00 AM - 2:00 PM)

Self-Perceptions and Parent Influences

58. Relationship between Self-Efficacy and Performance in Tennis
Douglas Eng, Tufts University, USA
Camilo Perea, Tufts University, USA
Leonard Zaichkowsky, Boston University, USA

59. The Influence of Chronic Martial Arts Participation on Self-efficacy, Anger, and Pain Perception
Brian Focht, University of Florida, USA
Lester Bouchard, University of Florida, USA
Milledge Murphey, University of Florida, USA

60. Changes in Self-Efficacy and Effort Sense with Resistance Training in Older Adults: An Exploratory Investigation
Edmund Acevedo, Southeastern Louisiana University, USA
Gayle Doll, Kansas Health Department, USA

61. Athletes' Perceptions of Parents' Expectations: Influences on Competitive Anxiety, Goal Orientations, and Performance Expectancies
Karen Collins, University of New Hampshire, USA
Heather Barber, University of New Hampshire, USA

62. Parental Involvement in the Planning of Youth Sport Programs: A Comparison of Two Cities
Bart Lerner, The Citadel, USA
Jack Watson, Florida State University, USA

Injuries and Illness

63. Physiotherapists' and Professional Athletes' Views on Psychological Skills for Rehabilitation
Susan Francis, Victoria University, Australia
Mark Andersen, Victoria University, Australia
Paul Maley, National Basketball League, Australia

64. A Psychophysiological Intervention in Athletic Injury Rehabilitation: A Case Study
David Scott, University of New Brunswick, Canada
Chera Jarrett, Brock University, Canada

65. Psychological Factors of Athletic Injury in School Life
Hirohisa Isogai, Kyushu Institute of Technology, Japan
Mikio Tokunaga, Kyushu University, Japan
Kimio Hasimoto, Kyushu University, Japan
Toyoki Taki, Daini University of Economics, Japan
66. **Satisfaction with Social Support as a Guiding Principle in Sport Injury Research**  
    Theresa Bianco, University of Western Australia, Australia

67. **The Psychological Well-being and Health-related Quality of Life of People Living with HIV: The Influence of Physical Activity**  
    Mark Stoové, Victoria University, Australia  
    Mark Andersen, Victoria University, Australia

**Mental States**

68. **Enjoyment of Recreational Swimming: Possible Moderating Influences of Age and Gender**  
    Bonnie Berger, University of Wyoming, USA  
    Robert Motl, University of Wyoming, USA  
    Patrick Leusch, University of Wyoming, USA

69. **Depression and Trait Anxiety of Female NCAA Division I Athletes**  
    Trent Petrie, University of North Texas, USA  
    Britton Brewer, Springfield College, USA  
    Allen Cornelius, University of Hartford, USA

70. **Development of a Diagnostic Inventory of Psychological States before Competition**  
    Mikio Tokunaga, Kyushu University, Japan  
    Kimio Hashimoto, Kyushu University, Japan  
    Toyoki Taki, Daiich University of Economics, Japan  
    Hirohisa Isogai, Kyushu Institute of Technology, Japan

71. **The Effects of Cognitive Strategies on Endurance Performance**  
    Peter Oswald, Victoria University, Australia

72. **Male and Female Rugby Players off the Field: Evaluating Psychomotor Skills**  
    Clare Mac Mahon, University of Ottawa, Canada  
    Gabriel Leonard, Montreal Neurological Institute, Canada  
    Rhonda Amzel, McGill University, Canada  
    Mary Hynes, Montreal Neurological Institute, Canada  
    Karen Becker, Montreal Neurological Institute, Canada

73. **Team-level Influences on Athletes' Self-regulation: Cross-level Analyses**  
    Gilad Chen, George Mason University, U.S.A.  
    Stephen Zaccaro, George Mason University, U.S.A.  
    Sheila Simsrarian Webber, George Mason University, U.S.A.  
    Stephanie Payne, George Mason University, U.S.A.  
    Sean Marsh, George Mason University, U.S.A.

74. **Relationship among Achievement Goal Orientations and Multidimensional Trait Anxiety in Intercollegiate and College Age Recreational Athletes**  
    Chris Eisenbarth, Boise State University, USA  
    Linda Petlichkoff, Boise State University, USA
75. A Comparison of Intensity and Direction of State and Trait Anxiety among NCAA Division I College Athletes
   Jennifer Gordon, Georgia Southern University, USA
   Kevin Burke, Georgia Southern University, USA
   Barry Joyner, Georgia Southern University, USA
   Charles Hardy, Georgia Southern University, USA

   Intervention Techniques

76. The Effects of a Social-environmental and Task-based Intervention Programme on the Achievement Goals of Elite Junior Tennis Players
   Chris Harwood, Loughborough University, UK
   Austin Swain, Lane Management Group, UK

77. A Psychometric Comparison of Inexperienced and Professional Baseball Umpires
   Al Guarnieri, Texas A & M University, USA
   Tony Bourgeois, Texas A & M University, USA
   Arnold LeUnes, Texas A & M University, USA

78. Applying Sport Psychology to Clinical Populations: Enhancing Patient Performance
   Edmund O'Connor, Salem Veterans Affairs Medical Center, USA

79. The Black Belt of Baseball
   Lance Green, Tulane University, USA

80. Investigating the Relationship between Focused Attention and Peak Performance
   Jeremy Dugdale, University of Otago, New Zealand
   Alex McKenzie, University of Otago, New Zealand

81. A Mental Training Program for a University Soccer Team in Japan
   Yoichi Kozuma, Kinki University, Japan
   Kimihito Inomata, Chukyo University, Japan
   Junichi Miyazaki, Aoyamagakuin University, Japan
   Hidekazu Naito, Aoyamagakuin University, Japan

82. Why Smart Talk and Opti-Psych Work: Examining the Impact of Learning Styles and Component Skills on Program Effectiveness
   Damon Burton, University of Idaho, USA
   Kristen Dieffenbach, University of Idaho, USA
   Bernard Holliday, University of Idaho, USA
   Sarah Naylor, University of Idaho, USA

83. A SuppleMENTAL Basketball Guide
   Nicole Detling, Ithaca College, USA
   Beth Howland, Ithaca College, USA
   Greg Shelley, Ithaca College, USA
84. Expectations of Athletes and Nonathletes about Sport Psychology Consulting
Scott Martin, University of North Texas, USA
Craig Wrisberg, University of Tennessee, USA
Jason Leslie, University of North Texas, USA
Larson Leidig, University of North Texas, USA

85. The Effect of Humor on Collegiate Tennis Players' Performance on a Tennis Skills Test
Christopher Bernuth, University of Montana, USA
Lewis Curry, University of Montana, USA
Scott Sandstedt, University of Montana, USA

86. Specific Psychological Preparation for Different Sports Competitions
Gayane Kirakosyan, Armenian State Institute of Physical Culture, Armenia
Rakosyan Marabyan, Armenian State Institute of Physical Culture, Armenia

87. Exercise Imagery: How Meaningful is It?
Krista Munroe, University of Western Ontario, Canada
Craig Hall, University of Western Ontario, Canada
Wendy Rodgers, University of Alberta, Canada

88. PACT Program - An Individualized Approach to Increasing Physical Activity Adoption and Maintenance
Beth Warren, Mayo Medical Center, USA
Michael Morrey, Mayo Medical Center, USA
Katherine Vana, Mayo Medical Center, USA
Alicia Kruger, Mayo Medical Center, USA
Mona Geise, Mayo Medical Center, USA

89. The Effects of Social Support on Exercise Adherence in a Walking Program
Wyatt Inman, University of New Brunswick, Canada
David Scott, University of New Brunswick, Canada

90. Developing a Reflective Practice Model to Evaluate Applied Sport Psychology
Ailsa Anderson, Worcester College of HE, UK
Andrew Miles, Worcester College of HE, UK

91. Effects of Sport Psychology Consultant Athletic Experience, Similarity, and Academic Training on Division I-A Athletes' Perceptions of Effectiveness
Douglas Hankes, University of Tennessee, USA
Trent Petrie, University of North Texas, USA

92. The Athlete's Experience of Being Coached: An Existential-Phenomenological Investigation
Matthew Johnson, University of Tennessee, USA

93. Preliminary Validation of the Power in Sport Questionnaire: Understanding the Power of Coaches and Officials
Daniel Wann, Murray State University, USA
94. Ethical and Professional Issues Concerning the Supervision of and Participation in Sport Psychology Practicum and Internship Experiences
Bruce Klonsky, State University of New York College at Fredonia, USA

95. Termination of the Coach-Athlete Relationship: Effects on the Coach
Deborah Calgan, University of Minnesota, USA

96. A Season in the Dugout: A Graduate Student's Consulting Experience with a Junior College Baseball Team
Timothy Hamel, California State University-Fullerton, USA

97. The Importance of the Coach’s Interpersonal Characteristics for Explaining the Process of Coaching Team Sports
Gordon Bloom, California State University at Fresno, USA
John Salmela, University of Ottawa, Canada

98. Stress and Recovery of Coaches in Elite Sports
Michael Kollmann, Potsdam University, Germany
Wolfgang Kallus, Würzburg University, Germany
Hans Eberspacher, Heidelberg University, Germany
Hans-Dieter Hermann, Heidelberg University, Germany

99. The Relationship of Demographic and Psychological Variables to the Career Maturity of Junior College Student-Athletes
Alan Komspan, University of Akron, USA
Edward Etzel, West Virginia University, USA

100. Concurrent Validity of the Feelings Profile and the Multiple Affect Attitude Check List Revised
Christina Jackson, College of William and Mary, USA
Charles Jackson, Old Dominion University, USA

101. Attitudes of Adolescent Non-anabolic Steroid Users about Anabolic Steroids
Shawn Chillag, Robert C. Byrd Health Sciences Center, USA
John Heil, Lewis-Gale Clinic, USA
Jane Cormier, Private Practice, USA

102. High School Athletes' Attitudes toward Sport Psychology Consulting
Scott Martin, University of North Texas, USA

7:30 PM - 8:40 PM SPECIAL PERFORMANCE: Nice Girls Don't Sweat
Jane Curry, USA

9:00 PM Student Social

Saturday, September 26, 1998

7:00 AM Certified Consultants - Open Meeting

7:30 AM - 8:30 AM Open Section Meetings - Health Psychology (Osterville A), Social Psychology (Osterville B), Intervention/Performance Enhancement (Orleans)
8:30 AM - 10:00 AM  **Social Psychology Keynote Address**  
*Self Theories and Goals: Their Role in Motivation*  
Carol Dweck, Columbia University, USA  
Presider: Robert Brustad, University of Northern Colorado, USA

10:00 AM - 10:15 AM  **Break**

10:15 AM - Noon  **WORKSHOP**  
*Resonance: A Conceptual Framework for Performance Education*  
Doug Newburg, Resonance, Inc., USA  
William Strean, University of Alberta, Canada  
Kris Krueger, University of Virginia, USA  
Jay Kimiecik, Miami University, USA  
Tom Hanson, Resonance, Inc., USA

10:15 AM - 11:30 AM  **SYMPOSIUM**  
*Life Skills and Sports Programming for Youth: Expanding our Reach*  
Organizer: Steven Danish, Virginia Commonwealth University, USA  
Robert McGowan, University of Redmond, USA  

**Developing Life Skill-Based Youth Sport Programming: A Brief Primer on How to Do It**  
Steven Danish, Virginia Commonwealth University, USA  

**Developing, Implementing and Testing a New Zealand Version of the GOAL Life Skills Programme in New Zealand**  
Debbie Sherburn, University of Otago, New Zealand

**The NFL Foundation Leadership Program**  
Albert Petitpas, Springfield College, USA

11:30 AM - Noon  **WORKSHOP: Fresh Air: Breathing Energy, Creativity and Life into Sport Psychology Education and Training**  
Pat Latham Bach, Peak Performance Associates, USA  
Lois Butcher, Temple University, USA  
Jane Henderson, John Abbott College, Canada

10:15 AM - Noon  **SYMPOSIUM: Interdisciplinary Approaches to Applied Sport Psychology Training**  
Organizer: Karen Cogan, University of North Texas, USA  
Discussant: Jean Williams, University of Arizona, USA  

**Applied Sport Psychology Training at the University of North Texas Center for Sport Psychology**  
Karen Cogan, University of North Texas, USA  
Trent Petrie, University of North Texas, USA  
Peggy Richardson, University of North Texas, USA  
Scott Martin, University of North Texas, USA

**Interdisciplinary Approaches to Training in Applied Sport Psychology at the University of North Carolina at Chapel Hill**  
John Silva, University of North Carolina at Chapel Hill, USA
Applied Sport Psychology Training at Washington State University
John Murray, Washington State University, USA
Jim Bauman, Washington State University, USA

Applied Sport Psychology Training at Penn State University
David Yukelson, Pennsylvania State University, USA

10:15 AM - 11:15 AM SYMPOSIUM: Pre-Injury Intervention and Post-Injury Psychological Evaluation among Competitive Collegiate Athletes
Organizer: Frank Perna, West Virginia University, USA
Discussants: Edward Etzel and Vince Stilger, West Virginia University, USA

Psychological Intervention Prevents Injury/Illness among Athletes
Frank Perna, West Virginia University, USA
Mike Antoni, University of Miami, USA
Neil Schneiderman, University of Miami, USA

Depressive Mood States among College Athletes: Pre- and Post-injury
Joni Roh, West Virginia University, USA
Renee Newcomer, West Virginia University, USA
Frank Perna, West Virginia University, USA
Vincent Stilger, West Virginia University, USA
Edward Etzel, West Virginia University, USA

Injury as a Traumatic Experience: Intrusive Thoughts and Avoidance Behavior Associated with Injury among College Student-Athletes
Renee Newcomer, West Virginia University, USA
Joni Roh, West Virginia University, USA
Frank Perna, West Virginia University, USA
Vincent Stilger, West Virginia University, USA
Edward Etzel, West Virginia University, USA

Clinical Depression among Injured Athletes: An Empirical Assessment
Frank Perna, West Virginia University, USA
Joni Roh, West Virginia University, USA
Renee Newcomer, West Virginia University, USA
Edward Etzel, West Virginia University, USA

11:15 AM - Noon SYMPOSIUM: A Psychoneuromuscular and Physiological Approach to the Protection and Rehabilitation of Injured Athletes
Organizer: Edward Laskowski, Mayo Clinic Sports Medicine Center, USA

Proprioception: How Input Affects Output
Edward Laskowski, Mayo Clinic Sports Medicine Center, USA

The Role of Neurotransmitters in Proprioception of Injury and Injury Recovery
Michael Morrey, Mayo Medical Center, USA
Can Sports Psychology Interventions be Integrated with the Neuromuscular and Physiological Template Appropriate to the Rehabilitation of Injured Athletes?
Aynsley Smith, Mayo Clinic Sports Medicine Center, USA

10:15 AM - Noon SYMPOSIUM: Ethics for Future Professionals
Organizer: Jack Watson, Florida State University, USA

Ethics: What Are They and How Do We Learn Them?
Jack Watson, Florida State University, USA

Ethical Considerations in Conducting Graduate Research in Sport and Exercise Psychology
Christopher Lantz, Truman State University, USA

Ethics and AAASP Certified Consultants
Bart Lerner, The Citadel, USA

The Supervisory Relationship: Ethical Dilemmas Encountered by the Supervisee
Randall Cockshott, Florida State University, USA

Noon - 1:15 PM Break

Noon - 1:15 PM Award Lectures
Presider: Robin Vealey, Miami University, USA, AAASP President-elect

Dissertation Award Lecture: Pre-competition Achievement Goals within Young Sports Performers
Chris Harwood, Loughborough University, UK

Distinguished International Scholar Award Lecture
Motivation in Physical Activity and Health
Stuart Biddle, Loughborough University, UK

1:15 PM - 2:45 PM Performance Enhancement Lectures: Goals, Thrills and Spills
Presider: Greg Dale, Winthrop University, USA

1:15 PM A Developmental Study on Goal Setting Strategies of High School Baseball Players
Jim Skelton, California State University Fullerton, USA

1:30 PM An Empirical Test of the Full Catastrophe Model in the Anxiety-Athletic Performance Relationship
Chung Chung-Hee, Seoul National University, Korea
Choi Eun-Kyu, Konyang University, Korea
Kim Won-Bae, Seoul National University, Korea
Hong Jun-Hee, Seoul National University, Korea
1:45 PM  Videotaped Feedback: Delayed or Immediate?
Dennis Landin, Louisiana State University, USA
Justin Menackelli, Louisiana State University, USA
Wes Grisham, Louisiana State University, USA
Tracie Parrish, Louisiana State University, USA
Eddie Hebert, Southeastern Louisiana University, USA

2:00 PM  An Examination of the Relationship between Perceptions of the Motivational Climate and Flow
John Kawal, University of Ottawa, Canada
Michelle Fortier, University of Ottawa, Canada

2:15 PM  Concurrent Validity of the Revised Anxiety Rating Scale
Richard Cox, University of Missouri, USA
Marshall Robb, University of Missouri, USA

2:30 PM  Sensation Seeking and Strategy Choice among Elite Traditional Three Event Waterskiers
John Meis, Florida State University, USA
David Pargman, Florida State University, USA

1:00 PM - 2:30 PM  WORKSHOP
The Process of Assessment in Sport Psychology Consulting: Part 1, Supervision
Organizer: Cindy Adams, Boston University, USA
Gloria Balague, University of Illinois at Chicago, USA
Hap Davis, Private Practice, Canada
Mary Ann Kane, MindPower Resources, USA
Katherine Kilty, MindPower Resources, USA
Dave Collins, Manchester Metropolitan University, England
Albert Petitpas, Springfield College, USA

1:15 PM - 2:00 PM  WORKSHOP
An Academic Course Specific to Student-Athlete Needs: Enhancing Sport Confidence, Self-Esteem, and Hope through Active Learning Experiences
Lewis Curry, University of Montana, USA
Sameep Maniar, University of Montana, USA
Scott Sandstedt, University of Montana, USA
John Sommers-Flanagan, University of Montana, USA

2:00 PM - 2:30 PM  WORKSHOP: An Exploratory Study on EEG Biofeedback (Neurofeedback) with Elite Athletes
Geyclene Clewa, Australian Capital Territory Academy of Sport, Australia
Barbara Walker, Union Institute, USA

1:00 PM - 2:30 PM  SYMPOSIUM
On-site Sport Psychology Provision at International Events: Beyond the Textbook and Conventional Mental Skills Training
Organizer: Stephen Bull, Cheltenham and Gloucester College, UK
Delivery of Applied Sport Psychology: Lessons Learned over 15 Years
Peter Terry, Brunel University, UK

On the Road in India: Special Challenges for the Travelling Sport Psychologist
Stephen Bull, Cheltenham and Gloucester College, UK
Jocelyne Brooks, Cheltenham and Gloucester College, UK

Sport Psychology Consultancy at a World Championships: Challenges of a New Kid on the Block
Christopher Shambrook, Cheltenham and Gloucester College, UK

The Trainee Sport Psychologist: Learning on Site Tools of the Trade
Jocelyne Brooks, Cheltenham and Gloucester College, UK
Stephen Bull, Cheltenham and Gloucester College, UK

1:15 PM - 2:30 PM WORKSHOP: Psychological Skills Training and Practice Regimens for Performance in Golf and Related Self-paced Sports
Glen Albaugh, University of the Pacific, USA
Bill Moore, East Carolina University, USA
Beth Kane, University of Kansas, USA

2:30 PM - 2:45 PM Break

2:45 PM - 4:00 PM SYMPOSIUM
A Multidisciplinary Model to Solve the Mystery of the "Yips" in Golf: A Focal Dystonia?
Aynsley Smith, Mayo Clinic Sports Medicine Center, USA

The Biomechanics and Kinematics of the Golf Swing: Kinetic Chain Implications for the "Yips" Phenomena
Edward Laskowski, Mayo Clinic Sports Medicine Center, USA

A Cognitive Approach to Understanding the Devastating "Yips" in Golf
Susan Malo, Mayo Clinic Sports Medicine Center, USA

EEG Insights into Attentional Patterns Associated with Stress and Golf Putting
Debra Crews, Arizona State University, USA

An Exciting Multidisciplinary Approach to a Complicated Problem: Golf and the "Yips"
Aynsley Smith, Mayo Clinic Sports Medicine Center, USA

2:45 PM - 4:15 PM Social Psychology Lectures: Social Influences
Presider: Cynthia Pemberton, University of Missouri-Kansas City, USA

2:45 PM Insight into Coaches' Thought Processes: Factors that Influence the Interactive Decisions of Youth Ice Hockey Coaches During Practices
Stéphane Gaumond, University of Ottawa, Canada
Wade Gilbert, University of Ottawa, Ottawa, Canada
Pierre Trudel, University of Ottawa, Ottawa, Canada
Léon Larocque, University of Ottawa, Ottawa, Canada
3:00 PM  **Fun in Youth Sport: Perspectives of Children, Parents, and Coaches**
William Strean, University of Alberta, Canada
Gina Arena, University of Alberta, Canada
Shannon Bredin, University of Alberta, Canada
Kim Senecal, University of Alberta, Canada

3:15 PM  **Confirmatory Factor Analysis of the Social Support Survey**
Tim Rees, University of Wales, UK
Lew Hardy, University of Wales, UK
Lynne Evans, University of Wales Institute, UK

3:30 PM  **Examining the Interaction between Goal Perspectives and Other Motivated Behaviors**
Sarah Price, Oklahoma State University, USA
Keith Tennant, State University of West Georgia, USA

3:45 PM  **Observational Learning: Is a Picture Really Worth a Thousand Words?**
John Noble, University of Nebraska at Omaha, USA
Penny McCullagh, University of Colorado, USA

4:00 PM  **Athletes' Interpersonal Perceptions of the "Parent-Coach" in Competitive Sport**
Paul Wylleman, Vrije Universiteit Brussel, Belgium
Paul De Knop, Vrije Universiteit Brussel, Belgium

2:45 PM - 4:15 PM  SYMPOSIUM: Developing Effective Mental Skills Training Strategies in Junior Tennis
Organizer: Daniel Gould, University of North Carolina at Greensboro, USA

A Qualitative Investigation of Mental Skills Training in Junior Tennis Coaches
Nicole Damarjian, University of Connecticut, USA

A Survey Assessment of Mental Skills Training Knowledge, Opinions, and Practices of a National Sample of Junior Tennis Coaches
Russell Medbery, University of North Carolina at Greensboro, USA
Larry Lauer, University of North Carolina at Greensboro, USA

A Model for Developing Effective Mental Skills Training Strategies in Junior Tennis
Daniel Gould, University of North Carolina at Greensboro, USA

2:45 PM - 4:15 PM  WORKSHOP
Diversifying Your Practice: Transferring Your Performance Enhancement Skills to Other Populations
Sandra Foster, Stanford University, USA
Kate Hays, The Performing Edge, Canada

2:45 PM - 3:30 PM  COLLOQUIUM: The Role of the Sport Psychologist in the Assessment and Management of Head Injury in Sports
Frank Gardner, New York Rangers, USA
Pamela Karp, St. Johns University, USA
3:30 PM - 4:15 PM WORKSHOP: Crossing the Human Diversity Barrier Using a Case Studies Approach
Tova Rubin, North Carolina A&T State University, USA
Joy Griffin, University of New Mexico, USA

4:15 PM - 4:30 PM Break

5:00 PM - 5:30 PM Presidential Address
Toward Inclusive Exclusiveness: Let's Take Sport Psychology for a Spin
Robin Vealey, Miami University, USA
Presider: Len Zaichkowsky, Boston University, USA, Past-president, AAASP

5:30 PM - 7:00 PM Business Meeting
Presider: Len Zaichkowsky, Boston University, USA, AAASP President

7:30 PM Banquet

Sunday, September 27, 1998

8:30 AM - 10:00 AM Executive Board Meeting

8:30 AM - 9:15 AM WORKSHOP
Adventure Therapy: A Team Building Intervention in Sport
Teresa Fletcher, UNC-Greensboro, USA
Justine Reel, UNC-Greensboro, USA

9:15 AM - 10:00 AM WORKSHOP
The Sport Psychologist's Influence on Character Development: Highly Valued yet Rarely Examined
John Yeager, Boston University, USA
Cindy Adams, Boston University, USA

8:30 AM - 9:15 AM SYMPOSIUM: Approaches to Helping Athletes Create Future Performances
Sandra Foster, Stanford University, USA
Richard Gordin, Utah State University, USA
William Straub, Life University, USA

9:15 AM - 10:00 AM WORKSHOP: Use of Dissociative and other Gestalt Techniques in Enhancing Self-confidence
Mitchell Smith, USA

8:30 AM - 10:00 AM WORKSHOP: Relational Factors in the Development of the Body Self, the Experience of Play and Athletic Capabilities
Howard Katz, Harvard Medical School, USA

8:30 AM - 10:00 AM WORKSHOP: A Model of a Stress-Management Program for Student-Athletes
Susan Langdon, Colby-Sawyer College, USA
Michael Judd, Colby-Sawyer College, USA

8:30 AM - 10:00 AM WORKSHOP
NHL Light the Lamp: A Multimedia Life Skills Program
Michael Simon, The Sporting Mind, USA
Kenneth Yaffe, National Hockey League, USA
10:00 AM - 10:15 AM  **Break**

10:15 AM - Noon  **WORKSHOP:** Psychological Barriers to Excellence in Sport Performance  
Burton Giges, Springfield College, USA

10:15 AM - Noon  **SYMPOSIUM**  
From Obstacles to Allies: Working with Families of Athletes  
Organizer: Charles Brown, FPS Performance, USA  
Sean McCann, US Olympic Committee, USA

**Basic Systems Theory for the Sport Psychologist**  
Charles Brown, FPS Performance, USA

**Working with Families: A Delicate Balance**  
Kate Hays, The Performing Edge, Canada

**Family Context: An Important Source of Information and Interventions with Athletes**  
David Coppel, Private Practice, USA

10:15 AM - Noon  **WORKSHOP:** Making Sport Psychology Consulting Effective: Demonstrations from Applied Sport Psychology Classes  
Artur Poczwardowski, University of Utah, USA  
Clay Sherman, University of Utah, USA  
Keith Haasen, University of Utah, USA  
Rich Gordin, Utah State University, USA  
Ken Ravizza, California State University at Fullerton, USA  
Greg Shelley, Ithaca College, USA

10:15 AM - 11:15 AM  **WORKSHOP**  
Critical Points in the Path of an Elite Athlete: Psychological Stress and Adaptation  
Gloria Balague, University of Illinois at Chicago, USA  
Ralph Vernacchia, Western Washington University, USA  
Rich Gordin, Utah State University, USA  
Jim Reardon, Columbus Traumatic Stress Center, USA

11:15 AM - Noon  **WORKSHOP:** Evolution versus Intervention: The Athlete Evolution Model  
Don Milham, Sportlogic Performance Enhancement Consulting, USA  
Lois Butcher, Temple University, USA

10:15 AM - 11:00 AM  **WORKSHOP**  
The Nine Mental Skills of Successful Athletes: A Holistic Model for Assessing and Teaching Mental Skills to Athletes  
Jack Lesyk, Ohio Center for Sport Psychology, USA

11:15 AM - Noon  **WORKSHOP**  
Reinventing the Wheel: A New Spin on Addressing Ethical Dilemmas in Sport  
Diana Schwartz, Westfield State College, USA  
Mimi Murray, Springfield College, USA  
Diana Schwartz, Westfield State College, USA  
Teresa Connelly, Springfield College, USA  
Lenny Wiersma, Springfield College, USA
E-BOARD COMMITTEE AT WORK

PRESIDENTS

Robin Vealey
Maureen Weiss
Len Zaichowsky

E-BOARD MEMBERS

Jim Whelan
Dale Pease

CONFERENCE PROGRAM COMMITTEE

Maureen Weiss
Carole Oglesby
John Salmela
Thad Leffingwell
Bob Brustad (on floor)

CONFERENCE COORDINATOR

Penny McCullagh
The Certification Review Committee is pleased to announce the most recently approved Certified Consultants of AAASP. Congratulations to the following new Certified Consultants of AAASP:

Dr. Deb Dupal, Sweetgrass Counseling Services, Logan, UT
Dr. Joan Ingalls, Self-Employed, Portsmouth, NH
Dr. Patricia Wightman, Coordinator sports psychology department: C.E.N.A.R.D., Argentina
Dr. Ellen Williams, Arizona State University

Committee meeting times.

The Certification Review Committee meets three times a year to review applications. Dates for submission of applications are June 1, September 1, and February 1. Already new applications have arrived for the Committee’s next meeting. My office receives numerous telephone calls and e-mail notes asking for certification information, and we provide application materials to many interested individuals.

Recertification.

The first round of recertification for Certified Consultants of AAASP will occur in December of 1998. All Consultants who have been certified by AAASP for five years or longer should have received recertification applications. If you should be included, but have not received a notice from the former Treasurer, Vikki Krane, please request a form from her.

The recertification procedure is straight-forward and includes documentation of 1) membership in AAASP, 2) attendance at conferences, and 3) conducting or attending of at least one workshop or course within the past five years. If you need to be recertified in the future, begin to save documentation of your activities!

Grandparenting.

Grandparenting expired in 1996, and the Standard Application route is all that is available at the present time. Since the Fellows of AAASP declined to re-instate grandparenting as an alternative to certification, the Committee will hold a meeting of Fellows at the AAASP conference on Cape Cod to discuss alternative routes to certification for special cases. Interested Fellows should meet at 4:30 PM on Thursday, September 24, in the Yacht Club (downstairs in the lobby area of the conference hotel).

If you have any questions, suggestions, or comments about the certification or recertification processes, feel free to call or send me an e-mail.

Bonnie Berger
Phone: (307) 766-2494
Fax: (307) 766-6608
E-Mail: B Berger@Uwyo.edu
SOCIAL PSYCHOLOGY SECTION REPORT
BOB BRUSTAD

The Social Psychology committee was very impressed with the quality of submissions for this year's conference. The fact that we also received a record number of submissions to our section will make for a very interesting and worthwhile meeting in Cape Cod. Some of the major themes of our symposia and colloquia center on self-presentational and body image issues in sport and exercise; children’s physical activity and sport involvement; and social development through physical activity and sport. Lectures will be thematically grouped around the topics of motivation, athletic identity, social processes, and performance and professional concerns.

The keynote speaker in Social Psychology, Carol Dweck, will present a talk titled “Self Theories and Goals: Their Role in Motivation.” Dr. Dweck’s talk will be specifically directed toward the nature of theories of the self as they can help us to understand sport motivation and behavior. Given the excellent conference site and a packed conference program, I hope that you plan to arrive early and stay late to take advantage of all that the 1998 conference has to offer.

STUDENT REPORT
THAD LEFFINGWELL

As in years past, students will find attendance at the conference to be a rich and fun experience. In addition to the excellent scientific and practice sessions on the program, a number of sessions will have special interest for students. These include symposiums on finding a graduate program and practica experiences, as well as special panel discussions addressing mentoring and family and career planning. As a follow-up to last year’s very popular session on mistakes made by “veteran” consultants, this year’s program includes a similar session regarding the “rookie” mistakes made by young professionals in consulting, job searches, and other areas. I also encourage students to get more involved in the conference by attending the business meeting, presidential address, and open section meetings.

Students will find Hyannis to be a beautiful and fun place. There is a tavern or restaurant on virtually every corner, including several within walking distance of the hotel. There are also a few dance/nightclubs in Hyannis. The student social this year will be a private party in a club room at the conference hotel.

Regarding transportation, I would recommend getting together with others and sharing a rental car. Bus service is available from the airport to the hotel, but I think you will find a car to be useful to explore the Cape and if you share the cost you may find it cheaper than the bus. If you are interested in finding someone to share a car or a room, I will be creating a bulletin board list on the AAASP Student Resource web page where you can browse a list of requests or post your own requests.

http://weber.u.washington.edu/~leffingw/aaasp/students.htm

See you in Hyannis! If you have any questions or comments, please e-mail me (leffingw@washington.edu).

REMINDER!!

Don’t forget to complete and send any necessary registration forms (i.e., hotel registration, car rental, conference registration). The forms are enclosed in the newsletter. Be sure to check the deadlines for submission of each form.
## 1997 Budget Summary

### Income
- **Annual Fund**: $8,000
- **Conference**: $108,500.74
- **Site Visits**: $0.00

### Expenses
- **Annual Fund**: $0.00
- **Conference**: $76,202.99
- **Site Visits**: $0.00

### Difference
- **Annual Fund**: $8,000
- **Conference**: $32,297.75
- **Site Visits**: $0.00

### Operations

<table>
<thead>
<tr>
<th>Committees</th>
<th>Income</th>
<th>Expenses</th>
<th>Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Certification Review</td>
<td>$3,435.00</td>
<td>$2,125.56</td>
<td>$1,309.44</td>
</tr>
<tr>
<td>Cont. Ed.</td>
<td>$8,297.10</td>
<td>$3,031.69</td>
<td>$5,265.41</td>
</tr>
<tr>
<td>International</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
</tr>
<tr>
<td>NCAA</td>
<td>$2.00</td>
<td>$961.84</td>
<td>$(961.84)</td>
</tr>
<tr>
<td>Outreach</td>
<td>$0.00</td>
<td>$116.62</td>
<td>$(116.62)</td>
</tr>
<tr>
<td>Membership</td>
<td>$58,380.00</td>
<td>$0.00</td>
<td>$58,380.00</td>
</tr>
<tr>
<td>Publications</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Graduate Directory</td>
<td>$1,675.23</td>
<td>$0.00</td>
<td>$1,675.23</td>
</tr>
<tr>
<td>JASP</td>
<td>$12,701.00</td>
<td>$29,869.39</td>
<td>$(17,168.39)</td>
</tr>
<tr>
<td>Publications</td>
<td>$0.00</td>
<td>$24,421.98</td>
<td>$(24,421.98)</td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Abstract Book</td>
<td>$51.00</td>
<td>$0.00</td>
<td>$51.00</td>
</tr>
<tr>
<td>Awards, Grants, etc.</td>
<td>$0.00</td>
<td>$103,800.00</td>
<td>$(103,800.00)</td>
</tr>
<tr>
<td>Bank Interest</td>
<td>$6,173.88</td>
<td>$327.36</td>
<td>$5,846.52</td>
</tr>
<tr>
<td>Bounced Checks</td>
<td>$340.00</td>
<td>$340.00</td>
<td>$0.00</td>
</tr>
<tr>
<td>Capital Outlay</td>
<td>$0.00</td>
<td>$231.62</td>
<td>$(231.62)</td>
</tr>
<tr>
<td>Dues Overpayment</td>
<td>$1,023.00</td>
<td>$1,025.00</td>
<td>$(2.00)</td>
</tr>
<tr>
<td>Mailing Labels</td>
<td>$760.00</td>
<td>$0.00</td>
<td>$760.00</td>
</tr>
<tr>
<td>Membership Directory</td>
<td>$12.00</td>
<td>$0.00</td>
<td>$12.00</td>
</tr>
<tr>
<td>NCAA Dues</td>
<td>$0.00</td>
<td>$225.00</td>
<td>$(225.00)</td>
</tr>
<tr>
<td>Refunds</td>
<td>$0.00</td>
<td>$45.00</td>
<td>$(45.00)</td>
</tr>
<tr>
<td>Taxes</td>
<td>$0.00</td>
<td>$902.00</td>
<td>$(902.00)</td>
</tr>
<tr>
<td>Executive Board</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Am. Express Fee</td>
<td>$190.00</td>
<td></td>
<td>$(190.00)</td>
</tr>
<tr>
<td>Liability Insurance</td>
<td>$1,875.00</td>
<td></td>
<td>$(1,875.00)</td>
</tr>
<tr>
<td>Plaques, Gifts</td>
<td>$114.57</td>
<td></td>
<td>$(114.57)</td>
</tr>
<tr>
<td>Fall Meeting</td>
<td>$2,125.35</td>
<td></td>
<td>$(2,125.35)</td>
</tr>
<tr>
<td>Spring Meeting</td>
<td>$7,280.17</td>
<td></td>
<td>$(7,280.17)</td>
</tr>
<tr>
<td>Health Psychology</td>
<td>$0.00</td>
<td></td>
<td>$0.00</td>
</tr>
<tr>
<td>IPE</td>
<td>$0.00</td>
<td></td>
<td>$0.00</td>
</tr>
<tr>
<td>Past President</td>
<td>$1,909.87</td>
<td></td>
<td>$(1,909.87)</td>
</tr>
<tr>
<td>President</td>
<td>$399.84</td>
<td></td>
<td>$(399.84)</td>
</tr>
<tr>
<td>President Elect</td>
<td>$265.27</td>
<td></td>
<td>$(265.27)</td>
</tr>
<tr>
<td>Publications Director</td>
<td>$0.00</td>
<td></td>
<td>$0.00</td>
</tr>
<tr>
<td>Secretary-Treasurer</td>
<td>$1,839.01</td>
<td></td>
<td>$(1,839.01)</td>
</tr>
<tr>
<td>Social Psychology</td>
<td>$1,029.74</td>
<td></td>
<td>$(1,029.74)</td>
</tr>
<tr>
<td>Student Rep.</td>
<td>$151.60</td>
<td></td>
<td>$(151.60)</td>
</tr>
</tbody>
</table>

### Totals

| Annual Fund | $8,000 | $0.00 | $8,000 |
| Conference | $108,500.74 | $76,202.99 | $32,297.75 |
| Site Visits | $0.00 | $0.00 | $0.00 |
| Operations: Committees | $11,273.10 | $5,365.52 | $6,366.58 |
| Operations: E Board | $0.00 | $16,254.66 | $(16,254.66) |
| Operations: Membership | $56,390.00 | $0.00 | $56,390.00 |
| Operations: Publications | $14,376.23 | $54,318.37 | $(39,942.14) |
| Operations: Other | $8,379.68 | $4,130.86 | $4,248.82 |

### Grand Total
- **Total Income**: $202,376.75
- **Total Expenses**: $156,305.51
- **Net Difference**: $46,063.24
At the end of the year, there were 1043 members of AAASP (534 professional, 495 student, 9 affiliate, 4 honorary, and 1 emeritus members). The sex and academic discipline, as indicated on the membership form, were as follows:

**MEMBERSHIP STATUS**

<table>
<thead>
<tr>
<th>Sex</th>
<th>Professional</th>
<th>Student</th>
<th>Affiliate</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>196</td>
<td>247</td>
<td>3</td>
<td>443</td>
</tr>
<tr>
<td>Female</td>
<td>322</td>
<td>236</td>
<td>4</td>
<td>558</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Discipline</th>
<th>Professional</th>
<th>Student</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Education</td>
<td>8</td>
<td>6</td>
<td>14</td>
</tr>
<tr>
<td>Exercise Science</td>
<td>228</td>
<td>199</td>
<td>427</td>
</tr>
<tr>
<td>Medicine</td>
<td>2</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td>Physical Therapy</td>
<td>1</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Psychology</td>
<td>249</td>
<td>215</td>
<td>464</td>
</tr>
<tr>
<td>Social Work</td>
<td>4</td>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td>Other</td>
<td>14</td>
<td>39</td>
<td>53</td>
</tr>
</tbody>
</table>

**MEMBERSHIP BY COUNTRY**

<table>
<thead>
<tr>
<th>Country</th>
<th>Professional</th>
<th>Student</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Argentina</td>
<td>3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Armenia</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Australia</td>
<td>28</td>
<td></td>
<td>6</td>
</tr>
<tr>
<td>Belgium</td>
<td>1</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>Canada</td>
<td>90</td>
<td></td>
<td>14</td>
</tr>
<tr>
<td>Chile</td>
<td>1</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>China</td>
<td>1</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Croatia</td>
<td>1</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>Finland</td>
<td>1</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>France</td>
<td>2</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>Germany</td>
<td>1</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>Greece</td>
<td>2</td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>India</td>
<td>1</td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>Ireland</td>
<td>3</td>
<td></td>
<td>27</td>
</tr>
<tr>
<td>Israel</td>
<td>1</td>
<td></td>
<td>728</td>
</tr>
<tr>
<td>Japan</td>
<td></td>
<td></td>
<td>14</td>
</tr>
<tr>
<td>Mexico</td>
<td></td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>New Zealand</td>
<td></td>
<td></td>
<td>6</td>
</tr>
<tr>
<td>Norway</td>
<td></td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>Philippines</td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>Portugal</td>
<td></td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>Singapore</td>
<td></td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>South Africa</td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>South Korea</td>
<td></td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>Spain</td>
<td></td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>Sweden</td>
<td></td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>Switzerland</td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>United Arab Emirates</td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>United Kingdom</td>
<td></td>
<td></td>
<td>27</td>
</tr>
<tr>
<td>United States</td>
<td></td>
<td></td>
<td>728</td>
</tr>
</tbody>
</table>
ALCOHOL AND SPORT
BY
ROBERT D. STAINBACK (1997)

REVIEWED BY: DANIEL I.. WANN,
MURRAY STATE UNIVERSITY
EDITED BY: DEBORAH J. RHEA

In his book titled, "Alcohol and Sport," Stainback provides an in-depth analysis of alcohol use in the sport world. This 219-page text contains eight chapters and two appendices. Chapter 1, "Introduction to Alcohol and Addiction," begins by operationally defining frequently confused terms such as alcohol use, alcohol abuse, and alcohol dependence. This chapter also describes alcohol use and abuse among several subpopulations (e.g., women, high school students, the elderly). The chapter then moves into a discussion of the diagnosis of alcohol abuse and dependence. This section contains two highly informative tables describing the criteria used for diagnosis. Chapter 1 concludes with a discussion of the etiology and development of alcohol dependence. Several psychological theories are discussed including stress response dampening, self-awareness, and self-handicapping.

Chapter 2, "Alcohol Use in Sport," focuses on alcohol use among athletes which is conveniently divided into secondary, collegiate/amateur, and professional levels of competition. The statistics cited in this section were acquired from highly current sources and provide the reader with a clear understanding of the magnitude of alcohol use by athletes. Chapter 2 concludes with very brief discussions of the alcohol use among sport professionals (i.e., coaches and officials) and sport spectators. The brief nature of these sections is consistent with the author's statement that such an analysis is "not the central focus of this book" (p. 42). The author notes that alcohol research on populations such as officials and coaches is scarce and this accounts for the limited discussion of these groups. However, a number of researchers and theorists have discussed the alcohol consumption of sport fans. Although Stainback discusses a bit of this literature, the coverage of this topic could have been expanded.

Chapter 3, "Alcohol, Human Functioning, and Sport Performance," focuses on the biomedical (e.g., pharmacological, central nervous system, etc.) and behavioral effects of alcohol. As with the previous chapters, this chapter relies highly on current references. The tables contained in the chapter were quite informative, particularly those describing the relationships among alcohol intake, blood alcohol levels, and effects/impairment. The chapter closes with discussions of the relationship between alcohol and motor/sport performance. By providing the reader with an understanding of the sport-specific impact of alcohol use and abuse, these discussions were among the most useful in the book.

The fourth chapter, "Alcohol Abuse and Dependence among Athletes and Sport Professionals," includes sections on the incidence of alcohol abuse among athletes and the risk factors involved. This chapter also briefly examines incidence of alcohol abuse and risk factors among sport professionals (i.e., coaches and officials). The author provides a number of interesting and enlightening case studies designed to facilitate the reader's understanding of the material. These scenarios proved to be a highly useful component of the chapter.

The fifth chapter, "Sport-Related Alcohol Abuse and
Dependence Prevention," includes sections on preven-
tions directed toward both individual factors and envi-
ronmental factors. The section on individual factors 
focuses on prevention and assistance for persons pos-
sessing characteristics that place them at risk for alco-
hol abuse and dependence. Several prevention strate-
gies are discussed including educational approaches, 
screening, and interventions with drinking drivers. 
With regard to the section on environmental factors, the 
author discusses prevention strategies such as adver-
tising (i.e., restriction), legislation, and policy. The 
chapter closes with sections covering sport-specific 
prevention agents (e.g., administrators and coaches) 
and recommendations for prevention programs.

Chapter 6, "Helping the Problem Drinker to 
Change," begins with a discussion of the stages and 
processes involved in changing drinking behavior. The 
chapter then moves into a review of strategies designed 
to facilitate change. The author includes a useful table 
discussing "Signs of Readiness for Change" suggesting 
several signs therapists should look for when working 
with an individual with a drinking problem. The chapter 
concludes with a detailed case study that applies the 
material and suggestions included in the chapter.

Chapter 7, "Alcohol Treatment and Athletes," con-
tains an in-depth discussion of the treatment options for 
persons with alcohol-related problems. Both pharma-
cological and psychological treatments are reviewed. 
This chapter also examines the settings and intensities 
of treatment (e.g., inpatient versus outpatient) and the 
stages of treatment (i.e., acute intervention, rehabilita-
tion, and maintenance). The author then provides a 
detailed assessment of the success rates of the various 
treatment options and offers suggestions for selecting 
the most appropriate form of treatment for a specific 
client. Chapter 7 concludes with discussions of treat-
ment implications and resources for athletes.

Although Chapters 5, 6, and 7 were quite informa-
tive, it seemed unfortunate that the author chose not to 
include a discussion of training issues when discussing 
prevention and treatment options. Certainly, not all 
sport psychologists are qualified to conduct the types of 
treatments Stainback presents. Consequently, these 
chapters would have benefited from a discussion of the 
different roles and services to be provided by sport 
psychologists with different backgrounds (i.e., educa-
tional sport psychologists versus clinical sport psychol-
ogists).

Chapter 8, "Conclusions and Future Considera-
tions," is the final chapter in the text. This chapter offers 
a summary of the text and several suggestions for future 
examination. The book concludes with two appendices: 
Alcohol Use in Society (a historical perspective of alco-
hol use in the United States) and Resources (names and 
addresses to organizations involved with treatment of 
alcohol abuse and dependence and citations to litera-
ture describing successful prevention programs). 
Readers should find the Resources appendix to be an 
excellent addition to the book.

Stainback's text should prove to be a valuable re-
source for persons interested in the relationship be-
tween alcohol and sport and the prevention and treat-
ment of alcohol-related problems. It is likely to become 
standard reading for students in graduate programs in 
sport psychology and sport psychologists who have 
completed their training will also find the book to be an 
important part of their resource library.
### AAASP MEMBERSHIP APPLICATION FORM

**I. BIOGRAPHICAL DATA**
*Please print all information.*

- **Complete Mailing Address:** __________________________________________________________________________
- **E-mail Address:** __________________________ Fax __________________________
- **Telephone Number:** __________ Work: __________ Home: __________
- **Highest Degree:** (please circle) BA RS MA MS Ph.D Ed.D Other________
- **Discipline:** __________________________ Area of Specialization: __________________________
- **Institution Degree Obtained From:** __________________________________________________________________________
- **Current Employment or Institutional Affiliation:** __________________________________________________________________________
- **Country of Permanent Employment/Residence:** __________________________________________________________________________

**II. AREA(S) OF INTEREST** *(Please indicate all areas that apply)*

- ______ Intervention/Performance Enhancement
- ______ Social Psychology
- ______ Health Psychology

**III. MEMBERSHIP CATEGORIES** *(Membership year January 1 - December 31)*

- Check One: ______ RENEWAL or ______ MEMBER
- **Student** $60 (1998) ______ $120 (1998-99) ______
- **Affiliate** $70 (1998) ______ $140 (1998-99) ______
- **Late Fee (after Feb 1)** $25 (1998) ______

*Individuals whose membership has lapsed more than one year will have a processing fee of $25 ______

**IV. CERTIFIED CONSULTANT, AAASP** *(For Certified Consultants only)*
- **Late Fee (after Feb 1)** $10 ______

- Please indicate if you wish to be included on membership list by name:*  
  - Professional Organizations: ______ Yes ______ No  
  - Business Requests: ______ Yes ______ No

- Please make checks payable to AAASP (US dollars only) and mail to:  
  - Jon Whiten, Ph.D.  
  - AAASP Secretaries-Treasurer  
  - Department of Psychology  
  - University of Memphis  
  - Memphis, TN 38152-4400

- **Total Dues and Late Fees:** __________________________

**AAASP ORDER FORM**

**Name:** __________________________

**Address:** __________________________

**Phone:** (W) ( ) ________ (H) ( ) ________

**AAASP Conference Programs @ $12.00 each**

<table>
<thead>
<tr>
<th>Year</th>
<th>Price</th>
<th>Qty</th>
</tr>
</thead>
<tbody>
<tr>
<td>1987</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1988</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1989</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1990</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1991</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1992</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1993</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1994</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1995 (abstracts)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1996 (abstracts)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1997 (abstracts)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Plus Shipping and Handling**

- **USA and Canada** ($3.00/item)
- **Outside North America** ($6.00/item)

**Total** __________________________

- Make checks payable to AAASP in US funds. Mail to Dr. Dale Pease, AAASP Editorial Office, Dept of HHP, University of Houston, Houston, TX 77204-5331.

---

*Sign your name across the flap of the envelope and send this year's completed ballot to:*

**Robin Vealey**  
**PHS Dept Phillips Hall**  
**Miami University**  
**Oxford, OH 45056**

**PRESIDENT-ELECT**  
Andrew Meyers ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ... ......